



# MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute Of Monark University)

At&Post, Vahelal, Naroda-DahegamRoad, Ta.Dascroi, Dist.Ahmedabad-382330, Gujarat

## DEPARTMENT OF SWASTHAVRITTA

TEACHING SCHEDULE OF DECEMBER- 2025

**Subject Code:AyUg Sw**

**Term:II**

**Batch:2023 -24**

**Paper:II**

SI No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. Arjun CM	Dinacharya	Anjanam – Practical Demonstration	01/12/25		2	Lecture/ Practical with ppt	
		Disaster management	Disaster management	04/12/25	1		Lecture with ppt	
		Disaster management		05/12/25	1		Lecture with ppt	
		Disaster management	Disaster management	09/12/25		2	Lecture/ Practical with ppt	
		Disaster management		11/12/25	1		Lecture with ppt	
		Disaster management		12/12/25	1		Lecture with ppt	
		Dinacharya	Dhoomapana	16/12/25		2	Lecture/ Practical with ppt	
		Occupational Health	Occupational Health & ergonomics	18/12/25	1		Lecture with ppt	
		Occupational Health		19/12/25	1		Lecture with ppt	
		Disaster management	Disaster Management - Activity	23/12/25		2	Lecture/ Practical with ppt	
		Occupational Health	Occupational Hazards	26/12/25	1		Lecture with ppt	
		Occupational Health	Occupational Health - Activity	30/12/25		2	Lecture/ Practical with ppt	
2	Dr. Jayalakshmi	Environment Health	Properties of Vayu & Air Occupied room, Comfort zone	02/12/25	1		Lecture with ppt	
				04/12/25	1		Lecture with ppt	
			Air Pollution	06/12/25		1	Lecture/ Practical with ppt	
			Ventilation, High Altitude Air	08/12/25		2	Lecture / Practical with ppt	
				09/12/25	1		Lecture with ppt	
			Seminars on Air pollution	11/12/25	1		Lecture with ppt	
			Water Introduction	15/12/25		2	Lecture / Practical with ppt	
			Wter Pollution & Health Hazards	16/12/25	1		Lecture with ppt	
			Water Purification	18/12/25	1		Lecture with ppt	
			Water – Ayurvedic Portion	20/12/25		1	Lecture / Practical with ppt	
			Activity on Environmental Health - Water	22/12/25		2	Lecture / Practical with ppt	
			Soil & Land Pollution	23/12/25	1		Lecture with ppt	
			Housing Standards	27/12/25		1	Lecture / Practical with ppt	
			Lighting	29/12/25		2	Lecture / Practical with ppt	
			Radiation	30/12/25	1		Lecture with ppt	
TOTAL Hrs					15	21		36

Head of Department  
Department of Swasthavritta  
Monark Ayurved Medical College and Hospital  
Vahelal, Ahmedabad.

PRINCIPAL & MEDICAL SUPERINTENDENT  
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Principal



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## DEPARTMENT OF RASASHASTRA EVUM BHAISHJYA KALPANA

### TEACHING SCHEDULE OF DECEMBER 2025

**Subject Code: AyUG-RB      Term: 2<sup>ND</sup>      Batch: 2023-24      Paper: 1 & 2**

S N	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. KETAN R.	11. Kalpana Nirman 3 9. Rasa Dravya Paricharya 2	Lavana Kalpana	01/12/2025	1		Lecture with ppt	1
			Narikel Lavana	02/12/2025		2	Practicals, PPT	1
			Practical	04/12/2025		2	Practicals, PPT	2
			NLH – Activity	06/10/2025		1	Practicals, PPT	1
			Kshara Kalpana	08/12/2025	1		Lecture with ppt	1
			Apamarga Kshara	09/12/2025		2	Practicals, PPT	2
			Kshara Kalpana	10/12/2025	1		Practicals, PPT	1
			QC Intro	11/12/2025		1	Practicals, PPT	1
			Lepa Kalpana	15/12/2025	1		Practicals, PPT	1
			Siktha Taila	16/12/2025		2	Practicals, PPT	2
			QC Intro	18/12/2025	1		Lecture with ppt	1
			NLH – Activity	20/10/2025		1	Practicals, PPT	1
			Lepa kalpana	22/12/2025	1		Lecture with ppt	1
			Gandhak Malhara	23/12/2025		2	Practicals, PPT	2
			Ayskruti Kalpana	24/12/2025	1		Lecture with ppt	1
			Sasyaka	29/12/2025	1		Lecture with ppt	1
			Practical	30/12/2025		2	Practicals, PPT	2
2	Dr. DIPALI P.	7. Kalpana Nirman 2 8. Rasa Dravya Paricharya 1	Narikel Lavana	01/12/2025		2	Practicals, PPT	1
			Sandhan Kalpana	03/12/2025	1		Lecture with ppt	1
			Practical	04/12/2025		1	Practicals, PPT	1
			Pathya Kalpana	05/12/2025	1		Practicals, PPT	1
			NLH – Activity	06/10/2025		1	Practicals, PPT	1
			Apamarga Kshara	08/12/2025		2	Practicals, PPT	2
			QC Intro	11/12/2025		1	Practicals, PPT	1
			Pathya Kalpana	12/12/2025	1		Lecture with ppt	1
			Siktha Taila	15/12/2025		2	Practicals, PPT	2
			Rajata	17/12/2025	1		Lecture with ppt	1
			QC Intro	18/12/2025	1		Lecture with ppt	1
			Tamra	19/12/2025	1		Lecture with ppt	1
			NLH – Activity	20/10/2025		1	Practicals, PPT	1
			Gandhak Malhara	22/12/2025		2	Practicals, PPT	2
			Loha	26/12/2025	1		Lecture with ppt	1
			Practical	29/12/2025		2	Practicals, PPT	2
Total Hours								44

  
HOD  
Head of Department

Department of Rasashastra evam Bhaishajya Kalpana  
Monark Ayurved Medical College and Hospital

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## DEPARTMENT OF DRavyAGUNA

### TEACHING SCHEDULE OF December 2025

Subject Code: AyUG-DG Term: 2<sup>nd</sup>

Batch: 2023-24

Paper:2

Sr No	Name of Faculty	Topics	Date	Sub Topics	LH	NLH	Method	Total Hours
1.	Dr. Rajesh	Paper-2 2. Dravya Nama- Guna- Karma Gyana	3.12.2025	2.1 Khadir		1	Lecture with PPT	1
			10.12.2025	2.1 Kumari		1	Lecture with PPT	1
			17.12.2025	2.1 Kutaja		1	Lecture with PPT	1
			24.12.2025	2.1 Latakaranja		1	Lecture with PPT	1
			30.12.2025	2.1 Lodhra		1	Lecture with PPT	1
2.	Dr. Pinal Vihol	Paper-2 2. Dravya Nama- Guna- Karma Gyana	1.12.2025	Practical		2	Activity	2
			2.12.2025	Practical		2	GD, Practical	2
			4.12.2025	2.1 Beejaka	1		GD, Practical	1
			5.12.2025	2.1 Bhallataka & Activity	1	1	Lecture with PPT	2
			6.12.2025	Activity		1	Garden visit	1
			8.12.2025	Practical		2	GD, Practical	2
			9.12.2025	Practical		2	GD, Practical	2
			11.12.2025	2.1 Chandana	1		Lecture with PPT	1
			12.12.2025	2.1 Chitraka & Activity	1	1	Garden visit	2
			15.12.2025	Practical		2	Activity	2
			16.12.2025	Practical		2	GD, Practical	2
			18.12.2025	2.1 Dadima	1		GD, Practical	1
			19.12.2025	2.1 Dhataki & Activity	1	1	Lecture with PPT	2
			20.12.2025	Garden visit		1	Garden visit	1
			22.12.2025	Practical		2	GD, Practical	2
			23.12.2025	Practical		2	GD, Practical	2
			26.12.2025	2.1 Dhamasa & Activity	1	1	Lecture with PPT	2
			29.12.2025	Practical		2	Garden visit	2
			30.12.2025	Practical		2	Activity	2
Total Hours								38 Hrs

**HOD** Head of Department  
Department of Dravyaguna  
Monark Ayurved Medical College and Hospital  
Vahelal, Ahmedabad.

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### DEPARTMENT OF AGAD TANTRA

#### TEACHING SCHEDULE OF DECEMBER- 2025

**Subject Code: AyUg AT      Term:II      Batch:2023 -24**

Sl No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. Preesha P	Sthavara visha- Poisons of Plant Origin	Dooshivishari					
			Agad					
			Bilwaadi Agad					
			Dashanga					
			Agad					
			Murvadi Agad					
			Vatsanabha	01/12/2025	1		Lecture with ppt	1
			Karaveera					
			Digitalis	03/12/2025		2	Lecture with ppt/ Practical with ppt	2
			Tobacco					
			Cerebera					
			odollam	05/12/2025	1		Lecture with ppt/ Practical with ppt	2
			Kupilu	08/12/2025		2	Lecture with ppt	1
			Ahiphena	10/12/2025		2	Lecture with ppt/ Practical with ppt	2
			Dhattura	12/12/2025		2	Lecture with ppt	2
			Bhang	15/12/2025	1		Lecture with ppt	1
			Jayapala	17/12/2025		2	Lecture with ppt	2
			Gunja	19/12/2025		2	Lecture with ppt/ Practical with ppt	2
			Bhallataka	22/12/2025	1		Lecture with ppt/ Practical with ppt	1
				24/12/2025		2	Lecture with ppt	2
				26/12/2025		2	Lecture with ppt	2
			Arka	29/12/2025	1		Lecture with ppt	1

		Snuhi,Langali	31/12/2025		2	Lecture/ Practical with ppt	2
2 Dr. Savitha P.K	Thanatology	Medicolegal Autopsy	03/12/2025	1		Lecture with ppt	1
		Demonstrartion of Autopsy videos	04/12/2025		1	Lecture/ Practical with ppt	1
		Exhumation	10/12/2025	1		Lecture with ppt	1
		Transplantation of Human organs and Tissue Act	11/12/2025		1	Lecture/ Practical with ppt	1
		Definition Asphyxia, hanging	17/12/2025	1		Lecture with ppt	1
	Asphyxial Death	Strangulation	18/12/2025		1	Lecture/ Practical with ppt	1
		Suffocation	24/12/2025	1		Lecture with ppt	1
		Drowning	25/12/2025		1		1
		Post mortem changes of all the Asphyxial death	31/12/2025		1	Lecture with ppt	1
		Total Hours		10	22		32

  
Head of the Department

Department of Aged care and Vaidika Vaidyaka  
Monark Ayurved Medical College and Hospital  
Vellore, Annaudh, Tamilnadu.

  
Principal

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UNIVERSITY

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## DEPARTMENT OF ROGANIDANA

### TEACHING SCHEDULE OF DECEMBER 2025

**Subject Code:AYRN**

**Term: 2RD**

**Batch:2023-24**

**Paper:11**

Sr No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. Suchithra P Bai	6.Grahani	Bheda of Grahani,sangraha Grahani,gatiyanta Grahani Sadhyasadyatha, differentiate athisara and grahani	5-12-25	1hr		Lecture with ppt	1hr
		9. Mutrakrichhra	Hetu,types,cardinal features sampraphi of mutrakrechra, vishita lakshana	12-12-25	1hr		Lecture with ppt	
				19-12-25		-	Lecture with ppt L VC Lecture & GD	2hr
		10.Mutraghata	Define mutraghata,enlist conditions off mutrashoshana and mutra pratihanyate Differen types of mutaghata	26-12-25	1hr		Lecture with ppt, O-QZ/O-Game	1hr
		Urine examination	Urine culture	2-12-25		2hr	Lecture with ppt,	
		Activity	Differentiate athisara and Grahani	3-12-25		1hr	Group discussion	2hr
		Stool examination and urine examination	Introduction ,Physical examination of stool and urine culture	4-12-25		2hr	Lecture with ppt,	1hr
		Activity	Differentiate	6-12-25		1hr	Group discussion	2hr

		Grahani dosa and Grahani roga					
Stool examination	chemical examination of stool	9-12-25	-	2hr	L&PPT	2hr	
Activity	Mutrakrichhra	10-12-25	-	1hr	Puzzle	1hr	
Activity	IBS and IBD	11-12-25	-	1hr	Vedio clip	1hr	
Introduction to various different imaging techniques	x-ray, MRI	16-12-25	-	2hr	L&PPT	2hr	
Activity	Urinary tract infection,nephrotic and nephritic syndrome	17-12-25	-	1hr	Class presentation	1hr	
Introduction to various different imaging techniques	CT, Ultra sound scanning	18-12-25	-	2hr	L&PPT	2hr	
Activity	Acute kidney injury and chronic renal disease	20-12-25	-	1hr	Class presentation	1hr	
Introduction to various different imaging techniques	Doppler ultrasonography . Spectral Doppler ultrasonography , Color Doppler ultrasonography	23-12-25	-	2hr	L&PPT	2hr	
Activity	Hetu and sampraphi of grahani	24-12-25	-	1hr	Chart preparation	1hr	
Introduction to ECG	Introduction,electrical activity of heart ,indication	25-10-25	-	2hr	L&PPT	2hr	
Introduction to ECG	Lead system	30-12-25	-	2hr	L&PPT	2hr	
Activity	Hetu and sampraphi of grahani	31-10-25	-	1hr	Chart preparation	1hr	
Total Hours			4hr	24hr		28hr	

For HOD  
 29/10/25  
 HOD

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