



MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute of Monark University)

At. Post Vahelal, Naroda- Dahegam Road, Ta. Dascroi,

Dist. Ahmedabad-382330(Gujarat) India

Website: www.mamch.monarkuni.ac.in Phone No: 02718- 247215/138

DEPARTMENT OF RACHANA SHAREERA

TEACHING SCHEDULE OF NOVEMBER 2025

Subject Code: AyUG-RS

Term: III

Batch:2024-25

Paper: I & II

Sr No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
TERM II VIVA EXAMINATION FROM 3.11.25 TO 10.11.25								
1	Dr. Sreekanth Vaidyanath R S	Sira & Dhamani Sharira, Lower Limb Bones	Introduction, Nirukti, Paribhasha, Paryaya & Sankhya of Sira Bheda, Karma, Clinical Importance of Sira & Avedhya Sira	15.11.25	1		Lecture with ppt, Demonstration	1
			Hip Bone	12.11.25		1	Demonstration	1
			Hip Bone	13.11.25		1	Demonstration	1
			Introduction, Nirukti, Paribhasha, Paryaya & Sankhya OF Dhamani	17.11.25	1		Lecture with ppt, Demonstration	1
			Femur	19.11.25		1	Demonstration	1
			Femur	20.11.25		1	Demonstration	1
			Bheda, Karma, Clinical Importance of Dhamani	24.11.25	1		Lecture with ppt, Demonstration	1
			Femur	26.11.25		1	Demonstration	1
			Tibia	27.11.25		1	Demonstration	1
			Revision of Sira & Dhamani Sharira	29.11.25	1		Lecture with ppt, Demonstration	1
2	Dr. Yedhu Krishnan	Urinary System – Kidney Srotas	Kidney – intro, location, external features Srotas – Introduction, Nirukti, Paryaya, Moolasthan & Sankhya of Srotas	11.11.25	1	1	Lecture with ppt, Demonstration – NLH P	2
		Srotas	Srotas – Individual Srotas in Detail	12.11.25		1	Lecture with PPT	1
		Urinary System – Kidney	Internal Features, Blood supply & Clinical Anatomy	17.11.25		1	Demonstration	1
		Urinary System – Kidney Srotas	Histology of Kidney(NLH) Srotas – Individual Srotas in Detail	18.11.25	1	1	Lecture with ppt, Demonstration – NLH P	2

		Urinary System – Urinary Bladder Srotas	Srotas – Individual Srotas in Detail	19.11.25	1		Lecture with PPT	1
			External Features and Internal Features Of Urinary Bladder	24.11.25		1	Demonstration	1
			Srotas – Individual Srotas in Detail Histology of Urinary Bladder	25.11.25	1	1	Lecture with ppt, Demonstration,	2
			Srotas – Individual Srotas in Detail	26.11.25	1		Lecture with ppt	1
3.	Integration Class - Name of Faculty and Department							
Total Hours								21


 28-10-25
Head of Department
Department of Rachana Sharir
HOD Monark Ayurved Medical College and Hospital
 Vahelal, Ahmedabad.




 28/10/25
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PRINCIPAL & MEDICAL SUPERINTENDENT
 MONARK AYURVED MEDICAL
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TEACHING SCHEDULE OF NOVEMBER 2025

DEPARTMENT OF KRIYA SHARIR

SUBJECT CODE: AyUG-KS

TERM: II TERM

BATCH: 2024-25

PAPER: I

Name of Faculty	Topics	Sub Topics	Date	LH	NLH/ NLP	Instructio n Method/	Total Hours
II term Practical exam							
3-11-25 till 10-11-25							
Dr.Komal Chavda	Ahara Agni Koshta	Ahara – classification , importance	11.11.25 Tuesday	NLH	2:30- 3:30pm	Sloka explanation recitation and interactive learning	1 hours
		Ahara paka,	13.11.25 Thursday	NLH	2:30- 3:30pm		1 hours
		Ashta Aharavidhi visesa ayatana	17.11.25 Monday	LH	10-11am		1 hour
		Ahara- Vidhi vidhaana & Parinamakara bhava	18.11.25 Tuesday	NLH	2:30- 3:30pm		1 hours
		Agni	20.11.25 Thursday	NLH	2:30- 3:30pm		1 hours
		Koshta	24.11.25 Monday	LH	10-11am		1 hour

		Self assessment of Agni & Koshta	25.11.25 Tuesday	NLH	2:30-3:30pm		1 hours
		Revision	27.11.25 Thursday	NLH	2:30-3:30pm		1 hours
		Total hours -8					
Dr.Sreelekshmi G	Endocrine system	Glands classification, general mode of action	12/11/25 Wednesday	NLH	2:30-4:30pm	Lecturing with visual methods	2 hours
		Anterior Pituitary gland	13.11.25 Thursday	LH	10:00-11:00am	Lecturing	1 hour
		Posterior Pituitary gland	15.11.25 Saturday	LH	10:00-11:00am	Lecturing with-visual methods	1hour
		Thyroid gland	17.11.25 Monday	NLH	2:30-3:30pm	Flipped class room- group discussion and interactive sessions	1 hour
		Parathyroid gland	19.11.25 Wednesday	NLH	2:30-4:30pm	group discussion and interactive sessions	2 hour
		Adrenal glands—cortical hormones Adrenal medullary hormones	20/11/25 Thursday	LH	10:00-11:00am	Lecturing with-visual methods	1 hours
			24.11.25 Monday	NLH	2:30-3:30pm	Group discussion	1 hour
		Endocrine functions of Pancreas	26.11.25 Wednesday	NLH	2:30-4:30pm	Lecturing with visual methods	2hours
			27.11.25 Thursday	LH	10-11 am		1hour

		Local hormones	29.11.25 Saturday	LH	10-11am	discussion	1 hours
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Total hours :12

[Signature]
29/10/25-

Dr. Saeedebshwini

Head of Department
Department of Kriya Sharir
Monark Ayurved Medical College and Hospital
Vahelal, Ahmedabad.

[Signature]
Principal

29/10/25

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DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF NOVEMBER 2025

Subject Code: AyUG-SA1

Term: III

Batch: 2024-25

Paper: 1

S. No	Name of Faculty	Topic & Subtopics	Date	LH / NLH	Time	Instruction Method	TOTAL HOURS
1	DR GAUT HAM	Ch S Su 11. Tisraishaniya Adhyaya-i. TrividhaEshana (Three Desires of life) ii. Paralokaeshana	4- Nov	(NL H)	10-11 AM	Lecture – AV Method	1
2	DR GAUT HAM	ii. Chaturvidhapariksha iv. Punarjanma siddhi by Chaturvidhapramanas	6- Nov	(NL H)	11-12 PM	Lecture – AV Method	1
3	DR GAUT HAM	v. Trayopasthambha, vi. Trividhabala	11- Nov	(NL H)	10-11 AM	Lecture – AV Method	1
4	DR GAUT HAM	vii. Trividhaayatana viii. Atiyoga, Heenayoga and Mithya yoga of artha, karma and kaala	13- Nov	(NL H)	11-12 PM	Lecture – AV Method	1
5	DR GAUT HAM	x. Trividharoga x. Treatment for manasavyadhi xi. Trividharogamarga xii. Trividhavaidya	18- Nov	(NL H)	10-11 AM	Lecture – AV Method	1
6	DR GAUT HAM	xiii. Trividhaoushadha xiv. Ashtatrika xv. Important Shloka for Recitation	20- Nov	(NL H)	11-12 PM	Lecture – AV Method	1
7	DR GAUT HAM	CS Su 11. Tisraishaniya Adhyaya- Debate :-Punarjanma siddhant as per different thoughts. Debate on punarjanma with different references as per classics and contemporary understanding.	25- Nov	(NL H)	10-11 AM	Debate	1
8	DR GAUT HAM	Debate :-Punarjanma siddhant	27- Nov	(NL H)	11-12 PM	Debate	1
1	DR AKHIL	Doshopakramaniya Adhyaya- i. Tridosha- upakrama (Treatment principles of vitiated doshas	1- Nov	(NL H)	9-10 AM	Lecture – AV Method	1
2	DR AKHIL	Doshopakramaniya Adhyaya- i. Tridosha- upakrama (Treatment principles of vitiated doshas	3- Nov	(NL H)	3.30- 4.30 PM	Lecture – AV Method	1
4	DR AKHIL	Doshopakramaniya Adhyaya- i. Tridosha- upakrama (Treatment principles of vitiated doshas	7- Nov	(NL H)	2.30- 3.30 PM	Lecture – AV Method	1
6	DR AKHIL	ii. Shuddha-ashuddha chikitsa lakshana (Accurate and inaccurate treatment) iii. Dosha gati (movement of doshas inside the body)	10- Nov	(NL H)	3.30- 4.30 PM	Lecture – AV Method	1

7	DR AKHIL	iv. Concept of aama	12- Nov	(L)	9-10 AM	Lecture – AV Method	1
8	DR AKHIL	Dasha aushadha-kaala (ten types of times for administering medicines)	14- Nov	(NL H)	2.30- 3.30 PM	Lecture – AV Method	1
9	DR AKHIL	vii. Research Updates – Langhan : Fasting and autophagy induction – how cell recycle and renew theory Content, a process called autophagy.	15- Nov	(NL H)	9-10 AM	AV Method	1
10	DR AKHIL	Recitation of important shlokas	17- Nov	(NL H)	3.30- 4.30 PM	Recitatio n	1
11	DR AKHIL	13. Doshopakramaniya Adhyaya- Case Based learning-(CBL)- Group activity-Observe the signs and symptoms of Ama in any five patients (Group wise) and present and discuss it in class.	19- Nov	(L)	9-10 AM	Group activity-	1
12	DR AKHIL	13. Doshopakramaniya Adhyaya- Case Based learning-(CBL)- Group activity-Observe the signs and symptoms of Ama in any five patients (Group wise) and present and discuss it in class.	21- Nov	(NL H)	2.3- 3.30 PM	Group activity-	1
14	DR AKHIL	13. Doshopakramaniya Adhyaya- Case Based learning-(CBL)- Group activity-Observe the signs and symptoms of Ama in any five patients (Group wise) and present and discuss it in class.	24- Nov	(NL H)	3.3- 4.30 PM	Group activity	1
15	DR AKHIL	Seminar Presentation- a. Understand Aushadha Kaal in relation with suntypes of Vata Dosha. b. Recognize the principles applicable during treatment of Saam Dosha and Dushyas.	26- Nov	(L)	9-10 AM	Seminar Presentati on	1
16	DR AKHIL	Seminar Presentation- a. Understand Aushadha Kaal in relation with suntypes of Vata Dosha. b. Recognize the principles applicable during treatment of Saam Dosha and Dushyas.	28- Nov	(NL H)	2.3- 3.30 PM	AV Method	1
17	DR AKHIL	Seminar Presentation- a. Understand Aushadha Kaal in relation with suntypes of Vata Dosha. b. Recognize the principles applicable during treatment of Saam Dosha and Dushyas.	29- Nov	(NL H)	9-10 AM	AV Method	1
1	DR ANJA NA	Doshadi Vijnaniya Adhyaya- i. Importance of dosha dhatu mala ii. Dosha dhatu mala prakruta and vaikruta karma (normal and abnormal functions)	1- Nov	(NL H)	11-12 PM	Lecture – AV Method	1
2	DR ANJA NA	iii. Dosha dhatu mala ashraya- ashrayi bhava (relation between dosha and dhatus)	3- Nov	(L)	9-10 AM	Lecture – AV Method	1

3	DR ANJA NA	Samanya chikitsa siddhanta for dosha dhatu mala vrudhhi kshaya (treatment principles)	4- Nov	(NL H)	3.3- 4.30 PM	Lecture – AV Method	1
4	DR ANJA NA	Agni (Digestive fire)	7- Nov	(NL H)	10-11 AM	Lecture – AV Method	1
6	DR ANJA NA	vi. General pathophysiology for origin of disease	10- Nov	(L)	9-10 AM	Lecture – AV Method	1
7	DR ANJA NA	vii. Ojus (Essence of dhatus)	11- Nov	(NL H)	3.3- 4.30 PM	Lecture – AV Method	1
8	DR ANJA NA	viii. Vriddhi-kshaya bhesaja	14- Nov	(NL H)	10-11 AM	Lecture – AV Method	1
9	DR ANJA NA	ix. Recitation of important shlokas	15- Nov	(NL H)	11-12 PM	Lecture – AV Method	1
10	DR ANJA NA	11. Doshadi Vijnaniya Adhyaya- Case Based learning-(CBL)- Assess the patient for Vriddhi and Kshaya Lakshanas of Dosha-Dhatu-Mala, based on predesigned proforma. Discuss these case findings later in class.	17- Nov	(L)	9-10 AM	AV Method	1
11	DR ANJA NA	11. Doshadi Vijnaniya Adhyaya- Case Based learning-(CBL)- Assess the patient for Vriddhi and Kshaya Lakshanas of Dosha-Dhatu-Mala, based on predesigned proforma. Discuss these case findings later in class.	18- Nov	(NL H)	3.3- 4.30 PM	AV Method	1
12	DR ANJA NA	11. Doshadi Vijnaniya Adhyaya- Case Based learning-(CBL)- Assess the patient for Vriddhi and Kshaya Lakshanas of Dosha-Dhatu-Mala, based on predesigned proforma. Discuss these case findings later in class.	21- Nov	(NL H)	10-11 AM	AV Method	1
14	DR ANJA NA	11. Doshadi Vijnaniya Adhyaya- Case Based learning-(CBL)- Assess the patient for Vriddhi and Kshaya Lakshanas of Dosha-Dhatu-Mala, based on predesigned proforma. Discuss these case findings later in class.	24- Nov	(L)	9-10 AM	AV Method	1
15	DR ANJA NA	11. Doshadi Vijnaniya Adhyaya- Case Based learning-(CBL)- Assess the patient for Vriddhi and Kshaya Lakshanas of Dosha-Dhatu-Mala, based on predesigned proforma. Discuss these case findings later in class.	25- Nov	(NL H)	3.3- 4.30 PM	AV Method	1
16	DR ANJA NA	Doshabhediya Adhyaya- i. Dosha and dosha bheda (Dosha and their types)	28- Nov	(NL H)	10-11 AM	Lecture – AV Method	1
17	DR ANJA NA	Doshabhediya Adhyaya- i. Dosha and dosha bheda (Dosha and their types)	29- Nov	(NL H)	11-12 PM	Lecture – AV Method	1
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TEACHING SCHEDULE OF NOVEMBER 2025

Subject Code: AyUG-PV Term: III

Batch: 2024-25

Paper: I & II

S. N o.	Name of Faculty	Topic & Subtopics	Date	LH / NLH	TIME	Instruction Method	TOTAL HOURS
1	DR GAUTHAM	4. Guna: Gurvadiguna,	7- Nov	(L)	12-1 PM	Lectures/ Audio- Visual Aids	1
2	DR GAUTHAM	Paradiguna, Adhyatmaguna (41 Guna)	12- Nov	(NLH)	10-11 AM	Lectures/ Audio- Visual Aids	1
3	DR GAUTHAM	4.3 Gunapradhanyata (Importance of Guna)	14- Nov	(L)	12-1 PM	Lectures/ Audio- Visual Aids	1
4	DR GAUTHAM	Identification: Sartha Guna : Identify concept of Shabda, Sparsha, Rupa, Rasa, Gandha in Dravya. Application and demonstration find the different therapies based on 5 Sartha Gunas. e.g. Gandha. Shabda, Sparsha. Observe /Experience/ Study / Read book or article present on (any one) Aromatherapy- Gandha Chikitsa. Music therapy/ Mamtra Chikitsa -Shabda guna. Sparsha- Touch therapy.	19- Nov	(NLH)	10-11 AM	demonstration	1
5	DR GAUTHAM	Gurvadi Guna: Identify guna in any five ahara dravya : different vargas. in Sharir dravya: dosha, dhatu mala. Comparison Gurvadi gunas and correlate with concepts learned in Physics, Chemistry and Biology. Observation(survey) of the effects of Seasons on Gurvadi gunas in body, nature etc.	21- Nov	(L)	12-1 PM	survey	1
6	DR GAUTHAM	Paradi Guna and their application in five examples.	26- Nov	(NLH)	10-11 AM	demonstration	1
7	DR GAUTHAM	Atma Guna identification: Making or Framing their real life situations related to Atma Guna(sukha, dukkha etc)	28- Nov	(L)	12-1 PM	discussion	1
1	DR AKHIL	Abhava vijñānēeyam 9.1 – Introduction of concept of Abhaava According to Darshana and Ayurveda. 9.2 – Classification of Abhaava.	7- Nov	(NLH)	9-10 AM	Lectures/ Audio- Visual Aids	1

2	DR AKHIL	9.3 – Practical application of Abhaava 9.4- Principles and examples in contemporary sciences which will enhance understanding the concept of Abhava.	14-Nov	(NL H)	9-10 AM	Lectures/ Audio-Visual Aids	1
3	DR AKHIL	Discuss Abhav.	21-Nov	(NL H)	9-10 AM	Group discussion	1
4	DR AKHIL	Write real life experiences of pragabhava, pradhvamsabhava, atyantabhava and anyonyabhav.	28-Nov	(NL H)	9-10 AM	Discussion	1
1	DR ANJANA	3.4 Dik: Lakshana, division and significance.	4-Nov	(NL H)	9-10 AM	Lectures/ Audio-Visual Aids	1
2	DR ANJANA	3.8 Role of Panchamahabhuta and Triguna in Dehaprakriti and Manasaprakriti respectively.	6-Nov	(L)	9-10 AM	Lectures/ Audio-Visual Aids	1
3	DR ANJANA	3.9 Tamas as the tenth Dravya.	11-Nov	(NL H)	9-10 AM	Lectures/ Audio-Visual Aids	1
4	DR ANJANA	1. Identification of Guna and Karma. Make a list of 10 dravyas surrounding you and identify Guna and Karma in it.	13-Nov	(L)	9-10 AM	Demonstration	1
5	DR ANJANA	2. Panchbhautik nature identification: Demonstrate the Panchamahabhuta in any five ahara dravya and five sharira dravya/ avayava with a neat labeled diagramme. (ex-cell, blood, vata, pitta, kapha etc).	18-Nov	(NL H)	9-10 AM	Practical/ Demonstration	1
6	DR ANJANA	3. Determination of Directions: Identify the directions in and enlist the content in each direction in your campus.	20-Nov	(L)	9-10 AM	Practical/ Demonstration	1
7	DR ANJANA	4. Conceptualize Time : Discussion and understanding of Kala as per Ayurved and contemporary sciences.	25-Nov	(NL H)	9-10 AM	discussion	1
8	DR ANJANA	5. Categorization of Aushadhi dravya by dominance of Mahabhoot e.g. Parthiv / Jaleeya/ Agney/ Vayaveey/ Akasheey dravya with reasons. 6. Early Clinical Exposure(ECE): Visit the OPD, find the diseases common for different age groups (balyavastha/ tarunyavastha/ vrudhnavastha)	27-Nov	(L)	9-10 AM	Clinical opd	1
							19

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DEPARTMENT OF SAMHITA-SIDDHANT&

SANSKRIT

TEACHING SCHEDULE OF NOVEMBER 2025

Subject Code:

Term: II

Batch: 2024

AyUG- -SN & AI

S r N o	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH	Instr uctio n Meth od/	Tota l Hou rs
1	DR.KA MINI PATEL	निरुक्ति कारक	Oral Writing	1/11/20 25		12.00 TO 1.00 PM- NLH	learning	01
2.			All Karak Explain	3/11/20 25	12.00 TO 1.00 PM - LH		NARRATIV E METHOD	01
3.			Nirukti Explain	4/11/20 25	11.00 TO 12.00PM LH		NARRATIV E METHOD	01
4.			Objective Type Sentences IN Log book.	5/11/20 25		12.00 TO 1.00 PM- NLH	WRITTING	01
			Group Discussions.	6/11/20 25		12.00 TO 1.00 PM- NLH	ALL karaka	01
			Conversation sessions.	7/11/20- 25		11.00 TO 12.00PM - NLH	ALL karaka	01
			Nirukti Explain.	10/11/2 025	12.00 TO 1.00 PM - LH		Recitation by using Shloka in the samas	01
			Cognitive domain Comprehension.	11/11/2 025	11.00 TO 12.00PM LH		WRITING LOGBOOK.	01
			Open book Test.	12/11/2 025		12.00 TO 1.00 PM- NLH	LEARNING PBL	02
			Oral & writing	13/11/2 025		12.00 TO 1.00 PM-	avyaya	01

			avyaya	14/11/2025		11.00 TO 12.00PM - NLH	Group Discussions	01
			avyaya	15/11/2025		12.00 TO 1.00 PM- NLH	Open book Test.	01
2			PARIBHASHA	17/11/2025	12.00 TO 1.00 PM - LH		PARIBHASH A EXPLAIN	01
			PARIBHASHA	18/11/2025	11.00 TO 12.00PM - LH		PARIBHASH A EXPLAIN	01
			NIRUKTI	19/11/2025		12.00 TO 1.00 PM- NLH	Peer learning	01
			NIRUKTI	20/11/2025		12.00 TO 1.00 PM - NLH	Group discussions.	01
			NIRUKTI	21/11/2025		11.00 TO 12.00PM - NLH	Assignment open book test	01
			NIRUKTI	24/11/2025	12.00 TO 1.00 PM - LH		PARIBHASH A EXPLAIN	
			NIRUKTI	25/11/2025	11.00 TO 12.00PM LH		PARIBHASH A EXPLAIN	
			NIRUKTI	26/11/2025		12.00 TO 1.00 PM - NLH	Oral & writing nirukti	
			NIRUKTI	27/11/2025		12.00 TO 1.00 PM - NLH	Peer learning	
			PARIBHASHA	28/11/2025		11.00 TO 12.00PM - NLH	Assignment short note in notebook	
			PARIBHASHA	29/11/2025		12.00 TO 1.00 PM- NLH	LEARNING PBL	
Total Hours: LH- 08 TOTAL HOURS: NLH- 15								17 hours

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