

DEPARTMENT OF RACHANA SHAREERA

TEACHING SCHEDULE OF OCTOBER 2025

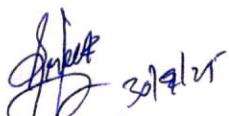
Subject Code: AyUG-RS Term: II

Batch:2024-25

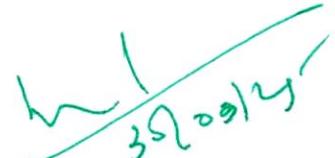
Paper: II

Sr No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr. Sreekanth Vaidyanath R S	Marma, Lower Limb Bones	Revision Nirukti, paribhasha, sankhya of Marma	1.10.25	1	1	Lecture with ppt, Demonstration	2
			Hip bone - intro, parts	3.10.25		1	Demonstration	1
			Marma Bheda	4.10.25	1		Lecture with ppt, Demonstration	2
			II term Exam 6.10.25 – 10.10.25					
			Marma Bheda, Hip Bone – parts & clinical anatomy	13.10.25	1	1	Lecture with ppt, Demonstration	2
			Importance of Marma, Clinical Aspects of Marma, Femur	14.10.25	1	1	Lecture with ppt, Demonstration	2
			Marma Revision, Femur	15.10.25	1	1	Lecture with ppt, Demonstration	2
			VACATION FOR STUDENTS 16.10.25 - 26.10.25					
		Urinary System - Kidney	Kidney – intro, location, external features	27.10.25	1		Lecture with ppt	1
		Tibia	Tibia – intro, parts,	29.10.25		1	Demonstration	1
		Tibia	Tibia – Revision & clinical anatomy	30.10.25		1	Demonstration	1
2	Dr. Yedhu Krishnan	Urinary System – Ureter, Urinary bladder, Fibula, Brachial Plexus	Fibula – intro, parts, clinical anatomy	27.10.25		1	Demonstration, Practicals, PPT	1
			Ureter – intro, external features, constrictions, Brachial Plexus – Intro, Roots, Divisions, Cords	28.10.25	1	1	Lecture with ppt, Demonstration,	2
			Ureter – Blood supply, Clinical Anatomy, Urinary Bladder – Intro, Features	29.10.25	1		Lecture with ppt	1

			Brachial Plexus – Cord Branches, Clinical Anatomy	31.10.25			Practicals, PPT	
3.	Integration Class - Name of Faculty and Department							
Total Hours								19


30/9/21
HOD (I.C.)

Head of Department
Department of Rachana Sharir
Monark Ayurved Medical College and Hospital
Vahelal, Ahmedabad.


30/9/21
PRINCIPAL

PRINCIPAL & MEDICAL SUPERINTENDENT
MONARK AYURVED MEDICAL
COLLEGE & HOSPITAL



MONARK AYURVED MEDICAL COLLEGE & HOSPITAL

(A Constituent Institute of Monark University)
At. Post Vahelal, Naroda- Dahegam Road, Ta. Dascroi,
Dist. Ahmedabad-382330(Gujarat) India

Website: www.mamch.monarkuni.ac.in Phone No: 02718- 247215/138

TEACHING SCHEDULE OF OCTOBER 2025

DEPARTMENT OF KRIYA SHARIR

SUBJECT CODE: AyUG-KS

TERM: II TERM

BATCH: 2024-25

PAPER: I

Name of Faculty	Topics	Sub Topics	Date	LH	NLH/ NLP	Instruction Method/	Total Hours
Dr.Komal Chavda	Revision on Prakriti, Kriya Kala	Sloka learning and writing	1.10.25 Wednesday	-	1:30-4:30pm	Formative assessment	3
Dr.Sreelekshmi G		Mechanics of breathing, pressure changes	3.10.25 Thursday	10-11am	1:30-3:30pm	Formative assessment	2
Dr.Sreelekshmi G	Respiratory system	Lung volume and Capacities , Compliance, Gas diffusion Exchange	4.10.25 Saturday	10-11am	2:30-3:30pm	Formative assessment	2

(Exchange with Anatomy dept.)			13.10.25 Monday	10-11 am	2:30- 3:30pm		2
			14.10.25 Tuesday	-	2:30- 3:30pm		1
			15.10.25 Wednesday	-	2:30- 4:30pm		2

Vacation for students

16/10/25-26/10/25

Dr.sreelekshmi G	Endocrine Physiology	Introduction	29/10/25 Monday	-	2:30- 3:30pm	Lecturing with images & vedios	1
Dr.Komal Chavda	Ayu portion	Ashtaahara visesa ayatana		10-11 am	-	lecturing	1
Dr.Komal Chavda	Ayu portion	Ahara vidhi vidhana	30/10/25 Tuesday		2:30- 3:30pm	lecturing	1

Total hours: 14

22/9/25


 Head of Department PRINCIPAL & MEDICAL SUPERINTENDENT
 Department of Kriya Sharir MONARK AYURVED MEDICAL
 Monark Ayurved Medical College and Hospital COLLEGE & HOSPITAL
 Vahelal, Ahmedabad.

Dr.Sreelekshmi G



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DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF OCTOBER 2025

Subject Code: AyUG-PV

Term: II

Batch: 2024-25

Paper: 1

Sr No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr.Gautham M	Topic -4 Guna vijnaneeeyam	4.1 Etymological Derivation, Classification and Enumeration according to various Darshana and Charaka,	1-10-25	10:00-11:00 Am	-	Lecture / Group Discussion	1
			4.2 Lakshana and Classification of Sartha Guna, Gurvadiguna, Paradiguna, Adhyatmaguna (41 Guna	3-10-25	12-1.00 PM	-	Lecture / Group Discussion	1
			4.3 Gunapradhanyata (Importance of Guna)	15-10-25	10:00-11:00 Am	-	Lecture / Group Discussion /Demonstration	1
			4.4 Practical / clinical application of each Guna in Ayurveda	24-10-25	12-1.00 PM	-	Lecture / Group Discussion , Demonstration	1
			4.5 Principles and examples in contemporary sciences which will enhance understanding concept of Guna.	29-10-25	10:00-11:00 Am	-	Lecture / Group Discussion	1
2	Dr Akhil C	Karma Vijnaniyam	Practical application of karma,	03/10/2025	9-10 am	-	Lecture	1
			Discuss karma, classify karma in given examples	03/10/2025		9-10 am	Group Discussion	1

			Principles & examples in contemporary sciences which will enhance understanding the concept	10/10/2025	9-10 am		Lecture	1
			Illustrate five types of Karma in collage of pictures/Shastrakarma, Compare karma with concepts learned in physics, Chemistry etc.	10/10/2025		9-10 am	Illustration-PPT	1
3.	Dr Anjana S	Dravya vijnaneeyam	Definition of term kala, Explain classification/types of <i>Kala</i>	16/10/25	9-10 am		Lecture ppt	1
			Find illustrations of kala explained in Ashtang Hridaya. Give examples of importance of Kala in Ayurveda and time as per contemporary sciences	30/10/25	9-10 am		Lecture ppt	1
			Discuss the concept of Kala as per Ayurved and Contemporary sciences	14/10/25		9-10 am	Group discussion	1
			find the diseases common for different age groups (balyavastha/ tarunyavastha/ vriddhavastha)	28/10/25		9-10 am	Early Clinical Exposure. Hospital visit Batch wise	1
4.	Integration Class - Name of Faculty and Department							
Total Hours								13

Gautham
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DEPARTMENT OF SAMHITA SIDDHANTA

TEACHING SCHEDULE OF OCTOBER 2025

Subject Code: AyUG-SA1 Term: II Batch: 2024-25 Paper: 1

Sr No	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH(P) (Hours)	Instruction Method/	Total Hours
1	Dr.Gautham M	Ch S Su 9. Khuddakachatushpada Adhyaayaya	i. Chikitsa Chatushpada ii. Roga- Arogya Lakshana iii. Chikitsa Lakshana iv. Vaidya, Dr v. Vaidya pradhanatva	2-10-25	11:00-12:00 Pm	-	Lectures/ Audio- Visual Aids	1
		.	vi. Adnya chikitsak dosha vii. Sadvaidya lakshana viii. Vaidya kartavya	7-10-25	10:00-11:00 Am	-	Lectures/ Audio- Visual Aids	1

		ix. Vaidya Vritti x. Recitation of important Shlokas xi. Research Updates: Medical ethics- principles Soft Skill development for medical students Emotional Intelligence as a crucial component in medical edication	14-10-25	10:00- 11:00 Am	-	Lectures/ Audio- Visual Aids	1
	Ch S Su 10. Mahachatushpada Adhyaya	i. Catushpaaada- bheshajam alam aarogyaayeti (aatreya-krt) ii. Bheshaja- abheshajayo tulyatva pratipaadana – (maitreya-krt) iii. Its conclusion by Atreya iv. Pareekshya- kaarino hi kusalaa bhavanthi v. Cikitsaa sootram	28-10-25	10:00- 11:00 Am	-	Lecturer/ Group discussion	1
		vi. Cikitsaayaam yasolaabhe kaaranam vii. Asaadhyaroga- cikitsaayaam haani viii. Further division of	30-10-25	11:00- 12:00 Pm	-	- Lecturer/ Group discussion	1

			saadhyaa- asaadhyata ix. Sukha- saadhyaa lakshanam x. Krcchra- saadhyaa lakshanam xi. Yaapya lakshanam xii. Pratyakhyeya lakshanam xiii. Benefit of knowledge of prognosis xiv. The versatile usage of the term 'mithyaa- buddhi' xv. Recitation of important shlokas				
2	Dr Akhil C (Monitored by Dr Gautam)	Deergham jivitiyam Adhyayam	Explain the abode of vyadhi and aroga, Discuss the characteristics of Atma, Explain the sharira and manasa dosa, Discuss the treatment of manas and sharira, Discuss the Gunas of tridosh, Treatment of sadhya- Asadhyaa roga, Explain Rasa	1/10/25	9-10 Am	Lecture method With ppt	1
			Ayurveda terminologies- Journal activity, Tantrayukt- Uddhesha and Nirddhesha	3/10/25	2.30.-3.30 Pm	ICT- PPT, Discussion	1
			Sloka recitation	6/10/25	3.30-4.30 Pm	Recitation by using E SAMHITA	1
			Sloka recitation - 57- 67	27/10/25	3.30-4.30 Pm	Recitation by using E SAMHITA	1
			Discuss about the treatment for sasdyaa and Asadhyaa, Explain the rasa, Classify the Dravya based on their effects on body and their origin,	29/10/25	9-10 Am	ICT- PPT	1

3.	Dr Anjana s	CS Su 7. Naveganadharaniya Adhyaya:-	Educating people about harms of vega dharana by social media campaigns	4/10/25		11-12 pm	Video clip making Activity-	1
		AH 11. Doshadi Vijnaniya Adhyaya	Dosha dhathu mala concept	6/10/25	9-10 am		lecture	1
		CS Su 7. Naveganadharaniya Adhyaya	Finding reasons for vega dharana in present day life style	7/10/25		3.3. - 4.30 pm	Group discussion	1
			Vridhi kshaya of doshas	27/10/25	9-10 am		lectures	1
			Doshadi vijnaniya	28/10/25		3.3. - 4.30 pm	Samhitha Parayan	1
4.	Integration Class - Name of Faculty and Department							
	Total Hours							15

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DEPARTMENT OF SAMHITA-SIDDHANT & SANSKRIT

TEACHING SCHEDULE OF OCTOBER 2025

Subject Code:

Term: II

Batch: 2024

AyUG- -SN & AI

S r N o	Name of Faculty	Topics	Sub Topics	Date	LH (Hours)	NLH/ NLH	Instr uctio n Meth od/	Tota l Hou rs
1.	DR.KA MINI PATEL	समास Ayurve d Itihas	Identify समास: Discriminate between the संधि :and समास:	1/10/20 25	12.00 TO 1.00 PM- LH		NARRATIV E METHOD	01
			Origin and period of different systems of medicine in the world.	2/10/20 25		12.00 TO 1.00 PM NLH	PPT	01
			Introduction to Vrukshayurveda, Hastyayurveda and Ashwayurveda.	3/10/20 25		11.00 TO 12.00PM NLH	M.C.Q WRITTING	01
			Ayurveda during the period of Ashoka Rule, Mughal and British	4/10/20 25		12.00 TO 1.00 PM- NLH	M.C.Q WRITTING	01
		समास Ayurve d Itihas	समास	6/10/20 25	12.00 TO 1.00 PM - LH		ALL SAMAS REVISION	01
			समास	7/10/20- 25	11.00 TO 12.00PM - LH		ALL SAMAS Discussion	01
			समास	8/10/20 25	12.00 TO 1.00 PM - LH		Recitation by using Shloka in the samas	01
			समास	9/10/20 25		12.00 TO 1.00 PM -	WRITING LOGBOOK.	01
			समास	10/10/2 025		11.00 TO 12.00PM	LEARNING PBL	01

		प्रत्यय				
		सन्धि	13/10/2 025	12.00 TO 1.00 PM - LH		SANDHI REVISION 01
		सन्धि	14/10/2 025	11.00 TO 12.00PM - LH		SANDHI REVISION 01
		सन्धि	15/10/2 025	12.00 TO 1.00 PM - LH		Formulate the joined words while writing the sentences 01
2		प्रत्यय	27/10/2 025	12.00 TO 1.00 PM - LH		Cognitive domain - Application and problem solving 01
		कारकप्र करणम्	28/10/2 025	11.00 TO 12.00PM - LH		Translate sentences from English to Sanskrit 01
		अव्ययानि	29/10/2 025	12.00 TO 1.00 PM - LH		Oral & Written 01
			30/10/2 025		12.00 TO 1.00 PM - NLH	Formulate the joined words while writing the sentences 01
			31/10/2 025		11.00 TO 12.00PM	01
Total Hours: LH- 09 TOTAL HOURS: NLH- 08						17 hours

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