

DEPARTMENT OF RACHANA SHAREERA

TEACHING SCHEDULE OF DECEMBER 2025

Subject Code: AyUG-RS Term: III Batch:2024-25 Paper: I & II

Sl N.	Name of Faculty	Topics	Sub Topics	Date	LH	NLH/ NLH-P	Instruction Method/	Total Hours
TERM II VIVA EXAMINATION FROM 3.11.25 TO 10.11.25								
1 Dr. Sreekanth Vaidyanath R S	Respiratory System, Lower limb bones and Joints	Anatomy Of Male and female Urethra,	1.12.25	1		Lecture with ppt, Demonstration	1	
		Tibia	3.12.25		1	Lecture with ppt, Demonstration	1	
		Fibula	4.12.25		1	Lecture with ppt, Demonstration	1	
		Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of Trachea	5.12.25	1		Lecture with ppt, Demonstration	1	
		Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of Trachea	6.12.25	1		Lecture with ppt, Demonstration	1	
		Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of lungs	8.12.25	1		Lecture with ppt, Demonstration	1	
		Fibula	10.12.25		1	Lecture with ppt, Demonstration	1	
		Revision of bones	11.12.25		1	Lecture with ppt, Demonstration	1	
		Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of lungs	15.12.25	1		Lecture with ppt, Demonstration	1	
		Shoulder Joint	17.12.25		1	Lecture with ppt, Demonstration	1	
	Respiratory Joints	Shoulder Joint	18.12.25		1	Lecture with ppt, Demonstration	1	
		Elbow Joint	19.12.25		1	Lecture with ppt, Demonstration	1	
	Respiratory System	Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of lungs	20.12.25	1		Lecture with ppt, Demonstration	1	
	Respiratory System	Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of lungs	22.12.25	1		Lecture with ppt, Demonstration	1	
	Joints	Elbow Joint	24.12.25		1	Lecture with ppt, Demonstration	1	
	Joints	Wrist Joint	25.12.25		1	Lecture with ppt, Demonstration	1	

		Respiratory System	Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of lungs	29.12.25	1		Lecture with ppt, Demonstration	1
		Joints	Wrist Joint	31.12.25		1	Lecture with ppt, Demonstration	1
2	Dr. Yedhu Krishnan T.B	Vertebra	Vertebra	1.12.25		1	Lecture with ppt, Demonstration	1
		Reproductive system and Vertebra	Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of Uterus, Vertebra	2.12.25	1	1	Lecture with ppt, Demonstration	2
		Reproductive system	Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of Uterus,	3.12.25	1		Lecture with ppt, Demonstration	1
		Reproductive system	Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of Uterus,	8.12.25	1		Lecture with ppt, Demonstration	1
		Reproductive system and Vertebra, Ribs	Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of fallopian tube and ovary, Vertebra	9.12.25	1	1	Lecture with ppt, Demonstration	2
			Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of fallopian tube and ovary & Vertebra	10.12.25	1		Lecture with ppt, Demonstration	1
			Vertebra	12.12.25		1	Lecture with ppt, Demonstration	2
			Ribs	15.12.25		1	Lecture with ppt, Demonstration	1
		Reproductive System and Ribs	Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of fallopian tube and ovary, Ribs	16.12.25	1	1	Lecture with ppt, Demonstration	2
		Reproductive System	Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of fallopian tube and ovary	17.12.25	1		Lecture with ppt, Demonstration	1
		Ribs	Ribs	22.2.25		1	Lecture with ppt, Demonstration	1
		Reproductive System and Ribs	Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of testis	23.2.25	1	1	Lecture with ppt, Demonstration	2
		Reproductive System and Ribs	Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of Testis	24.2.25	1		Lecture with ppt, Demonstration	1
		Ribs	Ribs	26.12.25		1	Lecture with ppt, Demonstration	1
		Ribs	Ribs	29.12.25		1	Lecture with ppt, Demonstration	1
		Reproductive System and Bones	Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage,	30.12.25	1	1	Lecture with ppt, Demonstration	2

		Clinical Anatomy of Testis, Revision of bones					
	Reproductive System	Introduction, External Feature, Relations, Blood supply, Nerve supply, Lymphatic drainage, Clinical Anatomy, Of Testis, vas deferens	31.12.25	1		Lecture with ppt, Demonstration	1
3.	Integration Class - Name of Faculty and Department	—	—	—	—	—	—
Total Hours							41


 Head of Department
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 Valsad, Ahmedabad.
HOD

PRINCIPAL & MEDICAL SUPERINTENDENT
 MONARK AYURVED MEDICAL
 COLLEGE & HOSPITAL
PRINCIPAL

DEPARTMENT OF SAMHITA-SIDDHANT & SANSKRIT

TEACHING SCHEDULE OF DECEMBER 2025

Subject Code:

Term: III

Batch: 2024-2025

AyUG- -SN & AI

S r N o	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH	Instr uctio n Meth od/	Total Hou rs
1. 2. 3. 4.	DR.KA MINI PATEL	निरुक्ति	Oral Writing	1/12/20 25	12.00 TO 1.00 PM - LH		learning	01
			All Nirukti oral Explain in students	3/12/20 25		12.00 TO 1.00 PM- NLH	discussion	01
			Peer learning	4/12/20 25		12.00 TO 1.00 PM- NLH	discussion	01
			Objective Type Sentences IN Log book.	5/12/20 25		11.00 TO 12.00 PM- NLH	WRITTING	01
		वैद्याकीय सुभाषित	Open book test	6/12/20 25		12.00 TO 1.00 PM- NLH	discussion	01
			वैद्याकीय सुभाषित अद्याय explain .	8/12/20- 25	12.00 TO 1.00 PM - LH		learning	01
			वैद्याकीय सुभाषित अद्याय .अन्वय,पदच्चेद explain	9/12/20 25	11.00 TO 12.00 PM- LH		learning	01
			वैद्याकीय सुभाषित differentiate meanings. .	10/12/2 025		12.00 TO 1.00 PM- NLH	discussion	01
			वैद्याकीय	11/12/2		12.00 TO	PBL	01

			सुभाषितopen book test	025		1.00 PM-NLH	
			Oral &writing वैद्याकीय सुभाषित	12/12/2025		12.00 TO 1.00 PM-NLH	learning 02
			PARIBHASHA explain	15/12/2025	12.00 TO 1.00 PM - LH		learning 01
			PARIBHASHA explain	16/12/2025	11.00 TO 12.00 PM- LH		learning 01
2			वैद्याकीय सुभाषित group discussion	17/12/2025		12.00 TO 1.00 PM-NLH	group discussion 01
			वैद्याकीय सुभाषित self directed learning	18/12/2025		12.00 TO 1.00 PM-NLH	learning 01
			NIRUKTI	19/12/2025		12.00 TO 1.00 PM-NLH	Peer learning 01
				20/12/2025		12.00 TO 1.00 PM - NLH	Group discussions. 01
			PARIBHASHA	22/12/2025	12.00 TO 1.00 PM - LH		learning 01
			वैद्याकीय सुभाषित अध्याय .अन्वय,पदच्चेद explain	23/12/2025	12.00 TO 1.00 PM - LH		learning 01
			वैद्याकीय सुभाषित अध्याय .अन्वय,पदच्चेद shioka recetation	24/12/2025		12.00 TO 1.00 PM - NLH	discussion 01
			PARIBHASHA	26/11/2025		12.00 TO 1.00 PM - NLH	Oral &writing In Logbook 01
			वैद्याकीय सुभाषित अध्याय	29/12/2025	12.00 TO 1.00 PM -		learning 01

		.अन्वय,पदञ्चेद explain		LH			
		वैद्याकीय सुभाषित अद्याय .अन्वय,पदञ्चेद explain	30/12/2 025	11.00 TO 12.00PM LH		learning	01
		वैद्याकीय सुभाषित self directed learning	31/12/2 025		12.00 TO 1.00 PM- NLH	LEARNING PBL	01
Total Hours: LH- 09 TOTAL HOURS: NLH- 15							24ho urs

Geetha
HOD

Head of Department
Samhita Siddhanta evam
Sanskrit
Monark Ayurved Medical
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WJ
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DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF NOVEMBER 2025 (December)

	Subject Code:	AyUG-SAI		Term: <u>III</u>	Batch: 2024-25				Paper: I		
S.No.	Name of Faculty	Topic & Subtopics	Instruction Method	Date	LH / NLH				TIME		TOTAL HOURS
1	DR ANJANA	Chapter 12. Doshabhediya Adhyaya- Enumerate the seats of vata, pitta and kapha doshas	L, GD	1 DEC 25	(L)	9.00	AM	to	10.00	AM	1
2	DR AKHIL	Discuss the importance of types of vata, pitta and kapha doshas	L, GD	1 DEC 25	(NLH)-tutorial	3.3	PM	to	4.30	PM	1
3	DR GAUTHAM	Discuss the impact of seasonal variation in accumulation and aggravation of vata, pitta and kapha doshas.	L, GD	2 DEC 25	(NLH)	10.00	AM	to	11.00	AM	1
4	DR ANJANA	Describe Trividha Roga marga (pathways of diseases)	L, GD	2 DEC 25	(NLH)-paarayana	3.30	PM	to	4.30	PM	1
5	DR AKHIL	Recognise the importance of concept of Trividha Roga marga in diagnosis and prognosis of diseases.	L, GD	3 DEC 25	(L)	9.00	AM	to	10.00	AM	1
6	DR GAUTHAM	Enumerate the symptoms of aggravated Vata-Pitta – Kapha dosha	L, GD	4 DEC 25	(NLH)	11.00	AM	to	12.00	PM	1
7	DR ANJANA	Explain the concept of unnamed diseases	L, GD	5 DEC 25	(NLH)	10.00	AM	to	11.00	AM	1
8	DR AKHIL	Explain the concept of Guru Vyadhit and Laghu Vyadhit (gravity of disease and contrary presentation)	L, GD	5 DEC 25	(NLH)	2.30	PM	to	3.30	PM	1
9	DR AKHIL	Identify Apadesha, Samucchaya Tantrayukties in this chapter Tantrayukties in this chapter	L, GD	6 DEC 25	(NLH)	9.00	AM	to	10.00	AM	1
10	DR ANJANA	12. Doshabhediya Adhyaya- Model making Activity- Working models on Dosha Sthanas or Subtypes of Doshas, Chaya, Prakop and Prashama of Doshas: PBL/CBL	CBL	6 DEC 25	(NLH)	11.00	AM	to	12.00	PM	1
11	DR ANJANA	12. Doshabhediya Adhyaya- Model making Activity- Working models on Dosha Sthanas or Subtypes of Doshas, Chaya, Prakop and Prashama of Doshas: PBL/CBL	CBL	8 DEC 25	(L)	9	AM	to	10.00	AM	1
12	DR AKHIL	Give one problem/case based on Samanya Dosha Nidan. Student will identify possible causative factors responsible for vitiation of Doshas in given problem.	L, GD	8 DEC 25	(NLH)-tutorial	3.3	PM	to	4.30	PM	1
13	DR GAUTHAM	Give one problem/case based on Samanya Dosha Nidan. Student will identify possible causative factors responsible for vitiation of Doshas in given problem.	CBL	9 DEC 25	(NLH)	10	AM	to	11.00	AM	1
14	DR ANJANA	Explain the therapeutic procedures and specific management of vata, pitta and kapha dosha	L, GD	9 DEC 25	(NLH)-paarayana	3.3	PM	to	4.30	PM	1
15	DR AKHIL	Discuss the importance of treatment of doshas in accumulation stage	L, GD	10 DEC 25	(L)	9	AM	to	10.00	AM	1
16	DR GAUTHAM	Elaborate the factors responsible for movement of doshas from koshta to shakha and shakha to koshta.	L, GD	11 DEC 25	(NLH)	11	AM	to	12.00	PM	1
17	DR ANJANA	Describe the line of treatment for SthaniDosha (native) and AagantuDosha (immigrant)	L, GD	12 DEC 25	(NLH)	10	AM	to	11.00	AM	1
18	DR AKHIL	Enumerate the symptoms of saam and niraam doshas	L, GD	12 DEC 25	(NLH)	2.30	PM	to	3.30	PM	1
19	DR AKHIL	Elaborate the symptoms of saamadosha and their treatment	L, GD	13 DEC 25	(NLH)	9.00	AM	to	10.00	AM	1
20	DR ANJANA	Analyze the 10 types of aushadha sevan kaal (Time, Method and indications of administration of medicine).	L, GD	13 DEC 25	(NLH)	11.00	AM	to	12.00	PM	1

21	DR ANJANA	13. Doshopakramaniya Adhyaya- Case Based learning-(CBL)-Group activity- Observe the signs and symptoms of Ama in any five patients (Group wise) and present and discuss it in class. Seminar Presentation- a. Understand Aushadha Kaal in relation with suntypes of Vata Dosha. b. Recognize the principles applicable during treatment of Saam Dosha and Dushyas.	GA	15 DEC 25	(L)	9	AM	to	10.00	AM	I
22	DR AKHIL	13. Doshopakramaniya Adhyaya- Case Based learning-(CBL)-Group activity- Observe the signs and symptoms of Ama in any five patients (Group wise) and present and discuss it in class. Seminar Presentation- a. Understand Aushadha Kaal in relation with suntypes of Vata Dosha. b. Recognize the principles applicable during treatment of Saam Dosha and Dushyas.	GA	15 DEC 25	(NLH) -tutorial	3.3	PM	to	4.30	PM	I
23	DR GAUTHAM	13. Doshopakramaniya Adhyaya- Case Based learning-(CBL)-Group activity- Observe the signs and symptoms of Ama in any five patients (Group wise) and present and discuss it in class. Seminar Presentation- a. Understand Aushadha Kaal in relation with suntypes of Vata Dosha. b. Recognize the principles applicable during treatment of Saam Dosha and Dushyas.	GA	16 DEC 25	(NLH)	10	AM	to	11.00	AM	I
24	DR ANJANA	13. Doshopakramaniya Adhyaya- Case Based learning-(CBL)-Group activity- Observe the signs and symptoms of Ama in any five patients (Group wise) and present and discuss it in class. Seminar Presentation- a. Understand Aushadha Kaal in relation with suntypes of Vata Dosha. b. Recognize the principles applicable during treatment of Saam Dosha and Dushyas.	GA	16 DEC 25	(NLH) -paarayana	3.3	PM	to	4.30	PM	I
25	DR AKHIL	13. Doshopakramaniya Adhyaya- Case Based learning-(CBL)-Group activity- Observe the signs and symptoms of Ama in any five patients (Group wise) and present and discuss it in class. Seminar Presentation- a. Understand Aushadha Kaal in relation with suntypes of Vata Dosha. b. Recognize the principles applicable during treatment of Saam Dosha and Dushyas.	GA	17 DEC 25	(L)	9	AM	to	10.00	AM	I
26	DR GAUTHAM	13. Doshopakramaniya Adhyaya- Case Based learning-(CBL)-Group activity- Observe the signs and symptoms of Ama in any five patients (Group wise) and present and discuss it in class. Seminar Presentation- a. Understand Aushadha Kaal in relation with suntypes of Vata Dosha. b. Recognize the principles applicable during treatment of Saam Dosha and Dushyas.	GA	18 DEC 25	(NLH)	11	AM	to	12.00	PM	I
27	DR ANJANA	Elaborate the concept of two types of therapies - Langhan and Brihan	L, GD	19 DEC 25	(NLH)	10	AM	to	11.00	AM	I
28	DR AKHIL	Explain the indications, methods, benefits of Langhan and symptoms of excess Langhan	L, GD	19 DEC 25	(NLH)	2.30	PM	to	3.30	PM	I
29	DR AKHIL	Describe the indications of shodhan and shaman therapies	L, GD	20 DEC 25	(NLH)	9.00	AM	to	10.00	AM	I



MONARK UNIVERSITY

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TEACHING SCHEDULE OF DECEMBER 2025

DEPARTMENT OF KRIYA SHARIR

SUBJECT CODE: AvUG-KS

SUBJECT CODE: TERM: INTERM

BATCH: 2024-25

PAPER: II

Name of Faculty	Topics	Sub Topics	Date	LH	NLH/ NLP	Instruction Method/	Total Hours
Dr.Komal Chavda	Concept of MALA	Purisha	1.12.25 Monday	10-11 am	-	Sloka explanation recitation and interactive learning	1 hours
		Mutra	8.12.25 Monday	10-11am	-		1 hours
		Sweda	9.12.25 Tuesday	-	2:30- 3:30pm		1 hour
	Special senses- Ayurvedic concept	Athma, Indriya Mana	11.12.25 Thursday	-	2:30- 3:30pm		1 hours
		Concept of Nidra & Swapna	15.12.25 Monday	10-11am			1 hours
		Self assessment of Mala (record)	16.12.25 Tuesday	-	2:30- 3:30pm		1 hour
		Sleep mechanism	18.12.25 Thursday		2:30- 3:30pm		1 hours
		Dreams	20.12.25 Saturday	10-11am	-		1 hours

Dr.Sreelekshmi G	Renal physiology	Renal physiology -functional anatomy	1/12/25 Monday		2:30-3:30pm	Lecturing with group discussion	1 hour
		Urine formation	2.12.25 Tuesday		2:30-3:30pm	Group discussion	1 hour
		Micturition reflex + Acidification of urine	3.12.25 Wednesday		2:30-4:30pm	Lecturing + group study	2 hours
		Renal function test	4.12.25 Thursday	10-11am	2:30-3:30pm	Lecturing + Practicals	2 hours
		Revision	6.12.25 Saturday	10-11am	-	group discussion and interactive sessions (Quiz)	1 hour
	Nervous system	CNS- parts of neurons, synapses	8/12/25 Monday		2:30-3:30pm	Lecturing with visual methods	1 hours
		Reflexes, Lesions,	10.12.25 Wednesday		2:30-4:30pm	Demonstrations	2 hour
		Functions of each part of brain	11.12.25 Thursday	10-11am		Lecturing	1 hour
		Functions of each part of brain	15.12.25 Monday		2:30-3:30pm	Lecturing	1hour
		Continuation	17.12.25 Wednesday		2:30-4:30pm	Reflex demonstration	2 hours
		Special senses -skin	18.12.25 Thursday	10-11am		Lecturing	1 hour
		Pending portion completion	22.12.25 Monday		2:30-3:30pm	MCQ practicing	1 hour
		Revision	24.12.25 Wednesday		2:30-4:30pm	Group study/ MCQ practice	2 hours
		Revision	25.12.25 Thursday	10-11am		MCQ practice	1 hour
		Special senses	29.12.25 Monday		2:30-3:30pm	Group activity	1 hour
		Special senses	31/12.25 Wednesday		2:30-4:30pm	Group activity	2 hours

Total hours :19

HOD

Department of Kriya Sharir

Sonu
26/11/23

Head of Department

Department of Kriya Sharir
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Vahelal, Ahmedabad.

W
Principal

PRINCIPAL & SECRETARIAL SUPERINTENDENT
MONAPAE AYURVED MEDICAL
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