



# MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute of Monark University)

At. Post Vahelal, Naroda- Dahegam Road, Ta. Dascroi,

Dist. Ahmedabad-382330(Gujarat) India

Website: www.mamch.monarkuni.ac.in Phone No: 02718- 247215/138

## DEPARTMENT OF RACHANA SHAREERA

### TEACHING SCHEDULE OF DECEMBER 2025

Subject Code: AyUG-RS

Term: III

Batch:2024-25


Paper: I & II

Sl N.	Name of Faculty	Topics	Sub Topics	Date	LH	NLH/ NLH-P	Instruction Method/	Total Hours
<b>TERM II VIVA EXAMINATION FROM 3.11.25 TO 10.11.25</b>								
1	Dr. Sreekanth Vaidyanath R S	Respiratory System, Lower limb bones and Joints	Anatomy Of Male and female Urethra,	1.12.25	1		Lecture with ppt, Demonstration	1
			Tibia	3.12.25		1	Lecture with ppt, Demonstration	1
			Fibula	4.12.25		1	Lecture with ppt, Demonstration	1
			Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of Trachea	5.12.25	1		Lecture with ppt, Demonstration	1
			Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of Trachea	6.12.25	1		Lecture with ppt, Demonstration	1
			Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of lungs	8.12.25	1		Lecture with ppt, Demonstration	1
			Fibula	10.12.25		1	Lecture with ppt, Demonstration	1
			Revision of bones	11.12.25		1	Lecture with ppt, Demonstration	1
			Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of lungs	15.12.25	1		Lecture with ppt, Demonstration	1
			Shoulder Joint	17.12.25		1	Lecture with ppt, Demonstration	1
		Respiratory Joints	Shoulder Joint	18.12.25		1	Lecture with ppt, Demonstration	1
			Elbow Joint	19.12.25		1	Lecture with ppt, Demonstration	1
		Respiratory System	Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of lungs	20.12.25	1		Lecture with ppt, Demonstration	1
		Respiratory System	Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy of lungs	22.12.25	1		Lecture with ppt, Demonstration	1
		Joints	Elbow Joint	24.12.25		1	Lecture with ppt, Demonstration	1
		Joints	Wrist Joint	25.12.25		1	Lecture with ppt, Demonstration	1

		Respiratory System	Introduction, External Feature, Relations, Blood supply, Nerve supply, Lymphatic drainage, Clinical Anatomy of lungs	29.12.25	1		Lecture with ppt, Demonstration	1
		Joints	Wrist Joint	31.12.25		1	Lecture with ppt, Demonstration	1
2	Dr. Yedhu Krishnan T.B	Vertebra	Vertebra	1.12.25		1	Lecture with ppt, Demonstration	1
		Reproductive system and Vertebra	Introduction, External Feature, Relations, Blood supply, Nerve supply, Lymphatic drainage, Clinical Anatomy of Uterus, Vertebra	2.12.25	1	1	Lecture with ppt, Demonstration	2
		Reproductive system	Introduction, External Feature, Relations, Blood supply, Nerve supply, Lymphatic drainage, Clinical Anatomy of Uterus,	3.12.25	1		Lecture with ppt, Demonstration	1
		Reproductive system	Introduction, External Feature, Relations, Blood supply, Nerve supply, Lymphatic drainage, Clinical Anatomy of Uterus,	8.12.25	1		Lecture with ppt, Demonstration	1
		Reproductive system and Vertebra, Ribs	Introduction, External Feature, Relations, Blood supply, Nerve supply, Lymphatic drainage, Clinical Anatomy of fallopian tube and ovary, Vertebra	9.12.25	1	1	Lecture with ppt, Demonstration	2
			Introduction, External Feature, Relations, Blood supply, Nerve supply, Lymphatic drainage, Clinical Anatomy of fallopian tube and ovary & Vertebra	10.12.25	1		Lecture with ppt, Demonstration	1
			Vertebra	12.12.25		1	Lecture with ppt, Demonstration	2
			Ribs	15.12.25		1	Lecture with ppt, Demonstration	1
		Reproductive System and Ribs	Introduction, External Feature, Relations, Blood supply, Nerve supply, Lymphatic drainage, Clinical Anatomy of fallopian tube and ovary, Ribs	16.12.25	1	1	Lecture with ppt, Demonstration	2
		Reproductive System	Introduction, External Feature, Relations, Blood supply, Nerve supply, Lymphatic drainage, Clinical Anatomy of fallopian tube and ovary	17.12.25	1		Lecture with ppt, Demonstration	1
		Ribs	Ribs	22.2.25		1	Lecture with ppt, Demonstration	1
		Reproductive System and Ribs	Introduction, External Feature, Relations, Blood supply, Nerve supply, Lymphatic drainage, Clinical Anatomy of testis	23.2.25	1	1	Lecture with ppt, Demonstration	2
		Reproductive System and Ribs	Introduction, External Feature, Relations, Blood supply, Nerve supply, Lymphatic drainage, Clinical Anatomy of Testis	24.2.25	1		Lecture with ppt, Demonstration	1
		Ribs	Ribs	26.12.25		1	Lecture with ppt, Demonstration	1
		Ribs	Ribs	29.12.25		1	Lecture with ppt, Demonstration	1
		Reproductive System and Bones	Introduction, External Feature, Relations, Blood supply, Nerve supply, Lymphatic drainage,	30.12.25	1	1	Lecture with ppt, Demonstration	2



			Clinical Anatomy of Testis, Revision of bones					
		Reproductive System	Introduction, External Feature, Relations, Blood supply, Nerve supple, Lymphatic drainage, Clinical Anatomy, Of Testis, vas derens	31.12.25	1		Lecture with ppt, Demonstration	1
3.	Integration Class - Name of Faculty and Department	—	—	—	—	—	—	—
Total Hours								41

  
 29-11-25  
 Head of Department  
 Department of Rachana Sharir  
 Monark Ayurved Medical College and Hospital  
 Vahatol, Ahmednagar.  
 HOD

PRINCIPAL & MEDICAL SUPERINTENDENT  
 MONARK AYURVED MEDICAL  
 COLLEGE & HOSPITAL  
 PRINCIPAL

## DEPARTMENT OF SAMHITA-SIDDHANT& SANSKRIT

### TEACHING SCHEDULE OF DECEMBER 2025

Subject Code:

Term: III

Batch: 2024-2025

AyUG- -SN & AI

S r N o	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH	Instr uctio n Meth od/	Tota l Hou rs
1	DR.KA MINI PATEL	निरुक्ति	Oral Writing	1/12/20 25	12.00 TO 1.00 PM - LH		learning	01
2.			All Nirukti oral Explain in students	3/12/20 25		12.00 TO 1.00 PM- NLH	discussion	01
3.			Peer learning	4/12/20 25		12.00 TO 1.00 PM- NLH	discussion	01
4.			Objective Type Sentences IN Log book.	5/12/20 25		11.00 TO 12.00 PM- NLH	WRITTING	01
			Open book test	6/12/20 25		12.00 TO 1.00 PM- NLH	discussion	01
		वैद्याकीय सुभाषित	वैद्याकीय सुभाषित अध्याय explain	8/12/20- 25	12.00 TO 1.00 PM - LH		learning	01
			वैद्याकीय सुभाषित अध्याय .अन्वय,पदद्वेद explain	9/12/20 25	11.00 TO 12.00 PM- LH		learning	01
			वैद्याकीय सुभाषित differentiate meanings.	10/12/2 025		12.00 TO 1.00 PM- NLH	discussion	01
			वैद्याकीय	11/12/2		12.00 TO	PBL	01

			सुभाषितopen book test	025		1.00 PM- NLH		
			Oral & writing वैद्याकीय सुभाषित	12/12/2 025		12.00 TO 1.00 PM- NLH	learning	02
			PARIBHASHA explain	15/12/2 025	12.00 TO 1.00 PM - LH		learning	01
			PARIBHASHA explain	16/12/2 025	11.00 TO 12.00 PM- LH		learning	01
2			वैद्याकीय सुभाषित group discussion	17/12/2 025		12.00 TO 1.00 PM- NLH	group discussion	01
			वैद्याकीय सुभाषित self directed learning	18/12/2 025		12.00 TO 1.00 PM- NLH	learning	01
			NIRUKTI	19/12/2 025		12.00 TO 1.00 PM- NLH	Peer learning	01
			PARIBHASHA	20/12/2 025		12.00 TO 1.00 PM - NLH	Group discussions.	01
			PARIBHASHA explain	22/12/2 025	12.00 TO 1.00 PM - LH		learning	01
			वैद्याकीय सुभाषित अद्वयाय .अन्वय, पदच्छेद explain	23/12/2 025	12.00 TO 1.00 PM - LH		learning	01
			वैद्याकीय सुभाषित अद्वयाय .अन्वय, पदच्छेद shioka recetation	24/12/2 025		12.00 TO 1.00 PM - NLH	discussion	01
			PARIBHASHA	26/11/2 025		12.00 TO 1.00 PM - NLH	Oral & writing In Logbook	01
			वैद्याकीय सुभाषित अद्वयाय	29/12/2 025	12.00 TO 1.00 PM -		learning	01

			.अन्वय, पदञ्चेद explain		LH			
			वैद्याकीय सुभाषित अद्याय .अन्वय, पदञ्चेद explain	30/12/2 025	11.00 TO 12.00PM LH		learning	01
			वैद्याकीय सुभाषित self directed learning	31/12/2 025		12.00 TO 1.00 PM- NLH	LEARNING PBL	01
Total Hours: LH- 09 TOTAL HOURS: NLH- 15								24ho urs

*Gathe*  
HOD

Head of Department  
Samhita Siddhanta evam  
Sanskrit  
Monark Ayurved Medical  
College and Hospital

*WJ*  
PRINCIPAL





**MONARK**  
UNIVERSITY

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## DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF ~~NOVEMBER~~ 2025 (December)

S.No.	Name of Faculty	Topic & Subtopics	Instruction Method	Date	LH / NLH				Paper: I		TOTAL HOURS
	Subject Code:	AyUG-SAI		Term: III	Batch: 2024-25						
1	DR ANJANA	Chapter 12. Doshabhediya Adhyaya- Enumerate the seats of vata, pitta and kapha doshas	L, GD	1 DEC 25	(L)	9.00	AM	to	10.00	AM	1
2	DR AKHIL	Discuss the importance of types of vata, pitta and kapha doshas	L, GD	1 DEC 25	(NLH) -tutorial	3.3	PM	to	4.30	PM	1
3	DR GAUTHAM	Discuss the impact of seasonal variation in accumulation and aggravation of vata, pitta and kapha doshas.	L, GD	2 DEC 25	(NLH)	10.00	AM	to	11.00	AM	1
4	DR ANJANA	Describe Trividha Roga marga (pathways of diseases)	L, GD	2 DEC 25	(NLH) -paarayana	3.30	PM	to	4.30	PM	1
5	DR AKHIL	Recognise the importance of concept of Trividha Roga marga in diagnosis and prognosis of diseases.	L, GD	3 DEC 25	(L)	9.00	AM	to	10.00	AM	1
6	DR GAUTHAM	Enumerate the symptoms of aggravated Vata-Pitta – Kapha dosha	L, GD	4 DEC 25	(NLH)	11.00	AM	to	12.00	PM	1
7	DR ANJANA	Explain the concept of unnamed diseases	L, GD	5 DEC 25	(NLH)	10.00	AM	to	11.00	AM	1
8	DR AKHIL	Explain the concept of Guru Vyadhit and Laghu Vyadhit (gravity of disease and contrary presentation)	L, GD	5 DEC 25	(NLH)	2.30	PM	to	3.30	PM	1
9	DR AKHIL	Identify Apadesh, Samucchaya Tantrayukties in this chapter Tantrayukties in this chapter	L, GD	6 DEC 25	(NLH)	9.00	AM	to	10.00	AM	1
10	DR ANJANA	12. Doshabhediya Adhyaya- Model making Activity- Working models on Dosha Sthanas or Subtypes of Doshas, Chaya, Prakop and Prashama of Doshas: PBL/CBL	CBL	6 DEC 25	(NLH)	11.00	AM	to	12.00	PM	1
11	DR ANJANA	12. Doshabhediya Adhyaya- Model making Activity- Working models on Dosha Sthanas or Subtypes of Doshas, Chaya, Prakop and Prashama of Doshas: PBL/CBL	CBL	8 DEC 25	(L)	9	AM	to	10.00	AM	1
12	DR AKHIL	Give one problem/case based on Samanya Dosha Nidan. Student will identify possible causative factors responsible for vitiation of Doshas in given problem.	L, GD	8 DEC 25	(NLH) -tutorial	3.3	PM	to	4.30	PM	1
13	DR GAUTHAM	Give one problem/case based on Samanya Dosha Nidan. Student will identify possible causative factors responsible for vitiation of Doshas in given problem.	CBL	9 DEC 25	(NLH)	10	AM	to	11.00	AM	1
14	DR ANJANA	Explain the therapeutic procedures and specific management of vata, pitta and kapha dosha	L, GD	9 DEC 25	(NLH) -paarayana	3.3	PM	to	4.30	PM	1
15	DR AKHIL	Discuss the importance of treatment of doshas in accumulation stage	L, GD	10 DEC 25	(L)	9	AM	to	10.00	AM	1
16	DR GAUTHAM	Elaborate the factors responsible for movement of doshas from koshta to shakha and shakha to koshta.	L, GD	11 DEC 25	(NLH)	11	AM	to	12.00	PM	1
17	DR ANJANA	Describe the line of treatment for Sthani Dosha (native) and Aagantu Dosha (immigrant)	L, GD	12 DEC 25	(NLH)	10	AM	to	11.00	AM	1
18	DR AKHIL	Enumerate the symptoms of saam and niraam doshas	L, GD	12 DEC 25	(NLH)	2.30	PM	to	3.30	PM	1
19	DR AKHIL	Elaborate the symptoms of saamadosh and their treatment	L, GD	13 DEC 25	(NLH)	9.00	AM	to	10.00	AM	1
20	DR ANJANA	Analyze the 10 types of aushadha sevan kaal (Time, Method and indications of administration of medicine).	L, GD	13 DEC 25	(NLH)	11.00	AM	to	12.00	PM	1

21	DR ANJANA	13. Doshopakramaniya Adhyaya- Case Based learning-(CBL)- Group activity- Observe the signs and symptoms of Ama in any five patients (Group wise) and present and discuss it in class.  Seminar Presentation- a. Understand Aushadha Kaal in relation with suntypes of Vata Dosha. b. Recognize the principles applicable during treatment of Saam Dosha and Dushyas.	GA	15 DEC 25	(L)	9	AM	to	10.00	AM	1
22	DR AKHIL	13. Doshopakramaniya Adhyaya- Case Based learning-(CBL)- Group activity- Observe the signs and symptoms of Ama in any five patients (Group wise) and present and discuss it in class.  Seminar Presentation- a. Understand Aushadha Kaal in relation with suntypes of Vata Dosha. b. Recognize the principles applicable during treatment of Saam Dosha and Dushyas.	GA	15 DEC 25	(NLH) -tutorial	3.3	PM	to	4.30	PM	1
23	DR GAUTHAM	13. Doshopakramaniya Adhyaya- Case Based learning-(CBL)- Group activity- Observe the signs and symptoms of Ama in any five patients (Group wise) and present and discuss it in class.  Seminar Presentation- a. Understand Aushadha Kaal in relation with suntypes of Vata Dosha. b. Recognize the principles applicable during treatment of Saam Dosha and Dushyas.	GA	16 DEC 25	(NLH)	10	AM	to	11.00	AM	1
24	DR ANJANA	13. Doshopakramaniya Adhyaya- Case Based learning-(CBL)- Group activity- Observe the signs and symptoms of Ama in any five patients (Group wise) and present and discuss it in class.  Seminar Presentation- a. Understand Aushadha Kaal in relation with suntypes of Vata Dosha. b. Recognize the principles applicable during treatment of Saam Dosha and Dushyas.	GA	16 DEC 25	(NLH) -paarayana	3.3	PM	to	4.30	PM	1
25	DR AKHIL	13. Doshopakramaniya Adhyaya- Case Based learning-(CBL)- Group activity- Observe the signs and symptoms of Ama in any five patients (Group wise) and present and discuss it in class.  Seminar Presentation- a. Understand Aushadha Kaal in relation with suntypes of Vata Dosha. b. Recognize the principles applicable during treatment of Saam Dosha and Dushyas.	GA	17 DEC 25	(L)	9	AM	to	10.00	AM	1
26	DR GAUTHAM	13. Doshopakramaniya Adhyaya- Case Based learning-(CBL)- Group activity- Observe the signs and symptoms of Ama in any five patients (Group wise) and present and discuss it in class.  Seminar Presentation- a. Understand Aushadha Kaal in relation with suntypes of Vata Dosha. b. Recognize the principles applicable during treatment of Saam Dosha and Dushyas.	GA	18 DEC 25	(NLH)	11	AM	to	12.00	PM	1
27	DR ANJANA	Elaborate the concept of two types of therapies - Langhan and Brihan	L, GD	19 DEC 25	(NLH)	10	AM	to	11.00	AM	1
28	DR AKHIL	Explain the indications, methods, benefits of Langhan and symptoms of excess Langhan	L, GD	19 DEC 25	(NLH)	2.30	PM	to	3.30	PM	1
29	DR AKHIL	Describe the indications of shodhan and shaman therapies	L, GD	20 DEC 25	(NLH)	9.00	AM	to	10.00	AM	1



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## TEACHING SCHEDULE OF DECEMBER 2025

### DEPARTMENT OF KRIYA SHARIR

SUBJECT CODE: AyUG-KS  
TERM: I<sup>ST</sup> TERM  
BATCH: 2024-25  
PAPER: II

Name of Faculty	Topics	Sub Topics	Date	LH	NLH/ NLP	Instruction Method/	Total Hours
Dr.Komal Chavda	Concept of MALA	Purisha	1.12.25 Monday	10-11 am	-	Sloka explanation recitation and interactive learning	1 hours
		Mutra	8.12.25 Monday	10-11am	-		1 hours
		Sweda	9.12.25 Tuesday	-	2:30- 3:30pm		1 hour
	Special senses- Ayurvedic concept	Athma, Indriya Mana	11.12.25 Thursday	-	2:30- 3:30pm		1 hours
		Concept of Nidra & Swapna	15.12.25 Monday	10-11am			1 hours
		Self assessment of Mala (record)	16.12.25 Tuesday	-	2:30- 3:30pm		1 hour
		Sleep mechanism	18.12.25 Thursday		2:30- 3:30pm		1 hours
		Dreams	20.12.25 Saturday	10-11am	-		1 hours
		Total hours -8					

Dr.Sreelekshmi G	Renal physiology	Renal physiology -functional anatomy	1/12/25 Monday	-	2:30-3:30pm	Lecturing with group discussion	1 hour
		Urine formation	2.12.25 Tuesday		2:30-3:30pm	Group discussion	1 hour
		Micturition reflex + Acidification of urine	3.12.25 Wednesday		2:30-4:30pm	Lecturing + group study	2 hours
		Renal function test	4.12.25 Thursday	10-11am	2:30-3:30pm	Lecturing + Practicals	2 hours
		Revision	6.12.25 Saturday	10-11am	-	group discussion and interactive sessions (Quiz)	1 hour
	Nervous system	CNS- parts of neurons, synapses	8/12/25 Monday		2:30-3:30pm	Lecturing with-visual methods	1 hours
		Reflexes, Lesions,	10.12.25 Wednesday		2:30-4:30pm	Demonstrations	2 hour
		Functions of each part of brain	11.12.25 Thursday	10-11am		Lecturing	1 hour
		Functions of each part of brain	15.12.25 Monday		2:30-3:30pm	Lecturing	1 hour
		Continuation	17.12.25 Wednesday		2:30-4:30pm	Reflex demonstration	2 hours
		Special senses -skin	18.12.25 Thursday	10-11am		Lecturing	1 hour
		Pending portion completion	22.12.25 Monday		2:30-3:30pm	MCQ practicing	1 hour
		Revision	24.12.25 Wednesday		2:30-4:30pm	Group study/ MCQ practice	2 hours
		Revision	25.12.25 Thursday	10-11am		MCQ practice	1 hour
		Special senses	29.12.25 Monday		2:30-3:30pm	Group activity	1 hour
		Special senses	31/12.25 Wednesday		2:30-4:30pm	Group activity	2 hours

Total hours :19

HOD

Department of Kriya Sharir

Head of Department

Department of Kriya Sharir

Monark Ayurveda Medical College and Hospital

Vahelal, Ahmedabad.

Principal

PRINCIPAL & MEDICAL SUPERINTENDENT  
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