





MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

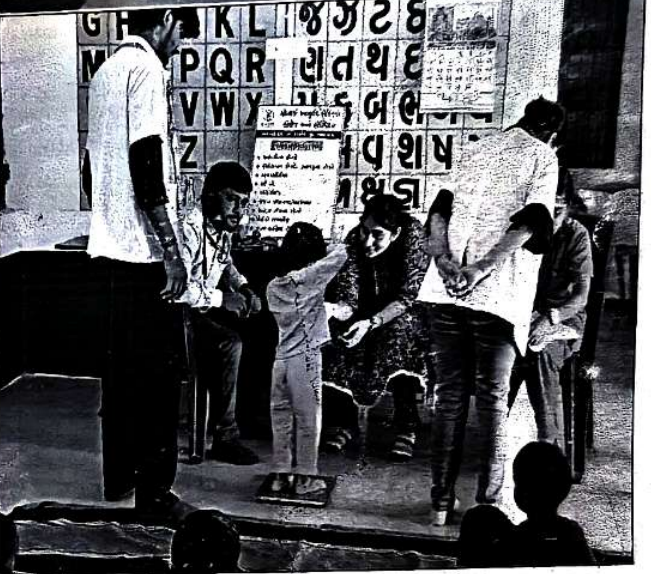
SWASTHYA CLUB

NAME OF DEPARTMENT - PANCHAKARMA

Name of Activity/Event:	Free Health Check up and Awareness Session				
Name of Organizing Body (Institute/Department):	Department of PANCHAKARMA , Monark Ayurved Medical College				
Academic Year:	2026		Date of Event:	10 th April , 2026	
Total No. of Participants (Students):	4	Male:	2	Female:	2
Total No. of Participants (Faculty):	2	Male:	1	Female:	1
Name of Faculty Coordinator:	Dr. Dhruvkumar P Jani				
Email Id of Faculty Coordinator:	dhruvkumar.jani.mamch@monarkuni.ac.in		Contact No.:	9726894706	
Name of Student Coordinator:	Sanket Wakode				
Email Id of Student Coordinator:	wakodesanket51@gmail.com		Contact No.:	7798785950	
Brief Description of the Activity:	<p>The World Health Day was celebrated by Department of Panchakarma , Monark Ayurved Medical College at Aanganwadi of Huka Village on 10th April 16, 2026.</p> <p>Dr. Dhruvkumar P. Jani , Assistant Professor in the Department of Panchakarma addressed the Childs and gives the importance of health and explains that how to be healthy .As well as also addressing the parents that how to keep Child healthy by avoiding unhealthy food and consumption of Healthy food . Followed by this Dr. Dhruvkumar P. Jani along with Dr. Romana Barodiya , Assistant Professor in the Department of Panchakarma - performs the Health check up camp for child .</p> <p>The final key address done by Dr. Dhruvkumar P Jani to the incharge of Aanganwadi and parents to have interest in such creative works that makes child healthy . The session was concluded at 11.30 a.m.</p>				

Objectives:	<ol style="list-style-type: none"> 1. To create the awareness about health in pediatric age group . 2. To understand multidimensional Ayurvedic approach to maintain health specially in child . 3. To highlight the early diagnosis in lifestyle disorders in pediatric age group for easy management .
Outcomes:	<ul style="list-style-type: none"> • Childs understand that how to be healthy . • Enhance the knowledge of Ayurvedic approach to maintain the health • Increased awareness in child as well as parents about healthy and unhealthy food habits . • Active participation by Children and their parents .
Resource Person / Facilitator Details If Any	<p>Dr. Dhruvkumar P. Jani , Assistant Professor in the Department of Panchakarma MAMCH .</p> <p>Dr. Romana Barodiya , Assistant Professor in the Department of Panchakarma , MAMCH .</p>
Target Group	<ul style="list-style-type: none"> • Tutors of Aanganwadi • Pediatric age group between 3 to 5 years . • Parents of school going child
Feedback Summary	<p>The World Heath Day was celebrated by Department of Panchakarma , Monark Ayurved Medical College was highly appreciated by Tutors and Parents . The session of informative , encouraging and delivered in simple but impactful manner .</p> <p>Overall the program was well managed, meaningful and beneficial . This program will raising awareness about health into pediatric age group</p>
Supporting Documents (Annexures)	<ul style="list-style-type: none"> • Event Brochure / Poster • Agenda • Feedback Report
Photographs of Event	


MONARK AYURVEDA MEDICAL COLLEGE AND HOSPITAL, VEHLAL
World Health Day
 April 7th

 Free Health Check-Up & Awareness Session
DATE: 10/04/2026
TIME: 10 A.M. TO 11 A.M.
VENUE: AANGANWADI, HUKA
 By Dept. Of Panchakarma
 "Together for health. Stand with science."



[Signature]
HOD

Head of Department
 Panchakarma
 Monark Ayurved Medical College and Hospital
 Vehlal, Ahmedabad

[Signature]
**COMMITTEE
 COORDINATOR**

[Signature]
PRINCIPAL

PRINCIPAL & MEDICAL SUPERINTENDENT
**MONARK AYURVED MEDICAL
 COLLEGE & HOSPITAL**

