



MONARK
UNIVERSITY

MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute of Monark University)

At. Post Vahelal, Naroda- Dahegam Road, Ta. Dascroi,

Dist. Ahmedabad-382330(Gujarat) India

Website: www.mamch.monarkuni.ac.in Phone No: 02718- 247215/138

DEPARTMENT OF DRAVYAGUNA

TEACHING SCHEDULE OF JANUARY 2026

Subject Code: AyUG-DG Term:2nd

Batch: 2023-24

Paper:2

Sr No	Name of Faculty	Topics	Date	Sub Topics	LH	NLH	Method	Total Hours
1.	Dr. Rajesh	Paper-2 2. Dravya Nama- Guna- Karma Gyana	7/1/2026	2.1 Erand		1	Lecture	1
			21/1/2026	2.1 Gokshura		1	Lecture	1
			28/1/2026	2.1 Guduchi		1	Lecture	1
2.	Dr. Pinal Vihol	Paper-2 2. Dravya Nama- Guna- Karma Gyana	1/1/2026	2.1 Guggulu	1		PPT with Lecture	1
			2/1/2026	2.1 Haridra	1	1	PPT with Lecture	2
			3/1/2026	Garden visit		1	GD & Activity	1
			5/1/2026	Practical		2	Practical	2
			6/1/2026	Practical		2	Practical	2
			8/1/2026	2.1 Haritaki	1		PPT with Lecture	1
			9/1/2026	2.1 Hingu	1	1	PPT with Lecture	2
			12/1/2026	Practical		2	Practical	2
			13/1/2026	Practical		2	Practical	2
			16/1/2026	2.1 Agnimanth	1	1	PPT with Lecture	2
			17/1/2026	Garden visit		1	GD & Activity	1
			19/1/2026	Practical		2	Practical	2
			20/1/2026	Practical		2	Practical	2
			22/1/2026	2.1 Ahiphena	1		PPT with Lecture	1
			23/1/2026	2.1 Ajamoda	1	1	PPT with Lecture	2
			27/1/2026	Practical		2	Practical	2
29/1/2026	2.1 Apamarga	1		PPT with Lecture	1			
30/1/2026	2.1 Asthishrunkhala	1	1	PPT with Lecture	2			
31/1/2026	Garden visit		1	GD & Activity	1			
Total Hours								34 Hrs

HOD

Head of Department

Department of Dravyaguna

Monark Ayurved Medical College and Hospital

Vahelal, Ahmedabad.

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DEPARTMENT OF RASASHASTRA EVUM BHAISHJYA KALPANA

TEACHING SCHEDULE OF JANUARY 2026

Subject Code: AyUG-RB

Term: 2ND

Batch: 2023-24

Paper: 1 & 2

S N	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. KETAN R.	9. Rasa Dravya Paricharya 2 17. Single Drug (Bhasma)	NLH	01/01/2026	-	1	Practicals, PPT	1
			NLH	03/01/2026	-	1	Practicals, PPT	1
			Sports Week	05/01/2026 To 09/01/2026	-	-	Practicals, PPT	-
			Kaseesa, Gauripashana	12/01/2026	1	-	Lecture with ppt	1
			Taila Murchhana	13/01/2026	-	2	Practicals, PPT	2
			QC Practical	15/01/2026	-	1	Practicals, PPT	1
			NLH	17/01/2026	-	1	Practicals, PPT	1
			Akika, Sudha, Khatika	19/01/2026	1	-	Lecture with ppt	1
			Ghrita Murchhana	20/01/2026	-	2	Practicals, PPT	2
			QC Pra.	22/01/2026	-	1	Lecture with ppt	1
			Nirgundi Taila	27/01/2026	-	1	Practicals, PPT	1
			Kasisa Bhasma	28/01/2026	1	-	Lecture with ppt	1
			QC Pra.	29/01/2026	-	1	Practicals, PPT	1
			NLH	31/01/2026	-	1	Lecture with ppt	1
2	Dr. DIPALI P.	8. Rasa Dravya Paricharya 1 17. Single Drug (Bhasma) 18. Aushadhi Kalpa 1	NLH	01/01/2026	-	1	Practicals, PPT	1
			Abhrak Bhasma	02/01/2026	1	-	Lecture with ppt	1
			NLH	03/01/2026	-	1	Practicals, PPT	1
			Sports Week	05/01/2026 To 09/01/2026	-	-	Practicals, PPT	-
			Taila Murchhana	12/01/2026	-	2	Practicals, PPT	2
			QC Practical	15/01/2026	-	1	Practicals, PPT	1
			Aarogyavardhini Gutika	16/01/2026	1	-	Practicals, PPT	1
			NLH	17/01/2026	-	1	Practicals, PPT	1
			Ghrita Murchhana	19/01/2026	-	2	Practicals, PPT	2
			Swarna Makshika Bhasma	21/01/2026	1	-	Lecture with ppt	1
			QC Pra.	22/01/2026	-	1	Lecture with ppt	1
			Shankh Vati	23/01/2026	1	-	Lecture with ppt	1
			Nirgundi Taila	27/01/2026	-	1	Practicals, PPT	1
			QC Pra.	29/01/2026	-	1	Practicals, PPT	1
Sutsekhar Rasa	30/01/2026	1	-	Lecture with ppt	1			
NLH	31/01/2026	-	1	Lecture with ppt	1			
Total Hours								

HOD
20/12/2025

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20/12/25



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DEPARTMENT OF SWASTHAVRITTA
TEACHING SCHEDULE OF JANUARY- 2026

Subject Code: AyUg Sw Term: II Batch:2023 -24 Paper: II

Sl No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours	
1	Dr. Arjun CM	Occupational health	Occupational diseases	01/01/26	1		Lecture/ Practical with ppt		
		Occupational health	Occupational diseases, ESI Act, Factories Act, Role of Ayurveda in various occupational health problems.	02/01/26	1		Lecture with ppt		
				06/01/26		2	Lecture with ppt		
				08/01/26	1		Lecture/ Practical with ppt		
		Primary Health Care	Principles, elements of PHC, levels of Health care.	09/01/26	1		Lecture with ppt		
				13/01/26		2	Lecture with ppt		
		Primary Health Care	Structure at village, sub centre, PHC, CHC, Rural hospital levels	15/01/26	1		Lecture/ Practical with ppt		
		Primary Health Care	PHC in health insurance, private agencies, voluntary health agencies, NGO and the AYUSH sector	16/01/26	1		Lecture with ppt		
				20/01/26		2	Lecture with ppt		
		Primary Health Care	Role of Ayurveda in primary health care	22/01/26	1		Lecture/ Practical with ppt		
		WHO	WHO and International health agencies	23/01/26	1		Lecture with ppt		
		WHO	WHO structure and functions	27/01/26		2	Lecture/ Practical with ppt		
		WHO	UN Health agencies, NGOs	29/01/26	1		Lecture with ppt		
		WHO	Contributions of WHO to global acceptance of Ayurveda.	30/01/26	1		Lecture with ppt		
2	Dr. Jayalakshmi	Family welfare programme	Definition of demography and sources of demographic statistics in India, Demographic cycle, Definition of life expectancy. Problems of population explosion, national population policy. Classification and description of contraceptive methods.	01/01/26	1		Lecture with ppt		
				03/01/26		1	Lecture with ppt		
				05/01/26		2	Lecture/ Practical with ppt		
		Environment Health	Ventilation, High Altitude Air	06/01/26	1		Lecture / Practical with ppt		
				08/01/26	1		Lecture with ppt		
				Seminars on Air pollution	12/01/26		2	Lecture with ppt	
					13/01/26	1		Lecture / Practical with ppt	
				Water Introduction	15/01/26	1	1	Lecture with ppt	
				Water Pollution & Health Hazards	17/01/26		1	Lecture with ppt	
				Water Purification	19/01/26		2	Lecture / Practical with ppt	
				Water – Ayurvedic Portion	20/01/26	1		Lecture / Practical with ppt	
				Activity on Environmental Health - Water	22/01/26	1		Lecture with ppt	
				Soil & Land Pollution	27/01/26	1		Lecture / Practical with ppt	
				Housing Standards	29/01/2026	1		Lecture / Practical with ppt	
Lighting	31/01/2026	1		Lecture with ppt					
Radiation									
TOTAL Hrs					20	17		37	

Head of the Department

Principal

Head of Department
Department of Swasthavritta
College and Hospital



Principal & Medical Superintendent
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DEPARTMENT OF ROGANIDANA

TEACHING SCHEDULE OF JANUVARY 2026

Subject Code:AYRN

Term: 2RD

Batch:2023-24

Paper:11

Sr No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. Suchithra P Bai	1) Activity – Journal writing	Case writing	1/1/26	-	2hr	Lecture & GD	2hr
		2) Swasa	Nidana,purvaroop a,samprapthi,type s of swasa	2/1/26	1hr	-	Lecture with ppt	1hr
		3) Activity	Mutraghatha	3/1/26	-	1hr	T- Case study	1hr
		4) Activity – Journal writing	Case writing	6/1/26	-	2hr	Lecture & GD	2hr
		5) Activity	Common GIT Disease	7/1/26	-	1hr	T- Case study	1hr
		6) Activity – Journal writing	Case writing	8/1/26	-	2hr	Lecture & Group discussion	2hr
		7) Swasa	Tamakaswasa,pac havid a swasa with current science	9/1/26	1hr		Lecture with ppt,	1hr
		8) Activity – Journal writing	Case writing	13/1/26	-	2hr	Lecture & Group discussion	2hr
		9) Activity	Swasa	14/1/26	-	1hr	P- Viva	1hr
		10) Activity – Journal writing	Case writing	15/1/26	-	2hr	Lecture & GD	2hr
		11) Udara	Nidana,purvaroop a,samprapthi,type s of udara	16/1/26	1hr		L&PPT	1hr
		12) Activity	Swasa	17/1/26	-	1hr	P- Viva	1hr
		13) Activity – Journal writing	Case writing	20/1/26	-	2hr	Lecture & GD	2hr

	14) Activity	Swasa	21/1/26	-	1hr	Class presentation	1hr
	15) Journal writing	Case writing	22/1/26	-	2hr	Lecture & GD	2hr
	16) Udara	Vishita lakshana of baddhaudara,plee hodhara,jalodara,c hidrodara	23/1/26		1hr	L&PPT	1hr
	17) Journal writing	Case writing	27/1/26	-	2hr	Lecture & GD	2hr
	18) Activity	Udara	28/1/26	-	1hr	Chart preparation	1hr
	19) Journal writing	Case writing	29/1/26	-	2hr	Lecture & GD	2hr
	20) Shotha	Nidana,purvaroop a,samprapthi,type s of shotha	30/1/26		1hr	L&PPT	1hr
Total Hours					5hr	24hr	29hr

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 22/12/26
HOD

Lecturer
 Department of Roge Nidan evam Vikriti Vigyana
 Monark Ayurved Medical College and Hospital
 Vahelisi, Ahmedabad.


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DEPARTMENT OF AGAD TANTRA

TEACHING SCHEDULE OF JANAUARY- 2025

Subject Code: AyUg AT

Term: II

Batch: 2023 -24

S I N o	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. Preesha P	Sthavara visha Poisoning, mode of action, Fatal dose, FP, FD, Diagnosis and Management	Arsenic Poisoning	2/1/2026		2	Lecture/ Practical with ppt	2
			Mercury Poisoning	5/1/2026	1		Lecture with ppt	1
			Lead Poisoning	7/1/2026		2	Lecture/ Practical with ppt	2
			Copper Poisoning	9/1/2026		2	Lecture/ Practical with ppt	2
			Improperly prepared medicine toxicity study	12/1/2026	1		Lecture with ppt	1
		Jangama Visha	Classification of Sarpa	14/01/2026		2	Lecture/ Practical with ppt	2
			Venomous and Non venomous Bite Identification	16/01/2026		2	Lecture/ Practical with ppt	2
			Signs and symptoms treatment ,FD.FP,Cobra	19/01/2026	1		Lecture with ppt	1
			Signs and symptoms treatment ,FD.FP,Viper	21/01/2026		2	Lecture/ Practical with ppt	2
			Signs and symptoms treatment ,FD.FP,Krait	23/01/2026		2	Lecture/ Practical with ppt	2
			Samanya Lakshna OF Darvikara,Manadali & Rajimanta Sarpa Damsa	26/01/2026	1		Lecture with ppt	1
				28/01/2026		2	Lecture/ Practical with ppt	2
			Signs and symptoms treatment ,FD.FP,Viper	30/01/2026		2	Lecture/ Practical with ppt	2
2	Dr. Savitha P.K	Asphyxial Death	Drowning, Classification	1/1/2026		1	Practical Demonstration	1
			Post Mortem Appearences and Medicolegal aspects	7/1/2026	1		Lecture/ Practical with ppt	1

		Define & Classify Injuries	8/1/2026		1	Lecture with ppt	1
	Injury	Describe the Medico lega aspects of Injuries	14/1/2026	1		Lecture/ Practical with ppt	1
		Describe the Medico lega aspects of mechanical Injuries	15/1/2026		1	Lecture with ppt/Practical Demonstration	1
		Describe Firearm injuries ,its charecteristics and medicolegal aspects	21/1/2026	1		Lecture/ Practical with ppt	1
		Difference between entry and exit wound	22/1/2026		1	Lecture with ppt/Parctical Demonstration	1
		Define and Classify Thermal Injury	28/12/2026	1		Lecture with ppt	1
		Describe charecteristics and degree of Burns, Rule of Nine.	29/1/2026		1	Lecture with ppt/Activity	1
		Total Hours			9	23	


Head of the Department

Head of Department
 Department of Ayur Tantra evam Vaidik Vidyayata
 Gujarat Ayurved Medical College and Hospital
 Vahelal, Ahmedabad.




Principal

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DEPARTMENT OF SAMHITA SIDDHANTA TEACHING SCHEDULE OF JANUARY 2026

Subject Code: AyUG-SA2 Term: II Batch: 2023-24 Paper: 1

S.No	Name of Faculty	Topic & Subtopics	Date	LH / NLH	TIME			Instruction Method	TOTAL HOURS
1	DR GAUTHAM	Explain basic meaning and importance of key terms such as pratimargaharana, sadhyasadhyata, raktapitta:	1-Jan-26	(NL H)	15.30	-	16.30	Hrs L&G D,BS	1
2	DR ANJANA	Outline raktapitta nidana and samprapti (etiology and pathogenesis of raktapitta):	2-Jan-26	(NL H)	13.30	-	14.30	Hrs L&G D	1
3	DR ANJANA	Explain concept of pratimargaharana in the context of raktapittaCh Ni 2/9:	5-Jan-26	(L)	15.30	-	16.30	Hrs L&G D,LS	1
4	DR AKHIL	SHLOKA PATHANA- 2:See Practical.1 for instructionsSutras suggested:2.Cha.Ni.01-Jwara nidana Adhyaya- 3,5,7,8,9,10,11,38-40 3.Cha.Ni.02-Raktapitta nidana Adhyaya- 19,	6-Jan-26	(L)	11.00	-	12.00	Hrs recitation	1
05	DR ANJANA	Demonstrate the prakruti samasamveta and vikruti vishama samaveta siddhanta in the context of gunma Ch.Ni 3/6:	7-Jan-26	(NL H)	9.00	-	10.00	Hrs L&G D,IBL	1
06	DR GAUTHAM	Mention the importance of gulmasthana in samprapti Ch Ni 3/7:	8-Jan-26	(NL H)	15.30	-	16.30	Hrs L&G D	1
7	DR ANJANA	Outline the features of vataja-pittaja-kaphaja and raktaja gulma along with samprapti lakshana (pathogenesis and clinical features) Ch Ni 3/6-11:	9-Jan-26	(NL H)	13.30	-	14.30	Hrs L&G D	1
8	DR ANJANA	Outline poorvarupa of gulma Ch Ni 3/15:	12-Jan-26	(L)	15.30	-	16.30	Hrs L&G D	1
9	DR AKHIL	Describe the concept of kleda and its role in samprapti of prameha Ch Ni 4/6-8:	13-Jan-26	(L)	11.00	-	12.00	Hrs L&G D,CBL	1
10	DR GAUTHAM	Explore the sootra 'eha khalu nidana-dosha-dooshya vishesahebhya.....' in the manifestation of diseases Ch Ni 4/4:	15-Jan-26	(NL H)	15.30	-	16.30	Hrs L&G D,BS, CBL	1
11	DR ANJANA	IDENTIFICATION OF VIKARAVIGHATA BHAVA ABHAVA IN PATIENTS:Purpose: To	16-Jan-26	(NL H)	13.30	-	14.30	Hrs CBLI	1

		explore concept of vikara- vighata-bhava-abhava in clinical scenario. (Ref: Ch Ni 4/3 along with Chakrapani commentary). (Eg. Prameha);									
12	DR ANJANA	IDENTIFICATION OF VIKARAVIGHATA BHAVA ABHAVA IN PATIENTS:	19-Jan-26	(L)	15.30	-	16.30	Hrs	CBL	1	
13	DR AKHIL	LEARNING THROUGH VYAKHYANA-2:	20-Jan-26	(L)	11.00	-	12.00	Hrs	CBL	1	
14	DR ANJANA	SHLOKA PATHANA- 2:See Practical.I for instructionsSutras suggested:4. Cha.Ni.04-Prameha nidana adhyaya- 3, 4, 48-49	21-Jan-26	(NL H)	9.00	-	10.00	Hrs	RECITATI ON	1	
15	DR GAUTHAM	Explain basic meaning and importance of key terms in the chapter atulya-gotra, beeja, dwireta, kliba, prajnaparadha, pratikarma, daiva:	22-Jan-26	(NL H)	15.30	-	16.30	Hrs	L&G D,BS	1	
16	DR ANJANA	SHLOKA PATHANA- 2:See Practical.I for instructionsSutras suggested: 10. Cha.Sha.02-Atulyagothreyam Adhyaaya- 26, 27, 35,44,45-47+H657	23-Jan-26	(NL H)	13.30	-	14.30	Hrs	RECITATI ON	1	
17	DR AKHIL	Outline the sambhasha parishat on garbha utpatti (formation of embryo) and factors contributed from different agents like satva, satmya etc. Ch Sha 3/4:	27-Jan-26	(L)	11.00	-	12.00	Hrs	L&G D	1	
18	DR ANJANA	Explain basic meaning and importance of key terms such as garbhopaghatakar bhava, manas prakriti.:	28-Jan-26	(NL H)	9.00	-	10.00	Hrs	L&G D.BS	1	
19	DR GAUTHAM	:Identify film/Tv serial characters having different qualities of Trividha satwa and their varieties: Steps (1) Students has to be divided into teams and each team should be assigned some of the satwa. (2) The team should collect the video clips of those characters and has to present to all after gettingscrutinized by teachers.	29-Jan-26	(NL H)	15.30	-	16.30	Hrs	VIDEO CLIP MAKING	1	
20	DR ANJANA	Identify film/Tv serial characters having different qualities of Trividha satwa and their varieties:	30-Jan-26	(NL H)	13.30	-	14.30	Hrs	VIDEO CLIP MAKING	1	
									total =	20	
										hours	

HOD

P. K. S.

Head of Department
Sambhita Siddhanta evam
Sankrit
Monark Ayurved Medical
College and Hospital

24/1/21/22
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