



MONARK
UNIVERSITY

MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute of Monark University)

At. Post Vahelal, Naroda- Dahegam Road, Ta. Dascroi,

Dist. Ahmedabad-382330(Gujarat) India

Website: www.mamch.monarkuni.ac.in Phone No: 02718- 247215/138

DEPARTMENT OF RACHANA SHAREERA

TEACHING SCHEDULE OF OCTOBER 2025

Subject Code: AyUG-RS Term: II

Batch:2024-25

Paper: II

Sr No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours		
1	Dr. Sreekanth Vaidyanath R S	Marma, Lower Limb Bones	Revision Nirukti, paribhasha, sankhya of Marma	1.10.25	1	1	Lecture with ppt, Demonstration	2		
			Hip bone - intro, parts	3.10.25		1	Demonstration	1		
			Marma Bheda	4.10.25	1		Lecture with ppt, Demonstration	2		
			II term Exam 6.10.25 – 10.10.25							
			Marma Bheda, Hip Bone – parts & clinical anatomy	13.10.25	1	1	Lecture with ppt, Demonstration	2		
			Importance of Marma, Clinical Aspects of Marma, Femur	14.10.25	1	1	Lecture with ppt, Demonstration	2		
			Marma Revision, Femur	15.10.25	1	1	Lecture with ppt, Demonstration	2		
VACATION FOR STUDENTS 16.10.25 - 26.10.25										
		Urinary System - Kidney	Kidney – intro, location, external features	27.10.25	1		Lecture with ppt	1		
		Tibia	Tibia – intro, parts,	29.10.25		1	Demonstration	1		
		Tibia	Tibia – Revision & clinical anatomy	30.10.25		1	Demonstration	1		
2	Dr. Yedhu Krishnan	Urinary System – Ureter, Urinary bladder, Fibula, Brachial Plexus	Fibula – intro, parts, clinical anatomy	27.10.25		1	Demonstration, Practicals, PPT	1		
			Ureter – intro, external features, constrictions, Brachial Plexus – Intro, Roots, Divisions, Cords	28.10.25	1	1	Lecture with ppt, Demonstration,	2		
			Ureter – Blood supply, Clinical Anatomy, Urinary Bladder – Intro, Features	29.10.25	1		Lecture with ppt	1		

			Brachial Plexus – Cord Branches, Clinical Anatomy	31.10.25		1	Practicals, PPT	1
3.	Integration Class - Name of Faculty and Department							
Total Hours								19

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HOD (I.C)

Head of Department
Department of Rachana Sharir
Monark Ayurved Medical College and Hospital
Vahelal, Ahmedabad.

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PRINCIPAL & MEDICAL SUPERINTENDENT
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TEACHING SCHEDULE OF OCTOBER 2025

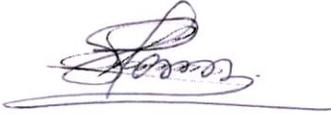
DEPARTMENT OF KRIYA SHARIR

SUBJECT CODE: AyUG-KS
TERM: II TERM
BATCH: 2024-25
PAPER: I

Name of Faculty	Topics	Sub Topics	Date	LH	NLH/ NLP	Instruction Method/	Total Hours
Dr.Komal Chavda	Revision on Prakriti, Kriya Kala	Sloka learning and writing	1.10.25 Wednesday	-	1:30- 4:30pm	Formative assessment	3
Dr.Sreelekshmi G	Respiratory system	Mechanics of breathing, pressure changes	3.10.25 Thursday	10-11am	1:30- 3:30pm	Formative assessment	2
Dr.Sreelekshmi G		Lung volume and Capacities, Compliance, Gas diffusion Exchange	4.10.25 Saturday	10-11am	2:30- 3:30pm	Formative assessment	2
II terminal Examination 6/10/25 - 10/10/25							

(Exchange with Anatomy dept.			13.10.25 Monday	10-11 am	2:30-3:30pm		2
			14.10.25 Tuesday	-	2:30-3:30pm		1
			15.10.25 Wednesday	-	2:30-4:30pm		2
Vacation for students 16/10/25-26/10/25							
Dr.sreelekshmi G	Endocrine Physiology	Introduction	29/10/25 Monday	-	2:30-3:30pm	Lecturing with images & vedios	1
Dr.Komal Chavda	Ayu portion	Ashtaahara visesa ayatana		10-11 am	-	lecturing	1
Dr.Komal Chavda	Ayu portion	Ahara vidhi vidhana	30/10/25 Tuesday		2:30-3:30pm	lecturing	1

Total hours: 14
22/9/25



Dr.Sreelekshmi G

Head of Department
 Department of Kriya Sharir
 Monark Ayurved Medical College and Hospital
 Vahelal, Ahmedabad.

22/9/25
 24/10/25

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DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF OCTOBER 2025

Subject Code: AyUG-PV Term: II

Batch: 2024-25

Paper: 1

Sr No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr.Gautham M	Topic -4 Guna vijnaneeyam	4.1 Etymological Derivation, Classification and Enumeration according to various Darshana and Charaka,	1-10-25	10:00-11:00 Am	-	Lecture / Group Discussion	1
			4.2 Lakshana and Classification of Sartha Guna, Gurvadiguna, Paradiguna, Adhyatmaguna (41 Guna	3-10-25	12-1.00 PM	-	Lecture / Group Discussion	1
			4.3 Gunapradhanyata (Importance of Guna)	15-10-25	10:00-11:00 Am	-	Lecture / Group Discussion /Demonstration	1
			4.4 Practical / clinical application of each Guna in Ayurveda	24-10-25	12-1.00 PM	-	Lecture / Group Discussion , Demonstration	1
			4.5 Principles and examples in contemporary sciences which will enhance understanding concept of Guna.	29-10-25	10:00-11:00 Am	-	Lecture / Group Discussion	1
2	Dr Akhil C	Karma Vijnaniyam	Practical application of karma,	03/10/2025	9-10 am		Lecture	1
			Discuss karma, classify karma in given examples	03/10/2025		9-10 am	Group Discussion	1

			Principles & examples in contemporary sciences which will enhance understanding the concept	10/10/2025	9-10 am		Lecture	1
			Illustrate five types of Karma in collage of pictures/Shastrakarma, Compare karma with concepts learned in physics, Chemistry etc.	10/10/2025		9-10 am	Illustration-PPT	1
3.	Dr Anjana S	Dravya vijnaneeyam	Definition of term kala, Explain classification/types of Kala	16/10/25	9-10 am		Lecture ppt	1
			Find illustrations of kala explained in Ashtang Hridaya. Give examples of importance of Kala in Ayurveda and time as per contemporary sciences	30/10/25	9-10 am		Lecture ppt	1
			Discuss the concept of Kala as per Ayurved and Contemporary sciences	14/10/25		9-10 am	Group discussion	1
			find the diseases common for different age groups (balyavastha/ tarunyavastha/ vrudhavadastha)	28/10/25		9-10 am	Early Clinical Exposure. Hospital visit Batch wise	1
4.	Integration Class - Name of Faculty and Department	-	-	-	-	-	-	-
Total Hours								13

Gautham
HOD

[Signature]
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DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF OCTOBER 2025

Subject Code: AyUG-SA1

Term: II

Batch: 2024-25

Paper: 1

S r N o	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr.Gautham M	Ch S Su 9. Khuddakachatus hpada Adhyaayaya	i. Chikitsa Chatushpada ii. Roga- Arogya Lakshana iii. Chikitsa Lakshana iv. Vaidya, Dr v. Vaidya pradhanatva	2-10-25	11:00- 12:00 Pm	-	Lectures/ Audio- Visual Aids	1
			vi. Adnya chikitsak dosha vii. Sad vaidya lakshana viii. Vaidya kartavya	7-10-25	10:00- 11:00 Am	-	Lectures/ Audio- Visual Aids	1

			<p>ix. Vaidya Vritti</p> <p>x. Recitation of important Shlokas</p> <p>xi. Research Updates: Medical ethics-principles Soft Skill development for medical students Emotional Intelligence as a crucial component in medical education</p>	14-10-25	10:00-11:00 Am	-	Lectures/ Audio- Visual Aids	1
	Ch S Su 10. Mahachatuspada Adhyaya	<p>i. Catuspaada-bheshajam alam aarogyaayeti (aatreya-krta)</p> <p>ii. Bheshaja-abheshajayo tulyatva pratipaadana – (maitreya-krta)</p> <p>iii. Its conclusion by Atreya</p> <p>iv. Pareekshya-kaarino hi kusalaa bhavanthi</p> <p>v. Cikitsaa sootram</p>		28-10-25	10:00-11:00 Am	-	Lecturer/ Group discussion	1
		<p>vi. Cikitsaayaam yasolaabhe kaaranam</p> <p>vii. Asaadhyarogacikitsaayaam haani</p> <p>viii. Further division of</p>		30-10-25	11:00-12:00 Pm	-	- Lecturer/ Group discussion	1

			<p>saadhya- asaadhyata ix. Sukha- saadhya lakshanam x. Krechra- saadhya lakshanam xi. Yaapya lakshanam xii. Pratyaakhyeya lakshanam xiii. Benefit of knowledge of prognosis xiv. The versatile usage of the term 'mithyaa- buddhi' xv. Recitation of important shlokas</p>					
2	Dr Akhil C (Monitored by Dr Gautam)	Deergham jivitiyam Adhyayam	<p>Explain the abode of vyadhi and arogya, Discuss the characteristics of Atma, Explain the sharira and manasa dosa, Discuss the treatment of manas and sharira, Discuss the Gunas of tridosha, Treatment of sadhya- Asadhya roga, Explain Rasa</p>	1/10/25	9-10 Am		Lecture method With ppt	1
			<p>Ayurveda terminologies- Journal activity, Tantrayukti- Uddhesha and Nirddhesha</p>	3/10//25	2.30.-3.30 Pm		ICT- PPT, Discussion	1
			Sloka recitation	6/10/25	3.30-4.30 Pm		Recitation by using E SAMHITA	1
			Sloka recitation - 57- 67	27/10/25	3.30-4.30 Pm		Recitation by using E SAMHITA	1
			<p>Discuss about the treatment for sadhya and Asadhya, Explain the rasa, Classify the Dravya based on their effects on body and their origin.</p>	29/10/25	9-10 Am		ICT- PPT	1

3.	Dr Anjana s	CS Su 7. Naveganadharaniya Adhyaya:-	Educating people about harms of vega dharana by social media campaigns	4/10/25		11-12 pm	Video clip making Activity-	1
		AH 11. Doshadi Vijnaniya Adhyaya	Dosha dhathu mala concept	6/10/25	9-10 am		lecture	1
		CS Su 7. Naveganadharaniya Adhyaya	Finding reasons for vega dharana in present day life style	7/10/25		3.3. - 4.30 pm	Group discussion	1
			Vridhi kshaya of doshas	27/10/25	9-10 am		lectures	1
			Doshadi vijnaniya	28/10/25		3.3. - 4.30 pm	Samhitha Parayan	1
4.	Integration Class - Name of Faculty and Department	-	-	-	-	-	-	-
	Total Hours							15


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DEPARTMENT OF SAMHITA-SIDDHANT& SANSKRIT

TEACHING SCHEDULE OF OCTOBER 2025

Subject Code:

Term: II

Batch: 2024

AyUG- -SN & AI

Sr No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH	Instruction Method/	Total Hours
1	DR.KA MINI PATEL	समास	Identify समास: Discriminate between the संधि :and समास:	1/10/20 25	12.00 TO 1.00 PM- LH		NARRATIVE METHOD	01
2.			Origin and period of different systems of medicine in the world.	2/10/20 25		12.00 TO 1.00 PM NLH	PPT	01
3.			Introduction to Vrukshayurveda, Hastyayurveda and Ashwayurveda.	3/10/20 25		11.00 TO 12.00PM NLH	M.C.Q WRITTING	01
4.		Ayurvede d Itihas	Ayurveda during the period of Ashoka Rule, Mughal and British	4/10/20 25		12.00 TO 1.00 PM- NLH	M.C.Q WRITTING	01
		Ayurvede d Itihas	समास	6/10/20 25	12.00 TO 1.00 PM - LH		ALL SAMAS REVISION	01
			समास	7/10/20- 25	11.00 TO 12.00PM - LH		ALL SAMAS Discussion	01
			समास	8/10/20 25	12.00 TO 1.00 PM - LH		Recitation by using Shloka in the samas	01
			समास	9/10/20 25		12.00 TO 1.00 PM -	WRITING LOGBOOK.	01
			समास	10/10/2 025		11.00 TO 12.00PM	LEARNING PBL	01

			प्रत्यय					
			सन्धि	13/10/2025	12.00 TO 1.00 PM - LH		SANDHI REVISION	01
			सन्धि	14/10/2025	11.00 TO 12.00PM - LH		SANDHI REVISION	01
			सन्धि	15/10/2025	12.00 TO 1.00 PM - LH		Formulate the joined words while writing the sentences	01
2			प्रत्यय	27/10/2025	12.00 TO 1.00 PM - LH		Cognitive domain - Application and problem solving	01
			कारकप्र करणम्	28/10/2025	11.00 TO 12.00PM - LH		Translate sentences from English to Sanskrit	01
			अव्ययानि	29/10/2025	12.00 TO 1.00 PM - LH		Oral & Written	01
				30/10/2025		12.00 TO 1.00 PM - NLH		Formulate the joined words while writing the sentences
				31/10/2025		11.00 TO 12.00PM		
Total Hours: LH- 09 TOTAL HOURS: NLH- 08								17 hours

Gautham
HOD

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DEPARTMENT OF RACHANA SHAREERA

TEACHING SCHEDULE OF NOVEMBER 2025

Subject Code: AyUG-RS

Term: III

Batch:2024-25

Paper: I & II

Sr No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
TERM II VIVA EXAMINATION FROM 3.11.25 TO 10.11.25								
1	Dr. Sreekanth Vaidyanath R S	Sira & Dhamani Sharira, Lower Limb Bones	Introduction, Nirukti, Paribhasha, Paryaya & Sankhya of Sira Bheda, Karma, Clinical Importance of Sira & Avedhya Sira	15.11.25	1		Lecture with ppt, Demonstration	1
			Hip Bone	12.11.25		1	Demonstration	1
			Hip Bone	13.11.25		1	Demonstration	1
			Introduction, Nirukti, Paribhasha, Paryaya & Sankhya OF Dhamani	17.11.25	1		Lecture with ppt, Demonstration	1
			Femur	19.11.25		1	Demonstration	1
			Femur	20.11.25		1	Demonstration	1
			Bheda, Karma, Clinical Importance of Dhamani	24.11.25	1		Lecture with ppt, Demonstration	1
			Femur	26.11.25		1	Demonstration	1
			Tibia	27.11.25		1	Demonstration	1
			Revision of Sira & Dhamani Sharira	29.11.25	1		Lecture with ppt, Demonstration	1
2	Dr. Yedhu Krishnan	Urinary System – Kidney Srotas	Kidney – intro, location, external features Srotas – Introduction, Nirukti, Paryaya, Moolasthana & Sankhya of Srotas	11.11.25	1	1	Lecture with ppt, Demonstration – NLH P	2
			Srotas – Individual Srotas in Detail	12.11.25		1	Lecture with PPT	1
			Urinary System – Kidney Internal Features, Blood supply & Clinical Anatomy	17.11.25		1	Demonstration	1
			Urinary System – Kidney Srotas Histology of Kidney(NLH) Srotas – Individual Srotas in Detail	18.11.25	1	1	Lecture with ppt, Demonstration – NLH P	2

		Urinary System – Urinary Bladder Srotas	Srotas – Individual Srotas in Detail	19.11.25	1		Lecture with PPT	1
			External Features and Internal Features Of Urinary Bladder	24.11.25		1	Demonstration	1
			Srotas – Individual Srotas in Detail Histology of Urinary Bladder	25.11.25	1	1	Lecture with ppt, Demonstration,	2
			Srotas – Individual Srotas in Detail	26.11.25	1		Lecture with ppt	1
3.	Integration Class - Name of Faculty and Department							
Total Hours								21

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28-10-25

Head of Department
Department of Rachana Sharir
HOD Monark Ayurved Medical College and Hospital
Vahelal, Ahmedabad.



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28/10/25

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TEACHING SCHEDULE OF NOVEMBER 2025

DEPARTMENT OF KRIYA SHARIR

SUBJECT CODE: AyUG-KS
TERM: II TERM
BATCH: 2024-25
PAPER: I

Name of Faculty	Topics	Sub Topics	Date	LH	NLH/ NLP	Instruction Method/	Total Hours
II term Practical exam							
3-11-25 till 10-11-25							
Dr.Komal Chavda	Ahara Agni Koshta	Ahara – classification , importance	11.11.25 Tuesday	NLH	2:30- 3:30pm	Sloka explanation recitation and interactive learning	1 hours
		Ahara paka,	13.11.25 Thursday	NLH	2:30- 3:30pm		1 hours
		Ashta Aharavidhi visesa ayatana	17.11.25 Monday	LH	10-11am		1 hour
		Ahara- Vidhi vidhaana & Parinamakara bhava	18.11.25 Tuesday	NLH	2:30- 3:30pm		1 hours
		Agni	20.11.25 Thursday	NLH	2:30- 3:30pm		1 hours
		Koshta	24.11.25 Monday	LH	10-11am		1 hour

		Self assessment of Agni & Koshta	25.11.25 Tuesday	NLH	2:30-3:30pm		1 hours
		Revision	27.11.25 Thursday	NLH	2:30-3:30pm		1 hours
Total hours -8							
Dr.Sreelekshmi G	Endocrine system	Glands classification, general mode of action	12/11/25 Wednesday	NLH	2:30-4:30pm	Lecturing with visual methods	2 hours
		Anterior Pituitary gland	13.11.25 Thursday	LH	10:00-11:00am	Lecturing	1 hour
		Posterior Pituitary gland	15.11.25 Saturday	LH	10:00-11:00am	Lecturing with-visual methods	1hour
		Thyroid gland	17.11.25 Monday	NLH	2:30-3:30pm	Flipped class room- group discussion and interactive sessions	1 hour
		Parathyroid gland	19.11.25 Wednesday	NLH	2:30-4:30pm	group discussion and interactive sessions	2 hour
		Adrenal glands—cortical hormones Adrenal medullary hormones	20/11/25 Thursday	LH	10:00-11:00am	Lecturing with-visual methods	1 hours
			24.11.25 Monday	NLH	2:30-3:30pm	Group discussion	1 hour
		Endocrine functions of Pancreas	26.11.25 Wednesday	NLH	2:30-4:30pm	Lecturing with visual methods	2hours
			27.11.25 Thursday	LH	10-11 am		1hour

		Local hormones	29.11.25 Saturday	LH	10-11am	discussion	1 hours
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Total hours :12

S. S. S.
29/10/25-

Dr. Saeedebshwi. G

Head of Department
Department of Kriya Sharir
Monark Ayurved Medical College and Hospital
Vahelal, Ahmedabad.

Principal

29/10/25

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DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF NOVEMBER 2025

Subject Code: AyUG-SA1

Term: III

Batch: 2024-25

Paper: 1

S. No	Name of Faculty	Topic & Subtopics	Date	LH / NLH	Time	Instruction Method	TOTAL HOURS
1	DR GAUT HAM	Ch S Su 11. Tisraishaniya Adhyaya-i. TrividhaEshana (Three Desires of life) ii. Paralokaeshana	4-Nov	(NL H)	10-11 AM	Lecture – AV Method	1
2	DR GAUT HAM	ii. Chaturvidhpariksha iv. Punarjanma siddhi by Chaturvidhapramanas	6-Nov	(NL H)	11-12 PM	Lecture – AV Method	1
3	DR GAUT HAM	v. Trayopasthambha, vi. Trividhabala	11-Nov	(NL H)	10-11 AM	Lecture – AV Method	1
4	DR GAUT HAM	vii. Trividhaayatana viii. Atiyoga, Heenayoga and Mithya yoga of artha, karma and kaala	13-Nov	(NL H)	11-12 PM	Lecture – AV Method	1
5	DR GAUT HAM	x. Trividharoga x. Treatment for manasavyadhi xi. Trividharogamarga xii. Trividhavidya	18-Nov	(NL H)	10-11 AM	Lecture – AV Method	1
6	DR GAUT HAM	xiii. Trividhaoushadha xiv. Ashtatrika xv. Important Shloka for Recitation	20-Nov	(NL H)	11-12 PM	Lecture – AV Method	1
7	DR GAUT HAM	CS Su 11. Tisraishaniya Adhyaya- Debate :-Punarjanma siddhant as per different thoughts. Debate on punarjanma with different references as per classics and contemporary understanding.	25-Nov	(NL H)	10-11 AM	Debate	1
8	DR GAUT HAM	Debate :-Punarjanma siddhant	27-Nov	(NL H)	11-12 PM	Debate	1
1	DR AKHIL	Doshopakramaniya Adhyaya-i. Tridosha- upakrama (Treatment principles of vitiated doshas	1-Nov	(NL H)	9-10 AM	Lecture – AV Method	1
2	DR AKHIL	Doshopakramaniya Adhyaya-i. Tridosha- upakrama (Treatment principles of vitiated doshas	3-Nov	(NL H)	3.30-4.30 PM	Lecture – AV Method	1
4	DR AKHIL	Doshopakramaniya Adhyaya-i. Tridosha- upakrama (Treatment principles of vitiated doshas	7-Nov	(NL H)	2.30-3.30 PM	Lecture – AV Method	1
6	DR AKHIL	ii. Shuddha-ashuddha chikitsa lakshana (Accurate and inaccurate treatment) iii. Dosha gati (movement of doshas inside the body)	10-Nov	(NL H)	3.30-4.30 PM	Lecture – AV Method	1

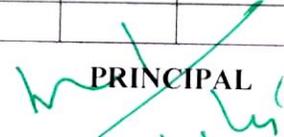
7	DR AKHIL	iv. Concept of aama	12- Nov	(L)	9-10 AM	Lecture – AV Method	1
8	DR AKHIL	Dasha aushadha-kaala (ten types of times for administering medicines)	14- Nov	(NL H)	2.30- 3.30 PM	Lecture – AV Method	1
9	DR AKHIL	vii. Research Updates – Langhan : Fasting and autophagy induction – how cell recycle and renew theory Content, a process called autophagy.	15- Nov	(NL H)	9-10 AM	AV Method	1
10	DR AKHIL	Recitation of important shlokas	17- Nov	(NL H)	3.30- 4.30 PM	Recitatio n	1
11	DR AKHIL	13. Doshopakramaniya Adhyaya- Case Based learning-(CBL)- Group activity-Observe the signs and symptoms of Ama in any five patients (Group wise) and present and discuss it in class.	19- Nov	(L)	9-10 AM	Group activity-	1
12	DR AKHIL	13. Doshopakramaniya Adhyaya- Case Based learning-(CBL)- Group activity-Observe the signs and symptoms of Ama in any five patients (Group wise) and present and discuss it in class.	21- Nov	(NL H)	2.3- 3.30 PM	Group activity-	1
14	DR AKHIL	13. Doshopakramaniya Adhyaya- Case Based learning-(CBL)- Group activity-Observe the signs and symptoms of Ama in any five patients (Group wise) and present and discuss it in class.	24- Nov	(NL H)	3.3- 4.30 PM	Group activity	1
15	DR AKHIL	Seminar Presentation- a. Understand Aushadha Kaal in relation with suntypes of Vata Dosha. b. Recognize the principles applicable during treatment of Saam Dosha and Dushyas.	26- Nov	(L)	9-10 AM	Seminar Presentati on	1
16	DR AKHIL	Seminar Presentation- a. Understand Aushadha Kaal in relation with suntypes of Vata Dosha. b. Recognize the principles applicable during treatment of Saam Dosha and Dushyas.	28- Nov	(NL H)	2.3- 3.30 PM	AV Method	1
17	DR AKHIL	Seminar Presentation- a. Understand Aushadha Kaal in relation with suntypes of Vata Dosha. b. Recognize the principles applicable during treatment of Saam Dosha and Dushyas.	29- Nov	(NL H)	9-10 AM	AV Method	1
1	DR ANJA NA	Doshadi Vijnaniya Adhyaya- i. Importance of dosha dhatu mala ii. Dosha dhatu mala prakruta and vaikruta karma (normal and abnormal functions)	1- Nov	(NL H)	11-12 PM	Lecture – AV Method	1
2	DR ANJA NA	iii. Dosha dhatu mala ashraya- ashrayi bhava (relation between dosha and dhatus)	3- Nov	(L)	9-10 AM	Lecture – AV Method	1

3	DR ANJA NA	Samanya chikitsa siddhanta for dosha dhatu mala vriddhi kshaya (treatment principles)	4- Nov	(NL H)	3.3- 4.30 PM	Lecture – AV Method	1
4	DR ANJA NA	Agni (Digestive fire)	7- Nov	(NL H)	10-11 AM	Lecture – AV Method	1
6	DR ANJA NA	vi. General pathophysiology for origin of disease	10- Nov	(L)	9-10 AM	Lecture – AV Method	1
7	DR ANJA NA	vii. Ojus (Essence of dhatus)	11- Nov	(NL H)	3.3- 4.30 PM	Lecture – AV Method	1
8	DR ANJA NA	viii. Vriddhi-kshaya bhashaja	14- Nov	(NL H)	10-11 AM	Lecture – AV Method	1
9	DR ANJA NA	ix. Recitation of important shlokas	15- Nov	(NL H)	11-12 PM	Lecture – AV Method	1
10	DR ANJA NA	11. Doshadi Vijnaniya Adhyaya- Case Based learning-(CBL)- Assess the patient for Vriddhi and Kshaya Lakshanas of Dosha-Dhatu-Mala, based on predesigned proforma. Discuss these case findings later in class.	17- Nov	(L)	9-10 AM	AV Method	1
11	DR ANJA NA	11. Doshadi Vijnaniya Adhyaya- Case Based learning-(CBL)- Assess the patient for Vriddhi and Kshaya Lakshanas of Dosha-Dhatu-Mala, based on predesigned proforma. Discuss these case findings later in class.	18- Nov	(NL H)	3.3- 4.30 PM	AV Method	1
12	DR ANJA NA	11. Doshadi Vijnaniya Adhyaya- Case Based learning-(CBL)- Assess the patient for Vriddhi and Kshaya Lakshanas of Dosha-Dhatu-Mala, based on predesigned proforma. Discuss these case findings later in class.	21- Nov	(NL H)	10-11 AM	AV Method	1
14	DR ANJA NA	11. Doshadi Vijnaniya Adhyaya- Case Based learning-(CBL)- Assess the patient for Vriddhi and Kshaya Lakshanas of Dosha-Dhatu-Mala, based on predesigned proforma. Discuss these case findings later in class.	24- Nov	(L)	9-10 AM	AV Method	1
15	DR ANJA NA	11. Doshadi Vijnaniya Adhyaya- Case Based learning-(CBL)- Assess the patient for Vriddhi and Kshaya Lakshanas of Dosha-Dhatu-Mala, based on predesigned proforma. Discuss these case findings later in class.	25- Nov	(NL H)	3.3- 4.30 PM	AV Method	1
16	DR ANJA NA	Doshabhediya Adhyaya- i. Dosha and dosha bheda (Dosha and their types)	28- Nov	(NL H)	10-11 AM	Lecture – AV Method	1
17	DR ANJA NA	Doshabhediya Adhyaya- i. Dosha and dosha bheda (Dosha and their types)	29- Nov	(NL H)	11-12 PM	Lecture – AV Method	1
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MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute of Monark University)

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DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF NOVEMBER 2025

Subject Code: AyUG-PV Term: III

Batch: 2024-25

Paper: I & II

S. No.	Name of Faculty	Topic & Subtopics	Date	LH / NLH	TIME	Instruction Method	TOTAL HOURS
1	DR GAUTHAM	4. Guna: Gurvadiguna,	7- Nov	(L)	12-1 PM	Lectures/ Audio- Visual Aids	1
2	DR GAUTHAM	Paradiguna, Adhyatmaguna (41 Guna)	12- Nov	(NL H)	10- 11 AM	Lectures/ Audio- Visual Aids	1
3	DR GAUTHAM	4.3 Gunapradhanyata (Importance of Guna)	14- Nov	(L)	12-1 PM	Lectures/ Audio- Visual Aids	1
4	DR GAUTHAM	Identification: Sartha Guna : Identify concept of Shabda, Sparsha, Rupa, Rasa, Gandha in Dravya. Application and demonstration find the different therapies based on 5 Sartha Gunas. e.g. Gandha. Shabda, Sparsha. Observe /Experience/ Study / Read book or article present on (any one) Aromatherapy- Gandha Chikitsa. Music therapy/ Mamtra Chikitsa -Shabda guna. Sparsha- Touch therapy.	19- Nov	(NL H)	10- 11 AM	demonstration	1
5	DR GAUTHAM	Gurvadi Guna: Identify guna in any five ahara dravya : different vargas. in Sharir dravya: dosha, dhatu mala. Comparison Gurvadi gunas and correlate with concepts learned in Physics, Chemistry and Biology. Observation(survey) of the effects of Seasons on Gurvadi gunas in body, nature etc.	21- Nov	(L)	12-1 PM	survey	1
6	DR GAUTHAM	Paradi Guna and their application in five examples.	26- Nov	(NL H)	10- 11 AM	demonstration	1
7	DR GAUTHAM	Atma Guna identification: Making or Framing their real life situations related to Atma Guna(sukha, dukkha etc)	28- Nov	(L)	12-1 PM	discussion	1
1	DR AKHIL	Abhava vijñaneeyam 9.1 – Introduction of concept of Abhaava According to Darshana and Ayurveda. 9.2 – Classification of Abhaava.	7- Nov	(NL H)	9-10 AM	Lectures/ Audio- Visual Aids	1

2	DR AKHIL	9.3 – Practical application of Abhaava 9.4- Principles and examples in contemporary sciences which will enhance understanding the concept of Abhava.	14-Nov	(NL H)	9-10 AM	Lectures/ Audio- Visual Aids	1
3	DR AKHIL	Discuss Abhav.	21-Nov	(NL H)	9-10 AM	Group discussion	1
4	DR AKHIL	Write real life experiences of pragabhava, pradhvamsabhava, atyantabhava and anyonyabhav.	28-Nov	(NL H)	9-10 AM	Discussion	1
1	DR ANJANA	3.4 Dik: Lakshana, division and significance.	4-Nov	(NL H)	9-10 AM	Lectures/ Audio- Visual Aids	1
2	DR ANJANA	3.8 Role of Panchamahabhuta and Triguna in Dehaprakriti and Manasaprakriti respectively.	6-Nov	(L)	9-10 AM	Lectures/ Audio- Visual Aids	1
3	DR ANJANA	3.9 Tamas as the tenth Dravya.	11-Nov	(NL H)	9-10 AM	Lectures/ Audio- Visual Aids	1
4	DR ANJANA	1. Identification of Guna and Karma. Make a list of 10 dravyas surrounding you and identify Guna and Karma in it.	13-Nov	(L)	9-10 AM	Demonstration	1
5	DR ANJANA	2. Panchbhautik nature identification: Demonstrate the Panchamahabhuta in any five ahara dravya and five sharira dravya/ avayava with a neat labeled diagramme. (ex-cell, blood, vata, pitta, kapha etc).	18-Nov	(NL H)	9-10 AM	Practical/ Demonstration	1
6	DR ANJANA	3. Determination of Directions: Identify the directions in and enlist the content in each direction in your campus.	20-Nov	(L)	9-10 AM	Practical/ Demonstration	1
7	DR ANJANA	4. Conceptualize Time : Discussion and understanding of Kala as per Ayurved and contemporary sciences.	25-Nov	(NL H)	9-10 AM	discussion	1
8	DR ANJANA	5. Categorization of Aushadhi dravya by dominance of Mahabhoot e.g. Parthiv / Jaleeya/ Agney/ Vayaveey/ Akasheey dravya with reasons. 6. Early Clinical Exposure(ECE): Visit the OPD, find the diseases common for different age groups (balyavastha/ tarunyavastha/ vrudh'avastha)	27-Nov	(L)	9-10 AM	Clinical opd	1
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DEPARTMENT OF SAMHITA-SIDDHANT&

SANSKRIT

TEACHING SCHEDULE OF NOVEMBER 2025

Subject Code:

Term: II

Batch: 2024

AyUG- -SN & AI

Sr No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH	Instruction Method/	Total Hours	
1	DR.KA MINI PATEL	निरुक्ति कारक	Oral Writing	1/11/2025		12.00 TO 1.00 PM-NLH	learning	01	
2.			All Karak Explain	3/11/2025	12.00 TO 1.00 PM - LH		NARRATIVE METHOD	01	
3.			Nirukti Explain	4/11/2025	11.00 TO 12.00PM LH		NARRATIVE METHOD	01	
4.			Objective Type Sentences IN Log book.	5/11/2025		12.00 TO 1.00 PM-NLH		WRITTING	01
			Group Discussions.	6/11/2025		12.00 TO 1.00 PM-NLH		ALL karaka	01
			Conversation sessions.	7/11/2025		11.00 TO 12.00PM - NLH		ALL karaka	01
			Nirukti Explain.	10/11/2025		12.00 TO 1.00 PM - LH		Recitation by using Shloka in the samas	01
			Cognitive domain Comprehension.	11/11/2025		11.00 TO 12.00PM LH		WRITTING LOGBOOK.	01
			Open book Test.	12/11/2025			12.00 TO 1.00 PM-NLH	LEARNING PBL	02
			Oral & writing	13/11/2025			12.00 TO 1.00 PM-	avyaya	01

		avyaya	14/11/2025		11.00 TO 12.00PM - NLH	Group Discussions	01
		avyaya	15/11/2025		12.00 TO 1.00 PM - NLH	Open book Test.	01
2		PARIBHASHA	17/11/2025	12.00 TO 1.00 PM - LH		PARIBHASH A EXPLAIN	01
		PARIBHASHA	18/11/2025	11.00 TO 12.00PM - LH		PARIBHASH A EXPLAIN	01
		NIRUKTI	19/11/2025		12.00 TO 1.00 PM - NLH	Peer learning	01
		NIRUKTI	20/11/2025		12.00 TO 1.00 PM - NLH	Group discussions.	01
		NIRUKTI	21/11/2025		11.00 TO 12.00PM - NLH	Assignment open book test	01
		NIRUKTI	24/11/2025	12.00 TO 1.00 PM - LH		PARIBHASH A EXPLAIN	
		NIRUKTI	25/11/2025	11.00 TO 12.00PM LH		PARIBHASH A EXPLAIN	
		NIRUKTI	26/11/2025		12.00 TO 1.00 PM - NLH	Oral & writing nirukti	
		NIRUKTI	27/11/2025		12.00 TO 1.00 PM - NLH	Peer learning	
		PARIBHASHA	28/11/2025		11.00 TO 12.00PM - NLH	Assignment short note in notebook	
		PARIBHASHA	29/11/2025		12.00 TO 1.00 PM - NLH	LEARNING PBL	
Total Hours: LH- 08 TOTAL HOURS: NLH- 15							17 hours

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Gatla

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[Signature]