



MONARK UNIVERSITY

MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute of Monark University)

DEPARTMENT OF PANCHAKARMA

TEACHING SCHEDULE OF APRIL 2026

Subject Code: AyUG- Term: II Batch: 2023-24 Paper: 1

SR NO	NAME OF FACULTY	TOPICS	DATE	SUB-TOPICS	LH	NLHT	NLHP	TEACHING METHOD	TOTAL HOURS	
1	DR. SHARATH V DEV	Snehana Karma	1/4/2026	Distinguish Brimhana Snehapana and Sadyasirehi-pana			2	Problem Based Learning	2	
			4/4/2026	Explain Udwartan Types and its benefits		1		Flipped Classroom	1	
			8/4/2026	Demonstrate the procedure of Shiropichu			2		Demonstration	2
			15/4/2026	Demonstrate the procedure of Shirobasti			2		Demonstration	2
			18/4/2026	Explain the diet and Parihar Vishaya during Snehapana		1			Group Discussion	1
			22/4/2026	Demonstrate Kati Basti , Greeva Basti and Janu Basti				2	Demonstration	2
			29/4/2026	Demonstrate Abhyanga				2	Demonstration	2
			2/4/2026	Demonstrate Tapa Sewda				2	Team Based Learning	2
			7/4/2026	Explain Shamanartha Snehapana, Kala, Matra and Anupana.		1			PPT	1
			9/4/2026	Demonstrate Upanaha Sewda					2	Simulation
2	DR ROMANA	Swedana Karma	16/4/2026	Demonstrate Pariskeka Sewda			2	Kinaesthetic learning	2	
			21/4/2026	Explain types of Massage and various Massage Techniques.		1		PPT	1	
			23/4/2026	Demonstrate Avagaha Sewda			2		Demonstration	2
			28/4/2026	Interpret Shiropichu and Shirobasti.		1			PPT	1







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## DEPARTMENT OF KAUMARABHRITYA TEACHING SCHEDULE OF APRIL 2026

SUBJECT CODE: AyUG-KB

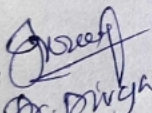
TERM :1

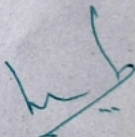
BATCH : 2022-23

PAPER:1

S.N O.	NAME OF FACULTY	TOPIC & SUBTOPICS	DATE	LH/ NLH	TIME			INSTRUC TION METHOD	TOT AL HOU RS
						TO			
1	Dr Divya T N	AUTISM	1/04/2026	LH	12PM	TO	1PM	L&PPT	1HRS
2	Dr Divya T N	CASE TAKING	4/04/2026	NLHP	9.00AM	TO	11.00AM	CBL	2HRS
3	Dr Divya T N	BALASAMSKARA	6/04/2026	NLHT	1.30PM	TO	2.30PM	QUIZ CTIVITY	1HRS
4	Dr Divya T N	GARBHA VRIDHI AND VIKASA	8/04/2026	LH	12PM	TO	1PM	L&PPT	1HRS
5	Dr Divya T N	CASE EXAMINATION	10/04/2026	NLHP	9.00AM	TO	11.00AM	CBL	2HRS
6	Dr Divya T N	TREMINOLOGIES USED IN NEONATOLOGY	10/04/2026	LH	12PM	TO	1PM	L&PPT	1HRS
7	Dr Divya T N	GARBHA VRIDHI VIKASA	13/04/2026	NLHT	1.30PM	TO	2.30PM	DIS	1HRS
8	Dr Divya T N	NAVAJATHA SHISHU PARICHARYA	15/04/2026	LH	12PM	TO	1PM	L&PPT	1HRS
9	Dr Divya T N	CASE STUDIES & EXAMINATION	17/04/2026	NLHP	9.00AM	TO	11.00AM	CBL	2HRS
10	Dr Divya T N	NAVAJATHA SHISHU PARICHARYA	17/04/2026	LH	12PM	TO	1PM	L&PPT	1HRS
11	Dr Divya T N	CASE STUDIES & EXAMINATION	18/04/2026	NLHP	9.00AM	TO	11.00AM	CBL	2HRS
12	Dr Divya T N	TREMINOLOGIES USED IN NEONATOLOGY, NAVAJATHA SHISHU PARICHARYA	20/04/2026	NLHT	1.30PM	TO	2.30PM	TBL	1HRS
13	Dr Divya T N	NAVAJATHA SHISHU PARICHARYA	22/04/2026	LH	12PM	TO	1PM	L&PPT	1HRS
14	Dr Divya T N	CASE STUDIES & EXAMINATION	24/04/2026	NLHP	9.00AM	TO	11.00AM	CBL	2HRS

	Dr Divya T N	PRANAPRATHYA GAMANA VIDHI(NEONATAL RESUSCITATION)	24/04/2026	LH	12PM	TO	1PM	L&PPT	1HRS
16	Dr Divya T N	DEFINITION AND MANAGEMENT OF TERM, PRE TERM, POST TERM AND HIGH RISK NEONATE	27/04/2026	NLHT	1.30PM	TO	2.30PM	L&TBL	1HRS
17	Dr Divya T N	AYU PARIKSHA VIDHI (ASSESSMENT OF LONGEVITY AND STANDARD OF LIVING), ETIOLOGY AND CLINICAL FEATURES AND MANAGEMENT	29/04/2026	LH	12PM	TO	1PM	L&PPT	1HRS

HOD:   
Dr. Divya T.N.

  
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## DEPARTMENT OF KAYACHIKITSA

### TEACHING SCHEDULE OF APRIL 2026

Subject Code: AyUG-KC

Term: 1<sup>st</sup>

Batch: 2022-23

Paper: 3,4&5

SL NO	TOPIC	T-L method	LH	NLHT	NLHP	Total hours	Date	Time	Name of staff
1	Create a treatment plan for Saama stages in Jvara and explain Taruna jvara Chikitsa (Nava jvara Chikitsa/Pachana-upaya Chikitsa in Jvara)	L&PPT	1	-	-	1	01-04-26	3:30 – 4:30pm	Dr Babu
2	Create a treatment plan for Nirama stages in Jvara and explain Purana jvara chikitsa (Jeerna jvara chikitsa)	L&PPT	1	-	-	1	02-04-26	12-1pm	Dr Nikunj
3	State the Phalashruti,Sevanakala,Matra, Anupana of the given Aushadha kalpana	L&GD	-	1	-	1	03-04-26	12-1pm	Dr. Urvashi
4	Apply management of teevra raktasrava(Acute Haemorrhage)	CBL	-	1	-	1	04-04-26	2:30- 3:30pm	Dr. Nikunj
5	Describe the management of Nija jvara and Sannipata jvara	L&PPT	1	-	2	3	06-04-26	9-11am 11-12pm	Dr Urvashi
6	Understand the Doshadushyadi vivechana in the management of Anukta roga	TBL	-	1	2	3	07-04-26	9-11am 2:30 – 3:30PM	Dr Babu/Dr Urvashi
6	Describe the management of Agantuja jvara	L&PPT	1	-	-	1	08-04-2026	2:30- 3:30pm	Dr Babu
7	Detail the Dhatugata jvara Chikitsa	L&PPT	1	-	-	1	09-04-26	12-1pm	Dr Nikunj
8	Apply the Ayurveda concepts in the management of Mastishkavarana shotha jvara(Meningitis) Mastishka shotha(Encephalitis) and Dhanurvaata(Tetanus) by assessing the contemporary therapeutic approaches	DIS	-	1	-	1	10-04-26	12-1pm	Dr. Urvashi
9	Describe the management of Vishama jvara	L&PPT	1	-	2	3	13-04-26	9-11am 11-12pm	Dr. Nikunj/Dr



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10	Discuss the contemporary therapeutic modalities and frame ayurveda management of Granthika sannipata jvara(Plague), and Leptospirosis	DIS	-	1	2	3	14-04-26	9-11am 2:30- 3:30pm	Urvashi Dr Nikunj/Dr Babu
11	Plan the treatment according to the status of Ojus in Punaravartaka jvara	L&PPT	1	-	-	1	15-03-26	3:30- 4:30pm	Dr Babu
12	Differentiate the appropriate Shodhana and Shamana Chikitsa in Jvara	L&PPT	1	-	-	1	16-04-26	12-1pm	Dr Nikunj
13	Apply the Ayurveda concepts in the management of Beejanu jvara(Anthrax), and Peeta jvara(Yellow fever) by assessing the contemporary therapeutic approaches	DIS	-	1	-	1	17-04-26	12-1pm	Dr. Urvashi
14	Perform differential diagnosis and apply treatment for teevra udara shoola(Acute pain in abdomen)	PBL	-	1	-	1	18/04/26	2:30- 3:30pm	Dr. Babu
15	Explain the Bahirparimarjana chikitsa and Daivavyapasraya chikitsa in the management of Jvara	L&PPT	1	-	2	3	20-04-26	9-11am 11-12pm	Dr Babu/Dr Urvashi
16	Summarize the Ayurveda management of Sandhiga sannipata jvara(Chikungunya), Dandaka jvara(Dengue)	L&GD	-	1	2	3	21-04-26	9-11am 2:30- 3:30pm	Dr Babu
17	Prescribe the Pathyapathya and Rasayana in the management of Jvara	L&PPT	1	-	-	1	22-04-26	3:30- 4:30pm	Dr Babu
18	Formulate the Chikitsa yojana of Anukta Roga considering its Nidana panchaka	L&GD	1	-	-	1	23-04-26	12-1pm	Dr Nikunj
19	Discuss the Etiopathogenesis, Diagnosis, Ayurvedic Mangement of Pittashaya Shotha(Cholecystitis), Agniashaya shotha(Pancreatitis), Diverticulitis and Gastroenteritis (Udara Shotha)	L&PPT	-	1	-	1	24-04-26	12 – 1pm	Dr. Urvashi
20	Describe Sankramika jvara and Kasheruka-jeeva-janya vyadhi(zoonotic diseases). Explain the Ayurveda management of Vishama	L&PPT	1	-	2	3	27-04-26	9-11am 11-12pm	Dr. Urvashi



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	jvara(Malaria) and Antrika jvara(Typhoid) by comprehending the contemporary therapeutic modalities								
21	Interpret the Etiopathogenesis, Diagnosis, and Ayurveda Management of Grahani (irritable bowel syndrome)	BS, SIM	-	1	2	3	28-04-26	9-11am 2:30- 3:30pm	Dr Urvashi/D r Babu
22	Explain the ayurveda management of Vata-shlaishmika jvara(Influenza), Shwasanaka jvara(Pneumonia), COVID and H1N1 by comprehending the contemporary therapeutic modalities	L&PPT	1	-	-	1	29-04-26	3:30- 4:30pm	Dr. Babu
23	Clinical understanding and management of various varieties of jwara	PBS	1	-	-	1	30-04-26	12-1pm	Dr Nikunj

HOD

Head of Department  
Kayachikitsa  
Ayurved Medical College and Hospital  
Vahelal, Ahmedabad

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# MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

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## DEPARTMENT OF PRASUTI TANTRA EVUM STREEROGA

### TEACHING SCHEDULE OF APRIL 2026

**Subject Code:**  
AyUG-PS

**Term: 1**

**Batch:**  
2022-23

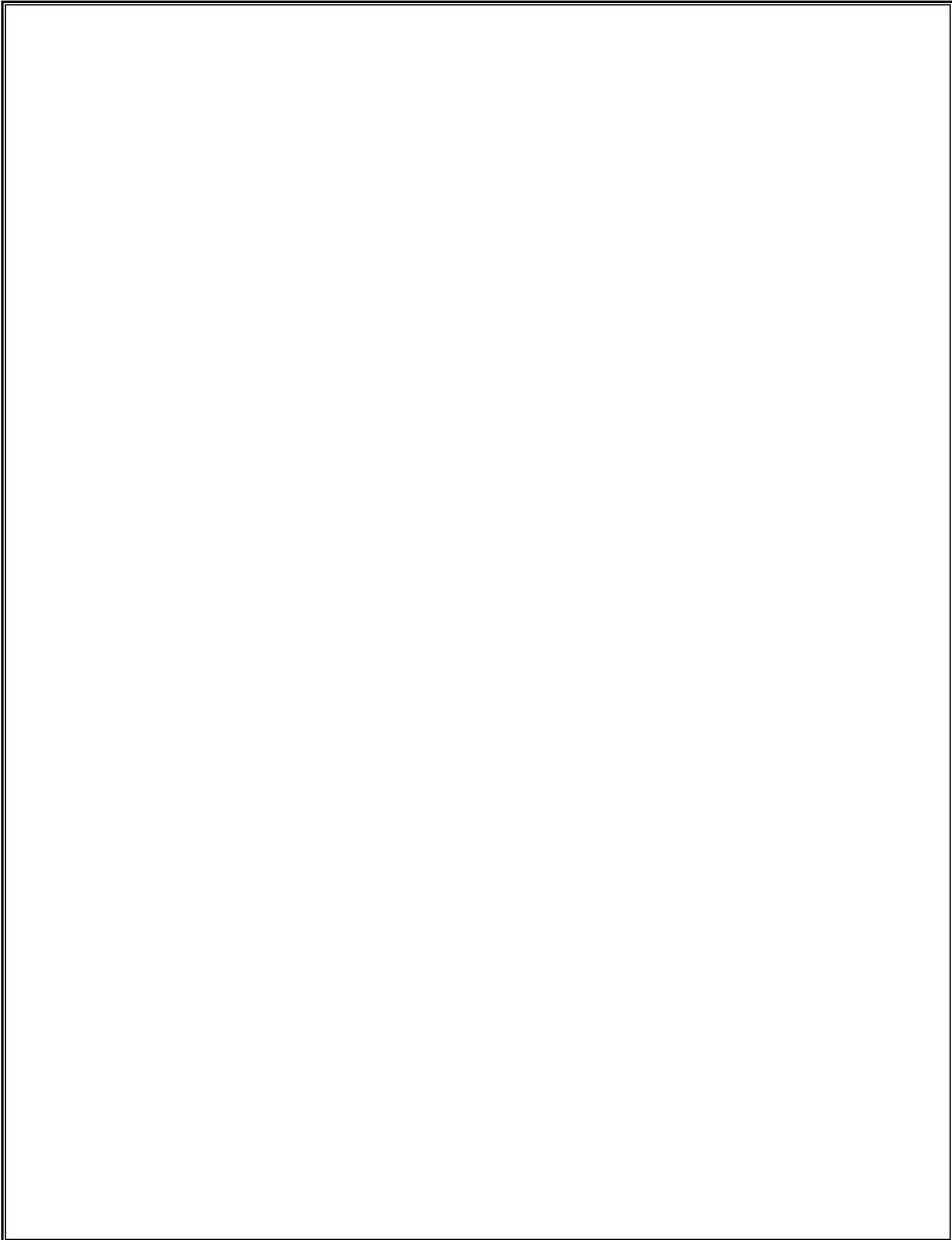
**Paper: 1**

S.No	Name of Faculty	Topic & Subtopics	Date	LH / NL H	TIME			Instruction Method	TOTAL HOURS
1	Dr. Dharmista Patel	Artava kshaya – oligomenorrhoea and hypomenorrhoea	04/04/2026	NL HP	09:00 am	t o	10:00 am	L&PPT	1hr
2	Dr.Poornima Iyer	Menopause	04/04/2026	NL HP	10:00 am	t o	11:00 am	L&PPT	1hr
3	Dr.Athulya K.R	Instruments commonly used in Prasutitantra (Obstetrics) and Stree Roga (Gynaecology) procedures and surgeries	06/04/2026	LH	12:00 pm	t o	1:00 pm	DIS	1hr
4	Dr.Poornima Iyer	Anatomical and physiological changes in genital organs during menopause Rajonivritti janya lakshana (menopausal syndrome)	07/04/2026	LH	3:30 pm	t o	4:30 pm	FC	1hr
5	Dr. Dharmista Patel	Artava kshaya, Ssrugdhara & Artava vrudhhi	10/04/2026	NL HP	09:00 am	t o	10:00 am	L&PPT	1hr
6	Dr.Poornima Iyer	Plan management of menopause	10/04/2026	NL HP	10:00 am	t o	11:00 am	L&GD	1hr
7	Dr. Dharmista Patel	Artava kshaya	10/04/2026	LH	11:00 am	t o	12:00 pm	L&PPT	1hr
9	Dr.Athulya K.R	Instruments used in Obstetrics and Gynaecology	13/04/2026	NL HT	12:00 pm	t o	1:00 pm	L&PPT	1hr

10	Dr. Dharmista Patel	Management of Asrugdara and Artava vruddhi- structural and non- structural / systemic causes	17/04/2026	NL HP	09:00 am		10:00 am	DIS	
11	Dr.Poornima Iyer	Hormone replacement therapy	17/04/2026	NL HT	10:00 am	t o	11:00 am	FC	1hr
12	Dr. Dharmista Patel	Artava vriddhi	17/04/2026	LH	11:00 am	t o	12:00 pm	L&PPT, D-M	1hr
13	Dr. Dharmista Patel	Management of Asrugdara and Artava vruddhi- structural and non- structural / systemic causes	18/04/2026	NL HP	9.00 am	t o	10.00 am	DIS	1hr
14	Dr.Poornima Iyer	Examination in gynecology including the breast	18/04/2026	NL HP	10:00 am	t o	11:00 am	L&PPT CBL	1hr
15	Dr.Athulya K.R	Instrument sterilization methods	20/04/2026	NL HP	12:00 pm	t o	1;00 pm	DIS	1hr
16	Dr.Poornima Iyer	Management of menopausal syndrome Role of rasayana in menopausal syndrome	21/04/2026	LH	3:30 pm	t o	4:30 pm	L&PPT	1hr
17	Dr. Dharmista Patel	Neuroendocrinology with respect to puberty	24/04/2026	NL HT	9.00 am	t o	10.00 am	DIS	1hr
18	Dr.Poornima Iyer	Abdominal examination in gynecology	24/04/2026	NL HP	10:00 am	t o	11:00 am	L&PPT	1hr
19	Dr. Dharmista Patel	Asrugdara	24/04/2026	LH	11:00 am	t o	12:00 pm	DIS	1hr
20	Dr.Athulya K.R	Sharp instruments.	27/04/2026	NL HP	12:00 pm	t o	1;00 pm	DIS	1hr
21	Dr.Poornima Iyer	Gynecological history taking and general systemic examination	28/04/2026	LH	12:00 00 pm	t o	1;00 pm	L&PPT	1hr

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# MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute of Monark University) | DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF April 2026 | Subject Code: AyUG-SA3 | Term: I | Batch: 2022-23 | Paper: 1

Sl. No.	Date	Time	Name of Faculty & LH / NLH	Topic & Subtopics	Instruction Method	Hours
1	2-Apr-26	2:30 PM to 3:30 PM	SA3 (NLH) Dr. Akhil C	Topic 6 Cha.Chi.6 — Prameha Chikitsitam Cha.Chi.6/4-7, 6/8, 6/9-12, 6/13-14	L & PPT	1
2	4-Apr-26	11:00 AM to 12:00 PM	SA3 (LH) Dr. Gautam M	Topic 7 Cha.Chi.7 — Kushtha Chikitsitam Cha.Chi.7/4-10, 7/9-10, 7/11-12, 7/13-20, 21-26, 27-29, 34-36; D/D between Mahakushta & Kshudra Kushta	L&GD, TBL, DIS	1
3	6-Apr-26	3:30 PM to 4:30 PM	SA3 (LH) Dr. Gautam M	Topic 7 Cha.Chi.7 — Kushtha Chikitsitam Cha.Chi.7/37-38, 39-42, 43-49, 84-96; Kushta chikitsa yoga; Cha.Chi.7/173-177, 162-172, 178-180	L&GD, TBL	1
4	9-Apr-26	2:30 PM to 3:30 PM	SA3 (NLH) Dr. Akhil C	Topic 6 Cha.Chi.6 — Prameha Chikitsitam Cha.Chi.6/15-17; 2 types of pramehi; Shamana kalpa; Cha.Chi.6/18-24, 6/51-58, 6/54-55; Discuss prameha as kulaja vikara; Cha.Chi.6/59-61	L & PPT	1
5	10-Apr-26	3:30 PM to 4:30 PM	SA3 (NLH) Dr. Anjana S	Topic 5 Cha.Chi.5 — Gulma Chikitsitam Cha.Chi.5/4-7, 8, 18-19; Discuss VPK Gulma chikitsa	L & PPT	1
6	13-Apr-26	3:30 PM to 4:30 PM	SA3 (LH) Dr. Gautam M	Topic 7 Cha.Chi.7 — Kushtha Chikitsitam (NLH) Fundamental principle of Samhita related to Kushta Chikitsa	FC, TBL, L&GD	1
7	16-Apr-26	2:30 PM to 3:30 PM	SA3 (LH) Dr. Akhil C	Topic 6 Cha.Chi.6 — Prameha Chikitsa Case Based Analysis & Assessment	D-BED	1
8	17-Apr-26	3:30 PM to 4:30 PM	SA3 (NLH) Dr. Anjana S	Topic 5 Cha.Chi.5 — Gulma Chikitsitam Gulma chikitsa yoga; Raktaja gulma chikitsa; Summary	L & PPT	1
9	18-Apr-26	11:00 AM to 12:00 PM	SA3 (LH) Dr. Gautam M	Samhita Based Analysis of Diseases Cha.Chi.7 — Kushta Chikitsa	D-BED	1
10	20-Apr-26	3:30 PM to 4:30 PM	SA3 (LH) Dr. Gautam M	Topic 7 Cha.Chi.7 — Kushta Chikitsa Concept mapping of Kushta Samprapti & Chikitsa	CM	1
11	23-Apr-26	2:30 PM to 3:30 PM	SA3 (NLH) Dr. Akhil C	Topic 6 Cha.Chi.6 — Prameha Chikitsa Evaluation by Tantrayukti	SDL	1
12	24-Apr-26	2:30 PM to 3:30 PM	SA3 (NLH) Dr. Anjana S	Topic 5 Cha.Chi.5 — Gulma Chikitsitam Exploring Vyakhya	L	1
13	27-Apr-26	3:30 PM to 4:30 PM	SA3 (LH) Dr. Gautam M	Topic 7 Cha.Chi.7 — Kushta Chikitsa Comparative analysis of Chikitsa Siddhanta of Cha.Sa & Su.Sa.	L&GD, PPT	1
14	30-Apr-26	2:30 PM to 3:30 PM	SA3 (NLH) Dr. Akhil C	Topic 8 Cha.Chi.8 — Rajayakshma Chikitsa Cha.Chi.8/4-7, 13, 14-19; Samprapti & lakshana of vegadharanaja yakshma; Cha.Chi.8/20-23, 24-27, 28-32, 33-37, 38-42, 45-47, 52	L & PPT	1
<b>TOTAL</b>						<b>14</b>

H.O.D.   
HOD, Dept. of Samhita Siddhanta  
Monark Ayurved Medical College and Hospital

Head of Department  
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College and Hospital

Colour Guide: ■ Light Blue = LH (Lecture Hour) ■ Light Yellow = NLH (Non-Lecture Hour)



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### DEPARTMENT OF SHALAKYA TANTRA

TEACHING SCHEDULE OF APRIL 2026

Subject Code: AyUG-SL

Term:1<sup>st</sup>

Batch: 2022-23

Paper: 1 & 2

Sr. No.	Name of Faculty	Topic & Subtopics	Date	LH/N LHP/ NLHT	Time	Instruction Method	Total Hours
1	Dr.Darshana	Present an appropriate history in a patient presenting with Ardhavabhedaka	01-04-26	NLHP	9:00- 11:00	CD, PBL,RP	2
2	Dr.Nisha	Enlist the diseases in which Poorvakarmas of Panchakarma (Snehana / Swedana) and Panchakarmas are indicated and contraindicated in Netraroga	01-04-26	LH	11:00-12:00	L&PPT	1
3	Dr.Dhara	Define Sanjnaharana (Anesthesia).Enlist types and drugs used for Anesthesia in Ophthalmology.Describe dosage, indications, contraindications and untoward effects. (Topical/Surface anaesthesia - Lidocaine, Amethocaine, Proparacaine).	02-04-26	NLHP	9:00- 11:00	FC	2
4	Dr.Darshana	Describe Samprapti and Lakshanas of Karnashoola as per Acharya Sushruta.Enlist types and lakshanas of Karnashoola as per Acharya Vagbhata.Describe Chikitsa of Karnashoola.Describe Samprapti,Lakshanas and Chikitsa of Karna Shopha.	02-04-26	NLHT	01:30 -2:30	DIS,SY	1
5	Dr.Nisha	Present an appropriate history in a patient presenting with Karnashoola (Otagia).	06-04-26	LH	2:30 - 3:30	L&PPT	1
6	Dr.Dhara	Present cases of Karnarogas.	07-04-26	NLHT	12:00-1:00	DIS,L	1
7	Dr.Darshana	Define Paribhasha of Mukha, Describe the anatomy of Ostha (lips), Mukha-kuhara (oral cavity), Jivha(tongue), Danta (teeth), Gala- Talu (Pharynx), Lalagranthi -Salivary glands (parotid, submandibular) and Swarayantra (larynx).	08-04-26	NLHP	9:00- 11:00	D,D-M,EDU	2
8	Dr.Nisha	Describe Classification (based on Adhishthana and Sadhyaasadyata), Samanya Chikitsa (Kavala, Gandusha and Pratisarana - Their indications, contraindications,	08-04-26	LH	11:00-12:00	L&PPT, D,TBL EDU	1



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		types and procedure) and Pathya-apathya of Mukha Roga along with Nidana Panchaka					
9	Dr.Dhara	Describe Samprapti and Lakshanas of Karnashoola as per Acharya Sushruta.Enlist types and lakshanas of Karnashoola as per Acharya Vagbhata.Describe Chikitsa of Karnashoola.Describe Samprapti,Lakshanas and Chikitsa of Karna Shopha.	09-04-26	NLHP	9:00- 11:00	DIS,TBL	2
10	Dr.Darshana	Distant vision, near vision, colour vision,	09-04-26	NLHT	01:30 -2:30	D,TBL	1
11	Dr.Nisha	Explain Nasashareera (Applied Rachana and Kriyashareera of Nasa and Nasagandakutalalatasthi-kuhara).	13-04-26	LH	2:30 - 3:30	L&PPT	1
12	Dr.Dhara	Explain Kriya of Ghranendriya and physiology of olfaction.	15-04-26	NLHP	9:00- 11:00	D,TBL	2
13	Dr.Darshana	Present an appropriate history in a patient presenting with an Oro - dental complaint	15-04-26	LH	11:00-12:00	L&PPT	1
14	Dr.Nisha	field of vision, and ocular motility.	16-04-26	NLHP	9:00- 11:00	D-M, D,PT	2
15	Dr.Dhara	Enumerate Nasarogas.Describe etiological factors of Nasarogas.Enlist Pathya-apathya and Sadhya-asadhyatwa of Nasarogas; indications and contra-indications for Dhumapana specific to Shalakyatantra.Discuss Poorva-Pradhana-Pashchat Karma and complications of Dhumapana and its management	16-04-26	NLHT	01:30 -2:30	L&PPT,PER	1
16	Dr.Darshana	Describe Nasya in Diseases described in Shalakyatantra.Summarise current research studies on Nasya and Dhumapana in the diseases of Shira, Karna, Nasa, and Mukha.	20-04-26	LH	2:30 - 3:30	L&PPT,	1
17	Dr.Nisha	Present cases of Nasaroga	21-04-26	NLHT	12:00-1:00	PER, LVC,DIS	1
18	Dr.Dhara	Describe clinical features and management of Pooyalasa. Define and describe types of Dacryocystitis	22-04-26	NLHP	9:00- 11:00	D,D-M	2
19	Dr.Darshana	Present an appropriate history in a patient presenting with an Oro - dental complaint	22-04-26	LH	11:00-12:00	L&PPT;LVC	1



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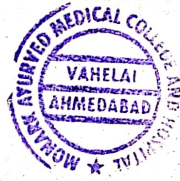
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20	Dr.Nisha	Describe etiology, clinical features, complications and medical management of acute and chronic Dacryocystitis.	23-04-26	NLHP	9:00- 11:00	D,D-M,TBL	2
21	Dr.Dhara	Examine Netra-sandhi.Follow the steps in performing regurgitation test of the lacrimal sac and observe sac syringing	23-04-26	NLHT	01:30 -2:30	DIS,L,D	1
22	Dr.Darshana	Present cases of Nasaroga	27-04-26	LH	2:30 - 3:30	L&PPT	1
23	Dr.Nisha	Examine Netra-sandhi.Follow the steps in performing regurgitation test of the lacrimal sac and observe sac syringing	28-04-26	NLHT	12:00-1:00	PT,TBL	1
24	Dr.Dhara	Describe surgical management of Chronic Dacryocystitis - Dacryocystorhinostomy (DCR), Dacryocystectomy (DCT):(Their indications, contra indications, type of anaesthesia, major surgical steps, post-operative care, complications and their management in brief).	29-04-26	NLHP	9:00- 11:00	LVC,D	2
25	Dr.Darshana	Elaborate clinical features and treatment of Vataja, Pittaja, Kaphaja Oshthakopa (Chelitis) Khandoushtha (Cleft lip), Jalarbuda, Herpes labialis and Lip Mucocele	29-04-26	LH	11:00-12:00	L&PPT	1
26	Dr.Nisha	Describe samprapti of Netrasrava and Clinical features of Pooyasrava, Kaphaja Srava, Raktaja Srava and Pittaja Srava.Give an account of Clinical features and Chikitsasutra of Upanaha	30-04-26	NLHP	9:00- 11:00	D,CD,TBL	2
27	Dr.Dhara	Demonstrate Kavala , Gandusha, Pratisarana.	30-04-26	NLHT	01:30 -2:30	DIS,D	1

HOD

Shalaky Tantra Department  
Head of Department  
Shalaky Tantra  
Monark Ayurved Medical College and Hospital  
Vahelal, Ahmedabad



PRINCIPAL

Monark Ayurveda College and Hospital  
PRINCIPAL & MEDICAL SUPERINTENDENT  
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Post Vahelal, Naroda - Dahegam Road, Ta. Dascroi, Dist. Ahmedabad -

[principal.mamch@monarkuni.ac.in](mailto:principal.mamch@monarkuni.ac.in)

Phoe: 02718-247215/138 E-mail:

**APRIL 2026**  
**DEPARTMENT OF SHALYATANTRA**

Sr. No.	Faculty Name	Topic	Date	LH/ NLH T	Time	Instruction Method	Total Hours
28	DR. WASIM	Describe Bandha Vidhi – Prayojana, Dravya (Pichu, Plota, Kavalika, and Vikeshika), Yogya, Ayogya, Prakara and Upadrava	01/04/2026	LH	2.30 to 3.30	L&PPT L_VC, L	1
30	DR. WASIM	Describe Pranashta Shalya and NirharanaUpaya (Identification & Principles of management).	01/04/2026	LH	2.30 to 3.30	L_VC,P ER,L&P PT,L	1
31	DR. CHIRAG	Explain the physiology of fluids and electrolytes and Dehydration and over Hydration	07/04/2026	LH	1.30 to 2.30	L_VC,L &PPT L	1
32	DR. WASIM	Describe Specific electrolyte loss, Acidosis, Alkalosis,	08/04/2026	LH	2.30 to 3.30	PER,L, L&PPT	1





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**APRIL 2026**  
**DEPARTMENT OF SHALYATANTRA**

38	DR. VISHVA	Define blood transfusion and its indications Assess patients for blood transfusion needs. Explain the importance of compatibility testing. Recognize the risks and benefits of blood transfusion	04/04/2026	NLHT	1.30 to2.30	SIM,TB L,PER,DIS ,PB L	1
39	DR. VISHVA	Describe Antibiotics- Classification ,Dose, Indications & Contraindications	16/04/2026	LH	11:00 to12:00	L_V C,L	1
40	DR. CHIRAG	Describe Analgesics, anti-inflammatory medicines with Classification , Dose ,Indications & Contraindications	21/04/2026	LH	1.30 to2.30	L&PPT ,L,L_V C	1
41	DR. WASIM	Describe Emergency medicines, viz. Atropine, Adrenaline, Dopamine, Mephentine hydrochloride, Hydrocortisone, Dexamethasone, Antiemetics, Dose,	22/04/2026	LH	2.30 to3.30	L_V C,L ,L&PPT	1





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## TEACHING SCHEDULE OF APRIL 2026

(NLHP)

Subject Code: AyUG-ST

Term: 1

Batch: 2022-23

Sr. No.	Faculty Name	Topic	Date	NLHP	TIME		Induction method	Total Hours
17.1	Dr.Chirag	Demonstration of Chhaya vikiran (X-ray) of Chest, Abdomen, Urology. and Musculoskeletal organs	06-04-2026	NLHP	9:00 AM	11:00 AM	L&PPT,PT,XRay,L_V C,CD	2
17.2	Dr.Chirag	Hands on training of different types of Biopsy	06-04-2026	NLHP	9:00 AM	11:00 AM	D,PT,P,I,RP,SIM	2
17.3	Dr.Chirag	Avayava pariksha (CT,MRI) of Chest, abdomen, Urology bones & joints	06-04-2026	NLHP	9:00 AM	11:00 AM	D,SIM	2
18.1	Dr.Wasim	Surgical intervention according to Shatkriyakala - Special focus on Arsha, Bhagandara, and infective pathology ex.Appendicitis, Cholecystitis, etc.	07-04-2026	NLHP	9:00 AM	11:00 AM	L&PPT,CBL,DIS	2
19.1	Dr.Chirag	Examination of Granthi (lump or Swelling)	13-04-2026	NLHP	9:00 AM	11:00 AM	RP,PER L_VC, TPW,DBED	2



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## TEACHING SCHEDULE OF APRIL 2026

(NLHP)

**Subject Code: AyUG-ST** Term: 1 Batch: 2022-23

	Dr. Chirag	13-04-2026	NLHP	9:00 AM	to	11:00 AM	L&GD,PT,SIM, PSM,RP	2
19.2	Dr. Chirag	13-04-2026	NLHP	9:00 AM	to	11:00 AM	L_ VC,PER,D,PT,SIM	2
19.3	Dr. Chirag	13-04-2026	NLHP	9:00 AM	to	11:00 AM	L_ VC,PER,D,PT,SIM	2
20.1	Dr. Wasim	14-04-2026	NLHP	9:00 AM	to	11:00 AM	CD,PT,RP,PER,D-M	2
20.2	Dr. Wasim	14-04-2026	NLHP	9:00 AM	to	11:00 AM	PT,PER	2
20.3	Dr. Wasim	14-04-2026	NLHP	9:00 AM	to	11:00 AM	PT,L_ VC,D,DBED,WD- BED,TUT,PT,DIS,D	2
21.1	Dr. Chirag	20-04-2026	NLHP	9:00 AM	to	11:00 AM	SDL,DBED,DIS,TUT, CBL	2
22.1	Dr. Wasim	21-04-2026	NLHP	9:00 AM	to	11:00 AM	L&GD,D-M,D,PL,L_ VC	2
22.2	Dr. Wasim	21-04-2026	NLHP	9:00 AM	to	11:00 AM	L_ VC,CBL,DIS,CD,PER	2



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## TEACHING SCHEDULE OF APRIL 2026


(NLHP)

Batch: 2022-23

Term: 1

Subject Code: AyUG-ST

Dr. Wasim	Subject Code: AyUG-ST	21-04-2026	NLHP	9:00 AM	to	11:00 AM	PT,D,DIS,TUT,L&GD	2
22.3	Examination of a Lymphatic system	21-04-2026	NLHP	9:00 AM	to	11:00 AM	PT,D,DIS,TUT,L&GD	2
23.1	Examination of Varicose Vein	27-04-2026	NLHP	9:00 AM	to	11:00 AM	PL,TUT,DIS,PT,CD	2
23.2	Examination and differential diagnosis of unilateral and bilateral lower limb edema	27-04-2026	NLHP	9:00 AM	to	11:00 AM	PT,SDL,CD,CBL,L_VC	2
24.1	Examination of the Dhamani Vikara (peripheral vascular diseases)	28-04-2026	NLHP	9:00 AM	to	11:00 AM	SIM,DM,D,CD,DIS	2

  
**HOD**  
Head of Department  
Shalya Tantra  
Monark Ayurved Medical College and Hospital  
Vahelal Ahmedabad

  
**Principal**  
Principal & Medical Superintendent  
Monark Ayurved Medical  
College & Hospital

