



**MONARKAYURVED MEDICAL COLLEGE & HOSPITAL**

**NAME OF DEPARTMENT: KAUMARABHRITYA**

<b>Name of Activity/Event:</b>	<b>WORLD AUTISM AWARENESS CLASS- WEBINAR(Conducted in connection with World Autism Awareness Day)</b>				
<b>Name of Organizing Body (Institute/Department):</b>	<b>Department of Kaumarabhritya Monark Ayurved Medical College and Hospital</b>				
<b>Academic Year:</b>	<b>2026</b>			<b>Date of Event:</b>	<b>03/04/2026</b>
<b>Total No. of Participants (Students):</b>	<b>72</b>	<b>Male:</b>	<b>30</b>	<b>Female:</b>	<b>42</b>
<b>Total No. of Participants (Faculty):</b>	<b>24</b>	<b>Male:</b>	<b>10</b>	<b>Female:</b>	<b>14</b>
<b>Name of Faculty Coordinator:</b>	<b>Dr. Divya T N</b>				
<b>Email Id of Faculty Coordinator:</b>	<b>divyatn4009@gmail.com</b>			<b>Contact No.:</b>	<b>9446866179</b>
<b>Name of Student Coordinator:</b>	---				
<b>Email Id of Student Coordinator:</b>	---			<b>Contact No.:</b>	---
<b>Brief Description of the Activity:</b>	<p>The Autism Awareness Webinar commenced at 2:00 PM with a warm welcome address by Dr. Divya T. N., Assistant Professor, Department of Kaumarabhritya, who highlighted the importance of World Autism Awareness Day and the need for understanding multidimensional care in autism. Following this, Principal Dr. Rajesh C. K formally welcomed the guest speaker and appreciated the department for organizing an informative academic session.</p> <p>The keynote session was delivered by Dr. Shankar Prasanth Moosath, who provided an insightful presentation on Ayurvedic, therapeutic, behavioural, and holistic approaches in the management of Autism Spectrum Disorder. His session emphasized early intervention, individualized treatment, and compassionate care for children with neurodevelopmental challenges. An interactive discussion and Q&amp;A segment allowed participants to clarify their queries and share observations.</p> <p>The programme concluded at 3:00 PM with a heartfelt Vote of Thanks by Dr. Pinal Vihol, Assistant Professor, Department of Dravyaguna, expressing gratitude to the guest speaker, Principal, faculty members, and all participants for their active involvement.</p>				
<b>Objectives:</b>	<ul style="list-style-type: none"> <li>• To create awareness about Autism Spectrum Disorder (ASD) among students, faculty, and parents.</li> <li>• To understand the multidimensional Ayurvedic approach in the assessment and management of autism.</li> <li>• To highlight the importance of early diagnosis and intervention in improving outcomes for children with ASD.</li> <li>• To introduce various therapeutic, behavioral, and supportive care strategies relevant to autism management.</li> </ul>				

	<ul style="list-style-type: none"> <li>• To promote a compassionate, holistic, and patient-centered perspective towards children with neurodevelopmental challenges.</li> <li>• To enhance clinical knowledge and sensitivity among students regarding child health and developmental disorders.</li> <li>• To encourage open discussion and interaction by providing a platform for participants to clarify doubts and gain practical insights from the expert speaker.</li> </ul>
<b>Outcomes:</b>	<ul style="list-style-type: none"> <li>• Improved understanding of Autism Spectrum Disorder (ASD): Participants gained a clearer concept of autism, its features, and its impact on child development.</li> <li>• Enhanced knowledge of Ayurvedic and holistic management approaches: Students and faculty learned how Ayurveda, therapeutic interventions, behavioral support, and lifestyle guidance can contribute to autism care.</li> <li>• Increased awareness about early identification and intervention: The session emphasized the importance of timely diagnosis and individualized treatment plans.</li> <li>• Strengthened empathy and sensitivity: Participants developed a more compassionate outlook toward children with neurodevelopmental challenges and their caregivers.</li> <li>• Better clinical orientation: Students understood practical strategies that can be applied in clinical practice while dealing with children with ASD.</li> <li>• Active academic engagement: The interactive Q&amp;A segment helped clarify doubts and encouraged participants to explore ASD-related topics further.</li> <li>• Motivation for future awareness activities: The programme inspired interest in conducting and attending more child- health- related academic sessions</li> </ul>
<b>Resource Person / Facilitator Details If Any</b>	<p>Dr. Shankar Prasanth Moosath MD(Ayu) PGD Child Psychology (London) Chief Physician &amp; Medical Director Illom Autism Speciality Ayurveda Hospital &amp; Illom Counseling and Child Development Center</p>
<b>Target Group</b>	<ul style="list-style-type: none"> <li>• BAMS students</li> <li>• Interns</li> <li>• Faculty members</li> <li>• Medical officers</li> <li>• School teachers</li> <li>• Parents who were interested in the topic</li> </ul>
<b>Feedback Summary</b>	<p>The Autism Awareness Webinar conducted by the Department of Kaumarabhritya was highly appreciated by the participants. The session was informative, engaging, and delivered in a simple yet impactful manner. The guest speaker, Dr. Shankar Prasanth Moosath, provided deep insights into autism management through a multidimensional Ayurvedic approach, which was well received by students, faculty members, and parents.</p> <p>Participants expressed that the webinar enhanced their understanding of early identification, holistic treatment methods, and the importance of compassion in dealing with children with neurodevelopmental challenges. The interactive discussion at the end encouraged active participation and allowed attendees to clarify doubts effectively.</p>

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Overall, the programme was considered well-organized, meaningful, and beneficial, contributing greatly to raising awareness about Autism and strengthening the academic enrichment of the students.

**Supporting Documents (Annexures)**

- Webinar Poster / Invitation Flyer
- Official poster used for announcement and circulation.
- Programme Schedule / Agenda
- Details of timing (2:00 pm to 3:00 pm), session flow, and speakers.
- Screenshots / Photographs of the Webinar
- Images captured during the online session (speaker, participants, welcome, and vote of thanks).
- Speakers' Profile
- Brief biodata of the Guest Speaker: Dr. Shankar Prasanth Moosath.
- Report of the Event
- Final activity report including objectives, outcomes, and description of the programme.
- Circular
- Circular shared with students for attending the session.
- Remuneration Request Letter (if applicable)
- Document requesting honorarium for the guest speaker.

**Photographs of the Event**

**MONARK AYURVED MEDICAL COLLEGE AND HOSPITAL**

**AUTISM AWARENESS DAY**  
02 APRIL 2026

**Autism and Humanity**  
- Every Life Has Value -

*"Gentle mind, steady heart - Ayurveda nurtures every unique rhythm"*

**DEPARTMENT OF KAUMARABHRIYA**  
MONARK AYURVED MEDICAL COLLEGE & HOSPITAL  
(A Constituent Institute of Monark University)  
At. Post Vahelal, Naroda - Dahegam Road, Ta. Dascroi, Dist. Ahmedabad-382330 (Gujarat) India

**MONARK AYURVED MEDICAL COLLEGE & HOSPITAL**

**WEBINAR**  
3 April 2026

**A Unique Multidimensional Approach in Autism Treatment**

by **Dr. Shankar Prasanth Moosath**  
MD (Ayuj),  
ACD Child Psychology (London)  
Chief Physician & Medical Director  
Illom Autism Speciality Ayurveda Hospital &  
Illom Counseling and Child Development Center, Alappuzha, Kerala

In connection with Autism Awareness Day

🕒 **Time : 2 pm to 3 pm**

CONDUCTED BY:  
**DEPARTMENT OF KAUMARABHRIYA**  
MONARK AYURVED MEDICAL COLLEGE & HOSPITAL  
(A Constituent Institute of Monark University)  
At. Post Vahelal, Naroda - Dahegam Road,  
Ta. Dascroi, Dist. Ahmedabad-382330  
Gujarat, India

Moderator :  
**Dr. Divya T.N.**  
HOD & Asso.Prof.  
Dept. Of Kaumarabhriya  
9446866179



**C I R C U L A R – A U T I S M A W A R E N E S S WEBINAR**

- ◆ Department of Kaumarabhritya
- ◆ Monark Ayurved Medical College & Hospital, Ahmedabad
- ◆ Autism-Awareness Class
- ◆ Conducted in relation to World Autism Awareness Day (02 April 2026)
- ◆ Topic: A Unique Multidimensional Approach in Autism Treatment
- ◆ Guest Speaker: Dr. Shankar Prasanth Moosath, MD (Ayu)
- ◆ Date: 03 April 2026 (Friday)
- ◆ Time: 2 PM – 3 PM
- ◆ Platform: Google Meet
- ◆ Join Link: <https://meet.google.com/hkv-oeFX-qcb>
- ◆ All BAMS students and faculty members are warmly invited to join this enriching and informative session.
- ◆ Let us come together to create awareness and learn innovative approaches in Autism care!
- ◆ Organized by: Department of Kaumarabhritya

To  
The Campus Director  
Monark Ayurved Medical College & Hospital  
Ahmedabad, Gujarat

The subject:  
The Principal  
Monark Ayurved Medical College & Hospital

From:  
Dr. Divya T. N.  
HOD & Associate Professor  
Department of Kaumarabhritya  
Date: 02/04/2026

Subject: Request for Sanction of Remuneration for Guest Speaker – Autism Awareness Webinar

Respected Sir,

The Department of Kaumarabhritya is organizing a Webinar titled "A Unique Multidimensional Approach in Autism Treatment" on 3rd April 2026, in connection with World Autism Awareness Day as part of our departmental academic activities. For this programme, we have invited the distinguished Guest Speaker, Dr. Shankar Prasanth Moosath, MD (Ayu), FOD Child Psychology (London), Chief Physician & Medical Director, Ilom Autism Specialty Ayurveda Hospital & Ilom Counselling and Child Development Center, Alappuzha, Kerala.

In this regard, I kindly request the sanction of Rs. 2,000/- (Rupees Two Thousand only) as honorarium for the Guest Speaker for delivering the awareness session and contributing to the academic enrichment of our students.

I request your kind approval for the release of the above remuneration as per institutional norms.

Thanking you,  
Yours faithfully,

Dr. Divya T. N.  
HOD & Associate Professor  
Department of Kaumarabhritya  
Monark Ayurved Medical College & Hospital

Principal  
Monark Ayurved Medical College & Hospital

Remuneration letter

*Shreef Dr. Divya T. N.*

**HEAD OF THE DEPARTMENT**  
Head of Department  
Kaumarabhritya  
Monark Ayurved Medical College and Hospital  
Vahelal, Ahmedabad

*Shreef Dr. Divya T. N.*

**COORDINATOR**

*[Signature]*

**PRINCIPAL**



PRINCIPAL  
MONARK AYURVED MEDICAL COLLEGE & HOSPITAL