

MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute of Monark University)

At. Post Vahelal, Naroda- Dahegam Road, Ta. Dascroi,

Dist. Ahmedabad-382330(Gujarat) India

Website: www.mamch.monarkuni.ac.in Phone No: 02718- 247215/138



MONARK
UNIVERSITY

TEACHING SCHEDULE APRIL 2026

DEPARTMENT OF KRIYA SHARIRA

SUBJECT CODE: AyUG-KS

TERM: I

BATCH: 2025-26

PAPER: I & II

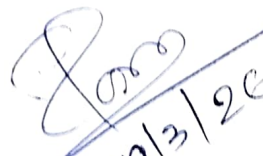
Name of Faculty	Topics	Sub Topics	Date	LH	NLH/ NLP	Instruction Method/	Total Hours	
Dr.Sreelekshmi	Revision of	Mechanism & components of Homeostasis	6.4.26 Monday	12-1pm	-	Group study	1	
		CVS	7.4.26 Tuesday	-	2:30-4:30pm	Planning for Question Answering session	2	
	CVS	8.4.26 Wednesday	9-10am		1			
	Homeostasis	RBC WBC, Platelets, Plasma Proteins	10.4.26 Friday	-	2:30-3:30pm	Written test	1	
		Blood clotting mechanism, Blood grouping, Immunity	13.4.26 Monday	12-1pm	-		1	
		Basic Principles & Srotas	15.4.26 Wednesday	9-10am	-	Sloka recitation	1	
	16.4.26 - 30.4.26				I- term Examination			
	Total hours : 7							
LH:4								
NLH: 3								

Name of Faculty	Topics	Sub Topics	Date	LH	NLH/ NLP	Instruction Method	Total Hours
Dr.Komal Chavda	Revision of Dosha Dhatu	Vata dosha Pitta dosha, Rasa dhatu	2.4.26 Thursday	11-12pm	2:30- 4:30pm	Written test Sloka recitation	3
		Rakta Dhatu	7.4.26 Tuesday	11-12pm	-		1
		Mamsa dhatu	9.4.26 Thursday	11-12pm	2:30- 4:30pm		1
		Meda dhatu	10.4.26 Friday	-	3:30- 4:30pm		1
			16.4.26 - 30.4.26		1- term Examination		
	Total hours : 6 LH:4 NLH: 2						


Total hours: 13

HOD

Dept. of Kriya Sharira


 19/3/26
 Head of Department
 Department of Kriya Sharira
 Manak Ayurvedic College, Warananagar
 Varanasi, Uttar Pradesh

Principal


 PRINCIPAL
 MANAK AYURVEDIC COLLEGE
 COLLEGE

Subject Code: AyUG-RS

Term: I

Batch:2025-26

Paper: I & II

Sr No	Name of Faculty	Topics	Sub Topics	Date	LH	NLH/ NLH- P	Instruction Method/	Total Hours
	Dr. Sreekanth Vaidyanath R S	Vertebra, Modern Preservation Techniques Garbha Shareera, Embryology	MODERN PRESERVATION TECHNIQUES	1.4.26		1	Lecture with ppt, Demonstration	1
			GERM LAYER FORMATION	2.4.26	1		Lecture with ppt	1
			GERM LAYER FORMATION	3.4.26	1		Lecture with ppt	1
			VERTEBRA – Types, Parts	4.4.26		1	Lecture with ppt, Demonstration	1
			VERTEBRA – Types, Parts	6.4.26		1	Lecture with ppt, Demonstration	1
			VERTEBRA – Types, Parts, Lig, CA	8.4.26		1	Lecture with ppt, Demonstration	1
			APARA NIRMANA	9.4.26	1		Lecture with ppt,	1
			GARBHA NABHINADI & GARBHA VIKRUTI	10.4.26	1		Lecture with ppt,	1
			REVISION	13.4.26		1	Tutorial, shloka recitation, demonstration	1
			REVISION	15.4.26		1	Tutorial, shloka recitation, demonstration	1
2	Dr. Yedhu Krishnan	GIT, Paribhasha Shareera, Koshta & Ashaya Shareera	RECTUM	1.4.26		1	Lecture with ppt	1
			ANAL CANAL	3.4.26		1	Lecture with ppt	1
			ANAL CANAL	4.4.26		1	Lecture with ppt	1
			PARIBHASHA SHAREERA	6.6.26	1	1	Lecture with ppt	2
			PARIBHASHA SHAREERA	8.4.26		1	Lecture with ppt	1
			KOSHATA & ASHAYA SHAREERA – Paribhasha, Nir., koshtangas	10.4.26		1	Lecture with ppt	1
			KOSHATA & ASHAYA SHAREERA - koshtangas	13.4.26	1	1	Lecture with ppt, Demonstration	2
			REVISION	14.4.26	1		Tutorial, shloka recitation, demonstration	1
REVISION	15.4.26		1	Tutorial, shloka recitation, demonstration	1			
3.	Integration Class - Name of Faculty and Department							
Total Hours					21			

Head of Department
Department of Rachana Sharir
HOD
Monark Ayurved Medical College and Hospital
Vahelal, Ahmedabad.

PRINCIPAL
PRINCIPAL & MEDICAL SUPERINTENDENT
MONARK AYURVED MEDICAL
COLLEGE & HOSPITAL



MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute of Monark University) | DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF April 2026 | Subject Code: AyUG-SA1 | Term: I | Batch: 2025-26 | Paper: 1

S.No.	Date	Time	Name of Faculty & LH / NLH	Topic & Subtopics	Instruction Method	Hours
1	1-Apr-26	11:00am to 12:00pm	SA-1 (LH) Dr. Gautam M	AH Su 3 — Rutucarya Adhyaya Application of concepts: Ritucharya and application — Proforma based assessment in healthy individuals or patients	CBL	1
2	1-Apr-26	1:30pm to 2:30pm	SA-1 (LH) Dr. Akhil	AH Su 3 — Rutucarya Adhyaya Application of concepts: Ritucharya and application — Proforma based assessment in healthy individuals or patients	CBL	1
3	2-Apr-26	9:00am to 10:00am	SA-1 (NLH) Dr. Gautam M	AH Su 3 — Rutucarya Adhyaya Application of concepts: Ritucharya and application — Proforma based assessment in healthy individuals or patients	CBL	1
4	4-Apr-26	9:00am to 10:00am	SA-1 (NLH) Dr. Anjana S	AH Su 3 — Rutucarya Adhyaya Application of concepts: Ritucharya and application — Proforma based assessment in healthy individuals or patients	CBL	1
5	4-Apr-26	12:00pm to 1:00pm	SA-1 (LH) Dr. Akhil	AH Su 4 — Roganutpadaniya Adhyaya Case Based Activity/Learning: Assess signs and symptoms of given case based on Adharaneeya Vegas and find out probable causative factors on the basis of principles taught	CBL	1
6	6-Apr-26	9:00am to 10:00am	SA-1 (LH) Dr. Akhil	AH Su 4 — Roganutpadaniya Adhyaya Case Based Activity/Learning: Assess signs and symptoms of given case based on Adharaneeya Vegas and find out probable causative factors on the basis of principles taught	CBL	1
7	7-Apr-26	10:00am to 11:00am	SA-1 (LH) Dr. Anjana S	AH Su 4 — Roganutpadaniya Adhyaya Case Based Activity/Learning: Assess signs and symptoms of given case based on Adharaneeya Vegas and find out probable causative factors on the basis of principles taught	CBL	1
8	8-Apr-26	11:00am to 12:00pm	SA-1 (LH) Dr. Gautam M	AH Su 4 — Roganutpadaniya Adhyaya Case Based Activity/Learning: Assess signs and symptoms of given case based on Adharaneeya Vegas and find out probable causative factors on the basis of principles taught	CBL	1
9	9-Apr-26	9:00am to 10:00am	SA-1 (NLH) Dr. Anjana S	AH Su 5 — Dravadravaya Vijnaniya Adhyaya Group Activity (Group Presentation) — Utility of Dravyas: Allocate Dravadravaya Vargas among student groups. Every group will justify the practical utility of dravyas allotted to them	GP	1
10	9-Apr-26	1:30pm to 2:30pm	SA-1 (LH) Dr. Akhil	AH Su 5 — Dravadravaya Vijnaniya Adhyaya Group Activity (Group Presentation) — Utility of Dravyas: Allocate Dravadravaya Vargas among student groups. Every group will justify the practical utility of dravyas allotted to them	GP	1
11	10-Apr-26	1:30pm to 2:30pm	SA-1 (NLH) Dr. Anjana S	AH Su 5 — Dravadravaya Vijnaniya Adhyaya Group Activity (Group Presentation) — Utility of Dravyas: Allocate Dravadravaya Vargas among student groups. Every group will justify the practical utility of dravyas allotted to them	GP	1
12	13-Apr-26	9:00am to 10:00am	SA-1 (LH) Dr. Akhil	AH Su 5 — Dravadravaya Vijnaniya Adhyaya Group Activity (Group Presentation) — Utility of Dravyas: Allocate Dravadravaya Vargas among student groups. Every group will justify the practical utility of dravyas allotted to them	GP	1
13	15-Apr-26	11:00am to 12:00pm	SA-1 (LH) Dr. Gautam M	Revision — AH Su 1: Ayushkamiya Adhyaya Commentary Based Activity: Fetch the meaning of important terms on the basis of commentary (Any 30 important words). Make your own dictionary.	L	1
14	15-Apr-26	1:30pm to 2:30pm	SA-1 (NLH) Dr. Akhil	Revision — AH Su 1: Ayushkamiya Adhyaya Commentary Based Activity: Fetch the meaning of important terms on the basis of commentary (Any 30 important words). Make your own dictionary.	L	1
15	16/04/2026 to 30/04/2026			First Term Examination		-
TOTAL						14

H.O.D. MOD, Dept. of Samhita Siddhanta
Monark Ayurved Medical College and Hospital
Head of Department
Samhita Siddhanta evam
Sanskrit
Monark Ayurved Medical
College and Hospital

Colour Guide: ■ Light Blue = LH (Lecture Hour) ■ Light Yellow = NLH (Non-Lecture Hour)



PRINCIPAL / SUPERINTENDENT
Monark Ayurved Medical College & Hospital

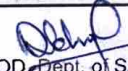
PRINCIPAL / SUPERINTENDENT
MONARK AYURVED MEDICAL
COLLEGE & HOSPITAL

MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute of Monark University) | DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF April 2026 | Subject Code: AyUG-SN&AI | Term: I | Batch: 2025-26 | Paper: 1

S.No.	Date	Time	Name of Faculty	LH / NLH	Topic & Subtopics	Instruction Method	Hours	
1	1-Apr-26	12:00pm to 1:00pm	Dr. Kamini	LH	Maheshvara Sutra — All topic revision	Discussions	1	
2	2-Apr-26	1:30pm to 2:30pm	Dr. Kamini	NLH	Dhaturupa recitation	Oral	1	
3	2-Apr-26	11:00am to 12:00pm	Dr. Kamini	NLH	Ayurveda Itihas topic — MCQ	Writing	1	
4	4-Apr-26	11:00am to 12:00pm	Dr. Kamini	NLH	Dhaturupa Group discussion	Discussions	1	
5	6-Apr-26	1:30pm to 2:30pm	Dr. Kamini	LH	All Sangya revision	Revision	1	
6	7-Apr-26	12:00pm to 1:00pm	Dr. Kamini	LH	Paribhasha Pratyaya revision	Revision	1	
7	8-Apr-26	12:00pm to 1:00pm	Dr. Kamini	LH	Objective type & very short answer — Karak	Revision	1	
8	9-Apr-26	1:30pm to 2:30pm	Dr. Kamini	NLH	Oral & Writing Dhaturupa	Narrative	1	
9	10-Apr-26	11:00am to 12:00pm	Dr. Akhil C	LH	Structure, Specialities, Time period of Ayurveda Samhitas and their commentaries (including special contributions of authors and commentators)	Test	1	
10	13-Apr-26	1:30pm to 2:30pm	Dr. Kamini	NLH	Dhaturupa quiz	Group Discussion	1	
11	15-Apr-26	12:00pm to 1:00pm	Dr. Kamini	LH	Anvaya, Padacheda — Ch. 1, 2, 4; All Shloka recitation	Writing	1	
12	16/04/2026 to 30/04/2026	Term Examination						-
TOTAL							11	

H.O.D. 
HOD, Dept. of Samhita Siddhanta
Monark Ayurved Medical College and Hospital

Head of Department
Samhita Siddhanta evam
Sanskrit
Monark Ayurved Medical
College and Hospital

Colour Guide: ■ Light Blue = LH (Lecture Hour) ■ Light Yellow = NLH (Non-Lecture Hour)



PRINCIPAL / SUPERINTENDENT
Monark Ayurved Medical College & Hospital
PRINCIPAL & MEDICAL SUPERINTENDENT
MONARK AYURVED MEDICAL
COLLEGE & HOSPITAL

MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute of Monark University) | DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF April 2026 | Subject Code: AyUG-PV | Term: I | Batch: 2025-26 | Paper: 1

S.No.	Date	Time	Name of Faculty & LH / NLH	Topic & Subtopics	Instruction Method	Hours
1	2-Apr-26	9:00am to 10:00am	PV (NLH) Dr. Anjana S	Describe importance of Aptopadesha in maintaining Health, Prevention of diseases, diagnostics, therapeutics and research	Lecture / Activity based learning / Problem based learning	1
2	3-Apr-26	12:00pm to 1:00pm	PV (NLH) Dr. Anjana S	Respect ancient philosophy and Ayurveda	Discussion	1
3	4-Apr-26	10:00am to 11:00am	PV (NLH) Dr. Gautam M	Darshan concept development: Find and write names of different philosophies. Discussions on meanings of philosophy, darshana, spirituality, religion - Are they same or different? Write in Activity Book.	Activity based learning	1
4	6-Apr-26	10:00am to 11:00am	PV (LH) Dr. Anjana S	Respect ancient philosophy and Ayurveda	Discussion & Debate	1
5	7-Apr-26	1:30pm to 2:30pm	PV (LH) Dr. Akhil	Enumerate padartha according to different schools of thought	Puzzle	1
6	8-Apr-26	10:00am to 11:00am	PV (NLH) Dr. Akhil	A1 Other Activities in Journal - Quiz on Padartha & Darshana	QBL	1
7	9-Apr-26	12:00pm to 1:00pm	PV (NLH) Dr. Anjana S	Find principles and examples in contemporary sciences which will enhance understanding concept of Padartha (e.g. matter and energy)	Lecture / Discussions	1
8	10-Apr-26	10:00am to 11:00am	PV (NLH) Dr. Gautam M	Analyse role of padartha in darshana and in Ayurveda and Demonstrate the role of Padarthavijnana in Ayurveda	PBL	1
9	13-Apr-26	10:00am to 11:00am	PV (LH) Dr. Anjana S	Important Shloka recitation	Lecture	1
10	15-Apr-26	10:00am to 11:00am	PV (NLH) Dr. Akhil	A1 - Other Activities in Journal. Oral presentation on allotted topic - PPT slides to be made and copy of slides to be pasted in Activity Book	SPL	1
11	16/04/2026 to 30/04/2026			First Term Exam		-
TOTAL						10

HOD, Dept. of Samhita Siddhanta
Monark Ayurved Medical College and Hospital

PRINCIPAL / SUPERINTENDENT
Monark Ayurved Medical College & Hospital

Colour Guide: ■ Light Blue = LH (Lecture Hour) ■ Light Yellow = NLH (Non-Lecture Hour)

Head of Department
Samhita Siddhanta evam
Sanskrit
Monark Ayurved Medical
College and Hospital

PRINCIPAL / SUPERINTENDENT
MONARK AYURVED MEDICAL
COLLEGE & HOSPITAL