MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute Of Monark University)

At&Post, Vahelal, Naroda-DahegamRoad, Ta.Dascroi, Dist.Ahmedabad–382330, Gujarat

DEPARTMENT OF AGAD TANTRA

TEACHING SCHEDULE OF MARCH- 2026

Subject Code:AyUg AT **Term:II** **Batch:2023 -24**

Sl No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. Preesha P	Jangama Visha	Signs and symptoms treatment, FD,FP,Cobra	02/03/2026	1		Lecture/ Practical with ppt	1
			Signs and symptoms treatment ,FD,FP,Viper	04/03/2026		2	Lecture with ppt	2
			Signs and symptoms treatment ,FD,FP,Krait	06/03/2026		2	Lecture/ Practical with ppt	2
			WHO Snake Management Guidlines	09/03/2026	1		Lecture/ Practical with ppt	1
			Classification of Vrischika and Samanya Lakshna	11/03/2026		2	Lecture with ppt	2
			Diagnosis,chikista of Vrishchika visha	13/03/2026		2	Lecture/ Practical with ppt	2
			Contemporary relevance of Vrishchika visha and Scorpion	16/03/2026	1		Lecture/ Practical with ppt	1
			Mooshika visha and ratbite fever	18/03/2026		2	Lecture with ppt	2
			Leptospirosis with special reference to mooshika visha	20/03/2026		2	Lecture/ Practical with ppt	2
			Alarka visha Samanya Lakshna	23/03/2026	1		Lecture/ Practical with ppt	1
			Chikista and Rabies Management	25/03/2026		2	Lecture with ppt	2
			Keeta visha ,Keeta samanya Lakshna	27/03/2026		2	Lecture/ Practical with ppt	2
2	Dr. Savitha P.K	Injury	Describe the Medico lega aspects of mechanical Injuries	04/03/2026	1		Practical Demonstration	1
			Describe Firearm injuries ,its charecteristics and medicolegal aspects	05/05/2026		1	Lecture/ Practical with ppt	1
			Difference between entry and exit wound	11/03/2026	1		Lecture with ppt	1
			Define and Classify Thermal Injury	12/03/2026		1	Lecture/ Practical with ppt	1

		Describe the classification,diagnosis of Loota visha	18/03/2026	1		Lecture with ppt/Practical Demonstration	1
		Samanya lakshna and chikista of lootavisha	19/03/2026		1	Lecture/ Practical with ppt	1
		Contemporary relevance of loota with reference to spider	25/03/2026	1		Lecture with ppt/Parctical Demonstration	1
		Application of visha chikista in vector borne diseases like chikun gunya,dengue and malaria	26/03/2026		1	Lecture with ppt	1
Total Hours				8	20		28

Head of the Department

Principal

Head of Department
Department of Agad Tantra evam Vidhi Vaidyaka
Monark Ayurved Medical College and Hospital
Vatwa, Ahmedabad.

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DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF March 2026

Subject Code:AyUG-SA2 Term: II Batch: 2023-24 Paper: 1

S.No.	Date	TIME	Name of Faculty & LH / NLH	Topic & Subtopics	Instruction Method	HOURS
1	2-Mar-26	3:30pm to 4:30pm	SA2 (LH) Dr. Anjana S	Topic 40 Cha.Sha.06-Sareeravichaya adhyaya	L	1
2	3-Mar-26	11:00am to 12:00pm	SA-2 (LH) Dr. Gautham M	LEARNING THROUGH VYAKHYANA-2	BS	1
3	4-Mar-26	9:00am to 10:00am	SA2 (NLH) Dr. Anjana S	Analysing Data on causes of akala mrutyu	CBL	1
4	5-Mar-26	3:30pm to 4:30pm	SA-2 (NLH) Dr. Gautham M	Analysing Data on causes of akala mrutyu	CBL	1
5	6-Mar-26	1:30pm to 2:30pm	SA-2 (NLH) Dr. Akhil	sHARIRA - cHAYA - VICHAYA	L	1
6	9-Mar-26	3:30pm to 4:30pm	SA2 (LH) Dr. Anjana S	Topic 41 Cha.Sha.07- Sareerasankhya sareera Adhyaya	L	1
7	10-Mar-26	11:00am to 12:00pm	SA-2 (LH) Dr. Gautham M	PRAMANA PARIKSHA	CBL	1
8	11-Mar-26	9:00am to 10:00am	SA2 (NLH) Dr. Anjana S	PRAMANA PARIKSHA	CBL	1
9	12-Mar-26	3:30pm to 4:30pm	SA-2 (NLH) Dr. Gautham M	Topic 42 Cha.Sha.08-Jathisutreeya Adhyaya	L	1
10	13-Mar-26	1:30pm to 2:30pm	SA-2 (NLH) Dr. Akhil	Street play on awareness of garbhopaghatakara bhava	CBL	1
11	16-Mar-26	3:30pm to 4:30pm	SA2 (LH) Dr. Anjana S	Street play on awareness of garbhopaghatakara bhava	CBL	1
12	17-Mar-26	11:00am to 12:00pm	SA-2 (LH) Dr. Gautham M	GARBHA RAKSHA UPAAYAAS	L	1
13	18-Mar-26	9:00am to 10:00am	SA2 (NLH) Dr. Anjana S	Topic 25 Cha.Ni.07-Unmada nidana Adhyaya	L	1
14	19-Mar-26	3:30pm to 4:30pm	SA-2 (NLH) Dr. Gautham M		L	1
15	20-Mar-26	1:30pm to 2:30pm	SA-2 (NLH) Dr. Akhil	Documentation of Nidanarthakara roga S	CBL	1
16	23-Mar-26	3:30pm to 4:30pm	SA2 (LH) Dr. Anjana S	Documentation of Nidanarthakara roga S	CBL	1
17	24-Mar-26	11:00am to 12:00pm	SA-2 (LH) Dr. Gautham M	Topic 26 Cha.Ni.08-Apasmara nidana adhyaya	L	1
18	25-Mar-26	9:00am to 10:00am	SA2 (NLH) Dr. Anjana S	UNMAADA CHIKITSA	CBL	1
19	26-Mar-26	3:30pm to 4:30pm	SA-2 (NLH) Dr. Gautham M	Quiz on Nidana sthana	QUIZ	1
20	27-Mar-26	1:30pm to 2:30pm	SA-2 (NLH) Dr. Akhil	Quiz on Nidana sthana	QUIZ	1
21	30-Mar-26	3:30pm to 4:30pm	SA2 (LH) Dr. Anjana S	NIDANA CLINICAL APPROACH	CBL	1
22	31-Mar-26	11:00am to 12:00pm	SA-2 (LH) Dr. Gautham M	NIDANA STHANA JOURNAL UPDATION OF NIDANA TOPICS	CBL	1
					total	22

HOD

Head of Department
Samhita Siddhanta evam
Sanskrit
Monark Ayurved Medical
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PRINCIPAL

25/02/26

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DEPARTMENT OF DRAVYAGUNA

TEACHING SCHEDULE OF MARCH 2026

Subject Code: AyUG-DG Term:2nd Batch: 2023-24 Paper:2

Sr No	Name of Faculty	Topics	Date	Sub Topics	LH	NLH	Method	Total Hours
1.	Dr. Rajesh	Paper-2 2. Dravya Nama-Guna- Karma Gyana	4/3/2026	2.1 Japa		1	Lecture	1
			11/3/2026	2.1 Khadira		1	Lecture	1
			18/3/2026	2.1 Latakaranja		1	Lecture	1
			25/3/2026	2.1 Bharangi		1	Lecture	1
2.	Dr. Pinal Vihol	Paper-2 2. Dravya Nama-Guna- Karma Gyana	2/3/2026	Practical		2	Practical	2
			3/3/2026	Practical		2	Practical	2
			5/3/2026	2.1 Kumkum	1		PPT with Lecture	1
			6/3/2026	2.1 Lajjalu	1	1	GD, Activity	2
			7/3/2026	Garden Visit		1	GD, Activity	1
			9/3/2026	Practical		2	Practical	2
			10/3/2026	Practical		2	Practical	2
			12/3/2026	2.1 Lavang	1		PPT with Lecture	1
			13/3/2026	2.1 Bakuchi	1	1	GD, Activity	2
			16/3/2026	Practical		2	Practical	2
			17/3/2026	Practical		2	Practical	2
			19/3/2026	2.1 Kutaja	1		PPT with Lecture	1
			20/3/2026	2.1 Lodhra	1	1	PPT with Lecture	2
			21/3/2026	Garden Visit		1	GD, Activity	1
			23/3/2026	Practical		2	Practical	2
			24/3/2026	Practical		2	Practical	2
			26/3/2026	2.1 Agnimantha	1		PPT with Lecture	1
			27/3/2026	2.1 Lajjalu	1	1	GD, Activity	2
			30/3/2026	Practical		2	Practical	2
			31/3/2026	Practical		2	Practical	2
Total Hours								38 Hrs

HOD
Head of Department
Department of Dravyaguna
Monark Ayurved Medical College and Hospital
Vahelal, Ahmedabad

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DEPARTMENT OF RASASHASTRA EVUM BHAISHJYA KALPANA

TEACHING SCHEDULE OF MARCH 2026

Subject Code: AyUG-RB **Term: 2ND** **Batch: 2023-24** **Paper: 1& 2**

S N	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. KETAN R.	17. Single Drug (Bhasma) 18. Aushadhi Kalpa 1	Chyavanprasha (T)	02/03/2026	1	-	Lecture with ppt	1
			Chyavanprasha	05/03/2026	-	1	Practicals, PPT	1
			Aarogyavardhni Vati	07/03/2026	1	-	Practicals, PPT	1
			Kumarkalyan Rasa	09/03/2026	1	-	Lecture with ppt	1
			Packing & Labeling	10/03/2026	-	2	PPT	2
			QC Pra.	12/03/2026	-	1	Practicals, PPT	1
			Garbhpal Rasa	16/03/2026	1	-	PPT	1
			NLHP	17/03/2026	-	2	Practicals	2
			Chandtraprabha Vati	18/03/2026	1	-	PPT	1
			Vasantkusumakar Rasa	23/03/2026	1	-	Practicals, PPT	1
			Laghusutsekar Rasa	24/03/2026	-	2	Practicals	2
			Revision	30/03/2026	1	-	Lecture with ppt	1
2	Dr. DIPALI P.	17. Single Drug (Bhasma) 18. Aushadhi Kalpa 1	Chyavanprasha (T)	02/03/2026	0	2	Practicals, PPT	2
			Chyavanprasha	05/03/2026	-	1	Lecture with ppt	1
			Yogendra Rasa	06/03/2026	-	1	Practicals, PPT	1
			Aarogyavardhni Vati	07/03/2026	1	-	Practicals, PPT	1
			Packing & Labeling	09/03/2026	-	2	Lecture with ppt	2
			Parada Intro	11/03/2026	1	-	Practicals, PPT	1
			QC Pra.	12/03/2026	-	1	Practicals	1
			LaxmiVilas Rasa	13/03/2026	1	-	Lecture with ppt	1
			NLHP	16/03/2026	-	2	Practicals, PPT	2
			Parad Samskara	20/02/2026	1	-	Lecture with ppt	1
			Laghusutsekar Rasa	23/03/2026	-	2	Practicals	2
			Parada Bandha	25/03/2026	1	-	Lecture with ppt	1
			Parada Murchhana	27/03/2026	1	-	Lecture with ppt	1
			Revision	30/03/2026	1	-	Practicals, PPT	1
Total Hours								33

25/03/26

HOD

Head of Department
Department of Rasashastra evam Bhaisajya Kalp
Monark Ayurved Medical College and Ho
Vahelal, Ahmedabad.

24/2/26

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MONARK UNIVERSITY

DEPARTMENT OF SWASTHAVRITTA

TEACHING SCHEDULE OF MARCH - 2026

Subject Code:AyUg Sw **Term:II** **Batch:2023 -24** **Paper:II**

Sl No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH (T)/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. Arjun CM	Yoga	Yogabyasa Prathibandhakara and sidhikara bhavas, mitagara Pathya-apathya during Yogabyasa	03/03/2026		2	Lecture/ Practical with ppt	2
		Naturopathy	Basic principles of Naturopathy, Panchabhoota upasana	05/03/2026	1		Lecture with ppt	1
			Mud therapy, Diet therapy	06/03/2026	1		Lecture with ppt	1
		Yoga	Panchakosha theory, Astanga yoga, Yama, Niyama, Asana	10/03/2026		2	Lecture/ Practical with ppt	2
		Naturopathy	Sun bath, Fasting, Hydropathy	12/03/2026	1		Lecture with ppt	1
			Massage	13/03/2026	1		Lecture with ppt	1
		Yoga	Standing Yoga postures in detail	17/03/2026		2	Lecture/ Practical with ppt	2
		Epidemiology	Janapadodhwamsa-Epidemic disease ordinance act, Importance of Panchakarma & Rasayana	19/03/2026	1		Lecture with ppt	1
		Yoga	Sitting Yoga postures in detail	24/03/2026		2	Lecture with ppt	2
		Epidemiology	Define Epidemiology, enumerate and describe principles and uses	27/03/2026	1		Lecture/ Practical with ppt	1
		Yoga	Sitting Yoga postures in detail	31/03/2026		2	Lecture with ppt	2
		Epidemiology	Basic terms of Epidemiology		1		Lecture/ Practical with ppt	1
2	Dr. Jayalakshmi	Yoga	Yogabyasa Prathibandhakara and sidhikara bhavas, mitagara Pathya-apathya during Yogabyasa	02/03/2026		2	Lecture/ Practical with ppt	2
		Environment Health	Types of solid waste-storage, collection,	03/03/2026	1		Lecture with ppt	1
			Modern sewage disposal methods	05/03/2026	1		Lecture with ppt	1
			Modern sewage disposal methods	07/03/2026		1	Lecture / Practical with ppt	1

		Yoga	Panchakosha theory, Astanga yoga, Yama, Niyama, Asana	09/03/2026		2	Lecture/ Practical with ppt	2
		Environment Health	Types of soil & relation between soil and health	10/03/2026	1		Lecture with ppt	1
			Land pollution prevention and control	12/03/2026	1		Lecture with ppt	1
		Yoga	Standing Yoga postures in detail	16/03/2026		2	Lecture/ Practical with ppt	2
		Environment Health	Social goals of housing , housing standards , building and other construction workers act, 1996	17/03/2026	1		Lecture with ppt	1
			Effect of housing on health, overcrowding and its impact on health.	19/03/2026	1		Lecture with ppt	1
			Biomedical waste management and rules-2016	21/03/2026		1	Lecture / Practical with ppt	1
		Yoga	Sitting Yoga postures in detail	23/03/2026		2	Lecture/ Practical with ppt	2
		Environment Health	Biomedical waste management and rules-2016	24/03/2026	1		Lecture with ppt	1
			Sources of radiation and explain its effect on health and control measures.	28/03/2026		1	Lecture with ppt	1
		Yoga	Sitting Yoga postures in detail	30/03/2026		2		2
		Environment Health	Good, natural and artificial lighting, Biological effect of lighting	31/03/2026	1			1
	Total				**15**	**23**		**38**

Head of Department
Dept. of Swasthavritta
Head of the Department
Monark Ayurved Medical College and Hospital
Vahelal, Ahmedabad.

Principal

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DEPARTMENT OF ROGANIDANA

TEACHING SCHEDULE OF MARCH 2026

Subject Code:AYRN **Term: 2RD** **Batch:2023-24** **Paper:11**

Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
Dr. Suchithra P Bai	1) Introduction to histopathology(Batch A)	Introduction Basic steps in histopathology	2/3/26	-	2hr	Lecture & PPT Demonstration	2hr
	2) Introduction to histopathology(Batch B)	Introduction Basic steps in histopathology	3/3/26	-	2hr	Lecture & PPT Demonstration	2hr
	3) Pandu	Introduction Prathyathma lakshana Hetu,samprapthi,bheda,purvaroopa	3/3/26	1hr		Lecture & PPT	1hr
	4) Pandu	Differential doshaja pandu Upadrava sadhyasasadhyatha	4/3/26	1hr		Lecture & PPT	1hr
	5) Class presentation	Fever	4/3/26	-	1hr	Class presentation by students and Disussion	1hr
	6) Introduction to histopathology(Batch A& B)	Basic steps in histopathology	5/3/26	-	2hr	Lecture & PPT	2hr
	7) Kamala	Define kamala Hetu,samprapthi,bheda,classification based on vidhi samprapthi Differential koshta sakhashrita and sakhashrita	6/3/26	1hr	-	Lecture with ppt,	1hr
	8) Class presentation	Fever	7/3/26	-	1hr	Class presentation by students and Disussion	1hr
	9) Introduction to histopathology(Batch	Basic steps in	9/3/26	-	2hr	Lecture & PPT	2hr

A)	histopathology					
10) Introduction to histopathology(Batch B)	Basic steps in histopathology	10/3/26	-	2hr	Lecture & PPT	2hr
11) Kamala	Swatantra-paratantra kamala Alpapitta-bahupitta kamala Upadrava sadhyasadhyatha	10/3/26	1hr		L&PPT	1hr
12) Rakthapitha	Define rakthapitta Bheda,Nidana,samprapthi,purvaroopa,visishta lakshana,upadrava and sadhyasadhyatha of Rakthapitta	11/3/26	1hr	-	Lecture & PPT	1hr
13) Class presentation	Fever	11/3/26	-	1hr	Class presentation by students and Disussion	1hr
14) Cardiovascular system (Batch A&B)	Introduction General examination Examination of neck and vein	12/3/26	-	2hr	Lecture & PPT	2hr
15) chardhi	Hetu,samprapthi,bheda, clinical features	13/3/26	1hr	-	Lecture & PPT	1hr
16) Cardiovascular system (Batch A)	Examination of pericardium-inspection	16/3/26		2hr	L&PPT	2hr
17) Cardiovascular system (Batch B)	Examination of pericardium-inspection	17/3/26	-	2hr	Lecture & PPT	2hr
18) Hridroga	Het,samprapthi,bheda Samanya lakshana	17/3/26	1hr	-	Lecture & PPT	1hr
19) Hridroga	Vishishta lakshana and upadrava	18/3/26	1hr	-	Lecture & PPT	1hr
20) Class presentation	Fever	18/3/25	-	1hr	Class presentation by students and Disussion	1hr
21) Cardiovascular system (Batch A& B)	Examination of pericardium-Palpation	19/3/26	-	2hr	Lecture & PPT	2hr
21) Hikka	Prathyathma lakshana,hetu,samprapthi,clinical features of hikka	20/3/26	1hr	-	Lecture & PPT	1hr
22) Class presentation	Fever	21/3/26	-	1hr	Class presentation by students and Disussion	1hr
23)Cardiovascular system (Batch A)	Examination of pericardium-percussion	23/3/26	-	2hr	Lecture & PPT	2hr
24)Cardiovascular system (Batch B)	Examination of pericardium-percussion	24/3/26		2hr	Lecture & PPT	2hr
25) Masurika	Nidana,samprapthi,bheda,avasthika ,features of romanthika	24/3/26	1hr	-	Lecture & PPT	1hr

26) class presentation	Fever	25/3/26	1hr	-	Class presentation by students and Disussion	1hr
27) Case presentation		25/3/26	-	1hr	Case presentation by students and Disussion	1hr
28) Cardiovascular system (Batch A &B)	Examination of pericardium- Auscultation	26/3/26	-	2hr	Lecture & PPT with demonstration	2hr
29)Rajayakshma and shosha	Rajayakshma vyadhi swabhava Hetu Samprapthi bheda	27/3/26	1hr	-	Lecture & PPT	1hr
30) Cardiovascular system (Batch A)	Examination of pericardium- all examination steps Demonstration	30/3/26	-	2hr	Lecture & PPT with demonstration	2hr
31) Cardiovascular system (Batch B)	Examination of pericardium- all Examination steps Demonstration	31/3/26	-	2hr	Lecture & PPT with demonstration	2hr
32) Rajayakshma and shosha	Triroopa Shad roopa Ekadasha roopa Ashta sosha	31/3/26	1hr	-	Lecture & PPT	1hr
TOTAL			13hr	34hr		47hr

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HOD

Lecturer
Department of Roga Nidan evam Vikriti Vigyana
Monark Ayurved Medical College and Hospital
Vahelal, Ahmedabad.

21/04/26

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