



**MONARK**  
UNIVERSITY

# MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute of Monark University)

At. Post Vahelal, Naroda- Dahegam Road, Ta. Dascroi,

Dist. Ahmedabad-382330(Gujarat) India

Website: www.mamch.monarkuni.ac.in Phone No: 02718- 247215/138

## DEPARTMENT OF RACHANA SHAREERA

### TEACHING SCHEDULE OF JANUARY 2025

**Subject Code: AyUG-RS**

**Term: III**

**Batch:2024-25**

**Paper: I & II**

S r N o	Name of Faculty	Topics	Sub Topics	Date	LH	NLH/ NLH-P	Instruction Method/	Total Hours
1	Dr. Sreekanth Vaidyanath R S	Kala shareera, twak shareera, Sense organs ear Dissection – Abdomen & trunk	Dissection – Abdomen	1/1/26		1	Lecture with ppt, Demonstration	1
			Kala shareera,	3/1/26	1		Lecture with ppt, Demonstration	1
			Kala shareera,	5/1/26	1		Lecture with ppt, Demonstration	1
			Dissection – Abdomen	7/1/26		1	Lecture with ppt, Demonstration	1
			Dissection – Abdomen	8/1/26		1	Lecture with ppt, Demonstration	1
			Kala shareera,	12/1/26	1		Lecture with ppt, Demonstration	1
			Dissection – Abdomen	15/1/26		1	Lecture with ppt, Demonstration	1
			Kala shareera,	16/1/26		1	Lecture with ppt, tutorial	1
			twak shareera	17/1/26	1		Lecture with ppt, Demonstration	1
			twak shareera	19/1/26	1		Lecture with ppt, Demonstration	1
			Dissection – Abdomen	21/1/26		1	Lecture with ppt, Demonstration	1
						Dissection – Abdomen	22/1/26	
			twak shareera	23/1/26		1	Lecture with ppt, tutorial	1
			Dissection – trunk	28/1/26		1	Lecture with ppt, Demonstration	1
			Dissection – trunk	29/1/26		1	Lecture with ppt, Demonstration	1
			Sense organs ear	31/1/26	1		Lecture with ppt, Demonstration	1
2	Dr. Yedhu Krishnan	Central Nervous System Dissection – Abdomen & trunk	Spinal cord	02/1/26		1	Lecture with ppt, tutorial	1
			Dissection – Abdomen	5/1/26		1	Lecture with ppt, Demonstration	1
			Dissection – Abdomen, Spinal cord	6/1/26	1	1	Lecture with ppt, Demonstration	2
			Spinal cord	7/1/26	1		Lecture with ppt	1
			Spinal cord	9/1/26		1	Lecture with ppt, tutorial	1

			Dissection – Abdomen	12/1/26		1	Lecture with ppt, Demonstration	1
			Dissection – Abdomen, medulla	13/1/26	1	1	Lecture with ppt, Demonstration,	2
			Dissection – Abdomen	19/1/26		1	Lecture with ppt, Demonstration	1
			Dissection – Abdomen, pons	20/1/26	1	1	Lecture with ppt, Demonstration	2
			pons	21/1/26	1		Lecture with ppt,	1
			Dissection – Abdomen, Mid brain	27/1/26	1	1	Lecture with ppt, Demonstration	2
			midbrain	28/1/26	1		Lecture with ppt	1
			Midbrain	30/1/26		1	Lecture with ppt, tutorial	1
3.	Integration Class Name of Faculty and Department							
Total Hours								33

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22-12-25

Head of Department  
Department of Rachana Sharir  
Monark Ayurved Medical College and Hospital  
HOD Vahelal, Ahmedabad.



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22/12/25

PRINCIPAL  
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COLLEGE & HOSPITAL



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## TEACHING SCHEDULE OF JANUARY 2026

### DEPARTMENT OF KRIYA SHARIR

SUBJECT CODE: AyUG-KS  
TERM: III TERM  
BATCH: 2024-25  
PAPER: II

Name of Faculty	Topics	Sub Topics	Date	LH	NLH/ NLP	Instruction Method/	Total Hours
Dr.Komal Chavda	Special senses-  Ayurvedic & concept	Atma, Indriya Mana – Revision	1.1.26 Thursday		2:30-3:30pm	Sloka explanation recitation and interactive learning	1 hours
		Concept of Nidra & Swapna - revision	3.1.26 Saturday	10-11am	-		1 hours
		Revision	5.1.26 Monday	10-11am			1 hour
		Revision	6.1.26 Tuesday	-	2:30-3:30pm		1 hours
		Mechanism of sleep & Dreams	7.1.26 Wednesday	-	-		-
		Revision	8.1.26 Thursday	-	2:30-3:30pm		1 hour
		Revision	12.1.26 Monday	10-11am	-		1 hours
		<b>Total hours -19</b>					
		Cerebrum –functions	1.1.26 Thursday	10-11am	-	Lecturing with group discussion	1 hour
		Cerebellum	5.1.26	-	2:30-3:30pm	Lecturing + group study	1hour

Dr.Sreelekshmi G

CNS		Monday				
	Hypothalamus Thalamus	7.1.26 Wednesday	-	2:30-4:30pm	Flipped class room	2 hours
	Theory of Pain	8.1.26 Thursday	10-11am	-	Lecturing	1 hour
	Learning, writing abilities	12.1.26 Monday	-	2:30-3:30pm	Lecturing	1 hour
	Revision classes	13.1.26 Tuesday	-	-	-	-
	Reflexes, Lesions,	14.1.26 Wednesday		2:30-4:30pm	Reflex demonstration	2 hours
	Pending portions	15.1.26 Thursday	10-11am	-	Lecturing	1 hour
	Revision	17.1.26 Saturday	-	-	-	-
	Revision	19.1.26 Monday	-	2:30-3:30pm	MCQ practicing	1 hour
	Revision	20.1.26 Tuesday	-	-	-	-
	Group activity-	21.1.26 Wednesday	-	2:30-4:30pm	model making	2 hours
		22.1.26 Thursday	10-11am	-	PA	1 hour
	Revision classes	27.1.26 Tuesday	-	2:30-3:30pm	Quiz	
		28.1.26 Wednesday	-	-	Open book test	
		29.1.26 Thursday	-	2:30-4:30pm	Practicals - revision	
		31.1.26 Saturday	10-11am	-	Theory -self study	

Total hours :19

HOD  
Department of Kriya Sharir

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22/12/23

Principal

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22/12/23



# MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

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DEPARTMENT OF SAMHITA-SIDDHANT & SANSKRIT

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TEACHING SCHEDULE OF JANUARY 2026

Subject Code: AyUG- -SN & AI

Term: III

Batch: 2024-2025

Sr No	Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH	Instruction Method/	Total Hours
1	DR.KA MINI PATEL	वैद्याकीय सुभाषित	Objective Type Sentences IN Log book.	1/1/2026		12.00 TO 1.00 PM-NLH	learning	01
			All SHLOKA Recitation	2/1/2026		11.00 TO 12.00 PM-NLH	discussion	01
Peer learning		3/1/2026		12.00 TO 1.00 PM-NLH	discussion	01		
PARIBHASHA explain		5/1/2026	12.00 TO 1.00 PM -LH		WRITTING	01		
PARIBHASHA explain		6/1/2026	11.00 TO 12.00 PM-LH		discussion	01		
PARIBHASHA		Ayurved itihash topic 8 explain	7/1/20-26	12.00 TO 1.00 PM -LH		learning	01	
Peer learning			8/1/2026		12.00 TO 1.00 PM-NLH	learning	01	
3.		Peer learning	Assignment of ayurveda Samhita open book test	9/1/2026		11.00 TO 12.00 PM-NLH	discussion	01
			Ayurveda itihash m.c.q writing in logbook	9/1/2025		12.00 TO 1.00 PM-NLH	writing	01
4.			Panchtantra Story Explain	12/1/2026	12.00 TO 1.00 PM-LH		learning	01
	Panchtantra Story Explain		13/1/2026	12.00 TO 1.00 PM -LH		learning	01	

		Panchtantra Story Explain	16/1/2026		11.00 TO 12.00 PM-NLH	learning	01
		Oral & writing story	17/1/2026		12.00 TO 1.00 PM-NLH	group discussion	01
		Write summary assignment	19/1/2026	12.00 TO 1.00 PM-LH		learning	01
		On finding out pratyay & kriyapadani	20/1/2026	11.00 TO 12.00 PM-LH		learning	01
		Assignment of Translate	21/1/2026	12.00 TO 1.00 PM -LH		Group discussions.	01
		Enumerate the various committees recommendation ay. itihās	22/1/2026		12.00 TO 1.00 PM -NLH	learning	01
		Enumerate the various committees recommendation ay. itihās M.C.Q.	23/1/2026		11.00 TO 12.00 PM-NLH	learning	01
		Enumerate the various committees recommendation ay. itihās M.C.Q.	26/1/2026	12.00 TO 1.00 PM -LH		discussion	01
		Explain activities depart. CCIM/NCISM/CCRAS. M.C.Q	27/1/2026	11.00 TO 12.00 PM-LH		Oral & writing In Logbook	01
		Sanskrit grammar Revision	28/1/2026	12.00 TO 1.00 PM -LH		learning	01
		Sanskrit grammar Revision	29/1/2026		12.00 TO 1.00 PM -NLH	learning	01
		Sanskrit grammar Related activities	30/1/2026		11.00 TO 12.00 PM-NLH	LEARNING PBL	01
		Sanskrit grammar Related activities	31/1/2026		12.00 TO 1.00 PM-NLH	LEARNING PBL	01
							24hours

Total Hours: LH- 11  
TOTAL HOURS: NLH- 13

HOD Sam.

Monark College

Department  
Sanskrit  
Ayurved Medical  
College & Hospital



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## DEPARTMENT OF SAMHITA SIDDHANTA

### TEACHING SCHEDULE OF JANUARY 2026

Subject Code: AyUG-PV

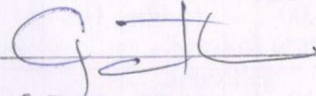
Term: III

Batch: 2024-25

Paper: 1

S.No	Name of Faculty	Topic & Subtopics	Date	LH / NLH	TIME			Instruction Method	HOURS	
1	DR ANJANA	Explain Samavaya (Acc. To Ayurveda and Darshana)	1-Jan-26	(L)	9.00	-	10.00	Hrs	Lecture	1
2	DR AKHIL	Describe the eternal relation between ayutasiddhavritti	2-Jan-26	(NLH)	9.00	-	10.00	Hrs	Lecture and demonstration	1
3	DR GAUTHAM	Discuss Samavay	2-Jan-26	(L)	12.00	-	13.00	Hrs	brainstorming	1
4	DR ANJANA	Mention five real life examples of Nitya and anitya sambandha.	6-Jan-26	(NLH)	9.00	-	10.00	Hrs	/ Ask examples or encourage to identify examples.	1
5	DR GAUTHAM	Define Upamana..Enlist the types of Upaman	7-Jan-26	(NLH)	10.00	-	11.00	Hrs	Activity based learning	1
6	DR ANJANA	Describe the practical applications of Upamana in Sharir, Nidan, Chikitsa and Anusandhan.	8-Jan-26	(L)	9.00	-	10.00	Hrs	Game based learning/	1
7	DR AKHIL	Illustrate Upamana in practical examples and real life situation.	9-Jan-26	(NLH)	9.00	-	10.00	Hrs	Demonstration/ Practical	1
8	DR GAUTHAM	Identify examples in Physics, chemistry biology where Upaman is used	9-Jan-26	(L)	12.00	-	13.00	Hrs	Ask examples or encourage to identify examples.	1
9	DR ANJANA	Define Karya and Karana. List types of Karana. Charakokta Dashvidha Parikshya Bhava.	13-Jan-26	(NLH)	9.00	-	10.00	Hrs	Lecture Tutorial	1
10	DR ANJANA	Explain Charakokta Dashvidha Parikshya Bhava.	15-Jan-26	(L)	9.00	-	10.00	Hrs	Lecture/Problem Based learning	1
11	DR AKHIL	Describe the significance of Karya and Kaarana in Ayurveda	16-Jan-26	(NLH)	9.00	-	10.00	Hrs	Lecture/problem based activity	1

12	DR GAUTHAM	Realises the utility of Charakokta Dashvidha Parikshya Bhav in understanding situations and taking decisions	16-Jan-26	(L)	12.00	-	13.00	Hrs	Group discussion/ Role play/ Debate	
13	DR ANJANA	Distinguish different opinions regarding the manifestation of Karya from Karana	20-Jan-26	(NLH)	9.00	-	10.00	Hrs	Edutainment Role play/ Debate group discussion/debate	1
14	DR GAUTHAM	Analyse Satkaryavada and relate it with Ayurveda Siddhanta	21-Jan-26	(NLH)	10.00	-	11.00	Hrs	Lecture & Group Discussion/debate	1
15	DR ANJANA	Analyse Asatkaryavada & relate it with Ayurveda Siddhanta	22-Jan-26	(L)	9.00	-	10.00	Hrs	Lecture & Group Discussion/debate	1
16	DR AKHIL	Analyse Parinamavada & relate it with Ayurveda Siddhanta	23-Jan-26	(NLH)	9.00	-	10.00	Hrs	Lecture & Group Discussion	1
17	DR GAUTHAM	Analyse Arambhavada & relate it with Ayurveda Siddhanta	23-Jan-26	(L)	12.00	-	13.00	Hrs	Lecture & Group Discussion	1
18	DR ANJANA	Analyse Paramanuvada and relate it with Ayurveda Siddhanta	27-Jan-26	(NLH)	9.00	-	10.00	Hrs	Lecture & Group Discussion	1
19	DR GAUTHAM	Explain Vivartavada and relate it with Ayurveda Siddhanta	28-Jan-26	(NLH)	10.00	-	11.00	Hrs	Lecture & Group Discussion	1
20	DR ANJANA	Explain Kshanabhangurvada and relate it with Ayurveda Siddhanta	29-Jan-26	(L)	9.00	-	10.00	Hrs	Lecture & Group Discussion	1
21	DR AKHIL	Explain Swabhavavada and relate it with Ayurveda Siddhanta	30-Jan-26	(NLH)	9.00	-	10.00	Hrs	Lecture & Group Discussion	1
22	DR GAUTHAM	Explain Peelupakavada and relate it with Ayurveda Siddhanta	30-Jan-26	(L)	12.00	-	13.00	Hrs	Lecture & Group Discussion/debate	1
									Total Hours =	21
										hours

  
**HOD**  
 Head of Department  
 Samhita Siddhanta evam  
 Sanskrit  
 Monark Ayurved Medical  
 College and Hospital



  
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## DEPARTMENT OF SAMHITA SIDDHANTA

### TEACHING SCHEDULE OF JANUARY 2026

Subject Code: AyUG-SA1

Term: III

Batch: 2024-25

Paper: 1

S. No	Name of Faculty	Topic & Subtopics	Date	LH / NLH	TIME			Instruction Method	HOURS	
1	DR GAUTHAM	Discuss the superiority of dosha in manifestation of diseases	1-Jan-26	(NLH)	13.30	-	14.30	Hrs	Lecture, Discussion	1
2	DR ANJANA	Enumerate the symptoms of aggravated Vata-Pitta – Kapha dosha	2-Jan-26	(NLH)	10.00	-	11.00	Hrs	Lecture	1
3	DR AKHIL	Define svatantra and partantra vyadhi (primary and secondary diseases)	2-Jan-26	(NLH)	14.30	-	15.30	Hrs	Lecture, Discussion	1
4	DR AKHIL	Explain the concept of Guru Vyadhit and LaghuVyadhit (gravity of disease and contrary presentation)	3-Jan-26	(NLH)	9.00	-	10.00	Hrs	Self- learning	1
5	DR ANJANA	Recite the shlokas 1-72	3-Jan-26	(NLH)	11.00	-	12.00	Hrs	Recitation	1
6	DR ANJANA	12. Doshabhedhiya Adhyaya- Model making Activity- Working models on Dosha Sthanas or Subtypes of Doshas, Chaya, Prakop and Prashama of Doshas: PBL/CBL	5-Jan-26	(L)	9.00	-	10.00	Hrs	CBL	1
7	DR AKHIL	do-	5-Jan-26	(NLH)tutorial	15.30	-	16.30	Hrs	CBL	1
8	DR GAUTHAM	do-	6-Jan-26	(NLH)	10.00	-	11.00	Hrs	CBL	1
9	DR ANJANA	do-	6-Jan-26	(NLH)parayana	15.30	-	16.30	Hrs	CBL	1
10	DR AKHIL	do-	7-Jan-26	(L)	9.00	-	10.00	Hrs	CBL	1

11	DR GAUTHAM	Give one problem/case based on Samanya Dosha Nidan. Student will identify possible causative factors responsible for vitiation of Doshas in given problem.	8-Jan-26	(NLH)	13.30	-	14.30	Hrs	Lecture	
12	DR ANJANA	Elaborate the concept of two types of therapies - Langhan and Brihan	9-Jan-26	(NLH)	10.00	-	11.00	Hrs	Lecture/Dis cussion	1
13	DR AKHIL	Describe the indications, methods, benefits of Brihan and symptoms of excess Brihan	9-Jan-26	(NLH)	14.30	-	15.30	Hrs	Lecture	1
14	DR ANJANA	Describe the indications of shodhan and shaman therapies	12-Jan-26	(L)	9.00	-	10.00	Hrs	Lecture	1
15	DR AKHIL	Elaborate the concept of Atisthaulya with the treatment module	12-Jan-26	(NLH)tutorial	15.30	-	16.30	Hrs	Lecture	1
16	DR GAUTHAM	Elaborate the concept of Atikarshya with the treatment module	13-Jan-26	(NLH)	10.00	-	11.00	Hrs	Self- learning	1
17	DR ANJANA	Recite the shlokas – 1 to 7, 31to 36	13-Jan-26	(NLH)parayana	15.30	-	16.30	Hrs		1
18	DR GAUTHAM	14. Dvididhopakramaniya Adhyaya-Case based learning- Find out the causative factors of Atishualya in present era (On the basis of predesigned proforma) CBL Share video clip of any patient suffering from Atikarshya- On the basis of previous learning discuss the contributing factors responsible for malnourishment. (Explore Dhatu Sneha Parampara in present context).	15-Jan-26	(NLH)	13.30	-	14.30	Hrs	CBL	1
19	DR ANJANA	do-	16-Jan-26	(NLH)	10.00	-	11.00	Hrs	CBL	1
20	DR AKHIL	do-	16-Jan-26	(NLH)	14.30	-	15.30	Hrs	CBL	1
21	DR AKHIL	do-	17-Jan-26	(NLH)	9.00	-	10.00	Hrs	CBL	1
22	DR ANJANA	do-	17-Jan-26	(NLH)	11.00	-	12.00	Hrs	Lecture/Multimedia aids	1
23	DR ANJANA	SElect the vaman, virechan, niruha, nasya gana according to their functions	19-Jan-26	(L)	9.00	-	10.00	Hrs	Lecture/Multimedia aids	1
24	DR AKHIL	Define the dravyas with their ingredients and actions.	19-Jan-26	(NLH)tutorial	15.30	-	16.30	Hrs	TUTORIAL	1

25	DR GAUTHAM	15. Shodhanadigana Sangraha Adhyaya- Group Presentation-Divide the various Aushadha Vargas among students and a group will represent each varga and related practical information.	20-Jan-26	(NLH)	10.00	-	11.00	Hrs	Group Presentation-	1
26	DR ANJANA	do-	20-Jan-26	parayana	15.30	-	16.30	Hrs	GroupPresentation-	1
27	DR AKHIL	do-	21-Jan-26	(L)	9.00	-	10.00	Hrs	Group presentation-	1
28	DR GAUTHAM	Do-	22-Jan-26	(NLH)	13.30	-	14.30	Hrs	Audio- Visual Aids	1
29	DR ANJANA	Explain the significance of the three desires for prana (life) and dhana(means of life).	23-Jan-26	(NLH)	10.00	-	11.00	Hrs	Lectures/ Audio-Visual Aids	1
30	DR AKHIL	Define characteristics of Aapta	23-Jan-26	(NLH)	14.30	-	15.30	Hrs	Lectures/ Audio-Visual Aids	1
31	DR GAUTHAM	Explain the importance of thrayopasthamba (sub-pillars of life).	27-Jan-26	(NLH)	10.00	-	11.00	Hrs	Lectures/ Audio-Visual Aids	1
32	DR ANJANA	Identify the symptoms due to excessive, less and improper verbal, psychic and physical actions.	27-Jan-26	(NLH)para yana	15.30	-	16.30	Hrs	Lectures/ Audio-Visual Aids	1
33	DR AKHIL	Classify the three types of physicians	28-Jan-26	(L)	9.00	-	10.00	Hrs	Lectures/ Audio-Visual Aids	1
34	DR GAUTHAM	Describe antahaparimarjana, bahiparimarjana,shastrapr anidhanachikitsa.	29-Jan-26	(NLH)	13.30	-	14.30	Hrs	A-V	1
35	DR ANJANA	CS Su 11. Tisraishaniya Adhyaya- Debate :- Punarjanma siddhant as per different thoughts. Debate on punarjanma with different references as per classics and contemporary understanding.	30-Jan-26	(NLH)	10.00	-	11.00	Hrs	DEBATE	1
36	DR AKHIL	do-	30-Jan-26	(NLH)	14.30	-	15.30	Hrs	DEBATE	1
37	DR AKHIL	do-	31-Jan-26	(NLH)	9.00	-	10.00	Hrs	DEBATE	1
38	DR ANJANA	do-	31-Jan-26	(NLH)	11.00	-	12.00	Hrs	DEBATE	1
									TOTAL =	38
										HOURS

HOD

Head of Department  
Samhita Siddhanta evam  
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Monark Ayurved Medical  
College and Hospital

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