



**MONARK**  
UNIVERSITY

# MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute of Monark University)  
At. Post Vahelal, Naroda- Dahegam Road, Ta. Dascroi,  
Dist. Ahmedabad-382330(Gujarat) India

Website: www.mamch.monarkuni.ac.in Phone No: 02718- 247215/138

## DEPARTMENT OF RACHANA SHAREERA

TEACHING SCHEDULE OF FEBRUARY 2026

Subject Code: AyUG-RS

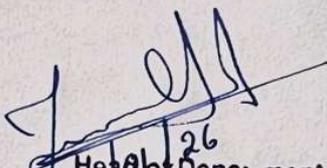
Term: III

Batch:2024-25

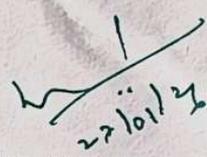
Paper: I & II

| Sr No                                | Name of Faculty             | Topics                           | Sub Topics      | Date                  | LH                              | NLH/<br>NLH-P   | Instruction Method/             | Total Hour |
|--------------------------------------|-----------------------------|----------------------------------|-----------------|-----------------------|---------------------------------|-----------------|---------------------------------|------------|
| 1                                    | Dr. Sreekanth Vaidyanath RS | EAR, EYES, NOSE, ABDOMEN & TRUNK | EAR             | 2.2.26                | 1                               |                 | Lecture with ppt                | 1          |
|                                      |                             |                                  | ABDOMEN & TRUNK | 4.2.26                |                                 | 1               | Demonstration                   | 1          |
|                                      |                             |                                  | ABDOMEN & TRUNK | 5.2.26                |                                 | 1               | Demonstration                   | 1          |
|                                      |                             |                                  | EAR             | 7.2.26                | 1                               |                 | Lecture with ppt                | 1          |
|                                      |                             |                                  | EYE             | 9.2.26                | 1                               |                 | Lecture with ppt                | 1          |
|                                      |                             |                                  | ABDOMEN & TRUNK | 11.2.26               |                                 | 1               | Demonstration                   | 1          |
|                                      |                             |                                  | ABDOMEN & TRUNK | 12.2.26               |                                 | 1               | Demonstration                   | 1          |
|                                      |                             |                                  | EYE             | 16.2.26               | 1                               |                 | Lecture with ppt                | 1          |
|                                      |                             |                                  | ABDOMEN & TRUNK | 18.2.26               |                                 | 1               | Demonstration                   | 1          |
|                                      |                             |                                  | ABDOMEN & TRUNK | 19.2.26               |                                 | 1               | Demonstration                   | 1          |
|                                      |                             |                                  | ABDOMEN & TRUNK | 20.2.26               |                                 | 1               | Demonstration                   | 1          |
|                                      |                             |                                  | EYE             | 21.2.26               | 1                               |                 | Lecture with ppt                | 1          |
|                                      |                             |                                  | NOSE            | 23.2.26               | 1                               |                 | Lecture with ppt                | 1          |
|                                      |                             |                                  | ABDOMEN & TRUNK | 25.2.26               |                                 | 1               | Demonstration                   | 1          |
|                                      |                             |                                  | ABDOMEN & TRUNK | 26.2.26               |                                 | 1               | Demonstration                   | 1          |
|                                      |                             |                                  | ABDOMEN & TRUNK | 27.2.26               |                                 | 1               | Demonstration                   | 1          |
|                                      |                             |                                  | 2               | Dr. Yedhu Krishnan TB | NERVOUS SYSTEM, ABDOMEN & TRUNK | ABDOMEN & TRUNK | 2.2.26                          |            |
| VENTRICLES OF BRAIN                  | 3.2.26                      | 1                                |                 |                       |                                 | 1               | Lecture with ppt, Demonstration | 2          |
| VENTRICLES OF BRAIN                  | 4.2.26                      | 1                                |                 |                       |                                 |                 | Lecture with ppt                | 1          |
| ABDOMEN & TRUNK                      | 6.2.26                      |                                  |                 |                       |                                 | 1               | Demonstration                   | 1          |
| ABDOMEN & TRUNK                      | 9.2.26                      |                                  |                 |                       |                                 | 1               | Lecture with ppt, Demonstration | 1          |
| VENTRICLES OF BRAIN, ABDOMEN & TRUNK | 10.2.26                     | 1                                |                 |                       |                                 | 1               | Lecture with ppt, Demonstration | 2          |
| CEREBELLUM                           | 11.2.26                     | 1                                |                 |                       |                                 |                 | Lecture with ppt,               | 1          |
| ABDOMEN & TRUNK                      | 13.2.26                     |                                  |                 |                       |                                 | 1               | Demonstration                   | 1          |
| ABDOMEN & TRUNK                      | 16.2.26                     |                                  |                 |                       |                                 | 1               | Demonstration                   | 1          |
| CEREBELLUM, ABDOMEN & TRUNK          | 17.2.26                     | 1                                |                 |                       |                                 | 1               | Lecture with ppt, Demonstration | 2          |
| CEREBELLUM                           | 18.2.26                     | 1                                |                 |                       |                                 |                 | Lecture with ppt,               | 1          |
| ABDOMEN & TRUNK                      | 23.2.26                     |                                  |                 |                       |                                 | 1               | Demonstration                   | 1          |
| CEREBRUM, ABDOMEN & TRUNK            | 24.2.26                     | 1                                |                 |                       |                                 | 1               | Lecture with ppt, Demonstration | 2          |
| CEREBRUM                             | 25.2.26                     | 1                                |                 |                       |                                 |                 | Lecture with ppt,               | 1          |

|             |  |    |  |  |  |  |  |
|-------------|--|----|--|--|--|--|--|
| 3.          | Integration<br>Class -<br>Name of<br>Faculty and<br>Department |    |  |  |  |  |  |
| Total Hours |  | 34 |  |  |  |  |  |

  
 26  
 Head of Department  
 Department of Rachana Sharir  
 HOD Ayurved Medical College and Hospital  
 Vahelal, Ahmedabad.



  
 22/10/24  
**PRINCIPAL**  
 PRINCIPAL & MEDICAL SUPERINTENDENT  
 MONARK AYURVED MEDICAL  
 COLLEGE & HOSPITAL



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Website: www.mamch.monarkuni.ac.in Phone No: 02718- 247215/138

## TEACHING SCHEDULE OF FEBRUARY 2026

### DEPARTMENT OF KRIYA SHARIRA

SUBJECT CODE: AyUG-KS  
TERM: III TERM  
BATCH: 2024-25(senior batch)  
PAPER: I & II

| Name of Faculty | Topics                                       | Sub Topics               | Date                | LH      | NLH/<br>NLP     | Instruction<br>Method/         | Total<br>Hours |
|-----------------|--|--------------------------|---------------------|---------|-----------------|--------------------------------|----------------|
| Dr.Komal Chavda | Special<br>senses-<br>Ayurvedic<br>& concept | Revision<br>Tridosha     | 2.2.26<br>Monday    | 10-11am |                 | Group study<br>&<br>discussion | 1 hour         |
|                 |  | Revision<br>Dhatu        | 3.2.26<br>Tuesday   | -       | 2:30-<br>3:30pm |                                | 1 hour         |
|                 |  | Revision<br>Dhatu        | 5.2.26<br>Thursday  | -       | 2:30-<br>3:30pm |                                | 1 hour         |
|                 |  | Revision -<br>Kriyakala  | 7.2.26<br>Saturday  | 10-11am |                 |                                | 1 hour         |
|                 |  | Revision<br>Prakriti     | 9.2.26<br>Monday    | 10-11am | -               |                                | 1 hour         |
|                 |  | Revision<br>Ahara        | 10.2.26<br>Tuesday  | -       | 2:30-<br>3:30pm |                                | 1 hour         |
|                 |  | Revision<br>Aharapaka    | 12.2.26<br>Thursday | -       | 2:30-<br>3:30pm | Sloka learning                 | 1 hour         |
|                 |  | Revision<br>Nidra swapna | 16.2.26<br>Monday   | 10-11am |                 |                                | 1 hour         |
|                 |  | Revision<br>Upadhatu     | 17.2.26<br>Tuesday  |         | 2:30-<br>3:30pm |                                | 1 hour         |

|                         |                     |         |             |             |        |
|-------------------------|---------------------|---------|-------------|-------------|--------|
| Revision mala           | 19.2.26<br>Thursday |         | 2:30-3:30pm | Group study | 1 hour |
| Revision Dhatu mala     | 21.2.26<br>Saturday | 10-11am |             |             | 1 hour |
| Revision Tridosha bheda | 23.2.26<br>Monday   | 10-11am |             |             | 1 hour |
| Revision Mana, Atma     | 24.2.26<br>Tuesday  |         | 2:30-3:30pm |             | 1 hour |
| Revision Test-paper I   | 26.2.26<br>Thursday |         | 2:30-3:30pm |             | 1 hour |
| Revision Test-paper II  | 28.2.26<br>Saturday | 10-11am |             |             | 1 hour |

**Total hours -15**

|                               |                      |                      |             |             |             |         |
|-------------------------------|----------------------|----------------------|-------------|-------------|-------------|---------|
| CNS                           | Revision Hematology  | 2.2.26<br>Monday     |             | 2:30-3:30pm | Group study | 1 hour  |
|                               | Revision Hematology  | 4.2.26<br>Wednesday  | -           | 2:30-4:30pm |             | 2 hours |
|                               | Revision Hematology  | 5.2.26<br>Thursday   | 10-11am     |             |             | 1 hour  |
|                               | Revision CVS         | 9.2.26<br>Monday     |             | 2:30-3:30pm |             | 1 hour  |
|                               | Revision CVS         | 11.2.26<br>Wednesday |             | 2:30-4:30pm |             | 2 hours |
| Revision Respiratory System   | 12.2.26<br>Thursday  | 10-11am              | -           | Group study | 1 hour      |         |
| R Revision Respiratory System | 16.2.26<br>Monday    |                      | 2:30-3:30pm |             | 1 hour      |         |
| Revision GIT                  | 18.2.26<br>Wednesday |                      | 2:30-4:30pm |             | 2 hours     |         |
| Revision GIT                  | 19.2.26<br>Thursday  | 10-11am              | -           |             | 1 hour      |         |

Dr.Sreelekshmi G

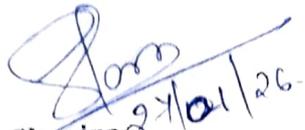


|                                 |                      |         |                 |             |         |
|---------------------------------|----------------------|---------|-----------------|-------------|---------|
| Revision<br>Endocrinology       | 23.2.26<br>Monday    | -       | 2:30-<br>3:30pm | Group study | 1 hour  |
| Revision<br>Endocrinology       | 25.2.26<br>Wednesday | -       | 2:30-<br>4:30pm |             | 2 hours |
| Revision<br>Reproductive system | 26.2.26<br>Thursday  | 10-11am |                 |             | 1 hour  |

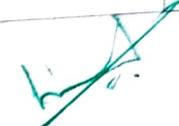
Total hours : 16

HOD

Department of Kriya Sharira



27/01/26  
Dr. Seelleshwari G

  
Principal



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# MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

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## DEPARTMENT OF SAMHITA SIDDHANTA

### TEACHING SCHEDULE OF FEBRUARY 2026

Subject Code: AyUG-SAI

Term: III

Batch: 2024-25

Paper: 1

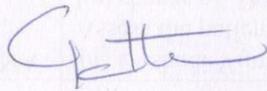
| S.No. | Name of Faculty | Topic & Subtopics   | Instruction Method         | Date     | LH / NLH   | TIME  |   |       |     | HOURS |
|-------|-----------------|---|----------------------------|----------|------------|-------|---|-------|-----|-------|
| 1     | DR ANJANA       | 10. Rasabhedhiya Adhyaya- Case based learning- Prepare proforma enlisting the sign and symptoms of excess consumption of six Rasas and regular diet pattern. Asses the predominance of Rasa consumption in patients or healthy volunteers. Then Correlate with the case findings. | Practical                  | 2/2/2026 | L          | 9.00  | - | 10.00 | Hrs | 1     |
| 2     | DR AKHIL        | Topic -16 Ashtang Hriday Samhita – Sutrasthan- Chapter 15, Shodhanadigana Sangraha Adhyaya- Time (Lecture:- 02 ; Non lecture 04 hours) Select the vaman, virechan, niruha, nasya gana according to their functions  | Lecture/Multimedia aids    | 2/2/2026 | NLtutorial | 15.30 | - | 16.30 | Hrs | 1     |
| 3     | DR GAUTHAM      | Topic-28. Charak Samhita Sutrasthan Chapter-12. Vatakalakaliya Adhyaya-Time (Lecture:- 04; Non lecture 05 hours) explore the various properties of vata   | Lectures/Audio-Visual Aids | 3/2/2026 | NL         | 10.00 | - | 11.00 | Hrs | 1     |
| 4     | DR ANJANA       | 10. Rasabhedhiya Adhyaya- Case based learning- Prepare proforma enlisting the sign and symptoms of excess consumption of six Rasas and regular diet pattern. Asses the predominance of Rasa consumption in patients or healthy volunteers. Then Correlate with the case findings. | Practical                  | 3/2/2026 | NLparayana | 15.30 | - | 16.30 | Hrs | 1     |
| 5     | DR AKHIL        |   |                            | 4/2/2026 | L          | 9.00  | - | 10.00 | Hrs | 1     |
| 6     | DR GAUTHAM      | Discuss the opinions of various aacharyas on different aspects of Vata dosha  | Lectures/Audio-Visual Aids | 5/2/2026 | NL         | 11.00 | - | 12.00 | Hrs | 1     |
| 7     | DR ANJANA       | 10. Rasabhedhiya Adhyaya- Case based learning- Prepare proforma enlisting the sign and symptoms of excess consumption of six Rasas and regular diet pattern. Asses the predominance of Rasa consumption in patients or healthy volunteers. Then Correlate with the case findings. | Practical                  | 6/2/2026 | NL         | 10.00 | - | 11.00 | Hrs | 1     |

|    |            |   |                            |           |    |       |   |       |     |   |
|----|------------|---|----------------------------|-----------|----|-------|---|-------|-----|---|
| 8  | DR AKHIL   | Define the dravyas with their ingredients and actions.  | Lecture/Multimedia aids    | 6/2/2026  | NL | 14.30 | - | 15.30 | Hrs | 1 |
| 9  | DR AKHIL   | Identify the dravyas frequently used in treatments  | Herbal garden visit        | 7/2/2026  | NL | 9.00  | - | 10.00 | Hrs | 1 |
| 10 | DR ANJANA  | 10. Rasabhedhiya Adhyaya- Case based learning- Prepare proforma enlisting the sign and symptoms of excess consumption of six Rasas and regular diet pattern. Asses the predominance of Rasa consumption in patients or healthy volunteers. Then Correlate with the case findings. | Practical                  | 7/2/2026  | NL | 11.00 | - | 12.00 | Hrs | 1 |
| 11 | DR ANJANA  | 10. Rasabhedhiya Adhyaya- Case based learning- Prepare proforma enlisting the sign and symptoms of excess consumption of six Rasas and regular diet pattern. Asses the predominance of Rasa consumption in patients or healthy volunteers. Then Correlate with the case findings. | Practical                  | 9/2/2026  | L  | 9.00  | - | 10.00 | Hrs | 1 |
| 12 | DR AKHIL   | 15. Shodhanadigana Sangraha Adhyaya- Group Presentation- Divide the various Aushadha Vargas among students and a group will represent each varga and related practical information.   | Practical                  | 9/2/2026  | NL | 15.30 | - | 16.30 | Hrs | 1 |
| 13 | DR GAUTHAM | Explore various factors responsible for aggravation and and pacification of vata dosha  | Lectures/Audio-            | 10/2/2026 | NL | 10.00 | - | 11.00 | Hrs | 1 |
| 14 | DR ANJANA  | 11. Doshadi Vijnaniya Adhyaya- Case Based learning-(CBL)- Assess the patient for Vriddhi and Kshaya Lakshanas of Dosha-Dhatu-Mala, based on predesigned proforma. Discuss these case findings later in class.   | Practical                  | 10/2/2026 | NL | 15.30 | - | 16.30 | Hrs | 1 |
| 15 | DR AKHIL   | 15. Shodhanadigana Sangraha Adhyaya- Group Presentation- Divide the various Aushadha Vargas among students and a group will represent each varga and related practical information.   | Practical                  | #####     | L  | 9.00  | - | 10.00 | Hrs | 1 |
| 16 | DR GAUTHAM | Explain the clinical application of Vata Guna   | Lectures/Audio-Visual Aids | #####     | NL | 11.00 | - | 12.00 | Hrs | 1 |
| 17 | DR ANJANA  | 11. Doshadi Vijnaniya Adhyaya- Case Based learning-(CBL)- Assess the patient for Vriddhi and Kshaya Lakshanas of Dosha-Dhatu-Mala, based on predesigned proforma. Discuss these case findings later in class.   | Practical                  | 13/2/2026 | NL | 10.00 | - | 11.00 | Hrs | 1 |
| 18 | DR AKHIL   | 15. Shodhanadigana Sangraha Adhyaya- Group Presentation- Divide the various Aushadha Vargas among students and a group will represent each varga and related practical information.   | Practical                  | 13/2/2026 | NL | 14.30 | - | 15.30 | Hrs | 1 |
| 19 | DR AKHIL   | 14. Dvidihopakramaniya Adhyaya- Case based learning-  | Practical                  | 14/2/2026 | NL | 9.00  | - | 10.00 | Hrs | 1 |

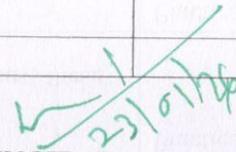
|    |            |  |                                       |           |            |       |   |       |     |   |  |
|----|------------|--|---------------------------------------|-----------|------------|-------|---|-------|-----|---|--|
|    |            | Find out the causative factors of Atishualya in present era (On the basis of predesigned proforma)<br>CBL  |                                       |           |            |       |   |       |     |   |  |
| 20 | DR ANJANA  | 11. Doshadi Vijnaniya Adhyaya- Case Based learning-(CBL)-<br>Assess the patient for Vriddhi and Kshaya<br>Lakshanas of Dosh-Dhatu-Mala, based on predesigned proforma. Discuss these case findings later in class. | Practical                             | 14/2/2026 | NL         | 11.00 | - | 12.00 | Hrs | 1 |  |
| 21 | DR ANJANA  | Give one problem/case based on Samanya<br>Dosh Nidan. Student will identify possible causative factors responsible for vitiation of Doshas in given problem.   | Practical                             | 16/2/2026 | L          | 9.00  | - | 10.00 | Hrs | 1 |  |
| 22 | DR AKHIL   | 14. Dvividhopakramaniya Adhyaya-<br>Case based learning-<br>Find out the causative factors of Atishualya in present era (On the basis of predesigned proforma)<br>CBL  | Practical                             | 16/2/2026 | NLtutorial | 15.30 | - | 16.30 | Hrs | 1 |  |
| 23 | DR GAUTHAM | Describe atreya's exploration on Tridosha and its importance   | Lectures/<br>Audio-<br>Visual<br>Aids | 17/2/2026 | NL         | 10.00 | - | 11.00 | Hrs | 1 |  |
| 24 | DR ANJANA  | Give one problem/case based on Samanya<br>Dosh Nidan. Student will identify possible causative factors responsible for vitiation of Doshas in given problem.   | Practical                             | 17/2/2026 | NLparayana | 15.30 | - | 16.30 | Hrs | 1 |  |
| 25 | DR AKHIL   | 14. Dvividhopakramaniya Adhyaya-<br>Case based learning-<br>Find out the causative factors of Atishualya in present era (On the basis of predesigned proforma)<br>CBL  | Practical                             | 18/2/2026 | L          | 9.00  | - | 10.00 | Hrs | 1 |  |
| 26 | DR GAUTHAM | Recite the shlokas-<br>8,11,12   | Lectures/<br>Audio-<br>Visual<br>Aids | 19/2/2026 | NL         | 11.00 | - | 12.00 | Hrs | 1 |  |
| 27 | DR ANJANA  | Give one problem/case based on Samanya<br>Dosh Nidan. Student will identify possible causative factors responsible for vitiation of Doshas in given problem.   | Practical                             | 20/2/2026 | NL         | 10.00 | - | 11.00 | Hrs | 1 |  |
| 28 | DR AKHIL   | 14. Dvividhopakramaniya Adhyaya-<br>Case based learning-<br>Find out the causative factors of Atishualya in present era (On the basis of predesigned proforma)<br>CBL  | Practical                             | 20/2/2026 | NL         | 14.30 | - | 15.30 | Hrs | 1 |  |
| 29 | DR AKHIL   | Give one problem/case based on Samanya<br>Dosh Nidan. Student will identify possible causative factors responsible for vitiation of Doshas in given problem.   | Practical                             | 21/2/2026 | NL         | 9.00  | - | 10.00 | Hrs | 1 |  |

|    |            |   |                            |           |            |       |   |       |     |    |
|----|------------|---|----------------------------|-----------|------------|-------|---|-------|-----|----|
| 30 | DR ANJANA  | Give one problem/case based on Samanya Dosh Nidan. Student will identify possible causative factors responsible for vitiation of Doshas in given problem. | Practical                  | 21/2/2026 | NL         | 11.00 | - | 12.00 | Hrs | 1  |
| 31 | DR ANJANA  | 12. Doshabhedhiya Adhyaya- Model making Activity- Working models on Dosha Sthanas or Subtypes of Doshas, Chaya, Prakop and Prashama of Doshas: PBL/CBL    | Practical                  | 23/2/2026 | L          | 9.00  | - | 10.00 | Hrs | 1  |
| 32 | DR AKHIL   | Give one problem/case based on Samanya Dosh Nidan. Student will identify possible causative factors responsible for vitiation of Doshas in given problem. | Practical                  | 23/2/2026 | NLtutorial | 15.30 | - | 16.30 | Hrs | 1  |
| 33 | DR GAUTHAM | Identify Padartha, Vyakhyan , Anumat Tantrayukties in this chapter  | Lecturer/ Group discussion | 24/2/2026 | NL         | 10.00 | - | 11.00 | Hrs | 1  |
| 34 | DR ANJANA  | 12. Doshabhedhiya Adhyaya- Model making Activity- Working models on Dosha Sthanas or Subtypes of Doshas, Chaya, Prakop and Prashama of Doshas: PBL/CBL    | Practical                  | 24/2/2026 | NLparayana | 15.30 | - | 16.30 | Hrs | 1  |
| 35 | DR AKHIL   | Give one problem/case based on Samanya Dosh Nidan. Student will identify possible causative factors responsible for vitiation of Doshas in given problem. | Practical                  | 25/2/2026 | L          | 9.00  | - | 10.00 | Hrs | 1  |
| 36 | DR GAUTHAM | CS Su 12. Vatakalakaliya Adhyaya- Role Play (Enact sambhasha parishad) –  | role play                  | 26/2/2026 | NL         | 11.00 | - | 12.00 | Hrs | 1  |
| 37 | DR ANJANA  | 12. Doshabhedhiya Adhyaya- Model making Activity- Working models on Dosha Sthanas or Subtypes of Doshas, Chaya, Prakop and Prashama of Doshas: PBL/CBL    | Practical                  | 27/2/2026 | NL         | 10.00 | - | 11.00 | Hrs | 1  |
| 38 | DR AKHIL   | 13. Doshopakramaniya Adhyaya- Case Based learning-(CBL)- Group activity- Observe the signs and symptoms of Ama in any five patients                       | Practical                  | 27/2/2026 | NL         | 14.30 | - | 15.30 | Hrs | 1  |
| 39 | DR AKHIL   | 13. Doshopakramaniya Adhyaya- Case Based learning-(CBL)- Group activity- Observe the signs and symptoms of Ama in any five patients                       | Practical                  | 28/2/2026 | NL         | 9.00  | - | 10.00 | Hrs | 1  |
| 40 | DR ANJANA  | 12. Doshabhedhiya Adhyaya- Model making Activity- Working models on Dosha Sthanas or Subtypes of Doshas, Chaya, Prakop and Prashama of Doshas: PBL/CBL    | Practical                  | 28/2/2026 | NL         | 11.00 | - | 12.00 | Hrs | 1  |
|    |            |   |                            |           |            |       |   |       |     | 40 |

HOD



PRINCIPAL

  
23/01/2026



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## DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF FEBRUARY 2026

Subject Code: AyUG-PV

Term: III

Batch: 2024-25

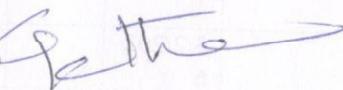
Paper: 1

| S.No. | Name of Faculty | Topic & Subtopics   | Instruction Method | Date      | LH / NLH | TI    | ME |       |       | HOURS |
|-------|-----------------|---|--------------------|-----------|----------|-------|----|-------|-------|-------|
| 1     | DR ANJANA       | Identify samanyatva and visheshatva among plants in Vanaushadhi udyan   | practical          | 3/2/2026  | NL       | 9.00  | -  | 10.00 | Hours | 1     |
| 2     | DR GAUTHAM      | Illustrate examples of Yukti in practical life or with your prior learning.   | practical          | 4/2/2026  | NL       | 10.00 | -  | 11.00 | Hours | 1     |
| 3     | DR ANJANA       | Identify samanyatva and visheshatva among plants in Vanaushadhi udyan   | practical          | 5/2/2026  | L        | 9.00  | -  | 10.00 | Hours | 1     |
| 4     | DR AKHIL        | Illustrate five types of Karma in collage of pictures/ photos   | practical          | 6/2/2026  | NL       | 9.00  | -  | 10.00 | Hours | 1     |
| 5     | DR GAUTHAM      | Identify Role of Yuktiin Nidan, Chikitsa and Anusandhan (research).   | practical          | 6/2/2026  | L        | 12.00 | -  | 13.00 | Hours | 1     |
| 6     | DR ANJANA       | Identify samanyatva and visheshatva among plants in Vanaushadhi udyan   | practical          | 10/2/2026 | NL       | 9.00  | -  | 10.00 | Hours | 1     |
| 7     | DR GAUTHAM      | Justify Parinamvad through real life examples/ examples from prior learning   | practical          | 11/2/2026 | NL       | 10.00 | -  | 11.00 | Hours | 1     |
| 8     | DR ANJANA       | Make a chart/ eChart of food articles and activities to illustrate the relationship of samanya/vishesha with dosha-dhatu-malas. | practical          | 12/2/2026 | L        | 9.00  | -  | 10.00 | Hours | 1     |
| 9     | DR AKHIL        | Illustrate five types of Karma in collage of pictures/ photos   | practical          | 13/2/2026 | NL       | 9.00  | -  | 10.00 | Hours | 1     |
| 10    | DR GAUTHAM      | Justify Pakajotpatti through real life examples/ examples from prior learning   | practical          | 13/2/2026 | L        | 12.00 | -  | 13.00 | Hours | 1     |
| 11    | DR ANJANA       | Make a chart/ eChart of food articles and activities to illustrate the relationship of samanya/vishesha with dosha-dhatu-malas. | practical          | 17/2/2026 | NL       | 9.00  | -  | 10.00 | Hours | 1     |
| 12    | DR GAUTHAM      | Justify Swabhavoparamvad through real life examples/ examples from prior learning   | practical          | 18/2/2026 | NL       | 10.00 | -  | 11.00 | Hours | 1     |
| 13    | DR ANJANA       | Make a poster seasonal vegetables and fruits which are Samanya/Vishesha with the dosha.   | practical          | 19/2/2026 | L        | 9.00  | -  | 10.00 | Hours | 1     |
| 14    | DR AKHIL        | compare Karma with concepts learned in Physics, Chemistry etc.  | practical          | 20/2/2026 | NL       | 9.00  | -  | 10.00 | Hours | 1     |
| 15    | DR GAUTHAM      | Find out use of cause effect theory in other sciences.  | practical          | 20/2/2026 | L        | 12.00 | -  | 13.00 | Hours | 1     |

|    |            |   |           |               |    |           |   |           |         |   |
|----|------------|---|-----------|---------------|----|-----------|---|-----------|---------|---|
| 16 | DR ANJANA  | Make a poster seasonal vegetables and fruits which are Samanya/Vishesha with the dosha.             | practical | 24/2/20<br>26 | NL | 9.0<br>0  | - | 10.<br>00 | H<br>rs | 1 |
| 17 | DR GAUTHAM | Represent cause and effect schematically in any examples  | practical | 25/2/20<br>26 | NL | 10.<br>00 | - | 11.<br>00 | H<br>rs | 1 |
| 18 | DR ANJANA  | Mention five real life examples of Nitya and anitya sambandha.                                      | practical | 26/2/20<br>26 | L  | 9.0<br>0  | - | 10.<br>00 | H<br>rs | 1 |
| 19 | DR AKHIL   | compare Karma with concepts learned in Physics, Chemistry etc.                                      | practical | 27/2/20<br>26 | NL | 9.0<br>0  | - | 10.<br>00 | H<br>rs | 1 |
| 20 | DR GAUTHAM | Assess the 10 factors of Charakokta Karyakarana bhava regarding any task consider the task as karya | practical | 27/2/20<br>26 | L  | 12.<br>00 | - | 13.<br>00 | H<br>rs | 1 |

Total = 20

HOD



PRINCIPAL

23/01/26



MONARK  
UNIVERSITY

# MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute of Monark University)

DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF FEBRUARY 2026

Subject Code: AyUG-SNAI

Term: I

Batch: 2024-26

Paper: 1

| S.No. | Name of Faculty | Topic & Subtopics                     | Date      | LH / NLH |       | TI ME |       |     | Instruction Method | HOURS |
|-------|-----------------|---------------------------------------|-----------|----------|-------|-------|-------|-----|--------------------|-------|
| 1     | Dr. Kamini      | Paribhasha explain revision           | 2/2/2026  | L        | 12.00 | -     | 13.00 | Hrs | narrative          | 1     |
| 2     | Dr. Kamini      | Anvay padcheda writting               | 3/2/2026  | L        | 11.00 | -     | 12.00 | Hrs | narrative          | 1     |
| 3     | Dr. Kamini      | Anvay padcheda writting               | 4/2/2026  | L        | 12.00 | -     | 13.00 | Hrs | narrative          | 1     |
| 4     | Dr. Kamini      | Shloka Recetation                     | 5/2/2026  | NL       | 12.00 | -     | 13.00 | Hrs | ORAL               | 1     |
| 5     | Dr. Kamini      | Shloka Recetation                     | 6/2/2026  | NL       | 11.00 | -     | 12.00 | Hrs | ORAL               | 1     |
| 6     | Dr. Kamini      | Shloka Recetation                     | 7/2/2026  | L        | 12.00 | -     | 13.00 | Hrs | ORAL               | 1     |
| 7     | Dr. Kamini      | KARAK REVISION                        | 10/2/2026 | L        | 12.00 | -     | 13.00 | Hrs | REVISION           | 1     |
| 8     | Dr. Kamini      | KARAK REVISION                        | 11/2/2026 | L        | 11.00 | -     | 12.00 | Hrs | REVISION           | 1     |
| 9     | Dr. Kamini      | GROUP DISSCUSSION                     | 12/2/2026 | NL       | 12.00 | -     | 13.00 | Hrs | GROUP DISSCUSSION  | 1     |
| 10    | Dr. Kamini      | SENTENCES WITH PROPER USE OF AVYAYAS. | 13/2/2026 | NL       | 12.00 | -     | 13.00 | Hrs | NARRATIVE          | 1     |
| 11    | Dr. Kamini      | AYURVEDA ITIHAS TOPC EXPLAIN          | 13/2/2026 | NL       | 11.00 | -     | 12.00 | Hrs | NARRATIVE          | 1     |

|    |            |                                   |           |    |       |   |       |     |             |   |
|----|------------|-----------------------------------|-----------|----|-------|---|-------|-----|-------------|---|
| 12 | Dr. Kamini | AYURVEDA ITIHAS TOPIC DISSCUSSION | 14/2/2026 | NL | 12.00 | - | 13.00 | Hrs | DISSCUSSION | 1 |
| 13 | Dr. Kamini | SANSKRIT GRAMMER REVISION         | 16/2/2026 | L  | 12.00 | - | 13.00 | Hrs | REVISION    | 1 |
| 14 | Dr. Kamini | ALL SANSKRIT GRAMMER REVISION     | 17/2/2026 | L  | 11.00 | - | 12.00 | Hrs | REVISION    | 1 |
| 15 | Dr. Kamini | ALL SANSKRIT GRAMMER REVISION     | 18/2/2026 | L  | 12.00 | - | 13.00 | Hrs | REVISION    | 1 |
| 16 | Dr. Kamini | PANCHTANTRA SHORT NOTE WRITTING   | 19/2/2026 | NL | 12.00 | - | 13.00 | Hrs | WRITTING    | 1 |
| 17 | Dr. Kamini | PANCHTANTRA SHORT NOTE WRITTING   | 20/2/2026 | NL | 11.00 | - | 12.00 | Hrs | WRITTING    | 1 |
| 18 | Dr. Kamini | STORY & WRITTING PRACTICE         | 21/2/2026 | NL | 12.00 | - | 13.00 | Hrs | NARRATIVE   | 1 |
| 19 | Dr. Kamini | NIRYKTI PARYAYA ALL EXPLAIN       | 23/2/2026 | L  | 12.00 | - | 13.00 | Hrs | NARRATIVE   | 1 |
| 20 | Dr. Kamini | AVYAY EXPLAIN                     | 24/2/2026 | L  | 11.00 | - | 12.00 | Hrs | NARRATIV    | 1 |
| 21 | Dr. Kamini | UPSARGA EXPLAIN                   | 25/2/2026 | L  | 12.00 | - | 13.00 | Hrs | NARRATIV    | 1 |
| 22 | Dr. Kamini | SANSKRIT TO ENGLISH TRANSLATE     | 26/2/2026 | NL | 12.00 | - | 13.00 | Hrs | NARRATIV    | 1 |
| 23 | Dr. Kamini | SANSKRIT TO ENGLISH TRANSLATE     | 27/2/2026 | NL | 11.00 | - | 12.00 | Hrs | WRITTING    | 1 |

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*27/2/26*  
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