



MONARK
UNIVERSITY

MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute of Monark University)

DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF March 2026

Subject Code: AyUG-SA3

Term: I

Batch: 2022-23

Paper: 1

S.No.	Date	TIME	Name of Faculty & LH / NLH	Topic & Subtopics	Instruction Method	HOURS
1	2-Mar-26	3:30pm to 4:30pm	SA-3 (LH) Dr. Gautham M	Determine the significance of Langhana in Taruna Jwara Chikitsa (Cha. Chi 3/139-141):	L&PPT .L&GD	1
2	5-Mar-26	2:30pm to 3:30pm	SA-3 (NLH) Dr. Akhil	Samhita Based Analysis of Diseases:Aim:	D-BED	1
3	6-Mar-26	3:30pm to 4:30pm	SA-3 (NLH) Dr. Anjana S	Comparative study of Charaka Samhita and Sushruta Samhita: Cha.Chi. 3 and Su.Ut.39	L&PPT .L&GD	1
4	7-Mar-26	11:00am to 12:00pm	SA-3 (LH) Dr. Gautham M	Topic 4 Cha. Chi.4.Raktapitta Chikitsitam (LH :1 NLHT: 0 NLHP: 0):	L	1
5	9-Mar-26	3:30pm to 4:30pm	SA-3 (LH) Dr. Gautham M	Fundamental Principle of Samhita used in diagnosis, interpretation, treatment planning, selection of formulations and appropriate dosage form. Kaala, Anupan etc.:	FC,TBL .L&GD	1
6	12-Mar-26	2:30pm to 3:30pm	SA-3 (NLH) Dr. Akhil	Topic 5 Cha. Chi .5. Gulma Chikitsitam (LH :1 NLHT: 0 NLHP: 0):	L	1
7	13-Mar-26	3:30pm to 4:30pm	SA-3 (NLH) Dr. Anjana S	Exploring Vyakhya:Ch. Chi. 3/31, 38, 161-162, 216-217	L&GD, TBL,DI S	1
8	14-Mar-26	11:00am to 12:00pm	SA-3 (LH) Dr. Gautham M	Review of Published Articles from Samhita: Rasayana, Prameha, Kushtha, Grahani. etc	L&GD, TBL	1
9	16-Mar-26	3:30pm to 4:30pm	SA-3 (LH) Dr. Gautham M	Topic 6 Cha.Chi. 6. Prameha Chikitsitam (LH :1 NLHT: 0 NLHP: 0):	L	1
10	19-Mar-26	2:30pm to 3:30pm	SA-3 (NLH) Dr. Akhil	Samhita Based Analysis of Diseases:Aim: Cha. Chi. 3 - Case of Jwara Cha. Chi. 6 - Case of Prameha	D-BED	1
11	20-Mar-26	3:30pm to 4:30pm	SA-3 (NLH) Dr. Anjana S	Evaluation by Tantrayukti:Ch.Chi.3/11-14 Ch.Chi.6/15-17,	SDL	1
12	21-Mar-26	11:00am to 12:00pm	SA-3 (LH) Dr. Gautham M	Topic 7 Cha. Chi.7.Kushtha Chikitsitam (LH :1 NLHT: 0 NLHP: 0):	L	1
13	23-Mar-26	3:30pm to 4:30pm	SA-3 (LH) Dr. Gautham M	Fundamental Principle of Samhita used in diagnosis, interpretation, treatment planning, selection of formulations and appropriate dosage form, Kaala, Anupan etc.	FC,TBL .L&GD	1
14	26-Mar-26	2:30pm to 3:30pm	SA-3 (NLH) Dr. Akhil	Samhita Based Analysis of Diseases: Cha. Chi. 3 - Case of Jwara Cha.	D-BED	1
15	27-Mar-26	3:30pm to 4:30pm	SA-3 (NLH) Dr. Anjana S	Concept mapping of Samprapti and Chikitsa	D	1
16	28-Mar-26	11:00am to 12:00pm	SA-3 (LH) Dr. Gautham M	Comparative Analysis of Chikitsa Siddhanta of Charaka Samhita and Sushruta Samhita:	D	1
17	30-Mar-26	3:30pm to 4:30pm	SA-3 (LH) Dr. Gautham M	Topic 8 Cha.Chi 8.Rajayakshma Chikitsitam (LH :1 NLHT: 0 NLHP: 0):	L	1
total						17

Head of Department
HOD, Samhita Siddhanta evam
Sanskrit
Monark Ayurved Medical
College and Hospital

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Website: www.mamch.monarkuni.ac.in Phone No: 02718- 247215/138



DEPARTMENT OF SHALAKYA TANTRA TEACHING SCHEDULE OF MARCH 2026

Subject Code: AyUG-SL

Term:1st

Batch: 2022-23

Paper: 1 & 2

Sr. No.	Name of Faculty	Topic & Subtopics	Date	LH/N LH	Time	Instruction Method	Total Hours
1	Dr.Darshana	Samanya Chikitsa and Kriyakalpa: Enumerate Kriyakalpa, Define and Describe types and dose, Indications and contraindications, Poorva, Pradhana and Pashchat Karma, Kala, Ayoga, Samyak yoga and Atiyoga lakshanas of Seka. Define and Detail Indications and contraindications, Poorva, Pradhana and Pashchat Karma of Pindi and Vidalaka.	02-03-26	LH	2:30 - 3:30	L&PPT	1
2	Dr.Nisha	Define, Describe types and dose, Indications and contra indications, Poorva, Pradhana and Pashchat Karma, Kala, Ayoga, Samyak and Atiyoga lakshanas of Aschyotana. List the key findings of current research on Aschyotana, Seka, Pindi and Vidalaka.	03-03-26	NLHT	12:00-1:00	L&GD	1
3	Dr.Dhara	Understand the International Classification of Headache ICHD-3 and discuss Samanya Yogas used in Shiroroga.	05-03-26	NLHT	1:30 - 2:30	LS,DIS,SY	1
4	Dr.Darshana	Learn Differential diagnosis of Shirorogas -Vataja, Pittaja, Kaphaja, Sannipataja, Suryavartha, Anantavata, Ardhavabhedhaka.	05-03-26	NLHP	9:00-11:00	CD, PBL,RP	2
5	Dr.Nisha	Define and Discuss Types and dose, indications and contra indications, Poorva, Pradhana and Pashchat karma, Kala, Ayoga, Samyakyoga and Atiyoga Lakshanas, complications and management of Tarpana and Putapaka.	09-03-26	LH	2:30 - 3:30	L&PPT	1
6	Dr.Dhara	List the key findings of current research on Tarpana and Putapaka.	10-03-26	NLHT	12:00-1:00	DIS,L,LS	1
7	Dr.Darshana	Follow the steps in performing the structural examination of Netra.	11-03-26	NLHP	9:00-10:00	EDU,PT	1
8	Dr.Nisha	Demonstrate Seka and Pindi. Take informed consent and counsel patients for Kriyakalpas in a simulated environment	11-03-26	NLHP	10:00-11:00	D,D-M,TBL	1
9	Dr.Dhara	Karna Rachana Shareera, Nidana Panchaka and Samanya Chikitsa of	11-03-26	LH	11:00-	L&PPT	1



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		Karnaroga : Define Karna Nirukti, Karna Shareera (Asthi, Sandhi, Peshi, Sira, Marma) and Shravanendriya,			12:00		
10	Dr.Darshana	Demonstrate under supervision Moordhni Taila.	12-03-26	NLHP	9:00-11:00	RP,D,D-M	2
11	Dr.Nisha	Describe the anatomy of different structures of Karna - Ear (External, Middle, and Internal) and clinical application.	12-03-26	NLHT	1:30 - 2:30	L&PPT,PER,,L VC,DIS	1
12	Dr.Dhara	Define and Explain Types and Dosage, Indications and contraindications, Poorva- Pradhana and Paschat karma, Kala, Heena, Samyaka and Atiyoga lakshanas, Complications of Anjana.Describe Anjana Shalaka.	16-03-26	LH	2:30 - 3:30	L&PPT	1
13	Dr.Darshana	List the key findings of current research on Anjana	17-03-26	NLHT	12:00-1:00	DIS,L&GD	1
14	Dr.Nisha	Demonstrate Vidalaka and Aschyotana	18-03-26	NLHP	9:00-11:00	D-M,SIM,D,PT	2
15	Dr.Dhara	Enlist Karna Rogas,Explain Samanya Nidana, Samanya Samprapti and Describe Samanya Chikitsa of Karna Roga	18-03-26	LH	11:00-12:00	L&PPT	1
16	Dr.Darshana	Demonstrate under supervision Moordhni Taila.	19-03-26	NLHP	9:00-11:00	D,D-M	2
17	Dr.Nisha	Elaborate Karna Roga- Samanya Nidana, Samanya Samprapti and Sadhya-asadhyata.	19-03-26	NLHT	1:30 - 2:30	L&PPT,GD	1
18	Dr.Dhara	Summarise the steps involved in Anjana	23-03-26	LH	2:30 - 3:30	L&PPT	1
19	Dr.Darshana	Examination of Karna.Demonstrate the use of a headlamp and otoscopy in the examination of Karna, Nasa and Mukha (Ear, Nose and Throat).	24-03-26	NLHT	12:00-1:00	PT,TBL	1
20	Dr.Nisha	Examination of Karna.Demonstrate the use of a headlamp and otoscopy in the examination of Karna, Nasa and Mukha (Ear, Nose and Throat).	25-03-26	NLHP	9:00-11:00	PT,TBL	2
21	Dr.Dhara	Summarise the steps involved in Tarpana and Putapaka	25-03-26	LH	11:00-12:00	L&PPT,D-M	1
22	Dr.Darshana	Present an appropriate history in a patient presenting with Ardhavabhedaka	26-03-26	NLHP	9:00-11:00		2



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23	Dr.Nisha	Examination of Karna.Demonstrate the use of a headlamp and otoscopy in the examination of Karna, Nasa and Mukha (Ear, Nose and Throat).	26-03-26	NLHT	1:30-2:30	PT,TBL	1
24	Dr.Dhara	Present cases of Karnarogas.	30-03-26	LH	2:30-3:30	L&PPT	1
25	Dr.Darshana	Present an appropriate history in a patient presenting with Ardhavabhedaka	31-03-26	NLHT	12:00-1:00	CD,PBL	1

Dr. Dhara
HOD

Shalaky Tantra Department
Head of Department
Shalaky Tantra
Monark Ayurved Medical College and Hospital
Vahelal, Ahmedabad



[Signature]

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DEPARTMENT OF KAUMARABHRITYA TEACHING SCHEDULE OF MARCH 2026

SUBJECT CODE: AyUG-KB

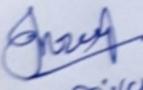
TERM :1

BATCH : 2022-23

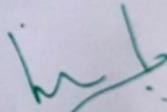
PAPER:1

S.N O.	NAME OF FACULTY	TOPIC & SUBTOPICS	DATE	LH / NLH	TIME			INSTRU CTION METHO D	TOT AL HOU RS
1	Dr Divya T N	BALA SAMVARDHANA(GROWTH AND DEVELOPMENT)	2/3/2026	NLHT	1.30PM	TO	2.30PM	L&CBL	1HRS
2	Dr Divya T N	GROWTH ,SAREERA VRIDHIKARA BHAVAS(FACTORS AFFECTING GROWTH OF CHILD	4/3/2026	LH	12PM	TO	1PM	L&PPT	1HRS
3	Dr Divya T N	CASE TAKING AND WRITING	6/3/2026	NLHP	9.00AM	TO	11.00AM	CBL	2HRS
3	Dr Divya T N	PATTERN OF GROWTH	6/3/2026	LH	2.30PM	TO	3.30PM	L&PPT	1HRS
4	Dr Divya T N	CASE TAKING AND WRITING	7/3/2026	NLHP	9.00AM	TO	11.00AM	CBL	2HRS
5	Dr Divya T N	PARAMETERS USED FOR ASSESSMENT OF GROWTH IN INFANTS ,CHILDREN,AND ADOLESCENTS,STATUS OF DHATHU IN ACHILD WITH REFERENCE TO GROWTH ASSESSMENT	9/3/2026	NLHT	1.30PM	TO	2.30PM	L&PPT	1HRS
6	Dr Divya T N	VAYOBHEDA(CLASSIFICATION OF AGE WITH RECENT UNDERSTANDING)ALONG WITH ITS RATIONALE	11/3/2026	LH	12PM	TO	1PM	L&PPT	1HRS
		HOW TO EXAMINE THE PATIENT	13/3/2026	NLHP	9.00AM	TO	11.00AM	CBL	2HRS
7	Dr Divya T N	CHILHOOD SAMSKARA	13/3/2026	LH	2.30PM	TO	3.30PM	L&PPT	1HRS
8	Dr Divya T N	CHILHOOD SAMSKARA	16/3/2026	NLHT	1.30PM	TO	2.30PM	L&PPT & DIS	1HRS

	Dr Divya T N	DEVELOPMENTAL MILESTONES, DEVELOPMENTAL ASSESSMENT,	18/3/2026	LH	12PM	TO	1PM	L&PPT	1HRS
10	Dr Divya T N	CASE TAKING AND WRITING,	20/3/2026	NLHP	9.00AM	TO	11.00AM	CBL	2HRS
10	Dr Divya T N	DEVELOPMENTAL DELAY,CEREBRAL PALSY	20/3/2026	LH	2.30PM	TO	3.30PM	L&PPT	1HRS
11	Dr Divya T N	DANTA VIJANA	23/3/2026	NLHT	1.30PM	TO	2.30PM	L&PPT	1HRS
12	Dr Divya T N	NAVAJATA VIJANA (NEONATOLOGY), GARBHAVRIDHI AND VIKASA, TERMINOLOGIES USED IN NEONATOLOGY	25/3/2026	LH	12PM	TO	1PM	L&PPT	1HRS
		CASE TAKING AND WRITING,	27/3/2026	NLHP	9.00AM	TO	11.00AM	CBL	2HRS
13	Dr Divya T N	NAVAJATA SISU PARICHARYA,PRANA PRATYAGAMANA VIDHI(NEONATAL RESUSCITATION)	27/3/2026	LH	2.30PM	TO	3.30PM	L&PPT	1HRS
15	Dr Divya T N	DEFINITION AND MANAGEMENT OF TERM ,PRETERM, POST TERM AND HIGH RISK NEONATE ,EXAMINATION OF NEW BORN AND ASSESSMENT OF	30/3/2026	NLHT	1.30PM	TO	2.30PM	L&GD	1HRS

HOD: 
 Dr. Divya T.N.
 Head of Department
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 Vadodra, Gujarat




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DEPARTMENT OF KAYACHIKITSA TEACHING SCHEDULE OF MARCH 2026

Subject Code: AyUG-KC

Term: 1st

Batch: 2022-23

Paper: 1&2

SL NO	TOPIC	T-L method	LH hours	NLHT hours	NLHP hours	Total hours	Date	Time	Name of staff
1	Explain the Samprapti vighatana, Chikitsa sutra, Chikitsa of Pakshaghata(SK22)	L&PPT	1	-	2	3	02-03-26	9 – 11 am 11 – 12pm	Dr Nikunj/ Dr Urvashi
2	Differentiate various types of strokes and treatment principles	CBL	-	1	2	3	03-03-26	9 – 11am 2:30 – 3:30pm	Dr Nikunj/Dr Babu
3	Explore the Chikitsa Yojana including Rasayana & Pathyaapathya of Ekangavata, Sarvanga vata & Sarvanga roga	L&PPT	1	-	-	1	04-03-26	3:30 – 4:30pm	Dr. Babu
4	Describe the Samprapti vighatana , Chikitsa sutra and chikitsa of Jihwastambha	L&PPT	1	-	-	1	05-03-26	12 – 1pm	Dr. Nikunj
5	Discuss the chikitsa sutra of Gata Vata	Dis	-	1	-	1	06-03-26	12 – 1pm	Dr Urvashi
6	Role of praana, agni etc in Atyayika chikitsa	L&PPT	-	1	-	1	07-03-26	2:30 – 3:30PM	Dr Babu

6	Detail the Samprapti Vighatana, Chikitsa sutra and Chikitsa of Ardita (Bell's Palsy) and Construct chikitsa yojana including Rasayana & Pathyaapathya	L&PPT	1	-	2	3	09-03-2026	9-11 am 11-12pm	Dr Babu/Dr Urvashi
7	Antah parimarjana&Bahir parimarjana in Vata vyadhi	Dis	-	1	2	3	10-03-26	9-11am 2:30- 3:30pm	Dr Babu
8	Express the Samprapti Vighatana, Chikitsa sutra & Chikitsa of Manyastambha	L&PPT	1	-	-	1	11-03-26	3:30- 4:30pm	Dr. Babu
9	Describe Samprapti vighatana, Chikitsa sutra, Chikitsa, of Vishwachi(SK51)	L&PPT	1	-	-	1	12-03-26	12-1pm	Dr. Nikunj
10	Discuss the Avastha and construct the chikitsa of Jwara	CBL DIS	-	1	-	1	13-03-26	12-1pm	Dr Urvashi
11	Explain Samprapti vighatana, Chikitsa sutra, and Chikitsa of Avabahuka (SK15)	L&PPT	1	-	2	3	16/03/26	9-11am 11-12pm	Dr. Urvashi
12	Nija,sannipataja and Agantuja jwara and chikitsa	CBL PER	-	1	2	3	17-03-26	9-11am 2:30- 3:30pm	Dr Urvashi/Dr Babu
13	Describe the Etiopathogenesis,Diagnosis , Samprapti Vighatana, Chikitsa sutra, Chikitsa of Gridhrasi (Sciatica)(SP20) and Construct the Chikitsayojana including Rasayana and Pathyaapathya.	L&PPT	1	-	-	1	18/03/2026	3:30- 4:30pm	Dr. Babu



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14	Derive Samprapti vighatana, Chikitsa sutra, Chikitsa of Khanja (SK2Y), Kalaya khanja Pangu (SK21) and Construct Chikitsa yojana including Rasayana & Pathyapathya.	L&PPT	1	-	-	1	19/03/2026	12-1pm	Dr. Nikunj
15	Langhana chikitsa in jwara	L&GD	-	1	-	1	20-03-26	12-1pm	Dr Urvashi
16	Management of teevra jwara	PBL	-	1	-	1	21-03-26	2:30-3:30pm	Dr Urvashi
17	Explain Samprapti vighatana, Chikitsa sutra, Chikitsa of Padadaha (SK51) and Padaharsha(SK54) and Construct Chikitsa yojana including Rasayana & Pathyapathya.	L&PPT	1	-	2	3	23/03/26	9 – 11am 11 – 12pm	Dr Nikunj/ Dr Urvashi
18	Ksheera prayoga and Grita prayoga in jwara	L&GD	-	1	2	3	24-03-26	9-11am 2:30 – 3:30pm	Dr Nikunj/Dr Babu
19	Outline Samprapti vighatana, Chikitsa sutra, Chikitsa of Kaphavruta vata, Medogatavata and Medoavruta vata	L&PPT	1	-	-	1	25/03/2026	3:30 – 4:30pm	Dr. Babu
20	Elaborate the Etiopathogenesis, Diagnosis and Ayurvedic Perspective including principles of Managemnet of Parisareeya nadi shotha(Peripheral Neuropathy)	L&PPT	1	-	-	1	26/03/2026	12-1pm	Dr. Nikunj



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21	Clinical understanding of Dhatugata jwara, vishama jwara, punaravartaka jwara and its chikitsa	BS, SIM	-	1	-	1	27-03-26	12-1pm	Dr Urvashi
22	Detail the treatment algorithm for Jvara according to stages of Shadkriyakala	L&PPT	1	-	2	3	30-03-26	9-11AM 11-12PM	Dr. Urvashi
23	Clinical understanding and management of various varieties of jwara	PBS	-	1	2	3	31-03-26	2:30- 3:30PM	Dr Babu


HOD


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DEPARTMENT OF PRASUTI TANTRA EVUM STREEROGA

TEACHING SCHEDULE OF MARCH 2026

Subject Code:
AyUG-PS

Term: 1

Batch:
2022-23

Paper: 1

S.No	Name of Faculty	Topic & Subtopics	Date	LH / NL H	TIME			Instruction Method	TOTAL HOURS
						t o			
1	Dr.Athulya K.R	Origin of The Word Stree & Classification Based on Age	02/03/2026	LH	12:00 00 pm	t o	1:00 pm	L&PPT	1hr
2	Dr. Dharmista Patel	Describe the formation and functions of Apra (placenta with membranes), Garbha Nabhinadi (umbilical cord), and Garbhodaka (amniotic fluid)	06/03/2026	LH	11:00 am	t o	12:00 pm	L&PPT	1hr
3	Dr. Dharmista Patel	Garbhasanskara and Pumsavana samskara	06/03/2026	NL HP	9.00 am	t o	11.00 am	DIS	2 hr
4	Dr.Poornima Iyer	Rajaswala Paricharya	07/03/2026	NL HP	9.00 am	t o	11.00 am	FC	2hr
5	Dr.Athulya K.R	Numerate and describe Stree vishista Rachana Shareera-Tryavarta Yoni, Garbhashaya, Stree vishista Marma and Peshi. Describe Artava vaha srotas and Stanya vaha srotas with Viddha Lakshana.	09/03/2026	LH	12:00 00 pm	t o	1:00 pm	L&PPT	1hr
6	Dr.Poornima Iyer	Tridosha and Panchamahabhuta in rutuchakra	10/03/2026	NL HT	3:30 pm	t o	4:00 pm	L&GD	1hr

7	Dr. Dharmista Patel	3.3. Explain Garbhashayantara Garbha Sthiti.	13/03/2026	LH	11:00 am	t o	12:00 pm	L&PPT	1hr
8	Dr. Dharmista Patel	Fetus in utero	13/03/2026	NL HP	9:00 am	t o	11:00 am	L VC	2 hr
9	Dr.Athulya K.R	Classify Female Pelvis. Describe Obstetric measurements with clinical importance.	16/03/2026	LH	12:00 pm	t o	1:00 pm	L&PPT	1hr
10	Dr.Poornima Iyer	Physiology of menstruation	17/03/2026	NL HT	3:30 pm	t o	4:00 pm	FC	1hr
11	Dr. Dharmista Patel	3.4 .Describe fetus-in-utero - Lie, attitude, presentation, presenting part, denominator and position.	20/03/2026	LH	11:00 am	t o	12:00 pm	L&PPT, D-M	1hr
12	Dr. Dharmista Patel	Instrument sterilization method	20/03/2026	NL HP	9:00 am	t o	11:00 am	DIS	2 hr
13	Dr.Athulya K.R	Describe external genital organs and internal genital organs with applied clinical aspects	23/03/2026	NL HT	12:00 pm	t o	1:00 pm	L&PPT CBL	1hr
14	Dr.Poornima Iyer	Importance of rutukala	24/03/2026	NL HT	3:30 pm	t o	4:00 pm	DIS	1hr
15	Dr. Dharmista Patel	Garbha and Garbhavakranti	27/03/2026	NL HT	11:00 am	t o	12:00 pm	L&PPT	1hr
16	Dr. Dharmista Patel	Instruments- sadamsha and swastika yantra	27/03/2026	NL HP	9:00 am	t o	11:00 am	DIS	2 hr
17	Dr.Athulya K.R	Describe stree shroni- asthi sandhi parimana and highlight difference with purusha shroni	30/03/2026	NL HT	12:00 pm	t o	1:00 pm	L&PPT	1hr

HOD

 Head of Department
 Prasuti and Streeeroga
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 Vahelal, Ahmedabad

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TEACHING SCHEDULE OF MARCH 2026

(LH/NLHT)

Subject Code: AyUG-ST

Term: 1

Batch: 2022-23

Sr. No.	Faculty Name	Topic	Date	LH/ NLHT	Time	Instruction Method	Total Hours
11	DR.VISHVA	Describe Principles of safe General Surgery	06/03/2026	NLHT	1.30 to 2.30	L_VC,T UT,DIS, L&GD, BS	1
12	DR.VISHVA	Explain the principles of informed consent and effective communication skills to obtain informed consent.	07/03/2026	NLHT	1.30 to 2.30	SIM,D, L&GD, DBED, RP	1
13	DR.CHIRAG	Define, indication Contraindications,Types with modern correlations of Chedan,Bhedana, Lekhana	03/03/2026	LH	1.30 to 2.30	L,L&PP T	1
14	DR.WASIM	Define Indications, Contraindications, and Types with modern correlations of Eshana, Aaharana, visravana	04/03/2026	LH	2.30 to 3.30	L,L&PP T ,PER, L_VC	1
15	DR.VISHVA	Define Indications Contraindications, and Types with modern correlations of Vedhana, Seevana	05/03/2026	LH	1.30 to 2.30	L&PPT ,L,L_VC	1
16	DR.CHIRAG	Appreciate the importance of simulation based teaching in surgical practice (Yogya Vidhi)	10/03/2026	LH	1.30 to 2.30	L&PPT,L&G D,	1

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TEACHING SCHEDULE OF MARCH 2026

(LH/NLHT)

Subject Code: AYUG-ST

Term: 1

Batch: 2022-23

17.	DR. WASIM	Explain Marma-Nirukti and the classifications of Marma in detail. Explain Individual Marma Vidhalakshana.	11/03/2026	LH	2.30 to 3.30	L&GD, L, L&PPT	1
18.	DR. VISHVA	Explain Marmaghata chikitsa and its surgical importance	12/03/2026	LH	1.30 to 2.30	L&GD, D, L&PPT, L_V, C, PER	1
19.	DR. CHIRAG	Describe Nirukti, Pradhanyata, Guna, Dosh, Karma, Prakara of Kshara. Explain Arhata, Anarhata, Pradhan karma, Upadrava, and Chikitsa of Ksharkarma	17/03/2026	LH	1.30 to 2.30	L, L&PPT	1
20.	DR. WASIM	Describe the clinical application of Ksharasutra, Kshara Pratisaran, Ksharataila, Ksharavarti, and Ksharodaka in different surgical conditions.	18/03/2026	LH	2.30 to 3.30	L, L_V, C, L&PPT	1
21.	DR. VISHVA	Appraise and demonstrate Kshar and Ksharasutra preparation along with its application in Ayurveda	13/03/2026	NHLT	1.30 to 2.30	D, TUT, L&PPT, CBL, D IS	1
22.	DR. VISHVA	Describe the proper handling and care of a patient undergoing	20/03/2026	NHLT	1.30 to 2.30	L_V, C, S, IM, TUT, D	1

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TEACHING SCHEDULE OF MARCH 2026
(LH/NLHT)

Subject Code: AyUG-ST

Term: 1

Batch: 2022-23

23.	DR.VISHWA	Describe the Mahatva, Upakarana, Vidhi, Akrutibheda, Yogya, Ayogya, and Upadrava Chikitsa of Agnikarma.	19/03/2026	LH	1.30 to 2.30	L,DIS,D ,L&PPT	1
24.	DR.CHIRAG	Explain Pramad Dagdha, Dhumopahat & Ushna vatatatap dagdha lakshan & Chikitsa	24/03/2026	LH	1.30 to 2.30	PER,L,L_VC,L &PPT	1
25.	DR.WASIM	Describe Raktamokshana Mahatva and Prakara of Siravedha,	25/03/2026	LH	2.30 to 3.30	L&PPT ,L	1
26.	DR.VISHVA	Explain Pracchanna, Shringa, Alabu procedure, Yogya, Ayogya, Upadrava and Chikitsa.	26/03/2026	LH	1.30 to 2.30	L&PPT ,L	1
27.	DR.CHIRAG	Explain Jaloukavacharana - Yogya, Ayogya, Procedure, Upadrava and Chikitsa.	31/03/2026	LH	1.30 to 2.30	L&PPT ,L	1
28.	DR.WASIM	Describe BandhaVidhi – Prayojana, Dravya (Pichu, Plota, Kavalika, and Vikeshika), Yogya, Ayogya, Prakara and Upadrava	01/04/2026	LH	2.30 to 3.30	L&PPT ,L_VC, L	1



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TEACHING SCHEDULE OF MARCH 2026

(LH/NLHT)

Subject Code: AyUG-ST

Term: 1

Batch: 2022-23

29.	DR.VISHVA	Analyze Ayurvedic and modern splinting techniques, materials, and applications while integrating evidence-based practice for Optimized injury management.	21/03/2026	NLHT	1.30 to 2.30	L&PPT ,L	1
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TEACHING SCHEDULE OF MARCH 2026

(NLHP)

Subject Code: AyUG-ST

Term: 1

Batch: 2022-23

Sr. No.	Faculty Name	Topic	Date	NLHP	TIME			Induction method	Total Hours
						to			
5.1	DR. CHIRAG	Common minor surgical procedures (Excision of Corn, Cysts, Lipoma, etc)	2/3/2026	NLHP	9:00 AM	to	11:00 AM	TBL,CB L,PT,D, KL	2
6.1	DR. WASIM	First aid	3/3/2026	NLHP	9:00 AM	to	11:00 AM	PT,KL, D- M,D,RP	2
6.2	DR. WASIM	Demonstration of Chhedan(Excision), Bhedan(Incision), Lekhan(scraping) on simulator	3/3/2026	NLHP	9:00 AM	to	11:00 AM	BL,DIS, TUT,D, SIM	2
6.3	DR. WASIM	Demonstration of Vedhan & Visravan (Tapping Of abdomen, Hydrocele, ICD) on simulator	3/3/2026	NLHP	9:00 AM	to	11:00 AM	D,D-M, SIM,KL ,TUT	2
6.4	DR. WASIM	Demonstration of Aharana and Eshana (extraction and probing) on simulator	3/3/2026	NLHP	9:00 AM	to	11:00 AM	D-M,DI S,KL,D, SIM	2



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TEACHING SCHEDULE OF MARCH 2026

(NLHP)

Subject Code: AYUG-ST

Term: 1

Batch: 2022-23

6.5	DR. WASIM	Demonstration of Sevan(Suturing & Knots) and minor surgical procedures in patient / simulated environment	3/3/2026	NLHP	9:00 AM	to	11:00 AM	PER,D- M,SIM, PT,D	2
7.1	DR.CHIRAG	Hands-on training - Drains	9/3/2026	NLHP	9:00 AM	to	11:00 AM	SIM,KL,D,L_V	2
7.2	DR.CHIRAG	Catheterization - Hands-on training on Simulators	9/3/2026	NLHP	9:00 AM	to	11:00 AM	PT,D- M,,D,SDL,L_V	2
7.3	DR.CHIRAG	IV cannulation, IM / IV / Subcutaneous / Intradermal Injection	9/3/2026	NLHP	9:00 AM	to	11:00 AM	W,CBL,PT,SDL,SIM	2
7.4	DR.CHIRAG	Hands On Training- Ryle's tube Insertion	9/3/2026	NLHP	9:00 AM	to	11:00 AM	PT,L_V,C,D,D- BED,W	2
8.1	DR.WASIM	Marma identification and manipulation techniques in musculoskeletal disorders and Sports injuries	10/3/2026	NLHP	9:00 AM	to	11:00 AM	D-M,L &PPT , W,SIM, PT	2
9.1	DR.CHIRAG	Application of Ksharodaka, Kshartaila, Ksharvarti,	16-03-2026	NLHP	9:00 AM	to	11:00 AM	L,L_V C ,L&PPT	2



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TEACHING SCHEDULE OF MARCH 2026

(NLHP)

Term: 1

Batch: 2022-23

Subject Code: AyUG-ST		Ksharpichu in Dushtavrana		Term: 1		Batch: 2022-23			
9.2	DR.CHIRAG	Demonstration and Hands-on training of Kshar karma in Anorectal disorders (Arsha, Bhagandara, Nadvirana)	16-03-2026	NLHP	9:00 AM	to	11:00 AM	D,TUT, L&PPT, CBL,D IS	2
10.1	DR.WASIM	Hands-on experience with Agnikarma in the pain management of any one disease (Gridhrasi, Avabahuka, etc)	17-03-2026	NLHP	9:00 AM	to	11:00 AM	D,PrBL, D-M,D-BED,D L	2
10.2	DR.WASIM	Demonstration of Agnikarma in the management of any one surgical disease (Arsha, Charmakeel, etc)	17-03-2026	NLHP	9:00 AM	to	11:00 AM	PT,SIM, L&GD, D-M	2
11.1	DR.CHIRAG	Siravedha in the management of any one surgical disease (Grudhrasi, Uttan Vatarakta, etc)	23-03-2026	NLHP	9:00 AM	to	11:00 AM	PT,D-M, W,SIM, L&PPT	2



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TEACHING SCHEDULE OF MARCH 2026

Sl. No.	Faculty Name	Subject Code: AYUG-ST	Date	Term: 1 (NLHP)	Batch: 2022-23		Class/Type	Credits
					Start Time	End Time		
11.2	DR. CHIRAG	Alabu (cupping) procedure in the management of any one surgical disease (Kati Graham, Manya Graha, etc)	23-03-2026	NLHP	9:00 AM	11:00 AM	PT, L&P PT, SIM, D-M	2
11.3	DR. CHIRAG	Jaloukavcharana (Leech Therapy) in the management of any one surgical disease (Vidrathi, Dushtravana, Koth, etc)	23-03-2026	NLHP	9:00 AM	11:00 AM	SIM, D-M, PT, L & PPT	2
12.1	DR. WASIM	Perform training of Bandaging on Simulators with relevant modern techniques	24-03-2026	NLHP	9:00 AM	11:00 AM	D-M, D, PT	2
12.2	DR. WASIM	Demonstration of the Transportation of injured patients (Double Human Crutch, Fireman's Lift, Two-handed Seal, etc) & Recovery Position	24-03-2026	NLHP	9:00 AM	11:00 AM	TBL, RP, W, P, B L	2



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TEACHING SCHEDULE OF MARCH 2026 (NLHP)

		Subject Code: AyUG-ST	Term: 1		Batch: 2022-23				
13.1	DR.CHIRAG	Heimlich maneuver- Hands-on training (Choking)	30-03-2026	NLHP	9:00 AM	to	11:00 AM	TBL,RP ,W,PrB L	2
14.1	DR.WASIM	Calculations & selections of fluids in various conditions like Dehydration, Shock& Burns	31-03-2026	NLHP	9:00 AM	to	11:00 AM	L_VC,L &PPT ,L	2
14.2	DR.WASIM	Acid Base Balance in various conditions like perforation, vomiting, etc	31-03-2026	NLHP	9:00 AM	to	11:00 AM	PER,L, L&PPT ,L_VC	2

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Head of Department
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DEPARTMENT OF PANCHAKARMA

TEACHING SCHEDULE OF MARCH 2026

Subject Code: AyUG- Term: II Batch: 2023-24 Paper: 1

SR NO	NAME OF FACULTY	TOPICS	DATE	SUB-TOPICS	LH	NLHT	NLHTP	TEACHING METHOD	TOTAL HOURS
1	DR. SHARATH	SNEHANA KARMA	4/3/2026	Procedure of udwartana,	0	0	2	DEMONSTRATE ON PATIENT	2
			7/3/2026	Demonstrate principles of selection of Sneha in Bahya Snehana according to Dosha , Satmya , Vyadhi and Avastha	0	1	0	GROUP DISCUSSION	1
			11/3/2026	Procedure of utsadan and udgharshan	0	0	2	DEMONSTRATE ON PATIENT	2
		SNEHANA KARMA	18/03/2026	shiro abhyanga procedure	0	0	2	DEMONSTRATE ON PATIENT	2
		SNEHANA KARMA	21/03/2026	Distinguish Pharmacodynamics of Snehana through Oral , Rectal and Topical Methods	0	1	0	CBL Discussion	1
		SNEHANA KARMA	25/03/2026	Shirodhara with taila	0	0	2	DEMONSTRATE ON PATIENT	2
2	DR ROMANA	SNEHANA KARMA	3/3/2026	Describe Prakruthi Praptha Purusha Lakshana and Ashtamahadoshakarahava	1	0	0	PPT	1
		SNEHANA KARMA	5/3/2026	shodhanartha snehapan procedure	0	0	2	PPT AND CASE BASED LEARNING	2
		SNEHANA KARMA	10/3/2026	Describe guna of Sneha dravaya	1	0	0	PPT	1
		SNEHANA KARMA	12/3/2026	shodhanartha snehapana in kushta and vatarakta	0	0	2	PPT AND CASE BASED LEARNING	2
		SNEHANA KARMA	17/3/2026	Describe guna of Sneha Taila	1	0	0	PPT	2
		SNEHANA KARMA	19/03/2026	samanartha snehapana procedure	0	0	2	PPT AND CASE BASED LEARNING	1
		SNEHANA KARMA	24/3/2026	Describe the importance and method of Deepana, Pachana and Rookshana in Snehana	1	0	0	PPT	1
		SNEHANA KARMA	26/03/2026	samanartha snehapana procedure in kusta and vatarakta	0	0	2	PPT AND CASE BASED LEARNING	2
		SNEHANA KARMA	31/3/2026	Describe Indications and contra indications of Abhyantara Snehana	1	0	0	PPT	1
3	DR DHRUV JANI	SNEHANA KARMA	5/3/2026	Explain the imp of Snehana Karma	0	1	0	GROUP DISCUSSION	1
		SNEHANA KARMA	11/3/2026	Describe the indication of Ghrita	1	0	0	PPT	1
		SNEHANA KARMA	12/3/2026	Demonstrate the principle of selection of Sneha in Abhyantara Snehana according to Dosha , Vyadhi , Satmya and Avastha	0	1	0	PRESENTATION WORK/QUIZ ABOUT TOPIC	1
		SNEHANA KARMA	18/3/2006	Describe classification of Lipids, Digestion, Absorption and Metabolism of Fat	1	0	0	PPT	1
		SNEHANA KARMA	19/3/2026	Comprehended metabolism of fat in the context of Abhyantara Snehana	0	1	0	TEAM BASED LEARNING	1
		SNEHANA KARMA	25/03/2026	Describe the Guna of Rookshana dravya- Ushnodaka,Dhanyamla, Takra and Samyak Rookshana Lakshana	1	0	0	PPT	
		SNEHANA KARMA	26/03/2026	EXPLAIN UDAVARTAN TYPE AND ITS BENEFIT	0	1	0	GAME BASED LEARNING	

25/02/26

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 25/02/2026