



**MONARK**  
UNIVERSITY

# MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute of Monark University)

At. Post Vahelal, Naroda- Dahegam Road, Ta. Dascroi,

Dist. Ahmedabad-382330(Gujarat) India

Website: www.mamch.monarkuni.ac.in Phone No: 02718- 247215/138

## DEPARTMENT OF KRIYA SHARIRA

### TEACHING SCHEDULE OF MAY 2026

Subject Code: AyUG-KS Term:2nd

Batch: 2025-26

No	Name of Faculty	Topics	Date	Sub Topics	LH	NLH	Method	Total Hours
<b>01/05/2026 to 25/05/2026 – Summer Vacation</b>								
1.	Dr. Komal	Dhatu	25/5/2026 Monday	Asthi Dhatu	1		Lecture	1
			26/5/2026 Tuesday	Asthi Dhatu	1	2	Lecture & Model Making	3
			27/5/2026 Wednesday	Ashraya Ashrayi Bhava	1		Q & A	1
			28/5/2026 Thursday	Majja Dhatu	1	2	Lecture & Model Making	3
			29/5/2026 Friday	Majja Dhatu		2	Model Making	2
Total Hours - 10 Hrs LH - 4 hrs NLH - 6 hr								

Incharge

*[Signature]*

30/4/2026

HOD

Dept. of

Kriya Sharir

Medical Department  
Department of Kriya Sharir  
Ayurved Medical College and Hospital  
Vahelal, Ahmedabad.

*[Signature]*  
PRINCIPAL

PRINCIPAL & MEDICAL SUPERINTENDENT  
MONARK AYURVED MEDICAL  
COLLEGE & HOSPITAL





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# MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute of Monark University)  
DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF MAY 2025

Subject Code: AyUG-pv


Term: II

Batch: 2025-26

Paper: I

S.No.	Date	TIME	Name of Faculty & LH/NLH	Topic & Subtopics	Instruction Method	HOURS
1	1-May-26	10:00am to 11:00am	PV (NLH) Dr. Gautham M	dravya. Explain Nirukti and Paribhasha (definition) of Dravya	Lecture	1
2	4-May-26	10:00am to 11:00am	PV (LH) Dr. Anjana S	Classify Dravya and Differentiate between Karana and Karya <i>dravya</i>	Lecture Group Discussion/	1
3	5-May-26	1:30pm to 2:30pm	PV (LH) Dr. Akhil	<i>dravya - classification</i>	Enquiry Based	1
4	6-May-26	10:00am to 11:00am	PV (NLH) Dr. Akhil	<i>Dravya - classification</i>	Learning	1
5	7-May-26	12:00pm to 1:00pm	PV (NLH) Dr. Anjana S	Enumerate Darvya as per different schools of thoughts	Lecture Group Discussion	1
6	8-May-26	10:00am to 11:00am	PV (NLH) Dr. Gautham M	Value Practical application of study of	Lecture	1
7	11-May-26	10:00am to 11:00am	PV (LH) Dr. Anjana S	Dravya in Ayurveda - <i>Application</i>	Group <i>GD</i>	1
8	12-May-26	1:30pm to 2:30pm	PV (LH) Dr. Akhil	<i>99</i>	Discussion <i>GD</i>	1
9	13-May-26	10:00am to 11:00am	PV (NLH) Dr. Akhil	Explain the various theories (theories of Taittiriyanpanishad, Nyaya- Vaisheshika,	Lecture Group Discussion	1
10	14-May-26	12:00pm to 1:00pm	PV (NLH) Dr. Anjana S	Sankhya-Yoga, Sankaracharya, Charaka and Sushruta) regarding creation of Panchamahabhoota	/Activity Based	1
11	15-May-26	10:00am to 11:00am	PV (NLH) Dr. Gautham M	Describe Prithvi Mahabhoota Explain qualities of	Learning	1
12	18-May-26	10:00am to 11:00am	PV (LH) Dr. Anjana S	Describe Prithvi Mahabhoota Explain qualities of	Lecture Seminar/ Group Discussion	1
13	19-May-26	1:30pm to 2:30pm	PV (LH) Dr. Akhil	Prithvi Mahabhoota	Lecture Seminar/ Group Discussion	1
14	20-May-26	10:00am to 11:00am	PV (NLH) Dr. Akhil	Describe Aap Mahabhoota Explain qualities of ApMahabhoota	Lecture Seminar/ Group Discussion	1
15	21-May-26	12:00pm to 1:00pm	PV (NLH) Dr. Anjana S	Describe Teja Mahabhoota Explain qualities of Teja Mahabhoota	Lecture Seminar/ Group Discussion	1
16	22-May-26	10:00am to 11:00am	PV (NLH) Dr. Gautham M	Describe Vayu Mahabhoota Explain qualities of Vayu Mahabhoota	Lecture Seminar/ Group Discussion	1
17	25-May-26	10:00am to 11:00am	PV (LH) Dr. Anjana S	Topic 3 - Pratyaksha Pariksha/Pramana Time,	Lecture Seminar/ Group Discussion	1

18	26-May-26	1:30pm to 2:30pm	PV (LH) Dr. Akhii	Define Pratyaksha	Lecture/ Tutorial/Activity based learning	1
19	27-May-26	10:00am to 11:00am	PV (NLH) Dr. Akhii	Describe Indriya Prapyakaritva	Lecture/Flip classroom/Problem based learning	1
20	28-May-26	12:00pm to 1:00pm	PV (NLH) Dr. Anjana S	Mechanism of sensory perception)	Lecture/ Flip classroom/ Problem based learning	1
21	29-May-26	10:00am to 11:00am	PV (NLH) Dr. Gautham M	Enumerate and describe briefly the various theories of Darshana and Ayurveda, which highlight the relationship of Indriya	Group discussion/ role, play/debate	1
						21

HOD  
  
 19/4/26

Head of Department  
 Samhita Siddhanta evam  
 Monark Ayurved Medical  
 College and Hospital

PRINCIPAL  


PRINCIPAL & HEAD OF DEPARTMENT  
 MONARK AYURVED MEDICAL  
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## DEPARTMENT OF RACHANA SHAREERA

### TEACHING SCHEDULE OF MAY 2026

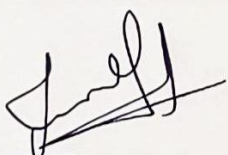
Subject Code: AyUG-RS

Term: II

Batch:2025-26

Paper: I & II

Sr No	Name of Faculty	Topics	Sub Topics	Date	LH	NLH/ NLH-P	Instruction Method/	Total Hours
<b>SUMMER VACATION FOR STUDENTS – 1/05/26 – 24/05/26</b>								
1.	Dr. Sreekanth Vaidyanath R S	<b>SUMMER VACATION – 1/05/26 – 15/05/26 (1ST SLOT)</b>						
		Vertebra, Modern Preservation Techniques, Embryology	Trilaminar Disc Formation, MODERN PRESERVATION TECHNIQUES	25.5.26	1	2	Lecture with ppt	3
			Trilaminar Disc Formation, Placenta Formation	26.5.26	1		Lecture with ppt	1
			Placenta Formation & applied aspect	28.5.26	1		Lecture with ppt	1
			Umbilical Cord and its importance, process of sex determination and differentiation, Laws of Heredity - Seminar	29.5.26	1	1	Lecture with ppt, Seminar	2
			VERTEBRA – Types, Parts	30.5.26		2	Demonstration	2
2	Dr. Yedhu Krishnan T B	<b>SUMMER VACATION – 17/05/26 – 31/05/26 (2<sup>ND</sup> SLOT)</b>						
Total Hours				9 HOURS				

  
Head of Department

Department of Rachana Sharir

Monark Ayurved Medical College and Hospital  
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**MONARK AYURVED MEDICAL COLLEGE & HOSPITAL**  
(A Constituent Institute of Monark University)  
DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF MAY 2026

Subject Code: AYUG-SAI

Term: II

Batch: 2025-26

Paper: I

S. No.	Date	TIME	Name of Faculty & LH / NLH	Topic & Subtopics	Instruction Method	HOU RS
1	1-May-26	1:30pm to 2:30pm	SA-1 (NLH) Dr. Anjana S.	Topic -7 Ashtang Hriday Samhita - Sutrasthan- Chapter 6. Annaswaroopa Vijnaneeya Adhyaya-	L, PPT	1
2	2-May-26	9:00am to 10:00am	SA-1 (NLH) Dr. Anjana S.	Classify the shimbidhanya	Lecture	1
3	2-May-26	12:00pm to 1:00pm	SA-1 (LH) Dr. Akhil.	(pulses), <i>Sheldanya</i>	Lecture	1
4	4-May-26	9:00am to 10:00am	SA-1 (LH) Dr. Akhil.	Enumerate the qualities of each shimbi dhanya (pulses)	Lecture discussion	1
5	5-May-26	10:00am to 11:00am	SA-1 (LH) Dr. Anjana S.	Enumerate the qualities of various types of manasa (meat)	Lecture discussion	1
6	6-May-26	11:00am to 12:00pm	SA-1 (LH) Dr. Gautham M	Classify certain common dravyas according to varga and functions	Group activities	1
7	6-May-26	1:30pm to 2:30pm	SA-1 (LH) Dr. Akhil.	Identify Samuechaya, Prayojan, Tantrayukties in this chapter.	Lecturer/ Group discussion	1
8	7-May-26	9:00am to 10:00am	SA-1 (NLH) Dr. Gautham M	Justify the utility of this chapter in present era	GD	1
9	8-May-26	1:30pm to 2:30pm	SA-1 (NLH) Dr. Anjana S.	Justify the utility of this chapter in present era	GD	1
10	9-May-26	9:00am to 10:00am	SA-1 (NLH) Dr. Anjana S.	Justify the utility of this chapter in present era	GD	1
11	9-May-26	12:00pm to 1:00pm	SA-1 (LH) Dr. Akhil.	Topic -8 Ashtang Hriday Samhita - Sutrasthan- Chapter 7. Annaraksha Adhyaya-	LEC, PPV	1
12	11-May-26	9:00am to 10:00am	SA-1 (LH) Dr. Akhil.	Discuss the treatment methods for virudhahara (incompatible foods)	Lecture discussion	1
13	12-May-26	10:00am to 11:00am	SA-1 (LH) Dr. Anjana S.	Follow the principles regarding viruddh aahar	Discussion	1
14	13-May-26	11:00am to 12:00pm	SA-1 (LH) Dr. Gautham M	Explain the process of satmnikaran (accustomization)	Lecture discussion	1
15	13-May-26	1:30pm to 2:30pm	SA-1 (LH) Dr. Akhil.	Explore the present dietary habits	GD	1
16	14-May-26	9:00am to 10:00am	SA-1 (NLH) Dr. Gautham M	Explore the Various diet combinations used in present society (by four family/ Relatives/ neighborhood) on the basis of principles learned for viruddhahar. Discuss them in class.	GD	1
17	15-May-26	1:30pm to 2:30pm	SA-1 (NLH) Dr. Anjana S.	Trayopastambha -Importance of Nidra	Flip class room	1
18	16-May-26	9:00am to 10:00am	SA-1 (NLH) Dr. Anjana S.	Topic -9 Ashtang Hriday Samhita - Sutrasthan- Chapter 8. Annaraksha Adhyaya	L, PPT	1
19	16-May-26	12:00pm to 1:00pm	SA-1 (LH) Dr. Akhil.	Recommend ideal regimen for consumption of food (aaharvidhi)	Discussion	1
20	18-May-26	9:00am to 10:00am	SA-1 (LH) Dr. Akhil.	Differentiate between the food items recommended and non-recommended for daily use	Lecture Group Activity.	1

21	19-May-26	10:00am to 11:00am	SA-1 (LH) Dr. Anjana S.	Advise the right order of food items in a meal	Discussion/activities	1
22	20-May-26	11:00am to 12:00pm	SA-1 (LH) Dr. Gautham M	Select anupanas (after drink) based on ahara and aushadha	Lecture/Discussion	1
23	20-May-26	1:30pm to 2:30pm	SA-1 (LH) Dr. Akhil.	Matrashtitiya Adhyaya- Case Based learning-	CBL	1
24	21-May-26	9:00am to 10:00am	SA-1 (NLH) Dr. Gautham M	Determine adverse effects of heena matra	CBL	1
25	22-May-26	1:30pm to 2:30pm	SA-1 (NLH) Dr. Anjana S.	Differentiate between the food items recommended and non-recommended for daily use:-	Group Activity	1
26	23-May-26	9:00am to 10:00am	SA-1 (NLH) Dr. Anjana S.	Differentiate between the food items recommended and non-recommended for daily use:-	Group Activity	1
27	23-May-26	12:00pm to 1:00pm	SA-1 (LH) Dr. Akhil.	Differentiate between the food items recommended and non-recommended for daily use:-	Group Activity	1
28	25-May-26	9:00am to 10:00am	SA-1 (LH) Dr. Akhil.	Differentiate between the food items recommended and non-recommended for daily use:-	Group Activity	1
29	26-May-26	10:00am to 11:00am	SA-1 (LH) Dr. Anjana S.	Topic -10 Ashtang Hriday Samhita – Sutrasthan- Chapter 9. Dravyaadi Vijnaniya Adhyaya	Group Activity	1
30	27-May-26	11:00am to 12:00pm	SA-1 (LH) Dr. Gautham M	Define Veerya and Vipaka	L, PPT	1
31	27-May-26	1:30pm to 2:30pm	SA-1 (LH) Dr. Akhil.	Discuss the types and the various opinions related with Veerya.	Lecture	1
32	28-May-26	9:00am to 10:00am	SA-1 (NLH) Dr. Gautham M	Explain Vipaka and its types.	Lecture	1
33	29-May-26	1:30pm to 2:30pm	SA-1 (NLH) Dr. Anjana S.	Discuss the hierarchy of active principles of Dravya (matter)	Lecture	1
34	30-May-26	9:00am to 10:00am	SA-1 (NLH) Dr. Anjana S.	Application of concepts-Enlist the dravyas according to Rasa, Veerya, Vipaka, Prabhav. (Can refer chapter 5,6,10 of Ashtang Hriday and Chapter 2, 3, 4 of Charak Samhita).	Lecture	1
35	30-May-26	12:00pm to 1:00pm	SA-1 (LH) Dr. Akhil.	Application of concepts-Enlist the dravyas according to Rasa, Veerya, Vipaka, Prabhav. (Can refer chapter 5,6,10 of Ashtang Hriday and Chapter 2, 3, 4 of Charak Samhita).	CBL	1

HOD  
*[Signature]*  
 19/5/26

Head of Department  
 Samhita Siddhanta  
 Samhita  
 Monark Ayurved Medical  
 College and Hospital

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*[Signature]*  
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**MONARK AYURVED MEDICAL COLLEGE & HOSPITAL**  
**TEACHING SCHEDULE – MAY 2026 , Course - AYUG SN&AI, BATCH- 2025-26 TERM II**

S. No	Name of Faculty	Topic & Subtopics	Date	LH / NLH	TIME	TIME	TIME	Instruction Method	HOURS
1	<u>Dr. Kamini</u>	Pratyaya Identify the pratyaya, interpret the meaning with support of pratyaya	25/5/2026	L	13.30	=	14.30	<u>Hr</u> <u>s</u> Lecture	1
2	<u>Dr. Kamini</u>	Pratyaya Identify the pratyaya, interpret the meaning with support of pratyaya	26/5/2026	L	12.00	=	13.00	<u>Hr</u> <u>s</u> Lecture	1
3	<u>Dr. Kamini</u>	Pratyaya Identify the pratyaya, interpret the meaning with support of pratyaya	28/5/2026	NLH	13.30	=	14.30	<u>Hr</u> <u>s</u> GD	1
4	<u>Dr. Kamini</u>	Pratyaya Identify the pratyaya, interpret the meaning with support of pratyaya	29/5/2026	NLH	11.00	=	12.00	<u>Hr</u> <u>s</u> GD	1

HOD Dr. Kamini  
 Head of Department  
 Sanskrit Department  
 Monark Ayurved Medical  
 College and Hospital

Dr. Kamini  
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