

DEPARTMENT OF DRAVYAGUNA

TEACHING SCHEDULE OF OCTOBER 2025

Subject Code: AyUG-DG Term:2nd

Batch: 2023-24

Paper:2

Sr No	Name of Faculty	Topics	Date	Sub Topics	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1.	Dr. Pinal Vihol	Paper-2 2. Dravya Nama- Guna- Karma Gyana	2.10.2025	2.1 (Aragwadha)	1		Lecture with PPT	1
			3.10.2025	2.1 (Arjun)	1		Lecture with PPT	1
			3.10.2025	Campus visit		1	Garden Visit	1
			4.10.2025	2.1		1	Activity	1
			6.10.2025	1 st term exam				
			7.10.2025					
			8.10.2025					
			9.10.2025					
			10.10.2025					
			10.10.2025					
			13.10.2025					
			14.10.2025	Diwali vacation				
			15.10.2025					
			16.10.2025					
			17.10.2025					
			18.10.2025					
			27.10.2025	Pra. 8		2	GD, Practical	2
			28.10.2025	Pra. 8		2	GD, Practical	2
			29.10.2025	2.1		1	Activity	1
			30.10.2025	2.1 (Beejaka)	1		Lecture with PPT	1
			31.10.2025	2.1 (Bhallataka)	1		Lecture with PPT	1
			31.10.2025	Campus visit		1	Garden Visit	1
2.	Dr. Rajesh	Paper-2 2. Dravya Nama- Guna- Karma Gyana						
			1.10.2025	2.1 (Amalaki)		1	Lecture with PPT	1
			29.10.2025	2.1		1	Activity	1
Total Hours								14 Hrs

HOD

Head of Department
Department of Dravyaguna
Monark Ayurved Medical College and Hospital
Vahelal, Ahmedabad.

PRINCIPAL

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MONARK AYURVED MEDICAL
COLLEGE & HOSPITAL

DEPARTMENT OF RASASHASTRA EVUM BHAISHJYA KALPANA

TEACHING SCHEDULE OF OCTOBER 2025

Subject Code: AyUG-RB

Term: 1st

Batch: 2023-24

Paper: 1 & 2

S N	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. KETAN R.	2. Single drug	Gandhak	01/10/2025	1		Group Activity	1
			Gairik	04/10/2025		1	Lecture with ppt	1
			Revision	06/10/2025	1	2	Demo	3
			1 st Term End Exam and Diwali Vacation	08/10/2025	1		Practicals, PPT	1
				09/10/2025		1	Lecture with ppt	1
				13/10/2025		2	Practicals, PPT	2
				15/10/2025	1		Practicals, PPT	1
				16/10/2025 to 26/10/2025			Practicals, PPT	
				27/10/2025	1	2	Lecture with ppt	3
				29/10/2025	1		Practicals, PPT	1
				30/10/2025		1	Practicals, PPT	1
2	Dr. DIPALI P.	7. Kalpana Nirman 2	Sandhan Kalpana	03/10/2025	1		Practicals, PPT	1
				04/10/2025		1	Lecture with ppt	1
			1 st Term End Exam and Diwali Vacation	07/10/2025		2	Practicals, PPT	2
				09/10/2025		1	Practicals, PPT	1
				10/10/2025	1		Practicals, PPT	1
				14/10/2025		2	Practicals, PPT	2
				16/10/2025 to 26/10/2025			Lecture with ppt	
							Lecture with ppt	
				28/10/2025		2	Lecture with ppt	2
				30/10/2025		1	Lecture with ppt	1
				31/10/2025	1		Practicals, PPT	1
3.	Integration Class - Name of Faculty and Department							
Total Hours								

HOD

23/09/25
Head of Department
Department of Rasashastra evam Bhaisajya Kalpana
Monark Ayurved Medical College and Hospital
Vahelal, Ahmedabad.

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DEPARTMENT OF AGAD TANTRA

TEACHING SCHEDULE OF OCTOBER- 2025

Subject Code: AyUg AT Term:2

Batch:2023 -24

Sl No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. Preesha P	Dermatological manifestation of visha	Skit in Environmental Toxicology	01/10/2025		2	Lecture with ppt	2
			Case study on Dermatological manifestation	02/10/2025		1	PPT	1
			Contact Poisoning	06/10/2025	1		Practicals, PPT	1
			Term I Exam	08/10/25				
				to				
				15/10/25				
			Diwali Vacation	16/10/25				
				to				
				26/10/25				
			Term Exam - Practical	27/10/25				
to								
31/10/25								
2	Dr. Savitha P.k	Thanatology	Death, Stages of Death	01/10/2025	1		Lecture with ppt	1
			Procedure of Autopsy	03/10/2025		2	Video Demonstration	2
			Term I Exam	08/10/25				
				to				
				15/10/25				
			Diwali Vacation	16/10/25				
				to				
				26/10/25				
			Term Exam - Practical	27/10/25				
				to				
31/10/25								
Total Hours					2	5		7

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Head of Department

Head of Department
Department of Agad Tantra evam Vidhi Vaidyaka



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DEPARTMENT OF SWASTHAVRITTA TEACHING SCHEDULE OF OCTOBER- 2025

Subject Code: AyUg Sw Term: I

Batch: 2023 -24

Paper: I

Sl No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. Arjun CM	Ahara	Food Hygiene	06/10/25	1		Lecture with ppt	
			Food Hygiene	07/10/25		2	Practicals, PPT	
			Term I Exam	08/10/25				
				to				
				15/10/25				
			Diwali Vacation	16/10/25				
				to				
				26/10/25				
			Term Exam - Practical	27/10/25				
to								
31/10/25								
2	Dr. Jayalakshmi	Ahara	Pro Biotics & Pre biotics	03/10/25	1		Lecture with ppt	
			Veg & Non Veg Food	04/10/25		1	Lecture with ppt	
			Pathya & Apathya Diet	06/10/25		2	Practicals, PPT	
			Slow & Fast Food	07/10/25	1		Lecture with ppt	
			Term I Exam	08/10/25				
				to				
				15/10/25				
			Diwali Vacation	16/10/25				
				to				
				26/10/25				
			Term Exam - Practical	27/10/25				
				to				
				31/10/25				
Total Hours					3	5		8

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Head of Department

DEPARTMENT OF ROGANIDAN

TEACHING SCHEDULE OF OCTOBER 2025

Subject Code: AyUG-RN Term: II

Batch: 2023-24

Paper: I

Sr No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruct ion Method /	Total Hours
1	Dr. Ajeesh K K	Upadrava	Define, explain	01/10/2025	1	0	DEB	1
2	Dr. Ajeesh K K	Arishta	Definition Rishtabhasa Types importance		1	0	INT, DEB	1
3	Dr. Ajeesh K K	Vyadhibala pareeksha	Vikrithitha pareeksha Describes parameters of vyadhibala	07/10/2025	1	0	DEB	1
4	Dr. Ajeesh K K	sadhyasadh yata	Describe the features Analyse the components of vyadhi	28/10/2025	1	0	L, PPT	1
5	Dr. Ajeesh K K	Digital health and AI	Scope Need of instruments	29/10/2025	1	0	INT	1

NB_ 08/10/2025 to 15/10/2025 Term examination 16/10/2025 to 26/10/ 2025 Diwali vacation



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DEPARTMENT OF ROGANIDANA TEACHING SCHEDULE OF OCTOBER 2025

Subject Code:AyUG-RN Term: II

Batch:23-24

Paper:2

Sr No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. Suchithra P.Bai	1.Agnimandya	Define Anaha Types of anaha Describe Adhmana and Atopa	3.10.25	1hr	-	Lecture with ppt	1hr
		16.10.25 to 26.10.25 – Diwali vacation						
		3.Amlapitta	Define Amla pitta Hetu and samprapthi Bhedaand Purvaroopo of amlapitta	31.10.25	1hr	-	Lecture with ppt	1hr
		7. Case presentation	Locomotor system case	28.10.25	-	2hr	Case proforma writing	2hr
		22.Dhatu paka -Activity	Types and mechanism of cellular adaptation with examples	29.10.25	-	1hr	Class presentation	1hr
Total Hours					2hr	3hr		5hr

HOD

Head of Department

Department of Roga Nidan exam Vikriti Vigyan
Monark Ayurved Medical College and Hospital
Vahelal, Ahmedabad.

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DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF OCTOBER 2025

Subject Code: AyUG-SA2 Term: I Batch: 2023-24 Paper: 1

Sr No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr.Gautham M	Cha.Su.22- Langhanabrim haneeya Adhyaya	1. Shadupakrama 2. Swaroopa and lakshana of shadupakrama 3. Dasavidhalanghana 4. Dasavidhalanghana-prayoga-niyama 5. Properties of dravyas used in shadupakrama 6. Samyaklakshana of langhana, brimhana and sthambhana 7. Atiyoga and ayoga of shadupakrama	2-10-25	3.30 – 4.30 PM		Lecture / Group Discussion	1
		Cha.Su.25- Yajjapurush eeya Adhyaya	1. Factors responsible for generation of purusha and diseases 2. Concept of hita ahara and its importance 3. Different factors related with ahara like aharayoni, prabhava, udarka, upayoga, rasa, gurvadi guna etc 4. Agryasangraha- (Aushadha- Anna- Vihara) 5. Terminology of pathya and apathya 6. Enumeration of aasavayoni	30-10-25	3.30 – 4.30 PM	-	Lecture / Group Discussion	1

2	Dr Akhil C	Cha.Su.24 Vidhi shonitiyam adhyaya	shonita- pradhanyata 2. Shonita-dushti- karana 3. Shonitajanya roga 4. Shonita- dushti-chikitsa	07/10/202 5	11.00 Am - 12 PM LH-1 hr	Lecture with ppt	1
		Cha.Su.24 Vidhi shonitiyam adhyaya	Vishuddharakt alakshana 7. Vishuddharakt a-purusha- lakshana 8. Pathya in raktamoksha 9. Introduction to mada- murchaya- sanyasa III. Adhyaya sangraha	28/10/202 5	11.00 Am - 12 PM LH-1 hr	Lecture with ppt	1

3	Dr. ANJANA S	Topic 9 Cha.Su.21 Ashtaunindi teeya adhyaya	Prashasta purusha lakshana Nidra and its types	1.10.25		9-11 am	GD, Video	2
			Significance of nidra as an etiological factor of sthaulya and karsya and its role in management of the same	3.10.25		1.30-3.30 pm	Discussion, CBL	2
			Reciting sutras	6.10.25		3.30 – 4.30 pm	Parayan	1
		Cha.Su.27- Annapaana vidhi Adhyaya	Classify ahara in to different vargas	27.10.25	3.30 – 4.30 pm		Lecture with ppt	1
			Ahara vargas	29.10.25		9-11 am	Students presentation	2
4.	Integration Class - Name of Faculty and Department	-	-	-	-	-	-	-
Total Hours								12


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DEPARTMENT OF SWASTHAVRITTA

TEACHING SCHEDULE OF NOVEMBER- 2025

Subject Code: AyUg Sw

Term: II

Batch: 2023 -24

Paper: II

Sl No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. Arjun CM	Term Exam 1	Swasthavritta Practical Exam – Term I	10/11/25				
				11/11/25				
		School Health Services	Aspects of SHS	13/11/25	1		Lecture with ppt	1
			Health Problems of School Children, Healthy School Environment	14/11/25	1		Lecture with ppt	1
			Duties of School MO & Presentations on SHS	18/11/25		2	Lecture/ Practical with ppt	2
		Disaster management	Disaster management	20/11/25	1		Lecture with ppt	1
				21/11/25	1		Lecture with ppt	1
		School Health Services	Presentations on SHS	25/11/25		2	Lecture/ Practical with ppt	2
		Disaster management	Disaster management	27/11/25	1		Lecture with ppt	1
				28/11/25	1		Lecture with ppt	1
2	Dr. Jayalakshmi	Environment Health	Properties of Vayu & Air Occupied room, Comfort zone	13/11/25	1		Lecture with ppt	1
				15/11/25		1	Lecture with ppt	1
			Air Pollution	17/11/25		2	Lecture/ Practical with ppt	2
			Ventilation, High Altitude Air	20/11/25	1		Lecture with ppt	1
			Seminars on Air pollution	24/11/25		2	Lecture/ Practical with ppt	2
				27/11/25	1		Lecture with ppt	1
			Water Introduction	29/11/25		1	Lecture with ppt	1
	Total Hours				9	10		19

Head of the Department

Principal

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DEPARTMENT OF DRAVYAGUNA

TEACHING SCHEDULE OF November 2025

Subject Code: AyUG-DG Term:2nd

Batch: 2023-24

Paper:2

Sr No	Name of Faculty	Topics	Date	Sub Topics	LH	NLH	Method	Total Hours
1.	Dr. Rajesh	Paper-2 11. principle of general Pharmacology	5.11.2025	2.1 Jatamansi, Jambu		1	Lecture with PPT	1
			12.11.2025	2.1 Jyotishmati, Kanchanar		1	Lecture with PPT	1
			19.11.2025	2.1 Kantakari, Kapikachchu		1	Lecture with PPT	1
			26.11.2025	2.1 Karkatashruni, Katuki		1	Lecture with PPT	1
2.	Dr. Pinal Vihol	Paper-2 2. Dravya Nama- Guna- Karma Gyana	1.11.2025	2.1 Asoka, Ashwagandha		1	Activity	1
			3.11.2025	Practical		2	GD, Practical	2
			4.11.2025	Practical		2	GD, Practical	2
			6.11.2025	2.1 Ativisha	1		Lecture with PPT	1
			7.11.2025	2.1 Bala	1	1	Garden visit	2
			10.11.2025	Practical		2	GD, Practical	2
			11.11.2025	Practical		2	GD, Practical	2
			13.11.2025	2.1 Bharangi	1		Lecture with PPT	1
			14.11.2025	2.1 Bhringraja	1	1	Garden visit	2
			15.11.2025	2.1 Bhumyamalaki		1	Activity	1
			17.11.2025	Practical		2	GD, Practical	2
			18.11.2025	Practical		2	GD, Practical	2
			20.11.2025	2.1 Bilva	1		Lecture with PPT	1
			21.11.2025	Garden visit	1	1	Garden visit	2
			24.11.2025	Practical		2	GD, Practical	2
			25.11.2025	Practical		2	GD, Practical	2
			27.11.2025	2.1 Brahmi	1		Lecture with PPT	1
			28.11.2025	Garden visit	1	1	Garden visit	2
			29.11.2025	Pick & speak test		1	Activity	1
Total Hours								35 Hrs


Head of Department
Department of Dravyaguna
Monark Ayurved Medical College and Hospital
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DEPARTMENT OF RASASHASTRA EVUM BHAISHJYA KALPANA

TEACHING SCHEDULE OF NOVEMBER 2025

Subject Code: AyUG-RB

Term: 2nd

Batch: 2023-24

Paper: 1 & 2

S N	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method	Total Hours
1	Dr. KETAN R.	9. Rasa Dravya Paricharya - 2 11. Kalpana Nirmana - 3		01/11/2025		1	Group Activity	1
			Introduction	03/11/2025	1		Lecture with ppt	1
				04/11/2025		2	Lecture with ppt	2
				06/11/2025		1	Lecture with ppt	1
			Sasyaka, Kaseesa	10/11/2025	1		Lecture with ppt	1
				11/11/2025		2	Practicals, PPT	2
			Gauripasshana,	12/11/2025	1		Practicals, PPT	1
			Akika, Sudha ,	13/11/2025		1	Practicals, PPT	1
			Khatika	15/11/2025		1	Group Activity	1
				17/11/2025	1		Lecture with ppt	1
				18/11/2025		2	Practicals, PPT	2
				19/11/2025	1		Practicals, PPT	1
			Sharkara Kalpana,	20/11/2025		1	Practicals, PPT	1
			Gudapaka, Lavana	24/11/2025	1		Lecture with ppt	1
			Kalpana	25/11/2025		2	Practicals	2
				26/11/2025	1		Group Activity	1
				27/11/2025		1	Practicals, PPT	2
2	Dr. DIPALI P.	8. Rasa Dravya Paricharya - 1		29/11/2025		1	Group Activity	1
				01/11/2025		1	Group Activity	1
				03/11/2025		2	Practicals, PPT	2
			Parada	04/11/2025	1		Lecture with ppt	1
				06/11/2025		1	Practicals, PPT	1
			Abhraka	07/11/2025	1		Practicals, PPT	1
				10/11/2025		2	Practicals, PPT	2
			Makshika, Shilajatu	11/11/2025	1		Practicals, PPT	1
				13/11/2025		1	Lecture with ppt	1
			Gandhaka, Gairika	14/11/2025	1		Lecture with ppt	1
			Kankashi, Hartala	15/11/2025		1	Practicals, PPT	1
				17/11/2025		2	Lecture with ppt	2
			Manahshila	18/11/2025	1		Lecture with ppt	1
				20/11/2025		1	Practicals, PPT	1
			Kampilaka,	21/11/2025	1		Lecture with ppt	1
			Navsadar	24/11/2025		2	Practicals	2
			Hingula	25/11/2025	1		Lecture with ppt	1
3.	Integration Class			27/11/2025		1	Practicals	1
			Swarna, Rajata, Tamra, Loha	28/11/2025	1		Lecture with ppt	1
				29/11/2025		1	Practicals	1
Total Hours								

HOD

Head of Department

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DEPARTMENT OF ROGANIDANA

TEACHING SCHEDULE OF OCTOBER 2025

Subject Code:AYRN

Term: 3RD

Batch:2023-24

Paper:II

Sr No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. Ajeesh K K			03/11/2025			Lecture with ppt	
2	Dr. Ajeesh K K			04/11/2025			Lecture with ppt	
3	Dr. Ajeesh K K	TERM I PRACTICALS		06/11/2025			Lecture with ppt	
4	Dr. Ajeesh K K			10/11/2025			Lecture with ppt	
5	Dr. Ajeesh K K			11/11/2025			Lecture with ppt	
6	Dr. Ajeesh K K	JWARA	Define,samprapthi,types of jwara Nidana,samanya purvaroop,visishta lakshana,of doshaja jwara, Visama jwara,differential ama,pachyamana,nirama jwara,sadhyaasadytha and jwara muktha lakshana	14/11/2025 18/11/2025 21/11/2025 25/11/2025 22/11/2025	4		Lecture with ppt	
7	Dr. Ajeesh K K	KASAM	Define,hetu,samprapthi,bheda,purvaroop,sadhyasadyatha of kasa,differential diagnosis of kasa, kshayaja kasa and rajayakshma Explain doshaja kasa	28/11/2025	1		Lecture with ppt	
8	Dr. Ajeesh K K	Introduction to	Hematology	17/11/2025		2		

		diagnostic procedure						
9	Dr. Ajeesh K K	Introduction to diagnostic procedure	Hematology	24/11/25		2		
Total Hr					5	4		9hr

Sr No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. Suchithra P Bai	5.Athisara and Pravahika	Pratyatma lakshana of Atisara	14/11/2025	1hr	-	Lecture with ppt	3hr
			Hetu and Samprapthi of Atisara					
			Bheda and purvaroop of atisara,upadrava					
		5.Athisara and Pravahika	Sadhyaasadhyatha,nivru tha lakshana of Atisara	21/11/25	1hr	-	Lecture with ppt	
			Samprapthi,bheda ,vishishta lakshana of Pravahika					
		5.Athisara and Pravahika	Differentiate doshaja atisara,explain Bhayaja,shokaja,raktaja atisara lakshana	28/11/25	1hr		Lecture with ppt	
		6.Grahani	Pratyatma lakshana of grahani	24/11/25	1hr	-	Lecture with ppt	2hr
			Hetu,samprapthi,bheda, purvaroop and samanya lakshana of Grahani					
		6.Grahani	Explain sangraha Grahani and gatiyantra grahani	31/11/25	1 hr	-	Lecture with ppt	
			Sadhyaasadhyatha of Grahani,differentiate atisara and Grahani roga					
Differentiate Grahani dosha and Grahani roga,differentiate doshaja grahani								
	Differentiate between Atisara and Pravahika	12/11/25		1hr	M-CHT	3hr		
	Differentiate Grahani dosha and Grahani roga,	19/11/25	-	1hr	Class presentation	1hr		
	Hetu and samprapthi of Grahani	26/12/25	-	1hr	M-CHT	2hr		

	8. Introduction to diagnostic procedure	Introduction to diagnostic procedure - Urine	13/11/25		2hr	Lecture with ppt and LRI	2hr
		Introduction to diagnostic procedure - urine	18/11/25	-	2hr	Lecture with ppt and LRI	2hr
		Introduction to diagnostic procedure - stool	20/11/25		2hr	Lecture with ppt and LRI	2hr
	9. introduction to ECG	Introduction to ECG , Order and interpret ECG	25/11/25	-	2hr	Lecture with ppt and LRI	2hr
		Introduction to ECG , Order and interpret ECG	27/11/25		2hr	Lecture with ppt and LRI	2hr
Total Hours				5 hr	13hr		18hr

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DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF NOVEMBER 2025

Subject Code: AyUG-SA2 Term: II Batch: 2023-24 Paper: 1

S. No	Name of Faculty	Topic & Subtopics	Date	LH / NLH	TIME	Instruction Method	TOTAL HOURS
1	DR GAUTHAM	Topic 13 Cha.Su.25- Yajjapurusheeya Adhyaya. 1. Factors responsible for generation of purusha and Diseases. 2. Concept of hita ahara and its importance 3. Different factors related with ahara like aharayoni, prabhava, udarka, upayoga, rasa, gurvadi guna etc	6-Nov	(NLH)	3.30-4.30 PM	Lecture, A-V.	1
2	DR GAUTHAM	4. Agryasangraha- (Aushadha- Anna-Vihara) 5. Terminology of pathya and apathya 6. Enumeration of aasavayoni	13-Nov	(NLH)	3.30-4.30 PM	Lecture, A-V.	1
3	DR GAUTHAM	OBSERVATIONS ON USE OF AGRYA AUSHADHA IN CLINICAL PRACTICE:	20-Nov	(NLH)	3.30-4.30 PM	Clinical Interaction	1
4	DR GAUTHAM	Justifying concept of Hita and Ahita ahara::	27-Nov	(NLH)	3.30-4.30 PM	Proforma	1
1	DR AKHIL	Cha.Su.24- Vidhishoniteeya Adhyaya 9. Introduction to mada-murchaya-sanyasa	4-Nov	(L)	11-12 PM	Lecture, A-V.	1
2	DR AKHIL	ASSESSMENT OF RAKTA DUSHTI KARANA IN SPECIFIC CLINICAL CONDITIONS:	11-Nov	(L)	11-12 PM	Proforma	1
3	DR AKHIL	Cha.Su.29- Dashapraanaayataneeya Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Enumeration of dasa pranaayatana 2. Terminology of praanaabhisara vaidya and rogaabhisara vaidya, chadmachara, yogya bhishak and karmakovida	18-Nov	(L)	11-12 PM	Lecture, A-V.	1
4	DR AKHIL	Skit on different types of vaidya in relation to medical ethics:	25-Nov	(L)	11-12 PM	SKIT	1
1	DR ANJAN	Cha.Su.26- Atreyabhadhrakaapyeeya Adhyaya	3-Nov	(L)	3.30-4.30	Lecture, A-V.	1

	A	I. Adhyaya parichaya II. Siddhanta vivarana 1. Sambhasha parishat on number of rasa 2. Gunas of parthivadi dravyas 3. Dravya prabhava and guna prabhava 4. Dravya karmukata siddhanta (pharmacodynamics) with respect to adhikarana, kala, karma, veerya, upaya and phala			PM		
2	DR ANJAN A	5. Paradi guna 6. Rasadi-panchaka – Additional knowledge 7. Examples of samanapratyarabdha and vichitra pratyaaarabdha dravyas 8. Properties of vipaka 9. Perception of rasa, vipaka and veerya	5- No v	(NL H)	9-11 AM	Lecture, A-V.	1
3	DR ANJAN A	10. Examples of prabhava 11. Types of viruddha and management of complications 12. Principles of treatment of diseases caused by viruddha ahara III. Adhyaya sangraha	7- No v	(NL H)	1.30- 3.30 PM	Lecture, A-V.	1
4	DR ANJAN A	LEARNING THROUGH VYAKHYANA-1:	10- No v	(L)	3.30- 4.30 PM	Lecture, A-V.	1
5	DR ANJAN A	Application of paradi guna :	12- No v	(NL H)	9-11 AM	CBL	1
6	DR ANJAN A	Application of paradi guna :	14- No v	(NL H)	1.30- 3.30 PM	CBL	1
7	DR ANJAN A	Cha.Su.27- Annapaana vidhi Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Benefits of hita ahara	17- No v	(L)	3.30- 4.30 PM	Lecture, A-V.	1
8	DR ANJAN A	2. Examples of hita ahara and ahita ahaara 3. Ahara vargas 4. Importance of anna III. Adhyaya sangraha	19- No v	(NL H)	9-11 AM	Lecture, A-V.	1
9	DR ANJAN A	Collection of different dravya's :	21- No v	(NL H)	1.30- 3.30 PM	Prbl	1
10	DR ANJAN A	Collection of different dravya's :	24- No v	(L)	3.30- 4.30 PM		1
11	DR ANJAN A	Cha.Su.28- Vividhashitapeeteeya Adhyaya 1. Caturvidha-ahara 2. Difference between hita aahara and ahita aahara 3. Susceptibility to diseases (with respect to pathya and apathya) 4. Vyadhi-saha shareera	26- No v	(NL H)	9-11 AM	Lecture, A-V.	1

12	DR ANJAN A	1. Caturvidha-ahara 2. Difference between hita aahara and ahita aahara 3. Susceptibility to diseases (with respect to pathya and apathya) 4. Vyadhi-saha shareera 5. Dhatupradoshaj, upadhatupradoshaj, indriyapradoshaja, malapradoshaja vikaras and treatment principles 6. Shakhagati and koshtagati of doshas 7. Causes of health and diseases 8. Importance of prajnaaparadha	28- No v	(NL H)	1.30- 3.30 PM	Lecture, A-V.	1
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DEPARTMENT OF SWASTHAVRITTA
TEACHING SCHEDULE OF DECEMBER- 2025

Subject Code: AyUg Sw

Term: II

Batch: 2023 -24

Paper: II

Sl No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. Arjun CM	Dinacharya	Anjanam – Practical Demonstration	01/12/25		2	Lecture/ Practical with ppt	
		Disaster management	Disaster management	04/12/25	1		Lecture with ppt	
				05/12/25	1		Lecture with ppt	
				09/12/25		2	Lecture/ Practical with ppt	
		Disaster management	Disaster management	11/12/25	1		Lecture with ppt	
				12/12/25	1		Lecture with ppt	
		Dinacharya	Dhoomapana	16/12/25		2	Lecture/ Practical with ppt	
		Occupational Health	Occupational Health & ergonomics	18/12/25	1		Lecture with ppt	
				19/12/25	1		Lecture with ppt	
		Disaster management	Disaster Management - Activity	23/12/25		2	Lecture/ Practical with ppt	
2	Dr. Jayalakshmi	Environment Health	Properties of Vayu & Air Occupied room, Comfort zone	02/12/25	1		Lecture with ppt	
				04/12/25	1		Lecture with ppt	
			Air Pollution	06/12/25		1	Lecture/ Practical with ppt	
			Ventilation, High Altitude Air	08/12/25		2	Lecture / Practical with ppt	
			Seminars on Air pollution	09/12/25	1		Lecture with ppt	
				11/12/25	1		Lecture with ppt	
			Water Introduction	15/12/25		2	Lecture / Practical with ppt	
			Water Pollution & Health Hazards	16/12/25	1		Lecture with ppt	
			Water Purification	18/12/25	1		Lecture with ppt	
			Water – Ayurvedic Portion	20/12/25		1	Lecture / Practical with ppt	
			Activity on Environmental Health - Water	22/12/25		2	Lecture / Practical with ppt	
			Soil & Land Pollution	23/12/25	1		Lecture with ppt	
			Housing Standards	27/12/25		1	Lecture / Practical with ppt	
			Lighting	29/12/25		2	Lecture / Practical with ppt	
			Radiation	30/12/25	1		Lecture with ppt	
	TOTAL Hrs				15	21		36

Head of Department
Department of Swasthavritta
Monark Ayurved Medical College and Hospital
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DEPARTMENT OF RASASHASTRA EVUM BHAISHJYA KALPANA

TEACHING SCHEDULE OF DECEMBER 2025

Subject Code: AyUG-RB

Term: 2ND

Batch: 2023-24

Paper: 1 & 2

S N	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. KETAN R.	11. Kalpana Nirman 3 9. Rasa Dravya Paricharya 2	Lavana Kalpana	01/12/2025	1		Lecture with ppt	1
			Narikel Lavana	02/12/2025		2	Practicals, PPT	1
			Practical	04/12/2025		2	Practicals, PPT	2
			NLH – Activity	06/10/2025		1	Practicals, PPT	1
			Kshara Kalpana	08/12/2025	1		Lecture with ppt	1
			Apamarga Kshara	09/12/2025		2	Practicals, PPT	2
			Kshara Kalpana	10/12/2025	1		Practicals, PPT	1
			QC Intro	11/12/2025		1	Practicals, PPT	1
			Lepa Kalpana	15/12/2025	1		Practicals, PPT	1
			Siktha Taila	16/12/2025		2	Practicals, PPT	2
			QC Intro	18/12/2025	1		Lecture with ppt	1
			NLH – Activity	20/10/2025		1	Practicals, PPT	1
			Lepa kalpana	22/12/2025	1		Lecture with ppt	1
			Gandhak Malhara	23/12/2025		2	Practicals, PPT	2
			Ayskruti Kalpana	24/12/2025	1		Lecture with ppt	1
			Sasyaka	29/12/2025	1		Lecture with ppt	1
			Practical	30/12/2025		2	Practicals, PPT	2
2	Dr. DIPALI P.	7. Kalpana Nirman 2 8. Rasa Dravya Paricharya 1	Narikel Lavana	01/12/2025		2	Practicals, PPT	1
			Sandhan Kalpana	03/12/2025	1		Lecture with ppt	1
			Practical	04/12/2025		1	Practicals, PPT	1
			Pathya Kalpana	05/12/2025	1		Practicals, PPT	1
			NLH – Activity	06/10/2025		1	Practicals, PPT	1
			Apamarga Kshara	08/12/2025		2	Practicals, PPT	2
			QC Intro	11/12/2025		1	Practicals, PPT	1
			Pathya Kalpana	12/12/2025	1		Lecture with ppt	1
			Siktha Taila	15/12/2025		2	Practicals, PPT	2
			Rajata	17/12/2025	1		Lecture with ppt	1
			QC Intro	18/12/2025	1		Lecture with ppt	1
			Tamra	19/12/2025	1		Lecture with ppt	1
			NLH – Activity	20/10/2025		1	Practicals, PPT	1
			Gandhak Malhara	22/12/2025		2	Practicals, PPT	2
			Loha	26/12/2025	1		Lecture with ppt	1
			Practical	29/12/2025		2	Practicals, PPT	2
			Mandur	31/12/2025	1		Lecture with ppt	1
Total Hours								44

[Signature]
HOD 29/11/25
Head of Department

Department of Rasashastra evam Bhaisajya Kalpana
Monark Ayurved Medical College and Hospital
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DEPARTMENT OF DRAVYAGUNA

TEACHING SCHEDULE OF December 2025

Subject Code: AyUG-DG Term:2nd

Batch: 2023-24

Paper:2

Sr No	Name of Faculty	Topics	Date	Sub Topics	LH	NLH	Method	Total Hours
1.	Dr. Rajesh	Paper-2 2. Dravya Nama-Guna- Karma Gyana	3.12.2025	2.1 Khadir		1	Lecture with PPT	1
			10.12.2025	2.1 Kumari		1	Lecture with PPT	1
			17.12.2025	2.1 Kutaja		1	Lecture with PPT	1
			24.12.2025	2.1 Latakaranja		1	Lecture with PPT	1
			30.12.2025	2.1 Lodhra		1	Lecture with PPT	1
2.	Dr. Pinal Vihol	Paper-2 2. Dravya Nama-Guna- Karma Gyana	1.12.2025	Practical		2	Activity	2
			2.12.2025	Practical		2	GD, Practical	2
			4.12.2025	2.1 Beejaka	1		GD, Practical	1
			5.12.2025	2.1 Bhallataka & Activity	1	1	Lecture with PPT	2
			6.12.2025	Activity		1	Garden visit	1
			8.12.2025	Practical		2	GD, Practical	2
			9.12.2025	Practical		2	GD, Practical	2
			11.12.2025	2.1 Chandana	1		Lecture with PPT	1
			12.12.2025	2.1 Chitraka & Activity	1	1	Garden visit	2
			15.12.2025	Practical		2	Activity	2
			16.12.2025	Practical		2	GD, Practical	2
			18.12.2025	2.1 Dadima	1		GD, Practical	1
			19.12.2025	2.1 Dhataki & Activity	1	1	Lecture with PPT	2
			20.12.2025	Garden visit		1	Garden visit	1
			22.12.2025	Practical		2	GD, Practical	2
			23.12.2025	Practical		2	GD, Practical	2
			26.12.2025	2.1 Dhamasa & Activity	1	1	Lecture with PPT	2
			29.12.2025	Practical		2	Garden visit	2
			30.12.2025	Practical		2	Activity	2
Total Hours								38 Hrs

HOD

Head of Department
Department of Dravyaguna
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DEPARTMENT OF AGAD TANTRA

TEACHING SCHEDULE OF DECEMBER- 2025

Subject Code: AyUg AT

Term: II

Batch: 2023 -24

Sl No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. Preesha P	Therapeutic utility of Agada Yoga	Dooshivishari Agad	01/12/2025	1		Lecture with ppt	1
			Bilwaadi Agad					
		Sthavara visha- Poisons of Plant Orgin	Dashanga Agad	03/12/2025		2	Lecture with ppt/ Practical with ppt	2
			Murvadi Agad					
			Vatsanabha					
			Karaveera Digitalis					
			Tobacco Cerebera odollam					
			Kupilu					
			Ahiphena					
			Dhattura					
			Bhang					
			Jayapala					
			Gunja					
			Bhallataka					
			Arka					

			Snuhi, Langali	31/12/2025		2	Lecture/ Practical with ppt	2
2	Dr. Savitha P.K	Thanatology	Medicolegal Autopsy	03/12/2025	1		Lecture with ppt	1
			Demonstration of Autopsy videos	04/12/2025		1	Lecture/ Practical with ppt	1
			Exhumation	10/12/2025	1		Lecture with ppt	1
			Transplantation of Human organs and Tissue Act	11/12/2025		1	Lecture/ Practical with ppt	1
		Asphyxial Death	Definition Asphyxia, hanging	17/12/2025	1		Lecture with ppt	1
			Strangulation	18/12/2025		1	Lecture/ Practical with ppt	1
			Suffocation	24/12/2025	1		Lecture with ppt	1
			Drowning	25/12/2025		1		1
			Post mortem changes of all the Asphyxial death	31/12/2025	1		Lecture with ppt	1
		Total Hours			10	22		32


Head of the Department

Department of Agad Vaidya
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DEPARTMENT OF ROGANIDANA

TEACHING SCHEDULE OF DECEMBER 2025

Subject Code:AYRN

Term: 2RD

Batch:2023-24

Paper:11

Sr No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. Suchithra P Bai	6.Grahani	Bheda of Grahani,sangraha Grahani,gatiyanta Grahani Sadhyasadyatha, differentiate atisara and grahani	5-12-25	1hr		Lecture with ppt	1hr
			Hetu,types,cardinal features	12-12-25	1hr		Lecture with ppt	2hr
		9. Mutrakrichhra	samprapthi of mutrakrechra, vishita lakshana	19-12-25	1hr	-	Lecture with ppt L VC Lecture & GD	
		10.Mutraghata	Define mutraghata,enlist conditions off mutrashoshana and mutra pratihanyate Diiferen types of mutaghata	26-12-25	1hr		Lecture with ppt, O-QZ/O-Game	1hr
		Urine examination	Urine culture	2-12-25	-	2hr	Lecture with ppt,	2hr
		Activity	Differentiate atisara and Grahani	3-12-25	-	1hr	Group discussion	1hr
		Stool examination and urine examination	Introduction .Physical examination of stool and urine culture	4-12-25		2hr	Lecture with ppt,	2hr
		Activity	Differentiate	6-12-25		1hr	Group discussion	1hr

		Grahani dosa and Grahani roga					
	Stool examination	chemical examination of stool	9-12-25	-	2hr	L&PPT	2hr
	Activity	Mutrakrichhra	10-12-25	-	1hr	Puzzle	1hr
	Activity	IBS and IBD	11-12-25	-	1hr	Vedio clip	1hr
	Introduction to various different imaging techniques	x-ray, MRI	16-12-25	-	2hr	L&PPT	2hr
	Activity	Urinary tract infection, nephrotic and nephritic syndrome	17-12-25	-	1hr	Class presentation	1hr
	Introduction to various different imaging techniques	CT, Ultra sound scanning	18-12-25	-	2hr	L&PPT	2hr
	Activity	Acute kidney injury and chronic renal disease	20-12-25	-	1hr	Class presentation	1hr
	Introduction to various different imaging techniques	Doppler ultrasonography . Spectral Doppler ultrasonography . Color Doppler ultrasonography	23-12-25	-	2hr	L&PPT	2hr
	Activity	Hetu and samprapthi of grahani	24-12-25	-	1hr	Chart preparation	1hr
	Introduction to ECG	Introduction, electrical activity of heart . indication	25-10-25	-	2hr	L&PPT	2hr
	Introduction to ECG	Lead system	30-12-25	-	2hr	L&PPT	2hr
	Activity	Hetu and samprapthi of grahani	31-10-25	-	1hr	Chart preparation	1hr
Total Hours				4hr	24hr		28hr

For HOD

29/11/25
HOD


29/11/25
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