



MONARK
UNIVERSITY

MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute Of Monark University)

At&Post, Vahelal, Naroda-DahegamRoad, Ta.Dascroi, Dist.Ahmedabad-382330, Gujarat

DEPARTMENT OF SWASTHAVRITTA

TEACHING SCHEDULE OF FEBRUARY - 2026

Subject Code: AyUg Sw

Term: II

Batch: 2023 -24

Paper: II

Sl No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH (T)/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. Arjun CM	Yoga	Adverse effect of improper yoga practice. Global importance of International Day of Yoga	03/02/2026		2	Lecture/ Practical with ppt	2
		Occupational health	ESI Act, Factories Act.,	05/02/2026	1		Lecture with ppt	1
			Role of Ayurveda in various occupational health problems	06/02/2026	1		Lecture with ppt	1
		Yoga	Etyymology/derivation of word yoga, Definition Raja yoga, Hatha Yoga and Karma Yoga	10/02/2026		2	Lecture/ Practical with ppt	2
		Primary Health Care	Principles, elements of PHC, levels of Health care.	12/06/2026	1		Lecture with ppt	1
			Structure at village, sub centre, PHC, CHC, Rural hospital levels.	13/06/2026	1		Lecture with ppt	1
		Yoga	Yogabyasa Prathibandhakara and sidhikara bhavas, mitagara Pathya-apathya during Yogabyasa	17/02/2026		2	Lecture/ Practical with ppt	2
		Primary Health Care	PHC in health insurance, private agencies, voluntary health agencies, NGO and the AYUSH sector	19/02/2026	1		Lecture with ppt	1
			Role of Ayurveda in primary health care	20/02/2026	1		Lecture with ppt	1
		Yoga	Panchakosha theory	24/02/2026		2	Lecture/ Practical with ppt	2
		WHO	WHO and International health agencies	26/02/2026	1		Lecture with ppt	1
WHO structure and functions	27/02/2026		1		Lecture/ Practical with ppt	1		
2	Dr. Jayalakshmi	Yoga	Adverse effect of improper yoga practice. Global importance of International Day of Yoga	02/02/2026		2	Lecture/ Practical with ppt	2
		Environment Health	Water purification –slow sand filter	03/02/2026	1		Lecture with ppt	1
			Water purification – rapid sand filter	05/02/2026	1		Lecture with ppt	1

		Effect of high altitude and mountain air on health	07/02/2026		1	Lecture / Practical with ppt	1
	Yoga	Etymology/derivation of word yoga, Definition Raja yoga, Hatha Yoga and Karma Yoga	09/02/2026		2	Lecture/ Practical with ppt	2
	Environment Health	Types of soil & relation between soil and health	10/02/2026	1		Lecture with ppt	1
		Land pollution prevention and control	12/02/2026	1		Lecture with ppt	1
	Yoga	Yogabyasa Prathibandhakara and sidhikara bhavas, mitagara Pathya-apathya during Yogabyasa	16/02/2026		2	Lecture/ Practical with ppt	2
	Environment Health	Social goals of housing , housing standards , building and other construction workers act, 1996	17/02/2026	1		Lecture with ppt	1
		Effect of housing on health, overcrowding and its impact on health.	19/02/2026	1		Lecture with ppt	1
		Rain water harvesting	21/02/2026		1	Lecture / Practical with ppt	1
	Yoga	Panchakosha theory	23/02/2026		2	Lecture/ Practical with ppt	2
	Environment Health	Good, natural and artificial lighting, Biological effect of lighting	24/02/2026	1		Lecture with ppt	1
		Sources of radiation and explain its effect on health and control measures.	26/02/2026	1		Lecture with ppt	1
	TOTAL Hrs			16	18		34


Head of the Department,
Head of Department
Department of Swasthavritta
Monark Ayurved Medical College and Hospital
Vahelal, Ahmedabad.


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DEPARTMENT OF RASASHASTRA EVUM BHAISHJYA KALPANA

TEACHING SCHEDULE OF FEBRUARY 2026

Subject Code: AyUG-RB

Term: 2ND

Batch: 2023-24

Paper: 1 & 2

S N	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. KETAN R.	9. Rasa Dravya Paricharya 2 17. Single Drug (Bhasma) 18. Aushadhi Kalpa 1	Chandraprabha Vati	02/02/2026	1	-	Lecture with ppt	1
			Chitrakadi Vati	03/02/2026	-	2	Practicals, PPT	2
			Apamarga Kshara	05/02/2026	-	1	Practicals, PPT	1
			NLH Activity	07/02/2026	1	-	Lecture with ppt	1
			Swashkuthar Rasa	09/02/2026	1	-	PPT	1
			Gandhaka Druti	10/02/2026	-	2	Practicals, PPT	2
			Revision	11/02/2026	1	-	PPT	1
			QC Pra.	12/02/2026	-	1	Practicals	1
			Akika, Sudha	16/02/2026	1	-	PPT	1
			Gandhaka Druti	17/02/2026	-	2	Practicals, PPT	2
			QC Pra.	19/02/2026	-	1	Practicals	1
			NLH	21/02/2026	1	-	Lecture with ppt	1
			Khatika, Ajasthi	23/02/2026	1	-	PPT	1
			Godanti Shodhana	24/02/2026	-	2	Practicals, PPT	2
QC Pra.	26/02/2026	-	1	Practicals	1			
2	Dr. DIPALI P.	17. Single Drug (Bhasma) 18. Aushadhi Kalpa 1	Chitrakadi Vati	02/02/2026	0	2	Practicals, PPT	2
			Swarna Bhasma	04/02/2026	1	-	Lecture with ppt	1
			Apamarga Kshara	05/02/2026	-	1	Practicals, PPT	1
			Rajata Bhasma	06/02/2026	-	1	Practicals, PPT	1
			NLH Activity	07/02/2026	1	-	Lecture with ppt	1
			Gandhaka Druti	09/02/2026	-	2	Practicals, PPT	2
			QC Pra.	12/02/2026	-	1	Practicals	1
			Tamra Bhasma	13/02/2026	1	-	Lecture with ppt	1
			Gandhaka Druti	16/02/2026	-	2	Practicals, PPT	2
			Laghusutashekhara Rasa, Kamadudha Rasa	18/02/2026	1	-	Lecture with ppt	1
			QC Pra.	19/02/2026	-	1	Practicals	1
			Pravalapanchamrita Rasa	20/02/2026	1	-	Lecture with ppt	1
			NLH Activity	21/02/2026	1	-	Lecture with ppt	1
			Godanti Shodhana	23/02/2026	-	2	Practicals, PPT	2
			Tribhuvanakirti Rasa	25/02/2026	1	-	Lecture with ppt	1
			QC Pra.	26/02/2026	-	1	Practicals	1
Anandabhairava Rasa	27/02/2026	1	-	Lecture with ppt	1			
Total Hours								40

HOD

Head of Department

21/01/26
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Department of Rasashastra evam Bhaisajya Kalpana
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DEPARTMENT OF AGAD TANTRA

TEACHING SCHEDULE OF FEBRUARY- 2025

Subject Code: AyUg AT

Term: II

Batch: 2023 -24

Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours		
1	Dr. Preesha P	Sthavara visha Poisoning, mode of action, Fatal dose, FP, FD, Diagnosis and Management	Arsenic Poisoning	02/02/2026	1		Lectur with ppt	1	
			Mercury Poisoning	04/02/2026		2	Lecture with ppt	2	
			Lead Poisoning	06/02/2026		2	Lecture/ Practical with ppt	2	
			Copper Poisoning	09/02/2026	1		Lecture/ Practical with ppt	1	
			Improperly prepared medicine toxicity study	11/02/2026		2	Lecture with ppt	2	
		Jangama Visha	Classification of Sarpa	13/02/2026		2	Lecture/ Practical with ppt	2	
			Venomous and Non venomous Bite Identification	16/02/2026	1		Lecture/ Practical with ppt	1	
			Signs and symptoms treatment ,FD,FP,Cobra	18/02/2026		2	Lecture with ppt	2	
	Signs and symptoms treatment ,FD,FP,Viper		20/02/2026		2	Lecture/ Practical with ppt	2		
	Signs and symptoms treatment ,FD,FP,Krait		23/02/2026	1		Lecture/ Practical with ppt	1		
	Samanya Lakshna OF Darvikara, Manadali & Rajimanta Sarpa Damsa		25/02/2026 27/02/2026		2 2	Lecture with ppt Lecture/ Practical with ppt	2 2		
	2	Dr. Savitha P.K	Asphyxial Death	Drowning, Classification	04/02/2026	1		Practical Demonstration	1
				Post Mortem Appearances and Medicolegal aspects	05/02/2026		1	Lecture/ Practical with ppt	1
			Injury	Define & Classify Injuries	11/02/2026	1		Lecture with ppt	1
Describe the Medico legal aspects of Injuries		12/02/2026			1	Lecture/ Practical with ppt	1		
Describe the Medico lega aspects of mechanical Injuries		18/02/2026		1		Lecture with ppt/Practical Demonstration	1		

		Describe Firearm injuries ,its charecteristics and medicolegal aspects	19/02/2026		1	Lecture/ Practical with ppt	1
		Difference between entry and exit wound	25/02/2026	1		Lecture with ppt/Parctical Demonstration	1
		Define and Classify Thermal Injury	26/02/2026		1	Lecture with ppt	1
Total Hours				8	20		28


Head of the Department

Head of Department
 Department of Ayurved
 Monark Ayurved Medical College and Hospital
 Vahelal, Ahmedabad




 19/02/26
Principal

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DEPARTMENT OF ROGANIDANA

TEACHING SCHEDULE OF FEBRUARY 2026

Subject Code: AYRN

Term: 2ND

Batch:2023-24

Paper:11

S r n o	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. Suchithra P Bai	1) Introduction to ECG (Batch A)	Normal morphology of P wave, PR interval, QRS complex, ST segment, T wave and calculation of heart rate	2/2/26	-	2hr	Lecture & ppt	2hr
		2) Introduction to ECG (Batch B)	Normal morphology of P wave, PR interval, QRS complex, ST segment, T wave and calculation of heart rate	3/2/26	-	2hr	Lecture with ppt	2hr
		3) Sopha	Vathaja, Pittaja, Kaphaja, Tridoshaja sopha	3/2/26	1hr		Lecture with ppt	1hr
		4) Sopha	Abhigathja, vishaja and sadhyasadyatha	4/2/26	1hr	-	Lecture with ppt	1hr
		5) Activity	Swasa	4/2/26	-	1hr	L & GD	1hr
		6) Introduction to ECG (Batch A&B)	Abnormality of P wave, PR interval, QRS complex, ST segment, T wave	5/2/26	-	2hr	Lecture & Group discussion	2hr
		7) Jwara	Define and types of jwara based on vidhi samprapthi, Nidana, samprapthi, samanya purvaroopo	6/2/26	1hr	-	Lecture with ppt,	1hr
		8) Activity	Sopha	7/2/26	-	1hr	Lecture & Group discussion	1hr
		9) Introduction to various different	X-ray, MRI	9/2/26	-	2hr	Lecture with ppt, X ray	2hr

	imaging techniques – Batch A						
	10) Introduction to various different imaging techniques – Batch B	X-ray, MRI	10/2/26	-	2hr	Lecture & GD	2hr
	11) Jwara	Vishishta poorvaroopo, prath yatma lakshana, samprapthi of doshaja jwara	10/2/26	1hr		L&PPT	1hr
	12) Jwara	Dosha jwara ,its samprapthi according to charaka	11/2/26	1hr		Lecture with ppt	1hr
	13) Activity	Masurika and Romantika	11/2/26	-	1hr	Lecture & GD	1hr
	14) Introduction to various different imaging techniques	CT, Ultra sound scanning	12/2/26	-	2hr	Lecture with ppt,	2hr
	15) Jwara	Abhishanga jwara, vishama jwara, and punaravarthaka jwara	13/2/26	-	1hr	Lecture with ppt,	1hr
	16) Introduction to various different imaging techniques – Batch A	Doppler ultrasonography, Spectral Doppler ultrasonography, Color Doppler ultrasonography	16/2/26	-	2hr	L&PPT	2hr
	17) Introduction to various different imaging techniques – Batch B	Doppler ultrasonography, Spectral Doppler ultrasonography, Color Doppler ultrasonography	17/2/26	-	2hr	Lecture with ppt	2hr
	18) Jwara	Antharvega, bahirvega, vata balasaka, pralepak a jwara	17/2/26	1hr	-	L&PPT	1hr
	19) Jwara	Differentiate ama, pachymana and nirama jwara lakshana	18/2/26	1hr	-	Lecture with ppt	1hr
	20) Activity	Hridroga	18/2/26	-	1hr	Lecture & GD	1hr
	21) Haematology Batch A and B	Introduction to Blood sample collection procedure	19/2/26	-	2hr	L&PPT, PT, LRI	2hr
	22) Jwara	Sadhysadhyatha of jwara and jwara mukta lakshana	20/2/26	1hr	-	L&PPT	1hr
	23) Activity	Coronary heart disease and congestive cardiac failure	21/2/26	-	1hr	L-VC, LRI	1hr

	24) Haematology Batch A	Demonstration of blood sample collection	23/2/26		2hr	L&PPT,PT,LRI	2hr
	25) Haematology Batch B	Demonstration of blood sample collection	24/2/26	-	2hr	L&PPT,PT,LRI	2hr
	26) Kasa	Define kasa,hetu,samprap thi,bheda,purvaro opa,differential diagnosis of kasa on lakshana	24/2/26	1hr	-	L&PPT	1hr
	27) Kasa	Differentiate kashaja kasa	25/2/26	1hr	-	L&PPT	1hr
	28) Activity	Differentiate Doshaja Udara	25/2/26	-	1hr	Chart preparation	1hr
	29) Microbiology and Biochemistry - Batch A&B	Introduction to microbiology	26/2/26	-	2hr	L&PPT	2hr
	30) Kasa	Kshayaja kasa ,kshathaja kasa,sadhysadhyat ha of kasa	27/2/26	-	1hr	L&PPT	1hr
	Total Hours			10hr	32hr		42hr

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DEPARTMENT OF DRAVYAGUNA

TEACHING SCHEDULE OF FEBRUARY 2026

Subject Code: AyUG-DG Term:2nd

Batch: 2023-24

Paper:2

Sr No	Name of Faculty	Topics	Date	Sub Topics	LH	NLH	Method	Total Hours
1.	Dr. Rajesh	Paper-2 2. Dravya Nama- Guna- Karma Gyana	04/2/2026	2.1 Bakuchi		1	Lecture	1
			11/2/2026	2.1 Bruhati		1	Lecture	1
			18/2/2026	2.1 Chakramarda		1	Lecture	1
			25/2/2026	2.1 Dhanyaka		1	Lecture	1
2.	Dr. Pinal Vihol	Paper-2 2. Dravya Nama- Guna- Karma Gyana	2/2/2026	Practical		2	Practical	2
			3/2/2026	Practical		2	Practical	2
			5/2/2026	2.1 Ela	1		PPT with Lecture	1
			6/2/2026	2.1 Gambhari	1	1	GD, Activity	2
			7/2/2026	Garden Visit		1	GD, Activity	1
			9/2/2026	Practical		2	Practical	2
			10/2/2026	Practical		2	Practical	2
			12/2/2026	2.1 Japa	1		PPT with Lecture	1
			13/2/2026	2.1 Jatiphala	1	1	GD, Activity	2
			16/2/2026	Practical		2	Practical	2
			17/2/2026	Practical		2	Practical	2
			19/2/2026	2.1 Jeeraka	1		PPT with Lecture	1
			20/2/2026	2.1 Kalmegha	1	1	PPT with Lecture	2
			21/2/2026	Garden Visit		1	GD, Activity	1
			23/2/2026	Practical		2	Practical	2
24/2/2026	Practical		2	Practical	2			
26/2/2026	2.1 Kampillaka	1		PPT with Lecture	1			
27/2/2026	2.1 Kulatha	1	1	GD, Activity	2			
Total Hours								34 Hrs

HOD

Head of Department

Department of Dravyaguna

Monark Ayurved Medical College and Hospital

Vahelal, Ahmedabad.

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DEPARTMENT OF SAMHITA SIDDHANTA TEACHING SCHEDULE OF FEBRUARY 2026

Subject Code: AyUG-SA2 Term: II Batch: 2023-24

Paper: 1

S.No.	Name of Faculty	Topic & Subtopics	Instruction Method	Date	LH / NLH	TIME			HOURS	
1	DR ANJANA	Explain apasmaraabhimukhakarana (predisposing factors of apasmara) Ch Ni 8/4:	L&G D,CB L	2/2/2026	L	15.30	-	16.30	Hrs	1
2	DR AKHIL	Interpret unmada abhimukha karana (predisposing factors for unmada) in the contemporary scenario Ch Ni 7/3-4:	L_VC ,CBL	3/2/2026	L	11.00	-	12.00	Hrs	1
3	DR ANJANA	Explain cikitsasutra of apasmara Ch Ni 8/10:	L&G D	4/2/2026	NL	9.00	-	10.00	Hrs	1
4	DR GAUTHAM	Topic 39 Cha.Sha.05-Purushavichaya Shareera Adhyaya (Lecture :1 hours, Non lecture: 4 hours): Define loka purusha samya siddhanta Ch Sh. 4/13; 5/3:	L&G D	5/2/2026	NL	15.30	-	16.30	Hrs	1
5	DR ANJANA	Quiz on Nidana sthana :	QUIZ	6/2/2026	NL	13.30	-	14.30	Hrs	1
6	DR ANJANA	Quiz on Nidana sthana :	QUIZ	9/2/2026	L	15.30	-	16.30	Hrs	1
7	DR AKHIL	Interpret the role of prajnaparadha as an important etiological factor in the background of unmada Ca.Ni. 7/19-22:	L&G D,L_VC	10/2/2026	L	11.00	-	12.00	Hrs	1
8	DR ANJANA	SHLOKA PATHANA- 2:See Practical.1 for instructions utras suggested: 7. Cha.Ni.07- Unmada nidana Adhyaya-5,19-22 8. Cha.Ni.08- Apasmara nidana adhyaya- 3,5,17-22, 33-35,37-39	SHLOKA PATHANA-	11/2/2026	NL	9.00	-	10.00	Hrs	1

9	DR GAUTHAM	EXPLORATION OF LOKA PURUSHA SAMYA VADA IN THE BACK GROUND OF ONE HEALTH:	GD	12/2/2026	NL	15.30	-	16.30	Hrs	1
10	DR ANJANA	Explain basic meaning and importance of key terms in the chapter such as jathi, pumsavana, sutikagara etc:	L&G D,BS	13/2/2026	NL	13.30	-	14.30	Hrs	1
11	DR ANJANA	Street play on awareness of garbhopaghatakara bhava :	Role play	16/2/2026	L	15.30	-	16.30	Hrs	1
12	DR AKHIL	Documentation of Nidanarthakara roga S:	CBL	17/2/2026	L	11.00	-	12.00	Hrs	1
13	DR ANJANA	Street play on awareness of garbhopaghatakara bhava :	Role play	18/2/2026	NL	9.00	-	10.00	Hrs	1
14	DR GAUTHAM	EXPLORATION OF LOKA PURUSHA SAMYA VADA IN THE BACK GROUND OF ONE HEALTH:	GD	19/2/2026	NL	15.30	-	16.30	Hrs	1
15	DR ANJANA	SHLOKA PATHANA- 2:See Practical.1 for instructions Sutras suggested: 15. Cha.Sha.07- Sareerasankhya sareera Adhyaya	SHLOKA PATHANA	20/2/2026	NL	13.30	-	14.30	Hrs	1
16	DR ANJANA	Topic 41 Cha.Sha.07- Sareerasankhya sareera Adhyaya (Lecture :1 hours, Non lecture: 2 hours):Explain paramanu bheda shariram Ch Sha 7/17:	L&G D	23/2/2026	L	15.30	-	16.30	Hrs	1
17	DR AKHIL	Documentation of Nidanarthakara roga S:	CBL	24/2/2026	L	11.00	-	12.00	Hrs	1
18	DR ANJANA	PRAMANA PARIKSHA:	cbl	25/2/2026	NL	9.00	-	10.00	Hrs	1
19	DR GAUTHAM	Adopting pravrutti and nivrutti upayas in present era:	Presentation	26/2/2026	NL	15.30	-	16.30	Hrs	1
20	DR ANJANA	PRAMANA PARIKSHA:	cbl	27/2/2026	NL	13.30	-	14.30	Hrs	1
									Total	20

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