



**MONARK**  
UNIVERSITY

# MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute of Monark University)

DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF FEBRUARY 2026

Subject Code: AyUG-PV

Term: I

Batch: 2025-26

Paper: 1

S. No	Name of Faculty	Topic & Subtopics	Instruction Method	Date	LH / NLH	TI M E	HO URS
1	DR GAUTHAM	Outline the salient features of meemamsa darshana and Vedanta darshana Viz. karma siddhanta, atma, maya, vivartavada,	Lecture Group Discussion/ Debate	2/2/20 26	L	10.00 - 11.00	1
2	DR GAUTHAM	Explain similarity between Nyaya, vaisheshika, Sankyha, yoga, meemamsa and Vedanta darshana with Ayurveda	Lecture discussion PBL/ Flip classroom	3/2/20 26	NL	13.30 - 14.00	1
3	DR ANJANA	Establish that the Pramanas are tool to gain the knowledge	Group discussion	4/2/20 26	L	13.30 - 14.00	1
4	DR AKHIL	Enumerate nyayoktha 16 padarthas, 12 prameyas	Lecture /Enquiry Based Learning	5/2/20 26	NL	9.00 - 10.00	1
5	DR GAUTHAM	Explain Charvaka, Jaina and Bouddha darshana and their influence in Ayurveda	Lecture Group Discussion	6/2/20 26	NL	10.00 - 11.00	1
6	DR AKHIL	Recall the content of nyaya sutra	Lecture	7/2/20 26	L	14.30 - 15.00	1
7	DR GAUTHAM	Demonstrate Ayurveda as unique and independent school of thought (philosophical individuality of Ayurveda).	Lecture/ Group Discussions PBL	9/2/20 26	L	10.00 - 11.00	1
8	DR GAUTHAM	Compare the the Srishtiutpatti krama by different darshanas with contemporary theories like- Big Bang, The multiverse, brane world, the hylographic universe, Simulation theory etc	Lecture with Videos, Group discussion/ self learning	10/2/20 26	NL	13.30 - 14.00	1
9	DR ANJANA	Recite the concern Verses from Tarkasangrah & CharakSamhita	Audio clips, classroom Recitation	11/2/20 26	L	13.30 - 14.00	1
10	DR AKHIL	Define yoga and explain ashtangayoga	Lecture Group discussion/demo nstration	12/2/20 26	NL	9.00 - 10.00	1
11	DR GAUTHAM	Respect ancient philosophy and Ayurveda	Discussion	13/2/20 26	NL	10.00 - 11.00	1





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Dist. Ahmedabad-382330(Gujarat) India

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DEPARTMENT OF RACHANA SHAREERA

TEACHING SCHEDULE OF FEBRUARY 2025

Subject Code: AYUG-RS Term: I

Batch:2025-26

Paper: I & II

Sr No	Name of Faculty	Topics	Sub Topics	Date	LH	NLH/ P	Instruction Method/	Total Hours
2	Dr. Yedhu Krishnan	GARBHA SHAREERA, HIP BONE, FEMUR, OSSIFICATION	HIP BONE	22.26	1	1	Lecture with ppt, Demonstration	1
			HIP BONE	3.2.26	1	1	Lecture with ppt, Demonstration	1
			HIP BONE	4.2.26	1	1	Lecture with ppt	1
			SHUKRA AND SHONITA	5.2.26	1	1	Lecture with ppt	1
			SHUKRA AND SHONITA	6.2.26	1	1	Lecture with ppt, Demonstration	1
			HIP BONE	9.2.26	1	1	Lecture with ppt, Demonstration	1
			HIP BONE	10.2.26	1	1	Lecture with ppt, Demonstration	1
			FEMUR	11.2.26	1	1	Lecture with ppt, Demonstration	1
			MASANUMASIKA GARBHA VRIDHI KRAMA	12.2.26	1	1	Lecture with ppt,	1
			MASANUMASIKA GARBHA VRIDHI KRAMA	13.2.26	1	1	Lecture with ppt, Demonstration	1
			MASANUMASIKA GARBHA VRIDHI KRAMA	16.2.26	1	1	Lecture with ppt, Demonstration	1
			FEMUR	17.2.26	1	1	Lecture with ppt, Demonstration	1
			FEMUR	18.2.26	1	1	Lecture with ppt, Demonstration	1
			MASANUMASIKA GARBHA VRIDHI KRAMA	19.2.26	1	1	Lecture with ppt	1
MASANUMASIKA GARBHA VRIDHI KRAMA	20.2.26	1	1	Lecture with ppt, Demonstration	1			
BONES REVISION	23.2.26	1	1	Lecture with ppt, Demonstration	1			
BONES REVISION	24.2.26	1	1	Lecture with ppt, Demonstration	1			
OSSIFICATION	25.2.26	1	1	Lecture with ppt, Demonstration	1			
GARBHA SAMAGRI	26.2.26	1	1	Lecture with ppt	1			
GARBHA POSHANA	27.2.26	1	1	Lecture with ppt	1			
STOMACH	3.2.26	1	1	Lecture with ppt,	1			
TIBIA	4.2.26	1	1	Lecture with ppt, Demonstration	1			
TIBIA	5.2.26	1	1	Lecture with ppt, Demonstration	1			
TIBIA	6.2.26	1	1	Lecture with ppt, Demonstration	1			
STOMACH	7.2.26	1	1	Lecture with ppt,	1			





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Subject Code: AyUG-SAI

Term: I

Batch: 2025-26

Paper: 1

S.No.	Name of Faculty	Topic & Subtopics	Instruction Method	Date	LH / NLH		T I M E		Hrs	HOURS
1	<u>DR AKHIL</u>	Elaborate chikitsa chatuspada (4 factors in treatment)	Lecture/ Demonstration in hospital	2/2/2026	<u>L</u>	9.00	-	10.00	Hrs	1
2	<u>DR GAUTHAM</u>	Explain the types of prognosis of disease	Lecture/ Demonstration on patients / Multimedia aids	2/2/2026	<u>L</u>	11.00	-	12.00	Hrs	1
3	<u>DR AKHIL</u>	Explain Concept of anupakramaneeya Atura Lakshana	Lecture	3/2/2026	<u>L</u>	<u>9.00</u>	-	<u>10.00</u>	<u>Hrs</u>	1
4	<u>DR AKHIL</u>	Recite the shloka from 1 to 35	Self-learning	4/2/2026	<u>NL</u>	10.00	-	11.00	Hrs	1
5	<u>DR GAUTHAM</u>	Identify Adhikaran, Yoga, Padarth, Uddesh.	Lecturer/ Group discussion	4/2/2026	<u>NL</u>	12.00	-	13.00	Hrs	1
6	<u>DR ANJANA</u>	<b>Topic-17. Charak Samhita Sutrasthan Chapter 1. Dirghamjivitiyam Adhyaya; Time</b> (Lecture:- 07 ; Non lecture 02 hours) Discuss the Ayurvedavataranam (Genealogy of Ayurveda)	Lecture	5/2/2026	<u>NL</u>	<u>12.00</u>	-	<u>13.00</u>	<u>Hrs</u>	1
7	<u>DR AKHIL</u>	Discuss the chaturvarga and its main factor for achieving it	Lecture	6/2/2026	<u>NL</u>	11.00	-	12.00	Hrs	1
8	<u>DR ANJANA</u>	Discuss about the trisutra of Ayurveda (three principles of health and disease)	Lecture	7/2/2026	<u>LH</u>	<u>9.00</u>	-	<u>10.00</u>	<u>Hrs</u>	1
9	<u>DR GAUTHAM</u>	Discuss the about the six padarthas (six basic principles)	Lecture	7/2/2026	<u>NL</u>	<u>10.00</u>	-	<u>11.00</u>	<u>Hrs</u>	1
10	<u>DR AKHIL</u>	Discuss about the Tridanda (tripod of life)	Lecture	9/2/2026	<u>L</u>	9.00	-	10.00	Hrs	1
11	<u>DR GAUTHAM</u>	Discuss the classification and characteristics of the dravyas (basic elements)	Lecture	9/2/2026	<u>L</u>	11.00	-	12.00	Hrs	1
12	<u>DR AKHIL</u>	Discuss the classification and characteristics of the gunas	Lecture	10/2/2026 69	<u>L</u>	<u>9.00</u>	-	<u>10.00</u>	<u>Hrs</u>	1
13	<u>DR AKHIL</u>	Classify the dravya based on their effects on body and their origin	Lecture	##### 11/2/26	<u>NL</u>	10.00	-	11.00	Hrs	1

14	<u>DR GAUTHAM</u>	Enumerate the dravya based on the useful parts (upayuktanga)	Lecture/Mul timedia aids	##### 11/2/26	NL	12.00	=	13.00	Hrs	1
15	<u>DR ANJANA</u>	Explain the abode of vyadhi and arogya	Lecture	##### 11/2/26	NL	12.00	=	13.00	Hrs	1
16	<u>DR AKHIL</u>	Discuss the characteristics of Atma	Lecture	13/2/2026	NL	11.00	=	12.00	Hrs	1
17	<u>DR ANJANA</u>	Explain the sharira and manasa doshas	Lecture	14/2/2026	LH	9.00	=	10.00	Hrs	1
18	<u>DR GAUTHAM</u>	Discuss the treatment of sharira and manasa doshas	Lecture	14/2/2026	NL	10.00	=	11.00	Hrs	1
19	<u>DR AKHIL</u>	Discuss the gunas of vayu and its treatment	Lecture	16/2/2026	L	9.00	=	10.00	Hrs	1
20	<u>DR GAUTHAM</u>	Discuss the gunas of pitta and its treatment	Lecture	16/2/2026	L	11.00	=	12.00	Hrs	1
21	<u>DR AKHIL</u>	Discuss the gunas of shleshma and its treatment	Lecture	17/2/2026	L	9.00	=	10.00	Hrs	1
22	<u>DR AKHIL</u>	Discuss about the treatment for sadhya and asadhya vikara (curable and incurable disease)	Lecture	18/2/2026	NL	10.00	=	11.00	Hrs	1
23	<u>DR GAUTHAM</u>	Explain the rasa	Lecture	18/2/2026	NL	12.00	=	13.00	Hrs	1
24	<u>DR ANJANA</u>	Classify the dravya based on their effects on body and their origin	Lecture	19/2/2026	NL	12.00	=	13.00	Hrs	1
25	<u>DR AKHIL</u>	Enumerate the dravya based on the useful parts (upayuktanga)	Lecture/Mul timedia aids	20/2/2026	NL	11.00	=	12.00	Hrs	1
26	<u>DR ANJANA</u>	Discuss about the best physician endowed with all good qualities	Lecture	21/2/2026	LH	9.00	=	10.00	Hrs	1
27	<u>DR GAUTHAM</u>	Recite the shlokas 15, 24,28,29, 31, 41, 42, 44-67, 134,135	Swadhyaya (self learning)	21/2/2026	NL	10.00	=	11.00	Hrs	1
28	<u>DR AKHIL</u>	Identify Uddesha, Niradesh Tantrayukties in this chapter	Lecturer/ Group discussion	23/2/2026	L	9.00	=	10.00	Hrs	1
29	<u>DR GAUTHAM</u>	<b><u>Topic -3. Ashtang Hriday Samhita Sutrasthan Chapter-2- Dinacharya Adhvyaya Time (Lecture:- 05 Non lecture- 04 hours)Explain the need of waking up before sunrise</u></b>	Lecture	23/2/2026	L	11.00	=	12.00	Hrs	1
30	<u>DR AKHIL</u>	Explain the importance and contraindications of brushing (Dantadhavana)	Lecture/ Multimedia aids	24/2/2026	L	9.00	=	10.00	Hrs	1
31	<u>DR AKHIL</u>	Identify the herbs used for Dantadhavan	Herbal garden visit	25/2/2026	NL	10.00	=	11.00	Hrs	1
32	<u>DR GAUTHAM</u>	Distinguish Sauveeranjana and Rasanjan	Lecture/Demonstration	25/2/2026	NL	12.00	=	13.00	Hrs	1
33	<u>DR ANJANA</u>	Distinguish Sauveeranjana and Rasanjan	Lecture/Demonstration	26/2/2026	NL	12.00	=	13.00	Hrs	1

34	<u>DR AKHIL</u>	Elucidate the benefits and contraindications of bathing (snana)	Lecture/group discussion Literature search and Discussion by students.	27/2/202 6	<u>NL</u>	<u>11.00</u>	=	<u>12.00</u>	<u>Hrs</u>	1
35	<u>DR ANJANA</u>	Explain the concept of good principles and conduct (Sadvrutta)	Flipped Classroom	28/2/202 6	<u>LH</u>	<u>9.00</u>	=	<u>10.00</u>	<u>Hrs</u>	1
36	<u>DR GAUTHAM</u>	Discuss the importance, contraindications of exercise	Lecture/ Multimedia aids	28/2/202 6	<u>NL</u>	<u>10.00</u>	=	<u>11.00</u>	<u>Hrs</u>	1
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*23.07.24*



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Paper: 1

S.No	Name of Faculty	Topic & Subtopics	Date	LH / NLH		TIME			Instruction Method	HOURS
1	Dr. Kamini	Paribhasha explain	2/2/2026	L	13.30	=	14.30	Hrs	narrative	1
2	Dr. Kamini	Paribhasha explain	3/2/2026	L	12.00	=	13.00	Hrs	narrative	1
3	Dr. Kamini	Shbdroop explain	4/2/2026	L	11.00	=	12.00	Hrs	narrative	1
4	Dr. Kamini	Paribhasha oral & writing	5/2/2026	NL	13.30	=	14.30	Hrs	writing	1
5	Dr. Kamini	Objective type shortnote	6/2/2026	NL	13.30	=	14.30	Hrs	writing	1
6	Dr. Kamini	Origin & lineage of ayurveda & introduction of references of ayurveda.	10/2/2026	L	13.30	=	14.30	Hrs	narrative	1
7	Dr. Kamini	Shbdroop explain	11/2/2026 9	L	12.00	=	13.00	Hrs	narrative	1
8	Dr. Kamini	Open book test	12/2/2026	NL	11.00	=	12.00	Hrs	test	1
9	Dr. Kamini	Group discussion	13/2/2026	NL	13.30	=	14.30	Hrs	Group discussion	1

10	<u>Dr. Kamini</u>	Ayurveda itihas topc m.c.q	13/2/2026	NL	13.30	=	14.30	Hrs	writing	1
11	<u>Dr. Kamini</u>	Shloka recetation	16/2/2026	L	13.30	=	14.30	Hrs	Shbdroop explain	1
12	<u>Dr. Kamini</u>	Identify the write vachanani roots.	17/2/2026	L	12.00	=	13.00	Hrs	narrative	1
13	<u>Dr. Kamini</u>	Identify the shabd roop	18/2/2026	L	11.00	=	12.00	Hrs	narrative	1
14	<u>Dr. Kamini</u>	Very short answer assignment	19/2/2026	NL	13.30	=	14.30	Hrs	writing	1
15	<u>Dr. Kamini</u>	Quiz shabd roop	20/2/2026	NL	13.30	=	14.30	Hrs	discussion	1
16	<u>Dr. Kamini</u>	Use for constructing sentences	23/2/2026	L	13.30	=	14.30	Hrs	writing	1
17	<u>Dr. Kamini</u>	Identify the purushvachnani of the roots.	24/2/2026	L	12.00	=	13.00	Hrs	narrative	1
18	<u>Dr. Kamini</u>	Identify the purushvachnani of the roots.	25/2/2026	L	11.00	=	12.00	Hrs	narrative	1
19	<u>Dr. Kamini</u>	Peer learning	26/2/2026	NL	13.30	=	14.30	Hrs	learning	1
20	<u>Dr. Kamini</u>	Group discussion	27/2/2026	NL	13.30	=	14.30	Hrs	discussion	1
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27/2/26  
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